

# Daily Affirmations

I am capable of  
achieving my goals  
and dreams.

I am confident in  
my abilities and  
believe in myself.

I am grateful for  
all the blessings  
in my life.

I radiate positivity  
and attract good  
things into my life.

I am in control of  
my thoughts and  
emotions.

I am worthy of  
love, happiness,  
and success.

I am resilient and  
can overcome any  
challenge.

I choose  
happiness and  
positivity every  
day

I embrace  
change and  
adapt with grace.