



MIND + BODY + SOUL





ABOUT LAUREL

Laurel Beauty and Spa strives to offer the ultimate experience in wellness and relaxation. Founded on the philosophy of synthesising modern and traditional healing techniques, and using only the best natural products, Laurel is proud to offer exclusive treatments in a five-star hotel setting.





SPA PACKAGES

GEISHA DREAM

120 minutes

Make your day spa dream a reality with a luxury Geisha tub experience, including flower petals and essential oils for up to 30 mins. Enjoy a 30 min Laurel signature facial to leave your skin glowing with vibrancy. Finally, unwind with a 60 min Laurel signature relaxation massage, with hot-stone treatment to complete your rejuvenation.

\$285 per person or \$500 per couple



SPA PACKAGES

VICHY HEAVEN

135 minutes

Our most decadent treatment package, conducted in the privacy of our VIP suite. It all begins with a 15 min sauna session, to warm the body, eliminate toxins and open the pores. Experience the sensation of exfoliating while lying under a waterfall with a full body scrub and 30 min Vichy hydro shower that deeply cleanses and rejuvenates the senses. The pampering continues with a 30 min Laurel signature facial, and an hour-long aromatherapy massage and hot-stone treatment, to loosen tight muscles and heal your body and soul.

\$385 per person or \$700 per couple



FACIAL

LAUREL SIGNATURE FACIAL

60 minutes \$150

Restore wellness and beauty with our most luxurious facial treatment, designed to nourish and revitalise your skin. A head and shoulder massage with aromatherapy blends is included for pure relaxation.

BASIC WAKE-UP FACIAL

30 minutes \$70

The perfect pick-me-up treatment, including cleanse, exfoliation, mask and moisturiser.

LAUREL SIGNATURE FACIAL FOR MEN

30 minutes \$100

Using products tailored to suit men, this treatment rejuvenates the skin and relaxes the body and mind with a stress-relieving head and shoulder massage.

ADD ON TREATMENTS

neck treatment	\$35
eye treatment	\$35
hand treatment	\$20
brown sculpture	\$20
brown and lash tint	\$25



MASSAGE

RELAXATION MASSAGE

30 or 60 minutes \$75 or \$150

Unwind from the day's stresses with this soothing head-to-toe massage, and relax tense muscles with our aromatherapy treatment.

DEEP TISSUE MASSAGE

30 or 60 minutes \$95 or \$170

This therapeutic massage targets trouble areas with specific oils and creams to loosen tight muscles and joints using deep pressure.

SPORT MASSAGE

30 or 60 minutes \$95 or \$170

Designed to help maintain health and fitness, and using special sports therapy oils, this firm but relaxing massage is the perfect treatment before, during and after sporting events.

PREGNANCY RELIEF MASSAGE

30 or 60 minutes \$100 or \$180

Pamper yourself whilst relieving aches and pains with our specialised pregnancy treatment. Special attention will be given to heavy feet and sore backs, using only pregnancy-safe products for the expectant Mum-to-be.

ADD ON

pure essential oil	\$20
hot stones extra 15 minutes	\$20



LADIES TREATMENTS

DETOXIFYING CELLULITE TREATMENT

60 minutes \$185

Reduce the appearance of cellulite and combat the build up of toxins with our deluxe treatment regime. Starting with a 20 min exfoliation of the targeted area around the hips, buttocks, waist and thighs. Our therapists will then perform a 15 min treatment oil massage in a circular motion with pressure, followed by a relaxing head massage for 15 mins. A vigorous 10 min massage with contouring products for body sculpting completes the session.

FIRMING & LIFTING SLIMMING TREATMENT

60 minutes \$185

Clients may select three* target areas for treatment (hips/buttocks/waist/thighs/stomach/breasts/arms) Beginning with a 20 min exfoliating treatment to prepare the body, our therapists will perform a 20-30 min massage with tonic oil, followed by a 15-20 min sauna session to help the oil absorb into the skin. Finally, a generous amount of moisture rich body lotion will be applied to the targeted areas for improved firmness and lift.

** Clients may select additional areas for an extra charge. Please note that the more areas chosen, the longer the overall treatment time.*



EXTRA - MEMBERS ONLY

VICHY HYDRO LOVERS

15 min sauna, 15 min Vichy Shower
45 min relaxation massage

\$180 per person or \$300 per couple

GEISHA DREAM HOLIC

15 min Geisha Tub Spa with fresh flower petals
45 min relaxation massage

\$180 per person or \$300 per couple

EXCLUSIVE TREATMENTS

Laurel Full Body Scrub & Mask	60 mins	\$190
Laurel Back Glow <i>luxury back exfoliation, mask and with shine finish</i>	30 mins	\$90
Pressure Relief Head and Shoulder Massage <i>with aromatherapy</i>	30 mins	\$60
Laurel Full Body Detox and Cellulite Reduction	60 mins	\$120



VIP MEMBERSHIP

Laurel Beauty and Spa offers a range of membership options. Please speak to our staff to create a personal membership plan tailored to your needs

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