

Ava Brodack

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njgritfieldhockey.com/ava-brodack

College/Career Objective

Motivated and dedicated High School Honors 2025 student-athlete seeking an educational setting to pursue a collegiate business degree and collegiate field hockey.

Education

West Essex HS Class of 2025

September 2021-Current

Weighted GPA 3.9 - High School Honors courses and on track to take AP-level courses

Middle School Academic Honors, Junior National Honor Society member 2019-2020

Athletics (NCAA #TBD)

Build: 5'0, 91 lbs

Club Field Hockey

(NJ GRIT: Coach Jill Cosse, jill@NJGRITFieldHockey.com, 732-306-8332)

2022: U16 USAFH RCC 4th Place (NY/NJ Region)

USAFH Disney Sunrise Showcase Gold Medal (Tinkerbell Division)

Columbia University Friday Night Lights Clinic

Tufts University Spring Prospect Clinic

Michigan 4Goals Field Hockey Clinic

2021: U14 USAFH Disney Showcase Silver Medal (Elsa Top Division)

Revolution Montclair State University Field Hockey Camp

December Super Sixty Camp (Session 1)

2020: U14 Shooting Star Thanksgiving Field Hockey Tournament Bronze Medal

PA Revolution Virginia Beach Field Hockey Tournament

2019: (New Heights FHC)

U14 USAFH National Hockey Festival

The Edge Field Hockey Camp

USA Field Hockey

2022: U16 USAFH RCC 4th Place (NY/NJ Region)

U16 USAFH Disney Sunrise Showcase Gold Medal (Tinkerbell Division)

2021: U14 USAFH Disney Sunrise Showcase Silver Medal (Elsa Top Division)

2020: Limited due to Covid-19

2019: U14 USAFH National Hockey Festival

West Essex High School Field Hockey (Coach Jill Cosse, jcosse@westex.org, 732-306-8332)

(2020 Ranked #2 in NJ and #8 in the Nation MAX Field Hockey)

(2021 Ranked #1 in NJ, NJ.com)

2021: Freshman Team - Undefeated Season

16 Goals, 15 Assists

Starter Every Game

2021 Leading Scorer Award

2020: *Greater New Jersey Middle School State Tournament canceled due to covid.

2019: 7th grade Middle School Starter

Greater New Jersey Middle School State Champion

Volunteerism/Awards

2022: Dog Treat Making for Mt. Pleasant Animal Shelter

2022: Holiday Divisional Event Make-A-Wish Card Writing

2022: Fairfield Winter Wonderland Volunteer

2022: Holiday Toy Drive Fundraiser

2021-2022: Member of Cooking 4 A Cause Club

2021-2022: Member of Key Club

2021-2022: Member of WE Care Club

2021-2022: Contributor to Wessex Wire

2021: Leading Scorer Award

2021: Scarf Making for Crane's Mill

2021: Volunteer at West Essex Marching Band Competition

2021: Cedar Hill Elementary School Drive-Thru Pumpkin Contest

2021: Polar Bear Plunge for Special Olympic

2021: Volunteer at Congregation Agudath Israel (10 Hours)

2021: Contributor to School Newspaper

Parents: Karen Brodack, kbrodack@verizon.net, 917-880-9679

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