



# Julia Conforti

5 Lebeda Drive East, Fairfield NJ 07004

201-704-3181 [juliaconfortiwestessexnjgrit@gmail.com](mailto:juliaconfortiwestessexnjgrit@gmail.com)

Class of 2027

Instagram: [juliaconfortifh2027](https://www.instagram.com/juliaconfortifh2027)

## College/ Career Objective:

Motivated and hardworking student athlete seeking an educational setting to pursue eventual collegiate degree and a competitive field hockey experience.

## Education:

West Essex High School Class of 2027, North Caldwell, NJ  
September 2023-Present

## Athletics:

Build 5'4, 120 lbs

## Club Field Hockey

NJ Grit: Coach Jill Cosse, [njgritfieldhockeyclub@gmail.com](mailto:njgritfieldhockeyclub@gmail.com) 732-306-8332

2025: Winter Escape Showcase Open Division, Sanford, FL  
U19 Sunshine Showcase- Gold medal winner- Yzma Bracket  
U19 Centercourt Indoor League- League Champions  
U19 National Indoor Tournament, Richmond, VA  
U16 National Indoor Tournament, Manheim, PA  
U19 Regional Club Championship #2 in NJ- NCC qualified

2024: U19 Shooting Star Showdown Easter Tournament, Frederica, DE  
U19 Winter Escape Tournament, Sanford, FL Undeclared in pool  
U19 Regional Club Championship- Lafayette College, 3rd place  
U19 National Club Championship- Virginia Beach-13th in nation  
U19 National Indoor Tournament qualifiers, Ithaca, NY  
U16 Disney Sunshine Showcase



2023: U16 National Indoor Tournament- 1st place Dream bracket -Tier 2  
U16 Regional Club Championship  
U16 Centercourt Winter Indoor League  
U16 National Indoor Tournament qualifiers, Ithaca, NY  
U16 & U14 Shooting Star Thanksgiving Tournament, Virginia  
U16 National Club Championship  
U16 & U14 Regional Club Championship- U16 RCC #1 Team in NJ  
U16 Winter Escape Tournament  
U14 Disney Sunshine Showcase  
U14 National Indoor Tournament  
U14 Center Court Winter Indoor League

2022: U16 & U14 Shooting Star Thanksgiving Tournament, Virginia  
U14 Surf & Sand Bash at the Beach - 1st Place Gold Medal Winner  
U16 & U14 Regional Club Championship  
U14 National Indoor Tournament  
U14 Disney Sunshine Showcase  
U14 National Club Championship

2021: U14 Regional Club Championship  
U12 Leadher Festival, Proving Grounds  
U12 National Indoor Tournament  
U14 Disney Sunshine Showcase, Silver Medal Winner

### **Other Field Hockey:**

2025: Top 150 Watchlist- Sophomore player ranking, Class of 2027  
Attended the Top150 National Player Invitational, The Proving  
Grounds, Conshohocken PA  
LineUP March 29th DI, DII & DIII Event- Florham Park, NJ  
LineUP Sophomore Elite Select (June 7 The Proving Grounds,  
Conshohocken PA)

2024:  
The LineUP D1 Event, Florham Park, NJ  
Max Field Hockey Player Combine (Villanova)  
Maryland University Camp (West Essex FH Varsity Team)  
National Player Combine (July)

2023: The Edge Field Hockey Camp

2022: Super Sixty Class of 2027 Camp  
Apex Futures Camp  
The Edge Field Hockey Camp

2021: The Edge Field Hockey Camp

### **USA Field Hockey:**

2025: U18 Regional Selection Camp Participant

2024: U16 Nexus Championship Participant Virginia Beach  
U16 Nexus Regional Selection Camp- Lafayette College

2023: U14 Nexus Championship Participant Virginia Beach, VA  
U14 Nexus Regional Selection Camp (Region 5/6)

2022: U14 Nexus Regional Selection Camp (Region 5/6)  
U14 Nexus Selection Championship - Virginia Beach  
(Team Helsinki Gold Medal Winner)



### **West Essex High School Field Hockey:**

Coach Jill Cosse, [jcosse@westex.org](mailto:jcosse@westex.org), 732-306-8332

2025: Game Changers Sports Award- Team of the Year Finalist

2024: West Essex Varsity Starting Forward/ Midfield  
(20 goals, and 9 assists for a total of 49 points for the season)  
Max Field Hockey National High School Invitational Participant  
Group 2, New Jersey State Champions, #1 in NJ  
#5 in the country according to Max Field Hockey  
Group 2, North Jersey Sectional Champions  
Essex County Tournament Champion

NJFHCA North Jersey All Star Roster- First Team  
All Group 2- Third Team  
Essex County First Team  
Super Essex Conference, American Division, First Team

2023: West Essex Varsity Starting Forward  
(6 Goals, 3 Assists for a total of 15 points)  
Ranked 2nd in State and 8th in the Nation (Max Field Hockey)  
Named Top "50 Freshman Stealing the Show so far" (NJ.com)  
Max Field Hockey National High School Invitational Participant  
Super Essex Conference Liberty Division Honorable Mention  
Ranked #1 Super Essex League  
Essex County Tournament Winner  
Group 2 North Jersey Sectional Champions  
Group 2 New Jersey State Champions

### **West Essex Middle School Field Hockey:**

2022: Middle School Captain  
Starting Forward  
Middle School Best Offensive Player Award  
Greater NJ Middle School State Tournament Champion

2021: West Essex Middle School starting Forward  
Rising Star Award  
Greater NJ Middle School State Champion

### **Clubs/ Community Service:**

2024: West Essex High School Fashion Club

2023: West Essex High School Fashion Club

2022: Team 94 Color Run  
(Continuing education for adults with autism)

**Volunteerism:**

- 2025:     Lovely Ladies Project: Assisted in organizing and collect toiletries and tote bags for Valentine's Day for women in local shelters.  
            West Essex Edge Field Hockey Camp Volunteer Coach
- 2024:     West Essex Edge Field Hockey Camp Volunteer Coach  
            West Essex Lacrosse Camp
- 2023:     Toys for Tots Volunteer- Angeloni's Restaurant (Caldwell, NJ)  
            Toys for Tots Volunteer- The Brook Tap House (West Caldwell, NJ)
- 2022:     West Essex Youth Field Hockey Recreation Program Volunteer Coach
- 2021:     West Essex Youth Field Hockey Recreation Program Volunteer Coach

**Parents:**

Anabela Conforti [anabelaconforti@gmail.com](mailto:anabelaconforti@gmail.com), 201-341-9016  
Michael Conforti [michaelconforti54@icloud.com](mailto:michaelconforti54@icloud.com), 201-320-0108