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| **Week 1 Monday****Breakfast** Choice of Wholemeal Toast or Cereal – Weetabix/Branflakes/HoopsDrink of Whole Milk/WaterOptions: GF Veg Vg Hal | **Lunch**Minestrone Soup, served with brown bread.Options: GF Veg Vg Hal**Dessert**Fresh Fruit with yoghurt gluten free optionDrink of whole milk gluten free option/water  | **Afternoon Snack**LS Beans on Toast. Options: GF Veg Vg HalDrink of whole milk gluten free option/water |
| **Tuesday****Breakfast** Choice of Wholemeal Toast or Cereal – Weetabix/Branflakes/HoopsDrink of Whole Milk/WaterOptions: GF Veg Vg Hal | **Lunch**Sardine fish bake served with mash potato served with green beans, carrots peas and sweetcorn. Options: GF Veg Vg Hal**Dessert**LS Banana Cake with low sugar custard. Options: GF Veg Vg HalDrink of whole milk gluten free option/water | **Afternoon Snack**Crumpets served with LF cream cheese cucumber sticks, carrot sticks and tomato.Options: GF Veg Vg HalDrink of whole milk gluten free option/water |
| **Wednesday****Breakfast** Choice of Wholemeal Toast or Cereal – Weetabix/Branflakes/HoopsDrink of Whole Milk/WaterOptions: GF Veg Vg Hal | **Lunch**Chicken Korma curry served on a bed or rice with Broccoli, Cauliflower and Carrots..Options: GF Veg Vg Hal**Dessert**Bananas and LS custard Options: GF Veg Vg HalOptions: GF Veg Vg HalDrink of whole milk gluten free option/water | **Afternoon Snacks**Platter of sandwiches, egg, ham and chicken served with lettuce, tomato and cucmber sticks.Options: GF Veg Vg HalDrink of whole milk gluten free option/water |
| **Thursday****Breakfast** Choice of Wholemeal Toast or Cereal – Weetabix/Branflakes/HoopsDrink of Whole Milk/WaterOptions: GF Veg Vg Hal | **Lunch**Tomato pasta bake, served with carrots, green beans, sweetcorn and peas..Options: GF Veg Vg Hal**Dessert**LS Rice Pudding Served with Peach PureeDrink of whole milk gluten free option/water | **Afternoon Snacks**French Bread served with tomato cumber sticks and carrot sticks.,LF liver pate, LF cheese and chicken.. Options: GF Veg Vg HalDrink of whole milk gluten free option/water |
| **Friday****Breakfast** Choice of Wholemeal Toast or Cereal – Weetabix/Branflakes/HoopsDrink of Whole Milk/WaterOptions: GF Veg Vg Hal | **Lunch**Quorn Chilli served with new potatoes and green beans and carrots peas and sweetcorn.Options: GF Veg Vg Hal**Dessert** Fresh fruit with yoghurt. Gluten free option Drink of whole milk gluten free option/water | **Afternoon Tea**Crackers served with LF cheese , chicken served with a selection of salad.Options: GF Veg Vg HalDrink of whole milk gluten free option/water |
| **Week 2 Monday****Breakfast** Choice of Wholemeal Toast or Cereal – Weetabix/Branflakes/HoopsDrink of Whole Milk/WaterOptions: GF Veg Vg Hal | **Lunch**Chicken Pot Pie soup, served with brown bread.Options: GF Veg Vg Hal**Dessert**Fresh Fruit with yoghurtDrink of whole milk/water  | **Afternoon Snack**LS Beans on Toast. Options: GF Veg Vg HalDrink of whole milk gluten free option/water |
| **Tuesday****Breakfast** Choice of Wholemeal Toast or Cereal – Weetabix/Branflakes/HoopsDrink of Whole Milk/WaterOptions: GF Veg Vg Hal | **Lunch**Quorn Spaghetti Bolognese served with carrots and peas.Options: GF Veg Vg Hal**Dessert**Low sugar Carrot cake with low sugar custard.Options: GF Veg Vg HalDrink of whole milk gluten free option/water | **Afternoon Snack**Crumpets served with LF cream cheese cucumber sticks, carrot sticks and tomato.Options: GF Veg Vg HalDrink of whole milk gluten free option/water |
| **Wednesday****Breakfast** Choice of Wholemeal Toast or Cereal – Weetabix/Branflakes/HoopsDrink of Whole Milk/WaterOptions: GF Veg Vg Hal | **Lunch**Fish Fingers, served with mash potato and peas. Options: GF Veg Vg Hal**Dessert**Bananas and low sugar custard Options: GF Veg Vg HalOptions: GF Veg Vg HalDrink of whole milk gluten free option/water | **Afternoon Snack**Platter of sandwiches, egg, ham and chicken served with lettuce, tomatoes and cucumber stick.Options: GF Veg Vg HalSelection of fruit. Drink of whole milk gluten free option/water |
