



WHAT'S YOUR STORY?



❧ JANUARY ❧

WHAT ARE YOU MOST PROUD OF?



❧ FEBRUARY ❧

WHAT'S YOUR FAVORITE CHILDHOOD MEMORY?



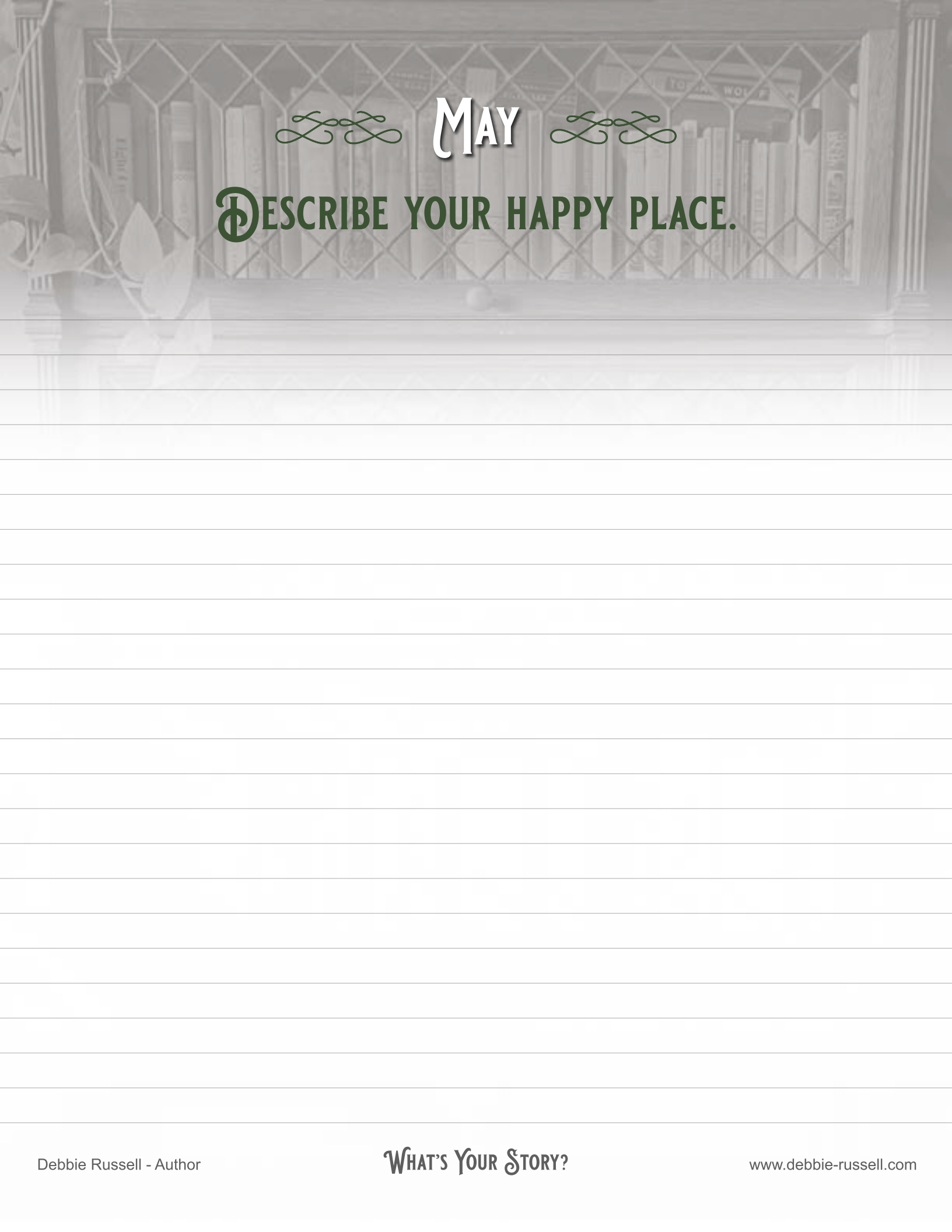
March

WHAT'S YOUR MOST VALUED POSSESSION?



