



# Alexandra Agostini

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Class of 2027

Instagram: [alexagostini.fh.2027](https://www.instagram.com/alexagostini.fh.2027)



## COLLEGE/CAREER OBJECTIVE

Motivated 2027 student athlete seeking an educational setting to pursue eventual collegiate degree and Field Hockey career.

## EDUCATION

**West Essex High School**, North Caldwell, NJ

*High School Classes, 3.92 Weighted GPA*

## ATHLETICS

**Build: 5'1", 100 lbs.**



**High School Field Hockey** West Essex Regional High School

Head Coach: Jill Cosse, [jcosse@westex.org](mailto:jcosse@westex.org), 732-306-8332

**Club Field Hockey** NJ GRIT

Recruiter: Jill Cosse, [njgritfieldhockeyclub@gmail.com](mailto:njgritfieldhockeyclub@gmail.com), 732-306-8332

### ▪ 2025

#### ▪ *Max Field Hockey*

- Listed as Top 100 in Class 2027 player rankings, released March, 4, 2025
- Registered for Top 150 Class of 2027 National Player Invitational, May 19th

#### ▪ *The Line Up*

- March 29<sup>th</sup> Division I, II, III Showcase, Florham Park Sports Dome
- June 7<sup>th</sup>, Sophomore Elite Select DI Event, The Proving Grounds

- *NJ Grit*
  - U19 Winter Escape Showcase
  - U19 Sunshine Showcase Pool N Gold Medal Winner
  - U19 Center Court Indoor League
    - 1<sup>st</sup> Place Finish
  - U16 Center Court Indoor League
    - U16 League MVP
    - 2<sup>nd</sup> Place Finish
    - All Star Roster
  - U16 NJ Grit Ruby
    - Qualified for National Indoor Tournament, Ithaca, NY
  - U19 NJ Grit Sapphire
    - Qualified for National Indoor Tournament, Ithaca, NY
  - U19 NJ Grit Sapphire National Indoor Tournament, Richmond, VA
  - U16 NJ Grit Ruby National Indoor Tournament, Manheim, PA

- **2024**

- *USA Field Hockey*
  - Nexus Participant-Region 5/6
  - Nexus Regional Selection- Ursinus College, PA
  - Nexus Championship Selection-Virginia Beach, VA
    - Team Berlin
- *Max Field Hockey*
  - Class of 2027 Top 100 Players to Watch List Released May 7, 2024
  - Player Combine-The Proving Grounds
- *The Line Up*
  - March 23<sup>rd</sup> Division I Showcase, Florham Park Sports Dome
  - May 4<sup>th</sup> Elite LineUp, The Proving Grounds
- *NJ Grit*
  - U19 Shooting Star Showdown
  - U19 Regional Club Championship-Lafayette College
    - Third place finish to qualify
  - U19 National Club Championship-Virginia Beach, VA

- 13<sup>th</sup> in the Nation
- U19 National Indoor Tournament NJ Grit Sapphire
  - Gold Medal (Undefeated) Dream Tier 1
- U16 Regional Club Championship-Lafayette College
- U16 National Indoor Tournament NJ Grit Ruby
  - First place Dream Tier 2 Crossover pool (Undefeated in crossover play)
  - 4 goals, 1 assist
- U19 Winter Escape Showcase-Undefeated in Pool
- U16 Centercourt Indoor League
  - All Star Roster



- *West Essex Regional High School*

- 2024 Varsity; returning starter as a sophomore
- Ranked #1 in the State of NJ
- Ranked #5 in the Nation according to Max Field Hockey
- Group 2 State Champion
- Essex County Champion
- Essex/Union Red Division Champion
- Ranked #1 Super Essex League
- NJFHCA All North Jersey All Star Roster-First Team
- New Jersey All State Third Team
- New Jersey Group 2 First Team
- Essex County First Team
- NFHCA All Region Second Team- NJ Region
- Super Essex Conference American Division- First Team
- Nominated by nj.com as one of the top field hockey sophomores in the state published in October
- 14 points with 5 goals, 4 assists
  - Recorded first career hat-trick, September 10<sup>th</sup> vs. Summit
- University of Maryland Team Camp, July

