



# LOGOTHERAPY MENA DIRECTORY



**FOR A  
MEANING  
CENTERED LIFE**

**THE OFFICIAL  
LOGOTHERAPY  
INSTITUTION IN THE MENA  
REGION**

**WE HELP YOU FIND MEANING**

# MESSAGE FROM THE FOUNDER



**“LIFE IS NEVER MADE UNBEARABLE BY CIRCUMSTANCES BUT ONLY BY  
LACK OF MEANING AND PURPOSE”** *Viktor Frankl*

Each one of you is created unique with Meaning and Purpose in life.

For you to find your own answers to who you truly are, to your mission and vocation, a meaningful process of exploration is crucial.

Logotherapy is the Reference Meaning Centered Approach that leads you to discover your Meaning and Purpose.

LOGOTHERAPY MENA is the Official Logotherapy Institution in the MENA region. It was born to make Logotherapy professionally available to all the MENA countries and to the various sectors of the community. The institute provides Accredited Logotherapy Programs, Trainings, Courses, Workshops and Sessions.

As Meaning and Purpose are present at all times, in all places and under all circumstances, Logotherapy is thus not limited to one specific sector. Each area of life offers the opportunities of Meaning potentials. The directory guides you towards professionals from various sectors and specialisations who had undergone, through LOGOTHERAPY MENA, Logotherapy studies in one or different levels.

Meaning and Purpose are the core of your health and well-being. Without them, life would be meaningless and with no aim.

You Are Important and The Choice Is Yours! Discover Your Meaning and Purpose to have a Worthy Fulfilled Life.

Heartfully,

Daliya

## **DALIYA ZGHEIB**

Founder of LOGOTHERAPY MENA  
Board Member and Faculty Member at The Viktor Frankl Institute Of Logotherapy USA  
Diplomate in LOGO-PHILOSOPHY, LOGO-EDUCATION AND LOGO-ADMINISTRATION

**LOGOTHERAPY MENA**

ANCHORING LIVES THROUGH MEANING ↓

**THE OFFICIAL  
LOGOTHERAPY  
INSTITUTION IN  
THE MENA REGION**



[www.logotherapymena.com](http://www.logotherapymena.com)

**Accredited Member of the**  
Internationale Vereinigung für Logotherapie und Existenzanalyse  
International Association of Logotherapy and Existential Analysis  
Asociación Internacional de Logoterapia y Análisis Existencial



OFFICIAL REPRESENTATIVE OF  
VIKTOR FRANKL INSTITUTE USA IN MENA



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INSTITUTE OF LOGOTHERAPY

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# LOGOTHERAPY MENA SERVICES



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GROUP LOGOTHERAPY  
SESSIONS



LOGOTHERAPY WORKSHOPS



WEBINARS



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ONLINE LOGOTHERAPY  
PROGRAM



LOGOTHERAPY TRAININGS  
FOR HELPING  
PROFESSIONALS



UNIVERSITY LOGOTHERAPY  
CURRICULUM-  
LOGOTHERAPY COURSE FOR  
CONTINUING EDUCATION



LOGOTHERAPY IN SCHOOL  
AND LOGOPEDAGOGY

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# DIRECTORY INDEX



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**LOGOTHERAPY MENA**

ANCHORING LIVES THROUGH MEANING ↓

- **LOGOTHERAPY MENA**
- **PSYCHOLOGISTS AND PSYCHOTHERAPISTS**
- **COACHING SECTOR**
- **MEDICAL AND PARAMEDICAL**
- **NGOs - SOCIAL AND CIVIL WORK**
- **CORPORATE SECTOR AND ENTREPRENEURSHIP**
- **EDUCATION**

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# LOGOTHERAPY MENA



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# LOGOTHERAPY MENA



## **DALIYA ZGHEIB**

**Founder - LOGOTHERAPY MENA**

**Logotherapist**

**Board Member / Faculty member at The Viktor Frankl Institute  
Of Logotherapy USA**

### **Logotherapy Services Provided By The Founder**

- Professional Accredited Logotherapy Courses and Programs for Helping Professionals
- Professional Accredited Logotherapy Courses and Programs
- Professional Accredited Logotherapy Trainings
- Professional Accredited Logotherapy Workshops and Sessions for Institutions, NGOs and The Corporate World: The workshops are customized and tailored per specialization and sector of activity
- Professional Accredited Logotherapy Curriculums for Universities and for Continuing Education
- Professional Accredited Logotherapy Curriculums for Schools
- Professional Logotherapy Assessment Tests
- Professional Logotherapy Webinars
- One To One Logotherapy Sessions
- Group Logotherapy Sessions
- Logotherapy Retreats



