GIANNA ROSE PUORRO Midfield / Forward / Flyer

18 White Oak Drive, North Caldwell, NJ 07006 973-865-2429 giannapuorro24@gmail.com Age: 17; Height 5.5; Weight: 125 lb.; Birthdate: 10-24-2003

<u>College Liaison:</u> Jill Cosse - NJ GRIT Director / West Essex Head Coach 732-306-8332 <u>Jcosse@westex.org</u> or <u>NJGRITFIELDHOCKEYCLUB@gmail.com</u>

High School: GPA: 4.14 weighted 3.85 unweighted

West Essex High School, 65 Greenbrook Rd., N. Caldwell, NJ 07006 Grade: Junior 2020/2021; College Prep; Honor Classes; Honor Roll

Field Hockey Achievements:

 2020: WEHS Ranked #2 team in NJ; #8 in the country NJSIAA 2020 Regional Championship NE Region Group A WEHS 1st Place Group 2 Ranking (Undefeated 12-0-1) MAX Field Hockey "Top 40 NJ Region Players" to Watch NJ.com Top 20 Returning & Final Stat Leaders in 2020 NJ.com Top 20 Attackers to Watch 2nd Highest Varsity mile run (5.57) with sprained ankle 15 goals, 25 assists

2019: Sophomore Varsity Starter Midfield/Forward/Flyer Best Record for WEHS varsity mile run (5.45) 2019 returning NJSIAA N1G2 State Group Champs NJIAA Sectional Champions North 1 Group 2 Essex County Tournament of Champions Season Record 23-2-1 23 goals, 18 assists

- **2018:** Freshman Starter Forward/Flyer
 - NJSIAA North Jersey, Section 1, Group 2 State Finals Champions
 Essex County Tournament of Champions
 SEC All Conference
 Ranked 3rd in New Jersey
 Second Highest scorer (played season in a cast)

Season Record 21-3-1

17 goals, 9 assists

Field Hockey Camps/Clinics:

2020 UDEL Field Hockey (Only 3 Club Players invited) (Canceled) University of Maryland Camp (Canceled due to COVID)

2019 Super Sixty (2022's) Summer Camp

Sophomore (2022's) Camp & Summer Camp @ Swarthmore 2019 Bryn Mawr Clinic: Harvard, Princeton & Penn State coaches 2019, 2018 & 2017 Villanova; 2018 Monmouth

2018-2015 WEFH Field Hockey & Lacrosse Summer Camp

Class 2022 .

Varsity 3 Sport Starter since Freshman Year #4 NJ GRIT U19 Club Team (formally New Heights #136 - U16 black) #4 West Essex Regional High School 12 Letter Varsity Player

Awards:

2020 2nd Team All State 2020 1st Team All Group 2 2020 1st Team All-Conference (Super Essex Conference) 2020 1st Team All Star (Essex / Union Conference) 2019 1st Team All Star Group 2 (Essex / Union Conference) 2019 2nd Team All-Conference 2019 3rd Team All Group 2 State Honors 2019 WEHS Dark Knight Award (Varsity Lacrosse) 2019 "BUNS" handed down to only select athletes 2019 WEFH Unsung Hero Award 2019 Varsity Basketball - Heart, Hard Work & Hustle Award 2018 Second Team All-Conference 2018 ISTC Most Valuable Player Award 2017 WEFH Best Playmaker Award & 2017 ISTC Coaches Choice 2016 ISTC Most Valuable Player Award 2016 WEFH Best Offense **Tournaments:** 2020 Shooting Stars (U19 2nd Place) 2019 World Camp USA 2019 MAX Field Hockey Nationals 2019 RCC (Region 6 Champion) & NCC Tournament - #4 in US 2019 World Camp Elite Selection-Amsterdam (invited to) 2019 & 2018 USAFH National Hockey Festival - Fla Lacrosse (2019, 2018, 2017) 3-5 Summer Tourneys yearly **Clubs and Leagues:** 2019-2020 NJ Grit Field Hock Club

2019-2020 NJ Grit Field Hock Club
2017 – 2019 New Heights Filed Hockey Club (#1 Club in US; 2019 Gold Medal Winner USAFH Festival)
2017 New Heights Indoor Training Team
2018/2019 Lacrosse STEPS Elite
2017/2018 DEWLAX Elite

<u>Activities:</u> 3 Sport Varsity starter FH, BB & LAX, Babysitting, Italian Club, 1st Degree Black Belt, Plays piano, violin & clarinet, boating, skiing <u>Community Service:</u>

- Participated in West Essex HS Field Hockey fundraiser to help feed health care workers during COVID
- Ranked Top 10 Female Runner in 2019 Verizon Corporate Classic 5K for Jersey Battered Women's Service
- Volunteered for North Caldwell recreation foundation annual color run
- Volunteer coach for 2-6 graders for West Essex High School Summer Camp
- Sang/played piano for 400+ audience at Mayfair Farms in W. Orange fundraiser in honor of 19 yr who lost his life
- Recorded album as a Gaucher Disease fundraiser named "For the Children" by Court of Appeal, on sale at Amazon.com.
- Volunteered at assisted living home (sang/played piano)
- Provided companionship for elders, participated in soup kitchen (Notre Dame Parish)