



MEADOW
ROAST CAFÉ

SIMPLICITY IN EVERY SIP OR BITE | DINE IN OR TAKE AWAY

Open Monday - Saturday 8:00am - 3:00pm

THE BREWS

		12 OZ	16 OZ
DRIP COFFEE		3.25	4.25
Rich & aromatic.			
ESPRESSO		3.75	5.25
Single/double shot.			
AMERICANO		4.00	5.00
Espresso + water.			
CAPPUCCINO		4.75	5.75
Foamy milk + espresso.			
LATTE		4.75	5.75
Espresso + steamed milk.			
MOCHA		5.50	6.50
Espresso + chocolate.			
CHAI		5.50	6.50
Spiced tea + milk.			
DIRTY CHAI		6.00	7.00
Spiced tea + espresso + milk.			
COLD BREWED COFFEE ❄️		4.75	5.75
Rich & aromatic + ice.			
ICED MATCHA	❄️	5.50	6.50
Creamy + umami + ice.			
ICED MOCHA	❄️	5.50	6.50
Espresso + chocolate + ice.			

PLANT-BASED MILKS
+ OAT, SOY, ALMOND - ADD \$1.25

EXTRA ESPRESSO SHOT ADD \$1.50

OTHERS

		12 OZ	16 OZ
HOT TEA		3.50	4.25
Green, peppermint, English breakfast or earl grey			
BOTTLED COLD DRINKS	❄️		
Request at counter			

+ FLAVORED SYRUPS - ADD \$.75
CARAMEL, HAZELNUT, VANILLA,
SUGAR-FREE VANILLA, SEASONAL

HOUSE-MADE BITES

Menu items rotate daily - come early, come often

COOKIES (VARIOUS FLAVORS)	2.75
CROISSANTS (PLAIN ALMOND CHOCOLATE)	4.75 - 5.25
Buttery & flaky.	
MINI LOAVES (VARIOUS FLAVORS)	5.25
Moist & bite-sized baked without gluten	
SCONES (VARIOUS FLAVORS)	4.75 - 5.25
Light, crumbly & buttery.	
CINNAMON ROLLS	5.25
A velvety, cinnamony soft spiral.	
MUFFINS (VARIOUS FLAVORS)	4.75
Rich & soft.	

1 Market Pl, Bldg 3, Unit 25
Essex, VT 05452
@meadowroastcafe





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BREAKFAST

FRENCH TOAST 9.00

Golden crispy exterior with a tender center.

PANCAKES 9.00

Fluffy, airy & moist.

OATMEAL 5.50

Warm & protein-rich.

BREAKFAST SANDWICH 9.75

Egg: fried or scrambled

Bread: white, whole wheat or kaiser roll

+2.00 ADD meat: ham, bacon, pork or chicken sausage

BLT 10.50

Crunchy, savory & fresh.

EGGS 3.50

Fried or scrambled.

SIDES

Meat: ham, bacon, pork or chicken sausage 4.50

Toast: white or whole wheat 2.00

SOUPS

Soup of the day rotates daily - ask at counter

COCONUT CURRY 7.75

LENTIL & VEGETABLE 7.75

BUTTERNUT SQUASH CHILI 8.75

TAILGATE CHILI 8.75

LUNCH

TUNA SALAD SANDWICH 9.25

Served on whole wheat bread with lettuce & tomato.

CHICKEN SALAD SANDWICH 9.25

Chicken breast, green apples, toasted almonds, red onion & currants.

Served on whole wheat bread with lettuce & tomato.

TURKEY, BACON & AVO SANDWICH 12.25

Served on a kaiser roll with lettuce, tomato & mayo.

HAM & PEPPER JACK SANDWICH 10.50

Served on a kaiser roll with lettuce & spicy mustard.

SALADS

CLASSIC CHICKEN CEASAR 11.75

Served with housemade croutons.

CHOPPED SALAD 13.25

Grilled chicken, bacon, tomato, blue cheese crumbles & vinaigrette dressing

VEGAN BOWL 12.75

Sweet potato, chickpeas, quinoa, julienned carrots, mixed greens, avocado & hummus

