

# Julia P. Ranski

56 Mae Belle Drive Clark NJ 07066 **732-770-9027** 

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Instagram: julia\_ranskifh23
Height: 5'2" Weight: 112 lbs
Position: Field player, Mid & Forward
Parents: Janine Ranski 732-259-4255
Kevin Ranski 732-259-2343 Ranski@comcast.net



#### **COLLEGE / CAREER OBJECTIVE**

An extremely motivated honors and AP student searching for the opportunity to play collegiate level field hockey. Along with the chance to study political science with the long-term goal of becoming New Jersey's first female Senator.

### **EDUCATION**

September 2019 - Current

Arthur L. Johnson High School / Full AP and honors class workload

- AP Modern World History (completed 2020-21) (3 on the test)
- AP United States Government and Politics (2021-22)
- AP Language and composition (2021-22)
- AP Psychology (2021-22)
- AP US History (2021-22)

Unweighted GPA 4.0851 / Weighted GPA 4.3617 (Last Year)

#### **ATHLETICS**

Carl H. Kumpf Middle School Field Hockey -7, Captain 8 Arthur L. Johnson High School Field Hockey - Coach Katrina Poskay 908-612-6355/ kposkay@clarkschools.org

## Field Hockey:

- ★ JV 9th and 10th (10th grade undefeated regular season)
- ★ Varsity 10th
- ★ Varsity starter 11th
- ★ Varsity Captain 12th (Upcoming year)

## Track and Field Team

★ 9th

# **CLUB TEAMS**

- ★ **2018** Rapid Fire Elite
- **★ 2018 2021** *Mid-Jersey Knights* Coach Joey Civicio 203-692-5280 / info@knightsfhc.com
- ★ 2021 Present New Jersey Grit Coach Jill Cosse, 732-306-8332 / Jill@NJGRITFieldHockey.com Katrina Poskay 908-612-6355 Kposkay@clarkschools.org



#### TOURNAMENTS/ TRAINING

2018 Mid Jersey Knights FHC - U14 indoor

2019 NIT Mid Jersey Knights, Spooky Nook PA

2019 Mid Jersey Knights interclub tournaments with Princeton FH

2020 NITQ (National Indoor Tournament Qualifier) Houston, Texas

2020 NIT Mid Jersey Knights, Spooky Nook PA

2020 Revolution College Showcase, Montclair State University

**2020** Mid Jersey Knights vs Spartans/Total Dutch tournaments

**2021** NJ Grit Shooting Stars, Delaware

2021 Apex Spring College Showcase

2021 Tri-State College 7v7 Tournament

**2021** Rutgers Summer Clinics

**2021** Sand & Surf (Individual player)

**2021** Apex Summer College Showcase

2021 Surf and Sand (November 2021)

2021 Virginia Shooting Star Thanksgiving (November 2021)

**2022** Apex Spring College Showcase (Upcoming)



#### **CAMPS**

**2019** Super Sixty / Revolution Camp, Montclair University / Rutgers University Field Hockey Camp

2020 Futures 6D North Montclair, NJ

2020 Revolution Camp, Montclair University / Rutgers University Field Hockey Camp

2021 Revolution Camp, Princeton

**2021** Super Sixty (December 2021)

#### **MISCELLANEOUS**

**2021** Private training with Coach Ingrid Alkhoven owner of Total Dutch Club

2021 Strength, speed & agility private training with

Andres Lopez from Beastmode Speed School

**2022** Strength and Agility with Dr. Shannon Connolly, former D1 Syracuse player

#### SCHOOL CLUBS AND PROGRAMS

#### **Student Government:**

- Elementary School Student body-President
- Middle School Student Government-President
- Freshman Class- President
- Sophomore Class- President
- Junior Class- President



**Heroes and Cool kids:** The program allows ALJ student athletes to mentor the younger students on important life skills such as sportsmanship, conflict resolution, and positive lifestyle choices. Heroes and Cool Kids focuses on the importance of drug, alcohol and tobacco prevention.

• Junior Year- selected member

**Active Minds**: Active Minds is an organization dedicated to raising mental health awareness among students, via peer-to-peer dialogue and interaction.

- Freshmen year-Participant
- Sophomore year -President
- Junior year- President

**Key Club**: a student-led organization, Key Club's goal is to encourage leadership through serving others (100+ service hours thru October of 2021)

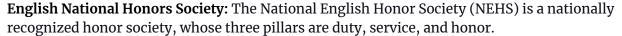
- Freshmen year Participant
- Sophomore year- Participant (Bronze award)
- Junior year Junior class representative

**Young Voices for Clark:** Founding Member - Club dedicated to promoting awareness in social justice and quality of life issues

• Sophomore year-Founding member

**Spanish National Honors Society**: An academic honor society focused on Spanish language and Portuguese language excellence in secondary education and promotes a continuity of interest in Spanish and Portuguese studies.

- Sophomore year- Inducted member
- Junior year- Member



• Junior year- Accepted member

**National Honor Society:** a nationwide organization for high school students in the United States and outlying territories, which consists of many chapters in high schools. Selection is based on four criteria: scholarship, leadership, service, and character beginning junior year.

• Junior year- Accepted member

# **VOLUNTEERISM/ EMPLOYMENT**

- Multiple Volunteering events
- Babysitting
- Volunteering as a Coach/teacher at Clark Recreation Spring Field Hockey Clinic
- 2021 Clark Township Recreation Summer Camp Counselor (counselor of the week bonus)