- **2023**

- *USA Field Hockey*

- Nexus Participant-Region 5/6
- Nexus Regional Selection- Ursinus College, PA
- Nexus Championship Selection-Virginia Beach, VA
  - Team Vancouver-Bronze Medal Winner

- *NJ Grit*

- U19/U16 Open Winter Escape Showcase-Undefeated in Pool
- U16 Regional Club Championships-Temple University
  - First Place Finish
- U16 National Club Championships-Virginia Beach, VA
- U14 Regional Club Championship-Temple University
- U14 Disney Sunshine Showcase
- U16 Winter Escape
- U16 Shooting Star Thanksgiving
- U16 Shooting Star Easter Tournament
- U14 National Indoor Tournament
- U14 Centercourt Indoor League
  - All Star Roster



- *West Essex Regional High School*

- 2023 Varsity Team; earned starting position as a freshman
- Ranked #2 in the State of NJ
- Ranked #8 in the Nation according to Max Field Hockey
- Group 2 State Champion
- Essex County Champion
- Ranked #1 Super Essex League
- Super Essex Conference Liberty Division- Second Team
- Listed by nj.com as top "50 Freshmen Stealing the Show" published in October
- 21 points with 8 goals, 5 assists

- **2022**

- *USA Field Hockey*

- Nexus Participant- Region 5/6
- Nexus Regional Selection-West Chester University
- Nexus Championship Selection-Team Rio-Virginia Beach, VA

- *NJ Grit*

- U14 Disney Sunshine Showcase
- U14 Surf and Sand Bash at the Beach- First Place Gold Medal Winner
- U14 Shooting Star Thanksgiving
- U14 Regional Club Championship
- Apex Futures Participant-Notre Dame High School, NJ
  - Apex All Star Roster
- Super-Sixty December 8th Grade Camp-Waldwick, NJ
  
- *West Essex Regional Middle School*
  - Team Captain-chosen by 68 peers
  - Greater Morris County Junior Schools Coaches Association League Champions
  - Most Valuable Player Award
  - Awarded "Black Knight Award" for attitude, teamwork & commitment

▪ **2021**

- *NJ Grit*
  - U14 Disney Sunshine Showcase Silver Medal Winner
  - U14 Regional Club Championship-Rowan University -Wild Card Winner
  - U14 National Club Championship-Virginia Beach, VA
- *West Essex Middle School*
  - Greater Morris County Junior Schools Coaches Association League Awarded "Rising Star" Award

**CLUBS AND COMMUNITY SERVICE**



▪ **WEST ESSEX HIGH SCHOOL**

- Fashion Club
- Italian Club
- Health and Wellness Club
- Key Club

▪ **FAIRFIELD COMMUNITY**

▪ **2024**

- West Essex Youth Field Hockey Recreation Program
  - Volunteer Coach-Summer Camp
- The Edge Field Hockey Summer Camp
  - Volunteer Coach
- West Essex Lacrosse Summer Camp
  - Volunteer Coach
- Fairfield Municipal Alliance
  - Winter Wonderland Event

▪ **2023**

- Team 94 Color Run
  - Supports continuing education for adults with autism
- The Edge Field Hockey Summer Camp
  - Volunteer Coach
- West Essex Youth Field Hockey Recreation Program
  - Volunteer Coach-Summer Camp & Fall Clinic
- St. Thomas More Vocational Bible School
  - Counselor 2022
- St. Thomas More Church
  - Youth Group Member

**ALEX AGOSTINI**  
FORWARD/MIDFIELD



WEST  ESSEX  
HIGH SCHOOL  
CLASS OF 2027

**NJ GRIT**

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