



Abigail Agostini

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Class of 2029

Instagram: [abbyagostini.fh.2029](https://www.instagram.com/abbyagostini.fh.2029)



COLLEGE/CAREER OBJECTIVE

Motivated 2029 student athlete seeking an educational setting to pursue eventual collegiate degree and Field Hockey career.

EDUCATION

West Essex High School, North Caldwell, NJ

Honor Roll-Marking Period 1

ATHLETICS

Build: 5'1", 110 lbs

High School Field Hockey West Essex Regional High School

Head Coach: Jill Cosse, jcosse@westex.org, 732-306-8332

Club Field Hockey NJ GRIT

Recruiter: Jill Cosse, njgritfieldhockeyclub@gmail.com, 732-306-8332

▪ 2026

▪ USA Field Hockey

- National Selection Camp-U16 Team Camp, January 2026-Charlotte, NC
- National Indoor Developmental Team Camp, February 2026-Mt. Olive, NJ



- **2025**

- *USA Field Hockey*

- National Selection Camp-U16 Team Camp, December 2025 -Charlotte, NC
- Nexus Participant-Region 5/6
- Nexus Regional Selection- Ursinus College, PA
- Nexus Championship Selection-Virginia Beach, VA
 - Team Athens

- *NJ Grit*

- U19 National Club Championships
 - 8th place finish in the Nation
- U19 Regional Club Championships
 - 2nd place finish in NJ
- Winter Escape 2025-Open Division
- U16 NJ Grit Ruby Sunshine Showcase-Pool D
 - Silver Medal Winner
- U16 NJ Grit Ruby National Indoor Tournament
- U16 Centercourt Indoor League
 - 2nd Place Finish
- U14 Centercourt Indoor League
 - All Star Roster

- *West Essex Regional High School*

- Started as a Freshmen in the Attacking Center-Mid Position
- Highlighted by Field Hockey Analyst as a player to watch for Class of 2029
- Named to NJ.com's "Field Hockey's freshman standouts so far: Who's turning heads?" list on October 3, 2025
- Essex County Champion
- Group 2 State Champion
- North Jersey Group 2 State Sectional Champion
- Recognized by nj.com as a freshman stat leader for both goals and assists
- Finished Freshman year with 9 goals, 6 assists for 24 points
- Group 2 State Champion
- North Jersey Group 2 State Sectional Champion
- Essex County Champion
- First Team All Essex County
- First Team All Super Essex Conference
- Second Team Essex/Union League Red Division
- NJFHCA All Star Roster

- **2024**

- *USA Field Hockey*

- Nexus Participant-Region 5/6
- Nexus Regional Selection- Ursinus College, PA
- Nexus Championship Selection-Virginia Beach, VA
 - Team Vancouver- Gold Medal
- AAU Junior Olympic Games, Wake Forest University, Greensboro, NC
 - Team Believe



- *NJ Grit*

- U16 Shooting Star Showdown
- U16 Regional Club Championship-Lafayette College
- U14 Regional Club Championship-Lafayette College
 - Second Place Team in NJ
- U14 National Club Championship-Virginia Beach, VA
- U14 Centercourt Indoor League
 - Bronze Medal
 - All-Star Roster
- U14 National Indoor Tournament

- *West Essex Regional Middle School*

- Voted Team Captain
- Offensive Player of the Game during Intersquad scrimmage day
- Greater Morris County Junior Schools Coaches Association League Champions (Undefeated Season)
- Named Most Valuable Player at end of year banquet

- **2023**

- *USA Field Hockey*

- Nexus Participant-Region 5/6



- Nexus Regional Selection-
Ursinus College, PA



- *NJ Grit*

- U16 Regional Club Championships-Temple University
 - First Place Finish
- U16 National Club Championships-Virginia Beach, VA
- U14 Regional Club Championship-Temple University
- U14 Disney Sunshine Showcase
- U14 Shooting Star Thanksgiving
- U12 Shooting Star Easter Tournament
- U12 National Indoor Tournament
- U12 Centercourt Indoor League

- *West Essex Regional Middle School*

- Greater Morris County Junior Schools Coaches Association League Champions
- Rising Star Award
- Awarded "Black Knight Award" for attitude, teamwork & commitment

- **2022**

- *NJ Grit*

- U12 Disney Sunshine Showcase
 - Piglet pool-Gold Medal Winner
- U12 Surf and Sand Bash at the Beach- First Place Gold Medal Winner
- U12 Shooting Star Thanksgiving
- U14 Regional Club Championship
- Apex Futures Participant-Notre Dame High School, NJ
 - Apex All Star Roster



CLUBS AND COMMUNITY SERVICE

- **WEST ESSEX MIDDLE SCHOOL**

- WE LEAD-peer leader group
- West Essex Middle School Honor Roll

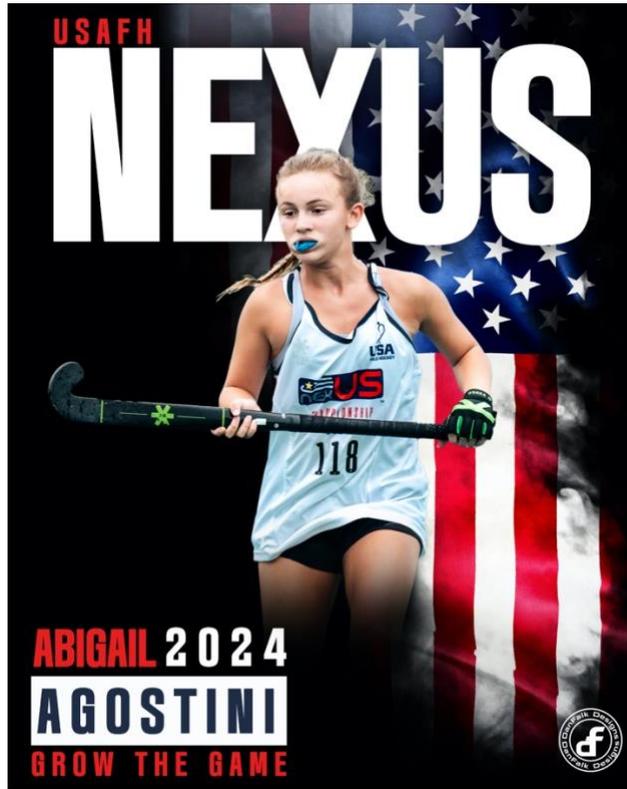
- **FAIRFIELD COMMUNITY**

- **2024**

- West Essex Youth Field Hockey Recreation Program
 - Volunteer Coach-Summer Camp

- **2023**

- Team 94 Color Run
 - Supports continuing education for adults with autism
- St. Thomas More Vocational Bible School
- St. Thomas More Church
 - Youth Group Member



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Mark Agostini, mark.agostini2@gmail.com, 201-247-2526