

Drinks

Coffee \$3.25/\$3.75/\$4

Cold Brew \$5

Iced Tea \$4.95

Arnold Palmer \$4.95

Lemonade \$5 homemade lemonade sweetened with honey

Strawberry Lemonade \$5.50 lemonade with homemade strawberry puree

Mango Lemonade \$5.50 lemonade with homemade mango puree

Lemonade Slushies \$5.95 lemonade blended with choice of frozen fruit

- Strawberry, mango, or pineapple



Build Your Own

Regular \$9 Large \$13

Step 1-Choose Your Base

- Brown & Purple Rice Blend, Quinoa, Romaine, Napa Cabbage or Super Greens
- Bowl or Burrito

Step 2-Choose Toppings (pick 4, additional \$.50 each)

Edamame	Red Cabbage	Cucumbers
Cherry Tomatoes	Corn	Black Beans
Carrots	Sweet Potatoes	Roasted Peppers & S Onions
Scallions	Pickled Red Onions	Pickled Jalapenos
Olives	Roasted Chickpeas	
Feta	Mozzarella	Shredded Cheddar & Monterey Jack
Hummus \$1	Hard Boiled Egg \$1	Avocado \$2

Step 3-Add Protein

Shredded Chicken \$3	Shredded Beef \$4
Shredded Pork \$3	Roasted Tofu \$3

Step 4-Sauce & Finishings (Pick 1, additional \$.50 each)

Creamy Avocado	Poblano Lime (V)	Carrot Miso-Ginger (V)
Thai Peanut (V)	Kale Pesto (V)	Balsamic Vinaigrette (V)
Franks Buffalo (V)	Sriracha	Soy Sauce (V)
OG Chili-Garlic Aioli (with mayo)		Vegan Chili-Garlic Aioli (V)
Olive Oil (V)	Sesame Oil (V)	Tajin (V)
Corn Tortilla Strips (V)	Sesame Seeds (V)	Everything Bagel Seasoning (V)

Grain Bowls, Burritos & Salads

Choose Base

- Brown & Purple Rice Blend, Quinoa, Romaine, Napa Cabbage or Super Greens
- Bowl or Burrito

Add Shredded Chicken \$3 Shredded Beef \$4

Shredded Pork \$3 Roasted Tofu \$3

El Camino \$9/\$13 black beans, corn, roasted peppers and onions, shredded cheddar & Monterey jack cheese, Tajin & chili-garlic aioli

Cobra Kai \$8.50/\$12.50 shredded carrots, red cabbage, edamame, sesame seeds, sesame oil & carrot miso-ginger dressing

Darth Tater \$8.50/\$12.50 sweet potatoes, corn, black beans, Tajin, & poblano-lime sauce

Macho Nacho \$10.50/\$14.50 cherry tomatoes, corn, black beans, avocado, cheddar & Monterey jack cheese, pickled jalapenos, tortilla strips, & poblano-lime sauce

Mediterranean \$10/\$14 cucumbers, cherry tomatoes, pickled red onions, hummus, olives, feta, & balsamic vinaigrette

Super Greens \$9.50/\$13.50 cucumbers, edamame, avocado, scallions & kale pesto

Bohemian Yamsody \$10/\$14 sweet potatoes, roasted chickpeas, tomatoes, feta & creamy avocado dressing

Caprese \$8.25/\$12.25 cherry tomatoes, mozzarella, kale pesto & balsamic vinaigrette

Cobbzilla \$10/\$14 hard-boiled egg, tomatoes, cucumbers, carrots, shredded cabbage, scallions & creamy avocado dressing

Buffa-low Rider \$9/\$13 carrots, cucumbers, scallions, mozzarella, creamy avocado dressing & Franks Buffalo sauce

Thai Peanut \$9/\$13 carrots, cucumbers, edamame, scallions, sesame seeds & Thai peanut sauce

Chicken Salad \$9/\$13 chicken salad made with celery, onions, grapes & avocado-dill sauce

Yogurt Bowls

Vanilla Greek yogurt topped with strawberries, blueberries, bananas, homemade gluten free granola & honey
\$12

Smoothies

20 oz-\$7.50

Our smoothies are made with real fruit, no mixes or powdered blends.

Blended with your choice of milk: whole,

coconut +\$.50 or GF oat +\$.50

- Kokomo strawberries, raspberries, mango & banana
- Blue Monday blueberries, oatmeal, banana & vanilla
- Green Day spinach, mango, & banana
- Tropical pineapple, mango, & banana
- Go Your Own Way mix and match any of our available fruit
- **Add:**

Vanilla Whey Protein Powder \$1.50

Vanilla Vegan Protein Powder \$1.50

Chocolate Vegan Protein Powder \$1.50

Flax Seeds \$.50

Chia Seeds \$.50

Collagen Peptides \$1.50

Honey \$.50

Smoothie Bowls

24oz bowl-\$14

Like a smoothie, only blended extra thick so you have to eat it with a spoon!

Step 1-Choose Base Fruit Blend

- Drew Berrymore strawberry, raspberry & mango
- Walking on Sunshine mango & banana
- Island in the Sun pineapple, mango & banana
- Kalifornia spinach, kale, mango & banana
- **Add:**

Vanilla Whey Protein Powder \$1.50

Vanilla Vegan Protein Powder \$1.50

Chocolate Vegan Protein Powder \$1.50

Collagen Peptides \$1.50

Step 2-Choose Milk

- whole, coconut +\$.50 or GF oat +\$.50

Step 3-Choose 3 Toppings

(\$.50 for each additional topping)

strawberries blueberries

banana coconut flakes

chia seeds flax seeds

honey peanut butter

gluten free granola

gluten free chocolate-almond granola

Bity Bites

Grain Bowl-\$7 Rice with 1 protein & 2 sides:

- Protein: chicken, pork, beef or tofu*
- Sides: cucumbers, shredded carrots, edamame, cherry tomatoes, corn, black beans, sweet potatoes, hummus, strawberries, or blueberries*

Yogurt Parfait-\$7 vanilla Greek yogurt topped with strawberries, blueberries and granola

**GF Allergy Info*

Everything on our menu is made entirely with gluten-free ingredients except for the whole wheat wraps for burritos. The burritos are prepped in the back to prevent cross-contamination. All our staff is trained on gluten allergies, and while we do our very best to prevent contamination, we cannot guarantee it.