APRIL

WHAT'S THE GREATEST LESSON YOU'VE LEARNED?



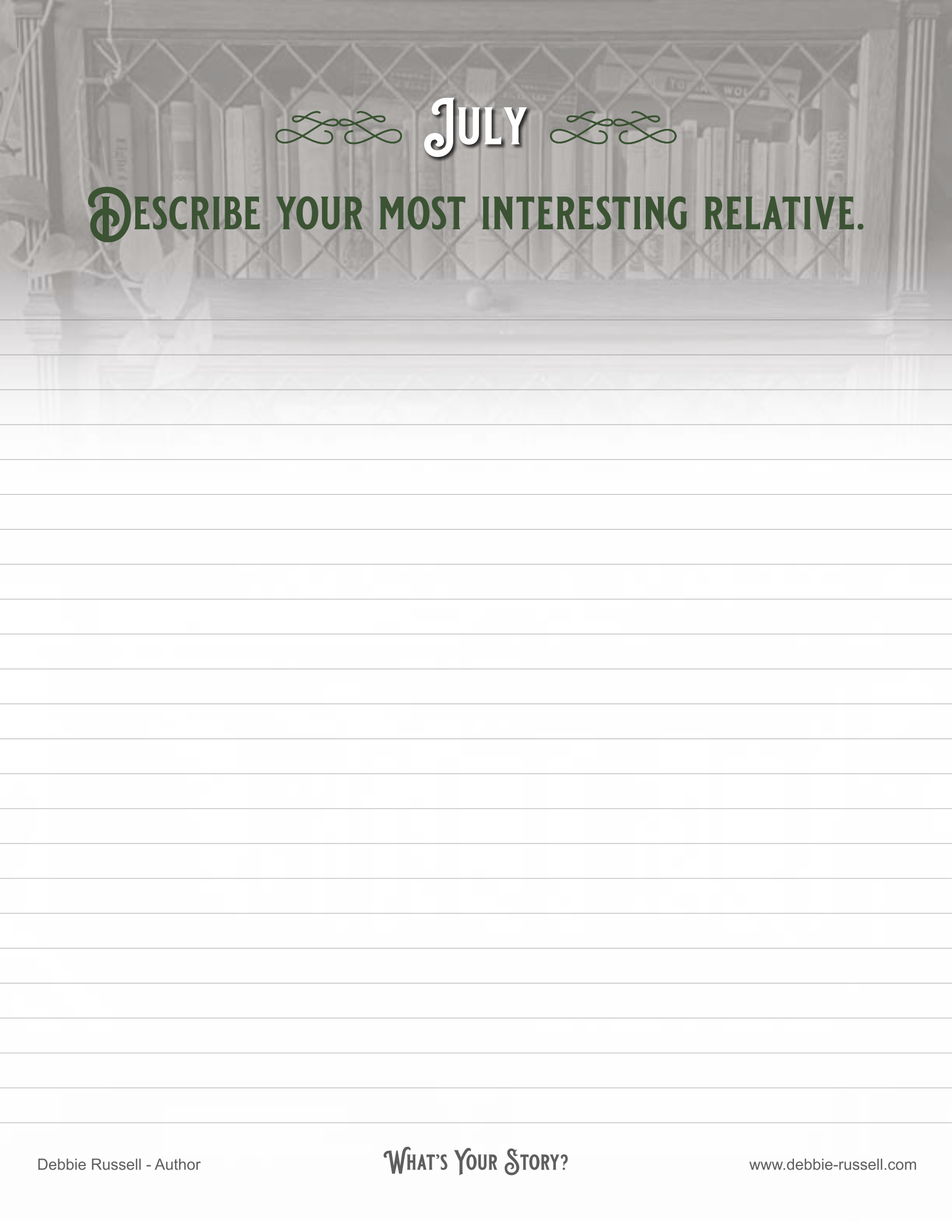
May

Describe your happy place.



