# Healthy Lakes 350 ft2 Native Planting Companion Guide

Improve wildlife habitat, natural beauty and privacy, and decrease runoff.



Native plantings include grasses and wildflowers with shrubs and trees. Choose <u>one</u> of the six native plant options provided – based on your property specifications and interests – from bird/butterfly habitat to a low-growing native garden showcasing your lake view.

### How to Use this Guide

Follow the first three, simple steps. It is important not only to consider the best location and option for your property, but to carefully contemplate your own interests and goals for the project. Once you've decided which native planting option is right for you and your property, take the corresponding native plant list in this guide to your local greenhouse or landscaper to get started on your native garden.

Each prescribed native plant list (pages 9-19) details which plants and how many are required for Healthy Lakes grant funding (find the substitution policy on page 20). They are based on Wisconsin's current technical standard (*Natural Resource Conservation Service*. 2001. Wisconsin biology technical note 1: shoreland habitat). According to these state standards, each native garden option listed in this guide must include the following:

- ☑ Woody component (1 tree and 2-3 shrubs, or 5 shrubs for the low-growing option)
- ☑ Grasses/Grass-like species (72-84 grasses, sedges and rushes)
- ☑ Wildflowers/Ferns (84-96 wildflowers and ferns)

The planting density for each native garden option in this guide is 50 plants per 100 ft<sup>2</sup> of space, or for the entire 350 ft2 planting, a total of 168 native plants (plus a tree and shrubs). After you have chosen your native planting option, use the guidance provided in steps 4-7 to help create your native garden.



Choose from six native planting options (page 4) designed for a contiguous area of at least 350 ft2. Each option has a corresponding list of prescribed native plants suited to the given soil conditions. Native plantings improve wildlife habitat, natural beauty and privacy, and decrease runoff. Each option described in this guide serves all of these functions to some degree, but one may be better than another given your property's unique site characteristics and areas of concern. For example, the bird/butterfly option includes flowers that attract these types of wildlife.

### What is a native plant?

#### A native plant...

- Is well suited in local site conditions, eliminating the need for soil modifications or fertilizers.
- Can thrive without regular watering once established.
- Can attract more birds and butterflies important pollinators for the food we eat.
- Creates a sense of place, preserving the natural character of the region.



# Step 1: Map it out.

### Where and what shape do you want your native planting?

Mark the area(s) you want your native plantings to be placed with spray paint, flagging, old garden hose, or stakes and twine. Leave the marking there a few days or weeks and try to envision what it will look like. Keep in mind that the native plantings:

- Must total 350 contiguous square feet,
- $\square$  Must be at least 10 feet wide in any direction,
- ${\ensuremath{\overline{\ensuremath{\mathbb M}}}}$  Must be adjacent to the lakeshore, and
- $\blacksquare$  Can augment an existing area of vegetation.



Take advantage of areas you don't regularly use – places on the side of your yard or out of the way of foot traffic.

The orientation to the lakeshore is up to you. In other words, your native planting could be 35 feet parallel to the lakeshore and 10 feet landward, or 10 feet parallel to the lakeshore and 35 feet landward. Each of the 350 ft2 native planting options that follow showcases a different native garden shape to give you sense of the flexibility and possible look of the planting for your site over time.

### **Step 2: Determine sun exposure and soil type.** How much sun will your planting get, and how wet is your soil?



FULL SUN At least 6 hours of direct, unfiltered sunshine daily



**PARTIAL SUN** 4-6 hours of direct sunlight OR Filtered sunlight all day



SHADE Less than 4 hours of direct sunlight and heavily shaded



**DRY-MEDIUM SOIL** Drains well and has no standing water

**MOIST-WET SOIL** Regularly damp with standing water in the spring

Most of the options include two native plant lists - one for each of these soil types.

Healthy soil is the foundation of any productive landscape planting. Good quality soil holds water but drains well, is well-aerated, and is fertile enough to support plant growth. Soil serves many functions in a lakeshore landscape. Most importantly, it provides a place for the exchange of water, nutrients, and air among plants, the earth, and the atmosphere. Soil anchors plants to the ground and filters out many pollutants before they reach groundwater or surface water.



Healthy Lakes Resources Soil assessment tools are described on pages 19-21 of the booklet *Controlling Runoff and Erosion from Your Waterfront Property: A Guide for Landowners* listed as the technical guidance under the Diversion best practice on the Healthy

Lakes website at <u>healthylakeswi.com</u>. The *Web Soil Survey* provides soil data and information produced by the National Cooperative Soil Survey. (<u>http://websoilsurvey.sc.egov.usda.gov/App/HomePage.htm</u>) The website is updated and maintained as the single authoritative source of soil survey information.



