



# Abigail Agostini

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Class of 2029

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## COLLEGE/CAREER OBJECTIVE

Motivated 2029 student athlete seeking an educational setting to pursue eventual collegiate degree and Field Hockey career.

## EDUCATION

**West Essex Middle School**, North Caldwell, NJ

*Middle School Honor Roll*

## ATHLETICS

**Build: 5'0", 100 lbs**

**High School Field Hockey** West Essex Regional High School

Head Coach: Jill Cosse, [jcosse@westex.org](mailto:jcosse@westex.org), 732-306-8332

**Club Field Hockey** NJ GRIT

Recruiter: Jill Cosse, [njgritfieldhockeyclub@gmail.com](mailto:njgritfieldhockeyclub@gmail.com), 732-306-8332

### ▪ 2024

#### ▪ USA Field Hockey

- Nexus Participant-Region 5/6
- Nexus Regional Selection- Ursinus College, PA
- Nexus Championship Selection-Virginia Beach, VA
  - Team Vancouver- Gold Medal
- AAU Junior Olympic Games, Wake Forest University, Greensboro, NC



- Team Believe

- *NJ Grit*

- U16 Shooting Star Showdown
- U16 Regional Club Championship-Lafayette College
- U14 Regional Club Championship-Lafayette College
  - Third Place Team in NJ
- U14 National Club Championship-Virginia Beach, VA
- U14 Centercourt Indoor League
  - Bronze Medal
  - All-Star Roster
- U14 National Indoor Tournament



- *West Essex Regional Middle School*

- Voted Team Captain
- Offensive Player of the Game during Intersquad scrimmage day
- Greater Morris County Junior Schools Coaches Association League Champions (Undefeated Season)

- **2023**

- *USA Field Hockey*

- Nexus Participant-Region 5/6
- Nexus Regional Selection- Ursinus College, PA

- *NJ Grit*

- U16 Regional Club Championships-Temple University
  - First Place Finish
- U16 National Club Championships-Virginia Beach, VA
- U14 Regional Club Championship-Temple University
- U14 Disney Sunshine Showcase
- U14 Shooting Star Thanksgiving
- U12 Shooting Star Easter Tournament



- U12 National Indoor Tournament
- U12 Centercourt Indoor League



- *West Essex Regional Middle School*
  - Greater Morris County Junior Schools Coaches Association League Champions
  - Rising Star Award
  - Awarded "Black Knight Award" for attitude, teamwork & commitment

▪ **2022**

- *NJ Grit*
  - U12 Disney Sunshine Showcase
    - Piglet pool-Gold Medal Winner
  - U12 Surf and Sand Bash at the Beach- First Place Gold Medal Winner
  - U12 Shooting Star Thanksgiving
  - U14 Regional Club Championship
  - Apex Futures Participant-Notre Dame High School, NJ
    - Apex All Star Roster

**CLUBS AND COMMUNITY SERVICE**



- **WEST ESSEX MIDDLE SCHOOL**
  - WE LEAD-peer leader group
  - West Essex Middle School Honor Roll
  
- **FAIRFIELD COMMUNITY**

- **2024**

- West Essex Youth Field Hockey Recreation Program
  - Volunteer Coach-Summer Camp

- **2023**

- Team 94 Color Run
  - Supports continuing education for adults with autism
- St. Thomas More Vocational Bible School
- St. Thomas More Church
  - Youth Group Member

