

# July – Football 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> Noted Event High School 9 <sup>th</sup> Grade Only Middle School <b>IMPORTANT</b>	<b>2</b> Dead Week Get Physical	<b>3</b> Dead Week Get Physical	<b>4</b> Dead Week Get Physical	<b>5</b> Dead Week Get Physical	<b>6</b> Dead Week Get Physical	<b>7</b>
<b>8</b>	<b>9</b> 10-12 Lift – 6-7 am 9 <sup>th</sup> – Lift – 7-8 am 10-12 Practice 7:30-8:30 am 9 <sup>th</sup> Practice 8:30 – 9:30 am	<b>10</b> 9-12 Practice 6 pm – 8 pm	<b>11</b> 10-12 Lift – 6-7 am 9 <sup>th</sup> – Lift – 7-8 am 10-12 Practice 7:30-8:30 am 9 <sup>th</sup> Practice 8:30 – 9:30 am	<b>12</b> 10-12 Lift – 6-7 am 9 <sup>th</sup> – Lift – 7-8 am  9-12 Practice 6 pm – 8 pm	<b>13</b> 9-12 Practice 6 pm – 8 pm	<b>14</b>
<b>15</b>	<b>16</b> 10-12 Lift – 6-7 am 9 <sup>th</sup> – Lift – 7-8 am  9-12 Practice 6 pm – 8 pm	<b>17</b> 9-12 Practice 6 pm – 8 pm <b>ALL</b> <b>PHYSICALS</b> <b>DUE TO</b> <b>COACH HAAG</b> MMS Camp 6-7:30	<b>18</b> 10-12 Lift – 6-7 am 9 <sup>th</sup> – Lift – 7-8 am  Quincy Scrimmage TBA  MMS Camp 6-7:30	<b>19</b> 10-12 Lift – 6-7 am 9 <sup>th</sup> – Lift – 7-8 am  MMS Camp 6-7:30	<b>20</b>	<b>21</b>
<b>22</b>	<b>23</b> 10-12 Lift – 6-7 am 9 <sup>th</sup> – Lift – 7-8 am	<b>24</b>	<b>25</b> 10-12 Lift – 6-7 am 9 <sup>th</sup> – Lift – 7-8 am	<b>26</b> 10-12 Lift – 6-7 am 9 <sup>th</sup> – Lift – 7-8 am	<b>27</b>	<b>28</b>
<b>29</b>	<b>30</b> Dead Week	<b>31</b> Dead Week	Aug-1 Dead Week	Aug-2 Dead Week	Aug-3 Dead Week	