Healthy Lakes Tip

In general, the more closely you match the environmental conditions of the source of your plant material to that of the planting site, the better it will grow. For example, a red maple from the deep south will not do well in northern Wisconsin. Also, a red maple from a lowland area will not do well if transplanted to an adjacent upland site.

### Step 4: Order your plants and schedule a planting day. Find a local native plant supplier or nursery.

- Contact your local county land and water conservation office
  <u>http://wisconsinlandwater.org/files/pdf/WILandWaterDirectory.pdf</u>
- Consult "Native plant nurseries in Wisconsin" <u>http://dnr.wi.gov/files/pdf/pubs/er/er0698.pdf</u>
- Find help from a native plant consultant, landscaper and/or nursery professional: "Restoration consultants in Wisconsin" <u>http://dnr.wi.gov/files/pdf/pubs/er/er0699.pdf</u>

Native plants are often available in assorted pot sizes. If you are using smaller sized plant plugs from six-packs or 2-1/2" pots, you may get a little more mortality because the plants are not as mature or as vigorous as larger potted plants, like 4" deep pots or gallon-sized containers.

### Step 5: Prepare your planting area. Eliminate current non-natives (including lawn/turf grass).

This will give you more control over the native planting area and will help limit the need for weeding. Preparation for a new planting may require up to a full growing season on difficult, weed-infested sites.

#### **CUTTING SOD**





Plant in same growing season

- Blade depth should be set deep to cut all grass roots. Be especially • careful around tree roots.
- Either compost the cut sod or use it to patch open areas in the lawn elsewhere on the property.
- Erosion damage is a possible problem. You can utilize an assortment of erosion control blankets (coir fiber; wood fiber blanket; straw mat), biodegradable landscape fabric, or clean (weed seed free) straw mulch immediately after removing the sod to protect the bare soil.

### SMOTHERING EXISTING TURF AND NON-NATIVES

How-to Tips

How-to Tips

- Cover the soil with heavy black plastic (at least 4mm thick), old carpet, cardboard, plywood, tarps or a thick layer of leaves or newspaper for an entire growing season.
- Make sure to secure the cover tightly. Seams should overlap about 6 inches to ensure complete coverage. It needs to remain intact in order to kill weeds and seeds near the soil surface. Do not cultivate or till deeper than 1-2 inches with this method to avoid bringing up weed seeds that will compete with the natives.

### **APPLYING HERBICIDES**



Plant in same growing season

- Apply a chemical herbicide, such as Rodeo, a short duration glyphosate • herbicide, on upland areas. Obtain professional recommendations for a different formulation when working within 10 feet of the water's edge. A DNR permit is required for use on aquatic or shoreline plants. For more information, contact your local DNR office.
- Organic herbicides made from naturally occurring fatty acids are one option for eliminating grass. They kill plants by dehydrating the foliage. http://dnr.wi.gov/lakes/plants/factsheets/GlyphosateFactsheet.pdf



Healthy Lakes Tip

Diggers Hotline helps identify costly and dangerous utilities that can be buried just inches beneath your yard's surface. Call or click three working days before digging and have your lines marked so you can dig freely and safely. Dial 811 or http://www.diggershotline.com



Be sure to avoid using heavy equipment because it will compact the soil and make it difficult for new plants to grow.

Plant in next growing season



You can plant directly into dead turf or patchy, lackluster grass without removing it. By leaving the dead or patchy turf in place it will help to prevent soil erosion. Just make sure the live plants are planted into soil and not in dead thatch.

### Step 6: Plant your native garden.

The nursery where you purchase your material can provide detailed instructions for planting your native plants correctly. Here are a few general tips:

#### PREPARATION

- Plant within openings cut into erosion control fabric, or cover the area with shredded mulch and create small pockets within the mulch to plant the plugs, trees or shrubs.
- It is best to plant in spring or fall during cooler weather, but summer plantings can be successful if regularly watered.
- Use plugs and containerized plants.
- Keep plants watered and in the shade until planted.
- Soak thoroughly before removing from the container to plant. Tap the container upside down to remove the plant, and then gently pry the roots apart, and straighten and trim them, if necessary.

#### PLANTING DEPTH

• Dig a wide, shallow hole and make it a little shallower than the root ball so it rests about a half inch above the soil when planted. **Planting too deep can kill your precious native plants.** 

#### WATERING

• Deep soaking is necessary to reach the root system. During the first year, water upland plants a minimum of one inch per week (unless there is rain). An empty tuna can set in the soil can help you gauge an inch of water. A good soaking (sprinkler for an hour) is better than frequent watering for briefer times. One of the great things about planting in the fall is that it rains frequently.

