LOGOTHERAPY MENA

DIRECTORY

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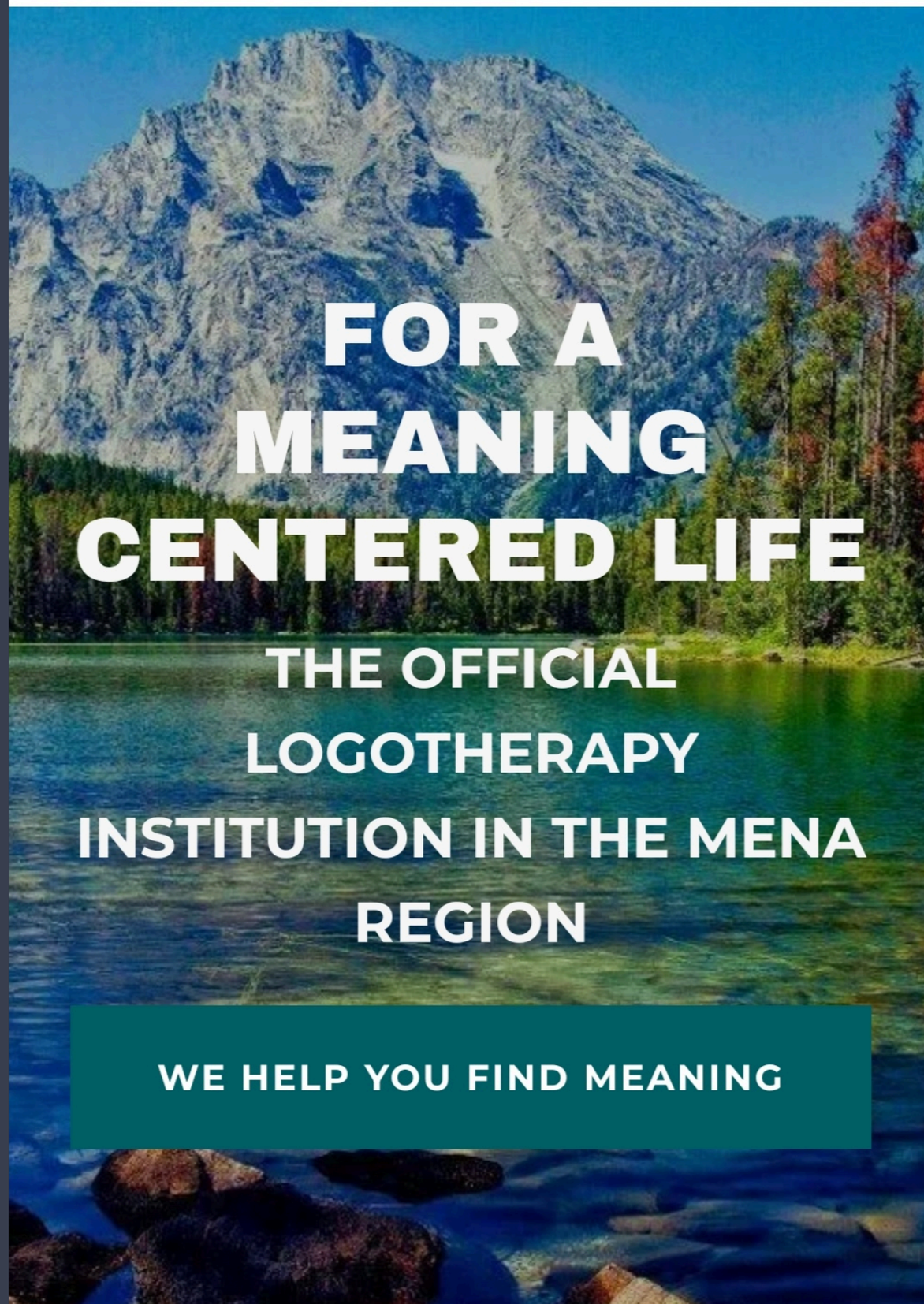
ANCHORING LIVES THROUGH MEANING



MESSAGE FROM THE FOUNDER

"LIFE IS NEVER MADE UNBEARABLE BY CIRCUMSTANCES BUT ONLY BY LACK OF MEANING AND PURPOSE" *Viktor Frankl*

Each one of you is created unique with Meaning and Purpose in life.

