

Abigail Agostini

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Class of 2029

Instagram: abbyagostini.fh.2029



COLLEGE/CAREER OBJECTIVE

Motivated 2029 student athlete seeking an educational setting to pursue eventual collegiate degree and Field Hockey career.

EDUCATION

West Essex High School, North Caldwell, NJ

Honor Roll-Marking Period 1



ATHLETICS

Build: 5'1", 110 lbs

High School Field Hockey West Essex Regional High School

Head Coach: Jill Cosse, jcosse@westex.org, 732-306-8332

Club Field Hockey NJ GRIT

Recruiter: Jill Cosse, njgritfieldhockeyclub@gmail.com, 732-306-8332

- **2025**
- USA Field Hockey
 - o National Selection Camp-U16 Team Camp
 - o Nexus Participant-Region 5/6
 - o Nexus Regional Selection- Ursinus College, PA
 - o Nexus Championship Selection-Virginia Beach, VA
 - Team Athens

NJ Grit

- U19 National Club Championships
 - 8th place finish in the Nation
- U19 Regional Club Championships
 - 2nd place finish in NJ
- Winter Escape 2025-Open Division
- U16 NJ Grit Ruby Sunshine Showcase-Pool D
 - Silver Medal Winner
- U16 NJ Grit Ruby National Indoor Tournament
- U16 Centercourt Indoor League
 - 2nd Place Finish
- U14 Centercourt Indoor League
 - All Star Roster



West Essex Regional High School

- o Started as a Freshmen in the Attacking Center-Mid Position
- Highlighted by Max FH
- Named to NJ.com's "Field Hockey's freshman standouts so far: Who's turning heads?" list on October 3, 2025
- Essex County Champion
- o Recognized by nj.com as a freshman stat leader for both goals and assists
- o As of November 10th, 4th on the team in both goals (9) and points (24)

2024

- USA Field Hockey
 - Nexus Participant-Region 5/6
 - Nexus Regional Selection- Ursinus College, PA
 - Nexus Championship Selection-Virginia Beach, VA
 - Team Vancouver- Gold Medal
 - o AAU Junior Olympic Games, Wake Forest University, Greensboro, NC
 - Team Believe

NJ Grit

- U16 Shooting Star Showdown
- o U16 Regional Club Championship-Lafayette College

- U14 Regional Club Championship-Lafayette College
 - Second Place Team in NJ
- U14 National Club Championship-Virginia Beach, VA
- o U14 Centercourt Indoor League
 - Bronze Medal
 - All-Star Roster
- U14 National Indoor Tournament
- West Essex Regional Middle School
 - Voted Team Captain
 - o Offensive Player of the Game during Intersquad scrimmage day
 - Greater Morris County Junior Schools Coaches Association League Champions (Undefeated Season)
 - Named Most Valuable Player at end of year banquet

2023

- USA Field Hockey
 - Nexus Participant-Region 5/6
 - Nexus Regional Selection- Ursinus College, PA



- NJ Grit
 - U16 Regional Club Championships-Temple University
 - First Place Finish
 - U16 National Club Championships-Virginia Beach, VA
 - o U14 Regional Club Championship-Temple University
 - U14 Disney Sunshine Showcase
 - U14 Shooting Star Thanksgiving
 - o U12 Shooting Star Easter Tournament
 - U12 National Indoor Tournament
 - U12 Centercourt Indoor League
- West Essex Regional Middle School
 - Greater Morris County Junior Schools Coaches Association League Champions

- Rising Star Award
- Awarded "Black Knight Award" attitude, teamwork & commitment



2022

- NJ Grit
 - U12 Disney Sunshine Showcase
 - Piglet pool-Gold Medal Winner
 - U12 Surf and Sand Bash at the Beach- First Place Gold Medal Winner
 - U12 Shooting Star Thanksgiving
 - U14 Regional Club Championship
 - o Apex Futures Participant-Notre Dame High School, NJ
 - Apex All Star Roster

CLUBS AND COMMUNITY SERVICE



WEST ESSEX MIDDLE SCHOOL

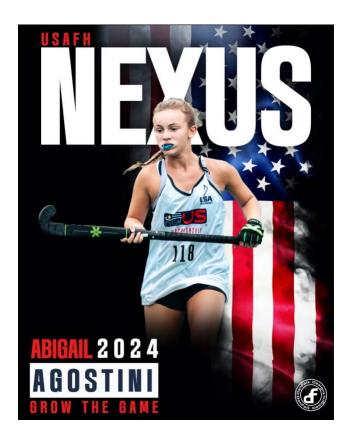
- o WE LEAD-peer leader group
- West Essex Middle School Honor Roll

FAIRFIELD COMMUNITY

- **2024**
 - West Essex Youth Field Hockey Recreation Program
 - Volunteer Coach-Summer Camp

2023

- o Team 94 Color Run
 - Supports continuing education for adults with autism
- o St. Thomas More Vocational Bible School
- St. Thomas More Church
 - Youth Group Member



Parents: Melissa Yuppa Agostini, <u>melissa.agostini2@gmail.com</u>, 973-865-9180 Mark Agostini, <u>mark.agostini2@gmail.com</u>, 201-247-2526