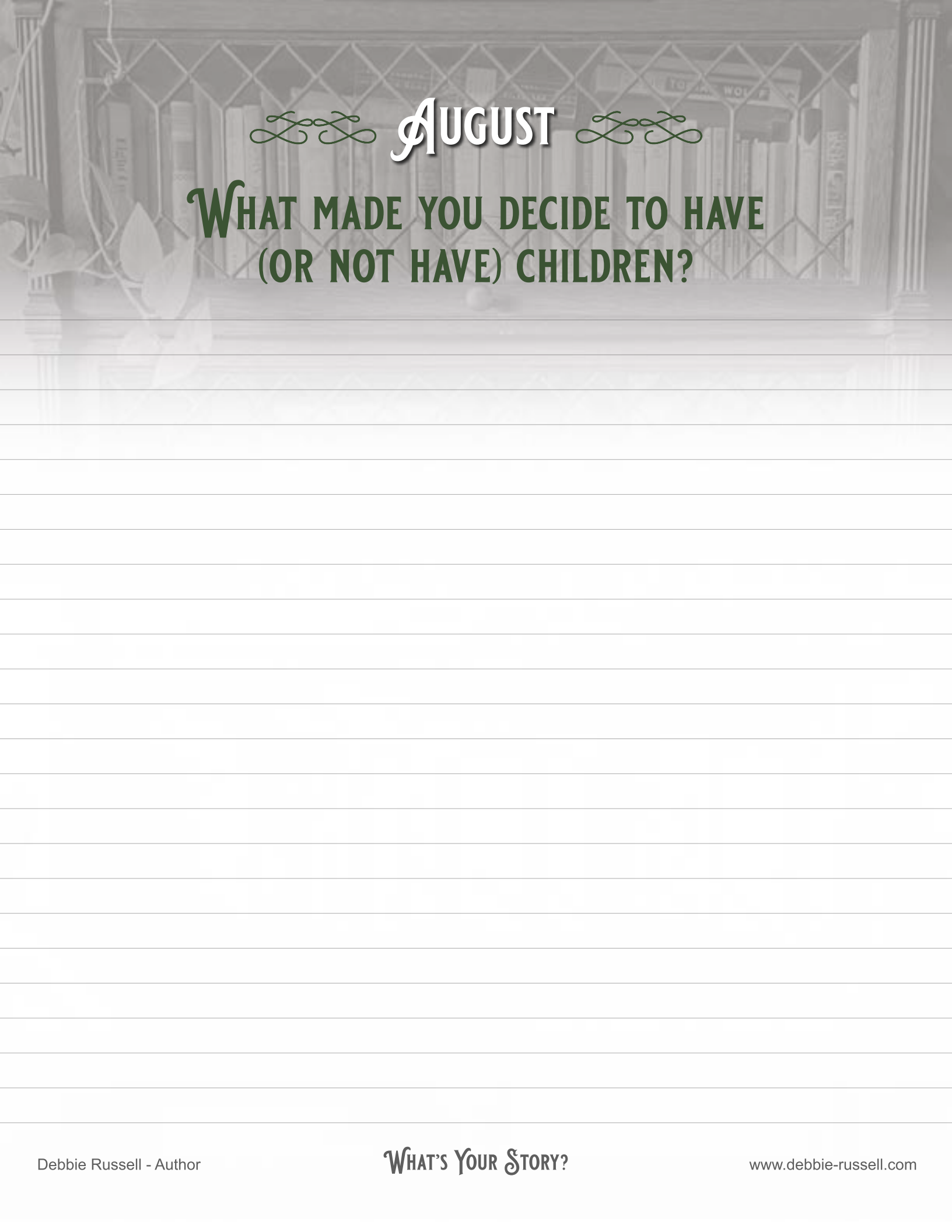
❧ JUNE ❧

WHAT DID YOU WANT TO DO WHEN YOU GREW UP?



July

Describe your most interesting relative.



