

Alexandra Agostini

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Class of 2027

Instagram: alexagostini.fh.2027



COLLEGE/CAREER OBJECTIVE

Motivated 2027 student athlete seeking an educational setting to pursue eventual collegiate degree and Field Hockey career.

EDUCATION

West Essex High School, North Caldwell, NJ

High School Classes, 3.7 Weighted GPA



ATHLETICS

Build: 5'1", 100 lbs

High School Field Hockey West Essex Regional High School

Head Coach: Jill Cosse, jcosse@westex.org, 732-306-8332

Club Field Hockey NJ GRIT

Recruiter: Jill Cosse, njgritfieldhockeyclub@gmail.com, 732-306-8332

- **2024**
- NJ Grit
 - U19 National Indoor Tournament NJ Grit Sapphire
 - Gold Medal (Undefeated) Dream Tier 1
 - U16 National Indoor Tournament NJ Grit Ruby
 - First place Tier 2 Crossover pool (Undefeated in crossover play)
 - 4 goals, 1 assist

- U19 Winter Escape Showcase-Undefeated in Pool
- U16 Centercourt Indoor League
 - All Star Roster

2023

- USA Field Hockey
 - o Nexus Participant-Region 5/6
 - Nexus Regional Selection- Ursinus College, PA
 - o Nexus Championship Selection-Virginia Beach, VA
 - Team Vancouver-Bronze Medal Winner



NJ Grit

- U19/U16 Open Winter Escape Showcase-Undefeated in Pool
- U16 Regional Club Championships-Temple University
 - First Place Finish
- U16 National Club Championships-Virginia Beach, VA
- U14 Regional Club Championship-Temple University
- U14 Disney Sunshine Showcase
- U16 Winter Escape
- U16 Shooting Star Thanksgiving
- U16 Shooting Star Easter Tournament
- U14 National Indoor Tournament
- o U14 Centercourt Indoor League
 - All Star Roster



West Essex Regional High School

- 2023 Varsity Team; earned starting position as a Freshman
- Ranked #2 in the State of NJ
- Ranked #8 in the Nation according to Max Field Hockey
- Group 2 State Champion
- Essex County Champion
- Ranked #1 Super Essex League
- Super Essex Conference Liberty Division- Second Team
- Listed by nj.com as top "50 Freshmen Stealing the Show" published in October
- o 21 points with 8 goals, 5 assists

2022



- USA Field Hockey
 - Nexus Participant- Region 5/6
 - Nexus Regional Selection-West Chester University
 - o Nexus Championship Selection-Team Rio-Virginia Beach, VA

NJ Grit

- U14 Disney Sunshine Showcase
- U14 Surf and Sand Bash at the Beach- First Place Gold Medal Winner
- U14 Shooting Star Thanksgiving
- U14 Regional Club Championship
- o Apex Futures Participant-Notre Dame High School, NJ
 - Apex All Star Roster
- Super-Sixty December 8th Grade Camp-Waldwick, NJ
- West Essex Regional Middle School
 - Team Captain-chosen by 68 peers
 - Greater Morris County Junior Schools Coaches Association League Champions
 - Most Valuable Player Award
 - o Awarded "Black Knight Award" for attitude, teamwork & commitment

2021

- NJ Grit
 - o U14 Disney Sunshine Showcase Silver Medal Winner
 - U14 Regional Club Championship-Rowan University -Wild Card Winner
 - o U14 National Club Championship-Virginia Beach, VA
- West Essex Middle School
 - Greater Morris County Junior Schools Coaches Association League Awarded "Rising Star" Award

CLUBS AND COMMUNITY SERVICE



- WEST ESSEX HIGH SCHOOL
 - Fashion Club
 - Health and Wellness Club
- FAIRFIELD COMMUNITY
 - o Team 94 Color Run
 - West Essex Youth Field Hockey Recreation Program
 - Volunteer Coach
 - St. Thomas More Vocational Bible School
 - Counselor 2022
 - St. Thomas More Youth
 - Group Member



Parents: Melissa Yuppa Agostini, <u>melissa.agostini2@gmail.com</u>, 973-865-9180 Mark Agostini, <u>mark.agostini2@gmail.com</u>, 201-247-2526