



Evangeline Cosse Minnella

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College/Career Objective

Motivated honors 2024 student athlete seeking an educational setting to pursue a yet to be determined degree, and collegiate Field Hockey.

Academics

West Essex HS Class of 2024

September 2020 - Current

4.4 Weighted Sophomore GPA – 5 Honors Classes, 1 AP Class
Pre Med Club, Health & Wellness Club
MS Junior National Honors Society



Athletics (Midfielder)

Build: 5'6", 130 lbs

West Essex High School Field Hockey (Coach Jill Cosse, jcosse@westex.org, 732-306-8332)

2021 WEFH (23-2 Record)

- #2 in NJ, #3 in NJ, 15 in Nation (MAX Hockey)
- Second year Varsity starter midfield - 2 goals, 18 assists
- Group 2 State Champions, North Sectional State Champions, Essex County and SEC Champions
- TOC (Tournament of Champions NJ) – 4-3 loss to Eastern HS
- 1st Team All Essex County
- 2nd Team All Essex – Union Conference
- 1st Team – North Jersey Coaches Association
- Max Field Hockey Top 100 2024 Players to Watch
- U16 Nexus Selection Camp
- Voted Captain for 2022

2020 WEFH Season (12-0-1)

- #2 in NJ, #8 in Nation (MAX Hockey)
- Freshman Varsity Starter Left Mid - 1 goal, 3 assists
- NJSIAA North East Region A Sectional Champions
- 1st Team All Essex County
- 2nd Team All Essex – Union Conference
- 1st Team – North Jersey Coaches Association
- U16 Nexus Selection Camp

8th Grade – 2019 Captain, voted MVP Greater Middle School League State Champions 2019 & All Tournament Team

7th Grade – voted MVP Greater Middle School League State Champions 2018 & All Tournament Team



PLAYER RANKINGS

TOP 100 2024 WATCH LIST



Club Hockey

2021/2022 NJ GRIT Field Hockey Club (Coach Jill Cosse, jcosse@westex.org, 732-306-8332)

- Disney Sunshine Showcase U19 and U16 (Tinkerbell Gold)
- Winter Escape, B Bracket 2nd Place, 4-0-1, Tied Texas Pride
- U16 NITs A Bracket 3rd Place
- U19 NITs F Bracket 2nd Place
- U16 Shooting Star Easter A Bracket 1st Place

2020/2021 NJ GRIT Field Hockey Club

- Shooting Star - U16 Ruby (top team) "A Bracket", Undefeated Gold
- 2021 NIT - Top U16 Team (Ruby) and top U19 Team (Sapphire)
- 2021 Shooting Star Jamboree – U19B Undefeated Gold (Sapphire)4

2015-2020 New Heights FHC (New Heights: Coach Ahmed Elmaghraby, Olympics96@hotmail.com, 973-945-9989)

2019/2020

- Festival, Disney, Indoor as an 8th grader on the U16 teams
- Played U14 top team for 2019 NIT's - 3rd place @ NIT in A bracket
- New Heights U16 & U19 Ranked #1 in Nation by USAFH
- U16 Disney Showcase Bronze
- Level 2 Futures

2018/2019

- U14 Festival, Indoor, Disney, RCC

2015-2018

- U12 Festival, Indoor, Disney



Club Lacrosse

STEPS Lacrosse: (Coach Mike Walsh, mwalsh@stepslacrosse.com, 908-598-0753)

- 2016-2021: STEPS Elite Lacrosse, Defender

Community Service

- 2021: Operation Christmas Child for Manasquan Methodist Church
- 2021: "I Support the Girls" clothing drive for homeless women and girls
- 2021: Special Olympics Polar Plunge Fund Raiser
- 2020: Key Club
- 2020: West Essex Field Hockey & NJ Avalanche Ice
- 2016 – 2020: Lax for the Cure Fundraising
- Hockey, Fight Cancer Fund Raising
- 2019: K- 6 Field Hockey Clinic Assistant Coach
- 2019: K- 1 WEGLAX lacrosse clinic Assistant Coach
- Manasquan Methodist Youth Group Organization
- 2021: Captains Practice lead by Varsity players



Parents: Jill Cosse, jcosse@westex.org, 732-306-8332

Anthony Minnella, aminnell@westex.org, 973-420-4229