

Hot Drinks

Coffee \$2/\$2.20/\$2.40

Chai Latte \$4/\$4.20/\$4.40

Hot Tea \$1.80/\$2/\$2.20

London Fog Latte \$3.50/\$3.75/\$4

Hot Cocoa \$3.50/\$3.75/\$4

our homemade cocoa with 3
different kinds of chocolate

Homemade Goodies



Daily selection of homemade cookies
& other baked goods; regular & gluten
free!

Breakfast

Breakfast Burritos \$4

Baked French Toast \$5.50

Avocado Toast \$8.50 two large slices
of our ciabatta bread toasted up
and smothered with fresh
avocado, slices of tomato and
sprinkled with everything bagel
seasoning (gf sourdough avail.)

Yogurt Parfait \$6 vanilla yogurt,
strawberries, blueberries &
homemade gluten free granola

Yogurt Bowl \$8.50 vanilla yogurt,
bananas, strawberries,
blueberries & homemade gluten
free granola



Cold Drinks



Cold Brew \$4

Cold Brew with Cold Cream

\$4.50

Dalgona Coffee \$4.50

Iced Chai Latte \$4

Iced Tea \$3.75

Mellow Yellow \$4 homemade lemonade

REMIX: Add a flavor to our
lemonade for \$.50

Mario & Luigi \$2 Italian soda flavored
with

Lavender, violet, dragon fruit,
blackberry, hibiscus, lychee, peach,
or passionfruit

Strawberry Fields \$4.50 our lemonade
with homemade strawberry puree

Pinkerton \$4.50 milk shaken with
homemade strawberry puree

A Peach Slap \$4 Harney peach tea
shaken with peach syrup and
peach slices

The Root Bear \$5.00 Saranac Root Beer
topped with whipped vanilla cold
cream

Pineapple Express \$4.50 a pina colada
for people of all ages

Matcha Matcha Man \$5.00 whipped
matcha with milk & strawberry
puree

Koopa Troopa \$4.50 our lemonade
blended with pineapple and blue
curacao

Smoothies

Kokomo \$7 strawberries, raspberries,
mango, & banana

Blue Monday \$7 blueberries, oatmeal,
banana, acai powder, & vanilla

Green Day \$7 spinach, mango, &
banana

Go Your Own Way \$7 mix and match
any of our available fruit

Add: Vegan or Whey protein \$1.50

Milk: Whole, Gluten Free Oat, or
Coconut



Smoothie Bowls

All bowls blended with your choice of
milk & topped with fresh strawberries,
blueberries, banana, gluten free granola,
shredded coconut and chia seeds

Drew Berrymore \$10.25 strawberries,
raspberries, & mango

Under the Sea \$10.25 mango, banana,
& blue spirulina

Walking on Sunshine \$10.25 pineapple,
mango, banana, & goji berry
powder

Hulk Smash \$10.25 spinach, pineapple,
& banana

Add Vegan or Whey protein \$1.50

Milk: Whole, Gluten Free Oat, or Coconut

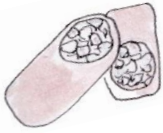
Bento Box

Hummus, baby carrots, pretzels &
cucumber slices \$6.50



Bowls & Wraps

The Chicken Dance \$9 chicken salad with red grapes, celery & onion.



Served over baby spinach or in a wrap.

El Camino Bowl or Burrito \$9.50 black beans, corn, roasted peppers and onions, shredded cheese and chili aioli. Served over rice or quinoa. Add: pulled chicken or citrus roasted tofu (\$3)

Cobra Kai Bowl or Burrito \$12.50 shredded carrots & purple cabbage, edamame, scallions, sesame seeds, & teriyaki sauce. Served over rice or quinoa with choice of pulled chicken or tofu.



Buddha Holly \$9.50 shredded carrots, cherry tomatoes, English cucumbers & hummus with everything bagel seasoning. Add: pulled chicken, citrus roasted tofu, or avocado (\$3)

*All bowls are gluten free. Sandwiches can be made on gluten free bread for an additional charge. Ask us about keto options!

Sandwiches

Mo Honey \$9 turkey, fresh mozzarella, spinach & honey mustard on ciabatta baguette

Roman Holiday \$9 prosciutto, fresh mozzarella, spinach, sundried tomatoes & balsamic vinaigrette on a ciabatta baguette

Tokyo Drift \$9 pulled chicken with teriyaki sauce & coleslaw on Italian Filone bread

Parisian \$9 black forest ham, white cheddar & herb butter on a ciabatta baguette

Salami Be Goode \$9 salami, provolone, roasted red peppers, spinach, & garlic aioli on ciabatta baguette

The Chicken Dance \$9 chicken salad with red grapes, celery & onion on Italian Filone bread

Snow Patrol \$9 fresh mozzarella, roasted peppers, marinated artichokes, spinach & balsamic vinaigrette on a ciabatta baguette



Caprese \$9 fresh mozzarella, basil & tomatoes with balsamic vinegar & oil on ciabatta baguette

The Notorious V.E.G. \$9 tofu, red cabbage, artichoke hearts, red peppers, roasted onions, spinach, balsamic vinegar & oil