



How to prepare and what to expect from a treatment session

- Please ensure that you have provided a signed vet consent form
- Please allow at least 2 weeks between a massage treatment and a vaccination/vaccination booster, as well as any dermal applications, such as flea and worm treatments. This is to ensure there are no unwanted side effects from providing massage (e.g. Vaccinosis) and that the medication treatment effectiveness is not reduced (as well as mitigating chemical transference to myself if the flea/tick treatment is a topical application).
- Please do not feed your dog within two hours of their appointment
- Please do not exercise them within an hour of their appointment
- Please keep your pet clean and dry before an appointment
- Before your dog's appointment please ensure they have had adequate opportunity to relieve themselves
- The appointment will be carried out in your home. Please provide a quiet space, which is free from interruptions and distractions
- The treatment will be carried out on the floor. Please make sure that there is enough space on the floor for your dog and the therapist to work in
- Please make sure that you are available to stay with your dog during the entire appointment. This to provide reassurance and support to your dog. In the majority of cases dogs respond better when their owners are present
- A positive treatment session is increased by ensuring that your dog is calm and relaxed (it also helps if you are calm and relaxed too as dogs can be very perceptive to our moods). To support this, please make sure that your dog has recovered sufficiently from being walked, there is enough time for them to have digested their food (please see above) and that they have gone to the toilet beforehand.
- My aim is to keep your dog relaxed and comfortable whether they are sitting or lying down. They may occasionally get up and move around, this is normal, particularly when they are new to treatment as it can take time for them to adjust