



# Abby Zanelli

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## College/Career Objective

Motivated honors 2024 student athlete seeking an educational setting to pursue eventual collegiate Environmental Sciences degree, and collegiate Field Hockey (Goalie).

## Education

West Essex HS Class of 2024

September 2020 - Current

Middle School Academic Honors, 3.92 GPA

High School Honors Classes, 3.95 Weighted GPA

## Athletics

Build: 5'7", 135 lbs

**Club Field Hockey** (NJGRIT: Coach Jill Cosse, [jcosse@westex.org](mailto:jcosse@westex.org), 732-306-8332)

2013 - 2016: NJ Starz Field Hockey Club, U14 NIT, Disney Showcase U14 Gold

2017: Mid New Jersey Knights Field Hockey Club U14

2017 - 2020: New Heights Field Hockey Club (USAFH #1 U16 National Ranking)

2018: Futures Gold Medal Champion, U16 Disney Showcase Gold, U14 NIT, U16 Festival

2019: Futures Alternate, U14 RCCs, U16 NCCs 4<sup>th</sup> Place, U16 NIT, U16 Disney Showcase Bronze, Middle School Captain, U16 Festival Top Bracket Gold with 6 Shut Outs

2020: U19 NITQ, U16 NIT Gold (Undefeated, 4 GA), U16 Disney Showcase Medal (Undefeated, 1 GA), RCC U16, New Heights U16 & U19 Ranked #1 in Nation by USAFH, NJ Grit U16 Black



**West Essex High School Field Hockey** (Coach Jill Cosse, [jcosse@westex.org](mailto:jcosse@westex.org), 732-306-8332)  
(Ranked #3 in NJ, and #8 in the Nation MAX Field Hockey)

2020: Freshman Varsity Starter (every game)

Undefeated Season: 12-0-1, 11 shut outs, 38 shots on goal, 35 saves, 3 goals against, 92% save rate

NJSIAA North East Region A Sectional Champions (Tournament of Champions cancelled due to COVID)

1st Team All Essex County

Summer Highlights - <https://youtu.be/FYH6tclrctc>

Fall Highlights - <https://www.hudl.com/video/3/15231711/5f7f527e386e0a086c7d98b6>

## SCUBA

2017 - Current: Master Scuba Diver Certified at age of 12 (+Rescue Diver Certified)

2018: World Record, Largest Underwater Air Symphony

(<https://www.youtube.com/watch?v=DAQ0O82WdEY>)



## Other

2016 - 2019: STEPS Elite Lacrosse and Old Turnpike Middle School Field Hockey (Captain)

2016 - 2018: Old Turnpike Middle School Lacrosse

2017 - 2018: Old Turnpike Middle School Basketball Mascot

2019 - 2020: Old Turnpike Middle School Basketball and Softball (County Champs for both)

2016 - 2020: Tewksbury Township Rec Lacrosse

## Volunteerism/Awards

2010 - 2019: Turn the Towns Teal (Ovarian Cancer Awareness Volunteer)

2010 – 2017: Tewksbury Rescue Squad Event Volunteer

2014 - 2018: Contenders Volunteer Coach (Special Needs Football)

2017 - 2018: Meals on Wheels Food Prep & Delivery

2016 – 2019: Lax for the Cure Fundraising

2018 - 2019: Wounded Warrior Project (Supplies for Soldiers)

2019 - 2020 President's Volunteer Service Award Silver and Gold

2019: Help Paws (Supplies for St. Lucia Puppy Rescue)

2020: Hunterdon County Unsung Hero's Award, & Audrey Lain Snyder Award for Stewardship

2020: COVID Food Bank & Animal Shelter Donations

2020: West Essex Field Hockey & NJ Avalanche Ice Hockey, Fight Cancer Fund Raising



Parents: Cindy Zanelli, [cbz@att.com](mailto:cbz@att.com), 908-432-2736

Paul Zanelli, [zanellistrong@gmail.com](mailto:zanellistrong@gmail.com), 908-432-9961