For you to find your own answers to who you truly are, to your mission and vocation, a meaningful process of exploration is crucial.
Logotherapy is the Reference Meaning Centered Approach that leads you to discover your Meaning and Purpose.

LOGOTHERAPY MENA is the Official Logotherapy Institution in the MENA region. It was born to make Logotherapy professionally available to all the MENA countries and to the various sectors of the community. The institute provides Accredited Logotherapy Programs, Trainings, Courses, Workshops and Sessions.

As Meaning and Purpose are present at all times, in all places and under all circumstances, Logotherapy is thus not limited to one specific sector. Each area of life offers the opportunities of Meaning potentials. The directory guides you towards professionals from various sectors and specialisations who had undergone, through LOGOTHERAPY MENA, Logotherapy studies in one or different levels.

Meaning and Purpose are the core of your health and well-being. Without them, life would be meaningless and with no aim.

You Are Important and The Choice Is Yours! Discover Your Meaning and Purpose to have a Worthy Fulfilled Life.

Heartfully,

DALIYA ZGHEIB

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THE OFFICIAL LOGOTHERAPY INSTITUTION IN THE MENA REGION

Accredited Member of the

Internationale Vereinigung für Logotherapie und Existenzanalyse

International Association of Logotherapy and Existential Analysis

Asociación Internacional de Logoterapia y Análisis Existencial

VIKTOR FRANKL INSTITUTE

OFFICIAL REPRESENTATIVE OF

VIKTOR FRANKL INSTITUTE USA IN MENA

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- NGOs - SOCIAL AND CIVIL WORK
- CORPORATE SECTOR AND ENTREPRENEURSHIP
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Logotherapy Services Provided By The Founder

- Professional Accredited Logotherapy Courses and Programs for Helping Professionals
- Professional Accredited Logotherapy Courses and Programs
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- Professional Accredited Logotherapy Workshops and Sessions for Institutions, NGOs and The Corporate World: The workshops are customized and tailored per specialization and sector of activity
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& PSYCHOTHERAPISTS

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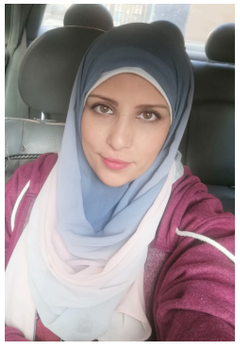

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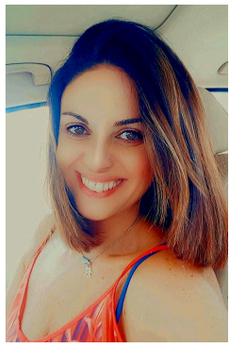

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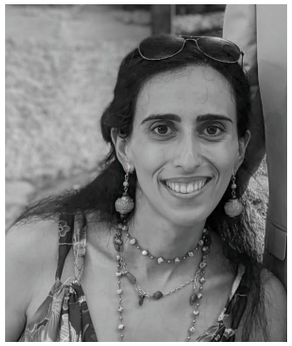

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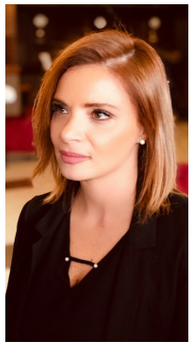

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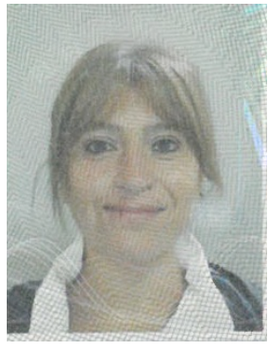

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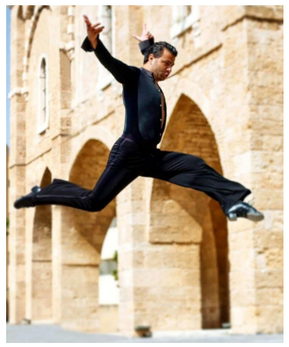

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