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[logotherapymena@gmail.com](mailto:logotherapymena@gmail.com)



+961 76 013332

# PSYCHOLOGISTS & PSYCHOTHERAPISTS



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# PSYCHOLOGISTS & PSYCHOTHERAPISTS



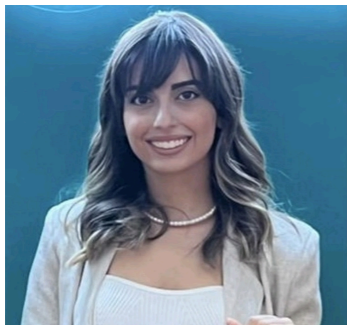
**Maya Naddaf**  
Psychotherapist  
Motion Emotion Center / Adults

✉ maya.naddaf83@gmail.com  
☎ +961 3 852499



**Bernard El Sousse**  
Clinical Psychologist  
Private Practice / Adolescents - Adults

✉ sobe2010@gmail.com  
☎ +961 70 596298



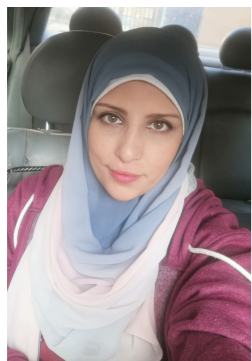
**Abeer Jammoul**  
Clinical Psychologist - Private Practice  
Adults

✉ abeer.jammoul1@gmail.com  
☎ +961 81 806143



**Carole Hennawi**  
Clinical Psychologist / Kids - Youth - Adults  
School Counselor

✉ carole-h@hotmail.com  
☎ +961 3 617890



**Nabila Mahmoud**  
Psychologist  
Private Practice / Adolescents - Adults

✉ nabila.mahmoud88@gmail.com  
☎ +961 70 945692



**Lara El Hibri**  
Clinical Psychologist / Adults  
Muscat, Oman

✉ lara\_hibri@hotmail.com  
☎ +968 99886079

# PSYCHOLOGISTS & PSYCHOTHERAPISTS



## **Natalie Fiani**

Holistic Psychotherapist, Hypnotherapist, &  
Life Coach / Adults & Teenagers



[mindspirit.healthclinic@gmail.com](mailto:mindspirit.healthclinic@gmail.com)



+961 81443989



## **Josephine Attie Ghobril**

Psychologist & Psychotherapist  
Managing Partner at Me & MySelf



[josephineattie@gmail.com](mailto:josephineattie@gmail.com)



+961 3 763325

# COACHING & SELF - DEVELOPMENT



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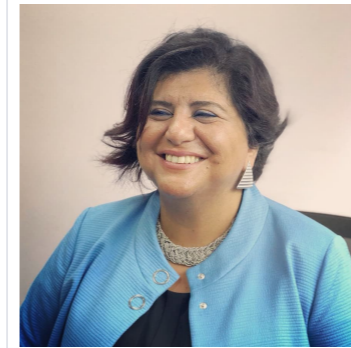
# COACHING & SELF - DEVELOPMENT



## **Chantal Souaid**

Founder of the Weekly Resolution®  
Productivity Coach / Youth - Adolescents

✉ emailus@theweeklyresolution.com  
☎ +961 3 544294



## **Rima Boujok**

Leadership, Business & Executive Coach  
Thinking Partner - Trainer - Consultant

✉ coach.rimaboujok@gmail.com  
☎ +961 3 832 811



## **Mohamad Osman**

NLP Practitioner - Holistic Approaches  
Athletic Coach

✉ education.mohammad.othman@gmail.com  
☎ +961 70 576560

# NGOs / SOCIAL & CIVIL WORK



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# NGOs / SOCIAL & CIVIL WORK



## Yendi Sfeir

Corporate Lawyer  
Ballroom & Latin Dance Teacher

✉ yendi.sfeir@yahoo.fr  
☎ +961 03 711 681



## Maya-Maria Torbey

Mediator - Trainer  
International Volunteer Programs

✉ mmtorbey@gmail.com  
☎ +961 3 230830



## Dana Harb

Psycho-Social Support Specialist  
Kids - Adolescents - Adults

✉ dana.g.harb@gmail.com  
☎ +961 3 438223



## Claire Abou Karam

Spiritual Companion  
Sesobel - Anta Akhi

✉ claireaboukaram@hotmail.com  
☎ +961 71 848917



## Fayrousa Al Ayach Nasr

Alcohol & Drugs Counselor  
Kids - Adolescents - Adults

✉ fayenasr@gmail.com  
☎ +961 71510371



## Rita Malkoun

Rehabilitation Program Manager - BEIT MARINA  
Snuzelen Therapy - Disabilities Companion