| **Thursday****Breakfast** Choice of Wholemeal Toast or Cereal – Weetabix/Branflakes/HoopsDrink of Whole Milk/WaterOptions: GF Veg Vg Hal | **Lunch**Cowboy Pie served with broccoli, cauliflower. Carrots and peas.Options: GF Veg Vg Hal**Dessert**Low Sugar Rice Pudding served with peach pureeDrink of whole milk gluten free option/water | **Afternoon Snack**French Bread served with tomato cumber sticks and carrot sticks., LF pate, LFcheese and chicken.. Options: GF Veg Vg HalDrink of whole milk gluten free option/water |
| **Friday****Breakfast** Choice of Wholemeal Toast or Cereal – Weetabix/Branflakes/HoopsDrink of Whole Milk/WaterOptions: GF Veg Vg Hal | **Lunch**Quorn Chicken pasta bake served with green beans carrots peas and sweetcorn..Options: GF Veg Vg Hal**Dessert**Fresh fruit with yoghurt. Options: GF Veg Vg HalDrink of whole milk gluten free option/water | **Afternoon Snack**Crackers served with LF cheese , chicken served with a selection of salad.Options: GF Veg Vg HalDrink of whole milk gluten free option/water |
| **Week 3 Monday****Breakfast** Choice of Wholemeal Toast or Cereal – Weetabix/Branflakes/HoopsDrink of Whole Milk/WaterOptions: GF Veg Vg Hal | **Lunch**Tomato and Red Pepper soup , served with brown bread.Options: GF Veg Vg Hal**Dessert**Fresh Fruit with yoghurt gluten free optionDrink of whole milk gluten free option/water  | **Afternoon Snack**LS Beans on Toast. Options: GF Veg Vg HalDrink of whole milk gluten free option/water |
| **Tuesday****Breakfast** Choice of Wholemeal Toast or Cereal – Weetabix/Branflakes/HoopsDrink of Whole Milk/WaterOptions: GF Veg Vg Hal | **Lunch**Chicken hot pot with peas and potato, served green beans and carrots,.Options: GF Veg Vg Hal**Dessert**LS Lemon cake with low sugar custard. Options: GF Veg Vg HalDrink of whole milk gluten free option/water | **Afternoon Snack**Crumpets served with LF cream cheese cucumber sticks, carrot sticks and tomato.Options: GF Veg Vg HalDrink of whole milk gluten free option/water |
| **Wednesday****Breakfast** Choice of Wholemeal Toast or Cereal – Weetabix/Branflakes/HoopsDrink of Whole Milk/WaterOptions: GF Veg Vg Hal | **Lunch**Salmon fish pie served with mash broccoli and carrots. Options: GF Veg Vg Hal**Dessert**Bananas and low sugar custard Options: GF Veg Vg HalOptions: GF Veg Vg HalDrink of whole milk gluten free option/water | **Afternoon Snack**Platter of sandwiches, egg, ham and chicken. Served with lettuce, tomato and cucumber sticks.Options: GF Veg Vg HalSelection of fruit. Drink of whole milk gluten free option/water |
| **Thursday****Breakfast** Choice of Wholemeal Toast or Cereal – Weetabix/Branflakes/HoopsDrink of Whole Milk/WaterOptions: GF Veg Vg Hal | **Lunch**Fruity Quorn chicken served with rice and carrots, green beans, sweetcorn and peas.Options: GF Veg Vg Hal**Dessert:** LS Sugar Rice Pudding served with peach pureeptions: GF Veg Vg HalDrink of whlole milk gluten free option/water  | **Afternoon Snack**French Bread served with tomato cumber sticks and carrot sticks.,LF liver pate, LF cheese and chicken.. Options: GF Veg Vg HalDrink of whole milk gluten free option/water |
| **Friday****Breakfast** Choice of Wholemeal Toast or Cereal – Weetabix/Branflakes/HoopsDrink of Whole Milk/WaterOptions: GF Veg Vg Hal | **Lunch**Tuna Pasta Bake served with sweetcorn and peas.Options: GC Veg VG Halal**Dessert**Fresh fruit with yoghurt. Gluten free optionDrink of whole milk gluten free option/water | **Afternoon Snack**Crackers served with LF cheese LF pate, chicken, cucumber sticks, carrot sticks and tomato.Options: GF Veg Vg HalDrink of whole milk gluten free option/water |