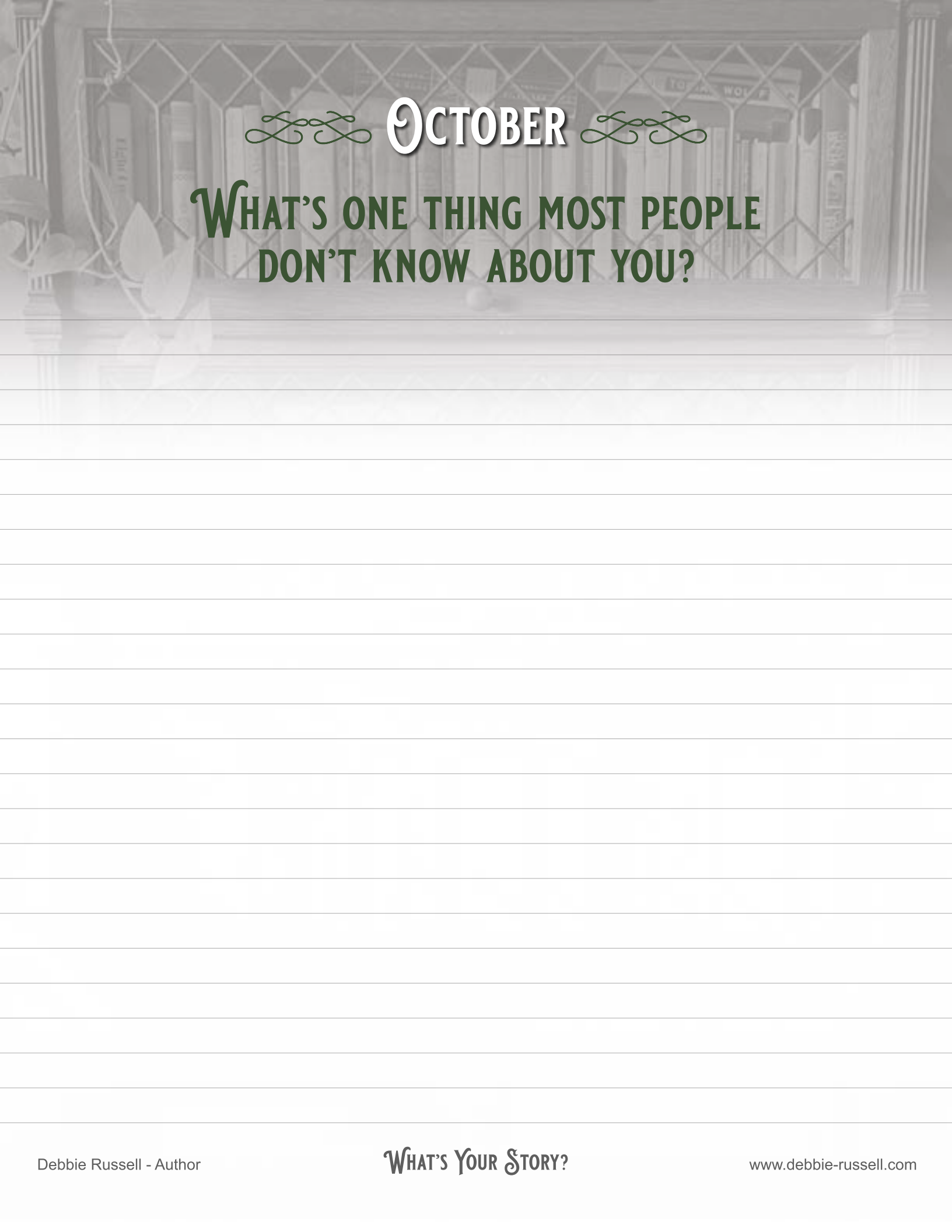
August

WHAT MADE YOU DECIDE TO HAVE
(OR NOT HAVE) CHILDREN?



SEPTEMBER

WHAT ARE YOU MOST AFRAID OF?



