

JILL COSSE'S THE EDGE FIELD HOCKEY CAMP

Mini-Edger's
Pre-K - 2nd grade
8:30-11:30 AM

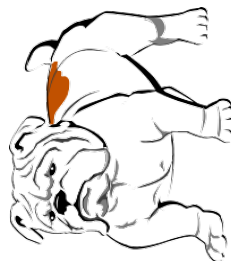
Regular Camp
3rd-6th Grade

Elite Camp
7th-8th Grade

June 23 — June 26

8:30 AM-12:30 PM

**West Essex High School
North Caldwell, NJ**



Jill Cosse's Edge Lacrosse and Field
Hockey Academy
105 Grandview Ave
North Caldwell, NJ 07006

Dear Parents and Campers,

I believe in strong women athletes. I believe that sport is a discipline that teaches us integrity, sportsmanship and excellence.

When I first moved to North Jersey and began coaching, my first goal as a person and a coach was to introduce young ladies to the benefits of good team sports.

Taking over the Field Hockey program at West Essex has been one of the most rewarding and celebrated events in my life. Everyday, I am alive and proud of my athletes that step on our fields. It is this same excitement that I have brought to our Lacrosse program.

I began my lacrosse and field hockey camps with the idea that through hard work and fun, so much can be accomplished. I bring this same spirit to our teams at West Essex. I am hopeful that as campers our fundamental skills in both field hockey and lacrosse are just the beginning of our development as total players.

I look forward to our camps this summer. I am absolutely thrilled to finally have instilled a long needed lacrosse tradition and continue our hockey reign. Let this be the link to our proud past and of an exciting future.

Kindest Regards., Jill Cosse
Head Field Hockey & Lacrosse Coach

About The Director

Jill Cosse is a graduate of Wall High School, Trenton State College and holds a master's degree in Exercise Science from UCONN. While at TSC she participated in Field Hockey and Lacrosse, helping the Lions capture 3 National Titles in LAX and 2 National Titles in FH. Jill was captain for both sports in her Senior year. She was a Regional All-American for both FH and LAX and was a Final Four Selection, 2X in LAX and 1X in FH. Jill has been the Head Coach for Girl's Lacrosse for 20 years and Field Hockey at West Essex for the past 26 years, where her teams pride themselves in their spirit, strength, and unity. Her Field Hockey team record at WE is 580-52-14. In the fall of 2005, Jill was named National Coach of the Year. In 2007 she received the Honor Award from NAGWS. WEFH was ranked #1 in NJ and #5 in the USA this past fall.

Application and Equipment Needs:

- Player must have a consent waiver before participation
- Players must have own equipment ie. Stick, Mouthguard and Cleats/Sneakers
- Goalies must have all proper equipment

Please fill out the sheet to the right for each player and return with full payment for reservation either by Venmo @Jill-Cosse-1 or and mail check to:

Jill Cosse
105 Grandview Ave
North Caldwell, NJ 07006

CAMP INFORMATION

Field Hockey

June 23rd-June 26th

Mini Edger's

Grades Pre K-2nd

Monday- Thursday 8:30-11:30 AM

Fee: \$160.00 (all sessions)

Regular Camp and Elite Camp

Grades 3rd-6th and 7th-8th

Monday- Thursday 8:30 AM- 12:30 PM

Fee: \$200.00 (all sessions)

Site: West Essex Regional High School
North Caldwell, NJ

Features:

- Each camper receives a Free camp T-Shirt
- Individualized instruction and interaction with our staff
- Staff includes former and current West Essex Players and Collegiate Players
- Enrollment is limited
- First 40 Players per week
- College Level drills
- Awards for Contest Winners

The Edge Field Hockey Academy

Name: _____

Address: _____

Phone number: _____

Emergency phone: _____

Birth Date: _____

E-mail: _____

Name of School _____

Grade Entering _____

Youth Size: SM____ Med____ LG____ XLG____

Please read: I approve my child's attendance at the Edge Field Hockey Academy and certify that she is in good health. If medical attention is required for illness or injury during camp, I give permission for such care to be rendered. I recognize and understand that neither the town of North Caldwell, school district of West Essex, nor anyone associated with the Edge Field Hockey Academy will assume any responsibility for accidents and medical or dental expenses incurred as a result of participation on the way to, during, or on the way home from this program.

Signature of Parent or Guardian

Date

Return this section with full payment payable to Jill Cosse by Venmo @Jill-Cosse-1 or mail check.

E-mail questions to: jcosse@westex.org or
njgritfieldhockeyclub@gmail.com