✉ ritamalkounaa@gmail.com  
☎ +961 81 017 130

# NGOs / SOCIAL & CIVIL WORK



## **Rebecka Farraj**

Community Security and Human Rights  
Officer - Spiritual Counselor - Trainer



[rebeckafarraj@gmail.com](mailto:rebeckafarraj@gmail.com)



+961 70 817085

# MEDICAL & PARA-MEDICAL



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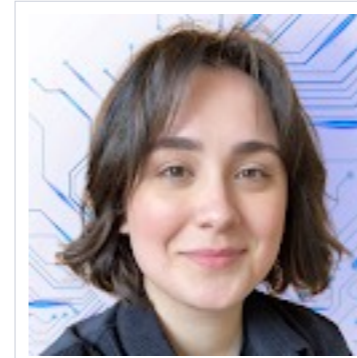
# MEDICAL & PARA-MEDICAL



## **Toni Merhi**

Physiotherapist / Biodecoding Counselor  
Motion Emotion Center

✉ [toni.merhi@gmail.com](mailto:toni.merhi@gmail.com)  
☎ +961 70 216356



## **Nour Abi Fadel**

Wellness Program Manager  
Soha WellNess

✉ [abifadelnour@gmail.com](mailto:abifadelnour@gmail.com)  
☎ +961 3 484369



## **George Guy Mouhanna**

Healthcare Operational Leader  
Admission & billing Manager

✉ [mehannagg@gmail.com](mailto:mehannagg@gmail.com)  
☎ +961 3 097 391

# CORPORATE SECTOR & ENTREPRENEURSHIP



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# CORPORATE SECTOR & ENTREPRENEURSHIP



**Mireille Atrach Jabbour**

Managing Director  
Inspire Company

 mireille.atrach@gmail.com

 +961 3 948855



**Elias El Asmar**

Sales Director  
Lighting Business Sector

 elie.asmar81@gmail.com

 +33 630077060 / +961 71 32255

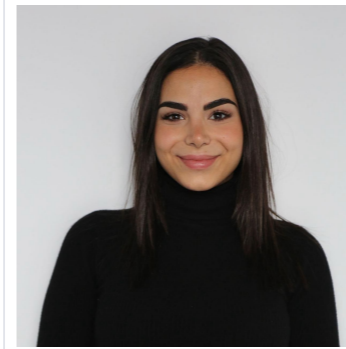


**Celine Nehme**

Founder  
UNIQUEST

 celine.ikigai@gmail.com

 +961 71 652201



**Yasmin Hodroj**

Project Management

 Yasminhodroj@hotmail.com

 +961 81705330

# EDUCATION



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# EDUCATION



**Fr. Edmond Bakhache**

Director of Saint Rita School

Catholic Priest



[eddiebakhache@gmail.com](mailto:eddiebakhache@gmail.com)



+961 3 08 37 87

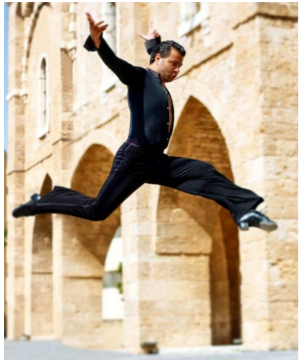
# SPORTS & PHYSICAL EDUCATION



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# SPORTS & PHYSICAL EDUCATION



## **Elias Younes**

Co-founder - Spin 360

Ballroom & Latin Dance Teacher



e.younes@spin360dance.com



+961 3 734891

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**“THE QUEST FOR MEANING IS THE  
KEY TO MENTAL HEALTH AND  
HUMAN FLOURISHING”**

*VIKTOR FRANKL*



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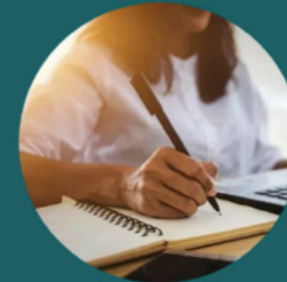
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