

# Belmont Academy Snack & Lunch Menu

*Belmont Academy is nut free. Please do not send nuts or peanut butter as a part of your child's lunch or snacks.*

|   | Monday  | Tuesday  | Wednesday                                      | Thursday   | Friday   |
|---|---|--|--|--|--|
| 1 | Goldfish & Oranges  | Grahams & Milk                                   | Animal Crackers & Apples                       | Bananas & Wheat Thins  | Granola bars & Milk                                      |
|   | BBQ Chicken Sandwich<br>Pickles<br>Fruit Cocktail                 | Chicken Fried Rice w/ mixed veggies<br>Pineapple | Macaroni & Cheese<br>Applesauce<br>Peas        | Soft Tacos<br>Corn<br>Cucumbers                              | Sunbutter & Jelly Sandwiches<br>Carrots<br>Pears         |
|   | Pretzels & Cheese   | Carrots & Ritz                                   | Cheez Its & Craisins                           | Cheese & Saltines  | Snack mix  |
| 2 | Goldfish & Oranges  | Grahams & Milk                                   | Animal Crackers & Apples                       | Bananas & Wheat Thins  | Granola bars & Milk                                      |
|   | Lasagna Bake<br>Green Beans<br>Peaches                            | Oatmeal<br>Blueberries<br>Sausage Links          | Turkey Dogs<br>Tater tots<br>Fruit Cocktail    | Chicken Tenders<br>Butter noodles<br>Peas<br>Applesauce      | Tuna Wraps<br>Carrots<br>Melon<br>Potato Chips           |
|   | Pretzels & Cheese   | Carrots & Ritz                                   | Cheez Its & Craisins                           | Cheese & Saltines  | Snack mix  |
| 3 | Goldfish & Oranges  | Grahams & Milk                                   | Animal Crackers & Apples                       | Bananas & Wheat Thins  | Granola bars & Milk                                      |
|   | Teriyaki Meatballs w/ Brown Rice<br>Steamed Broccoli<br>Pineapple | Bean & Cheese Burritos<br>Corn<br>Cucumber       | Mini Cheese Pizza<br>Green Beans<br>Applesauce | Pesto pasta w/ grilled chicken<br>Cherry tomatoes<br>Peaches | Ham & Cheese Sandwiches<br>Pickles<br>Carrots            |
|   | Pretzels & Cheese   | Carrots & Ritz                                   | Cheez Its & Craisins                           | Cheese & Saltines  | Snack mix  |
| 4 | Goldfish & Oranges  | Grahams & Milk                                   | Animal Crackers & Apples                       | Bananas & Wheat Thins  | Granola bars & Milk                                      |
|   | Yogurt w/ granola<br>Strawberries<br>Sausage Links                | Macaroni & Cheese<br>Peas<br>Applesauce          | Bagel w/ Cream cheese<br>Cucumber<br>Peaches   | Baked Beans w/turkey Dogs<br>Corn<br>Pears                   | Tuna Sandwiches<br>Potato Chips<br>Pineapple<br>Cucumber |
|   | Pretzels & Cheese   | Carrots & Ritz                                   | Cheez Its & Craisins                           | Cheese & Saltines  | Snack mix  |
| 5 | Goldfish & Oranges  | Grahams & Milk                                   | Animal Crackers & Apples                       | Bananas & Wheat Thins  | Granola bars & Milk                                      |
|   | Cheese Quesadilla<br>Corn<br>Black Beans<br>Pineapple             | Turkey Dogs<br>Tater Tots<br>Melon<br>Pickles    | Chicken Alfredo<br>Broccoli<br>Fruit Cocktail  | Sloppy Joes<br>Green Beans<br>Applesauce<br>Milk             | Turkey & Cheese Roll-ups<br>Cucumber<br>Pears            |
|   | Pretzels & Cheese   | Carrots & Ritz                                   | Cheez Its & Craisins                           | Cheese & Saltines  | Snack mix  |

Organic 2% and whole milk will be served with lunch