❧ OCTOBER ❧

**WHAT'S ONE THING MOST PEOPLE
DON'T KNOW ABOUT YOU?**



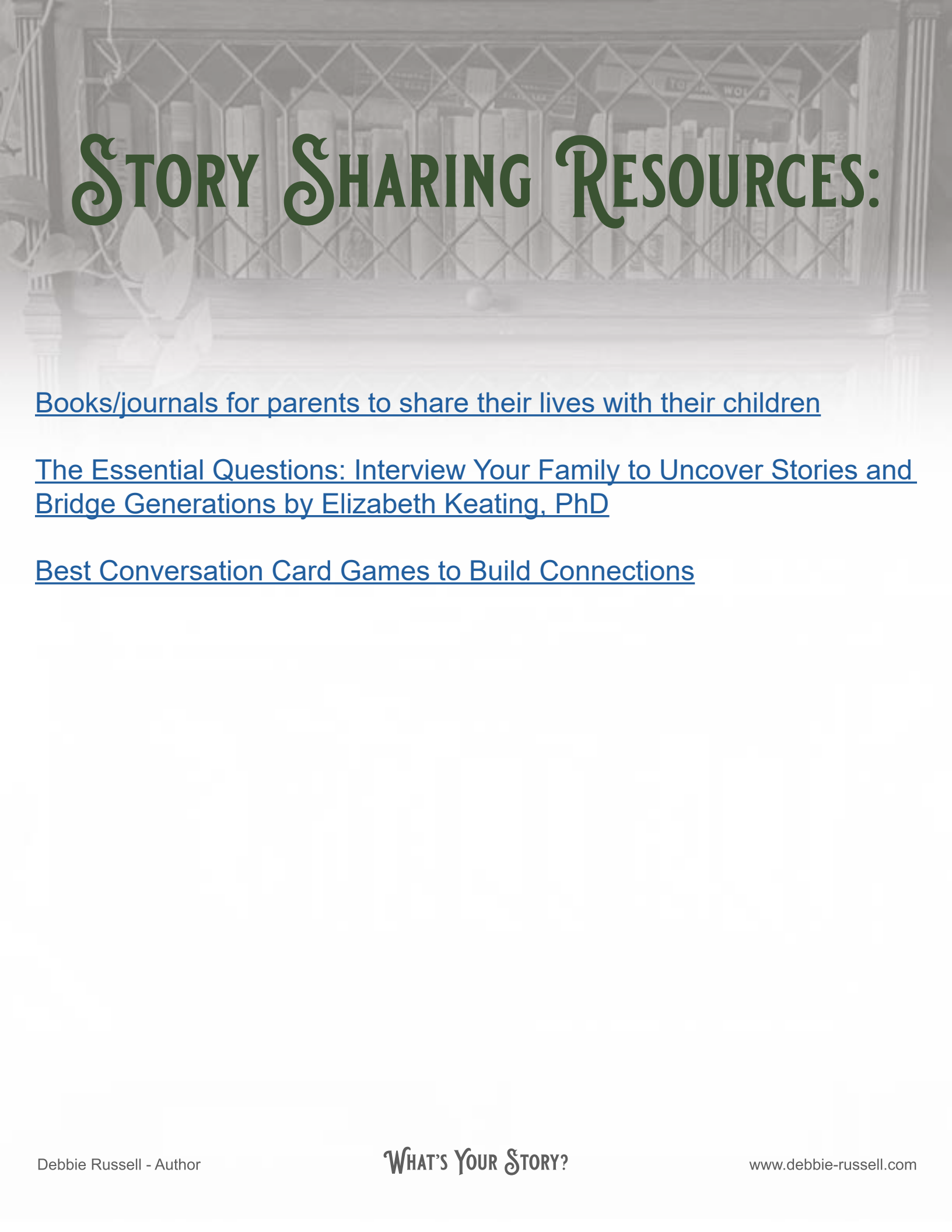
NOVEMBER

WHAT'S YOUR BIGGEST REGRET?



❧ DECEMBER ❧

WHAT DO YOU THINK IS MOST IMPORTANT IN LIFE?



STORY SHARING RESOURCES:

[Books/journals for parents to share their lives with their children](#)

[The Essential Questions: Interview Your Family to Uncover Stories and Bridge Generations by Elizabeth Keating, PhD](#)

[Best Conversation Card Games to Build Connections](#)