### LABELING/STAKING

- Label a few plants of each species to avoid mistaking them later for weeds. Labeling allows you to track the success of your planting program.
- The bottom line is if the plant will stand up without a stake, don't give it one. Stake a plant only when it needs support, and connect the stake to the stem as low and loosely as possible. Staking a plant interferes with its natural ability to support itself.

### Healthy Lakes Tip

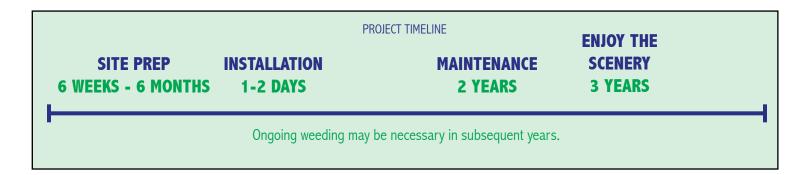
When planting large areas, a cordless drill equipped with a bulb auger can make the job easier and quicker. It works well to have one person do the drilling and others follow along and plant the plugs. Bulb augers can be purchased at your local nursery supply or home supply store. The cordless drill must be at least 12 volts. For those less inclined to go the power tool route, a hand trowel works well too.



# Step 7: Maintain your native garden.

Taking care of a natural shoreline takes less time and money than maintaining a lawn. Not to mention, it is more beneficial to your lake and the creatures that live there. However, all projects require some initial care. Here are some tips to help your Healthy Lakes native garden thrive:

- Water the plants a minimum of one inch per week (more during dry periods) for 1-2 years.
- Become familiar with weeds and invasive species, in particular, and remove them frequently.
- The standing dead plants may be left in place through the winter for wildlife cover and food.
- Native Plantings must remain in place according to local zoning specifications, if within the vegetation protection area (i.e. buffer).
- The 350 ft2 native plantings must remain in place for 10 years if funded through a Healthy Lakes grant.
- Preventing critter damage will be important if you live in an area with abundant wildlife. We suggest a deer fence or wildlife repellent sprays to limit damage to your native plants (depending on where you live, this may be a requirement).
- Now, sit back and enjoy the scenery!





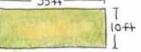
*The Foley's installed this 350 ft2 native garden on Beaver Dam Lake in 2015 with the help of a Healthy Lakes grant.* 





If you would like to plant near the water's edge, where the soil is consistently wet, these natives will do the trick. This drawing shows a rectangular planting for moist-wet soil along a lakeshore edge.









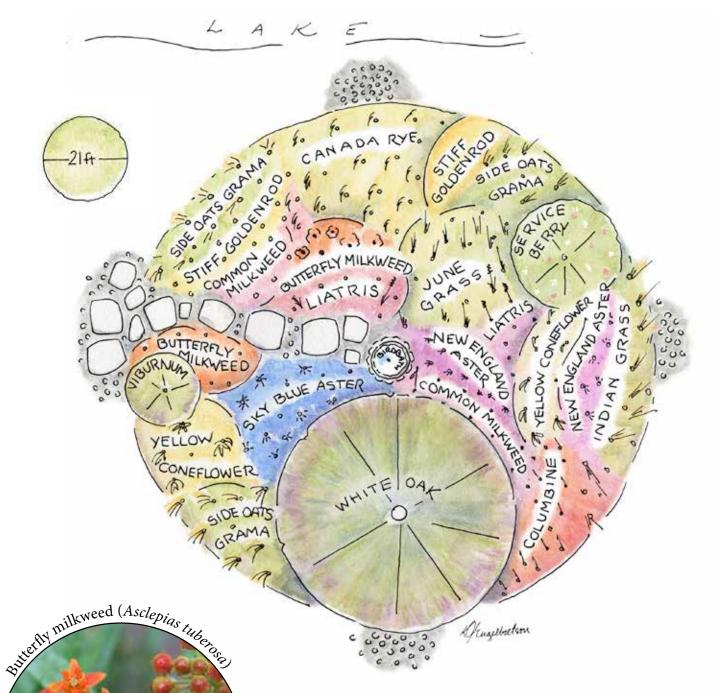
### Healthy Lakes grant funding requires all the plants in the list to be used unless an approved substitution is made (page 20).

2	PLANT TYPE	Flower Color	BLOOM TIME	Height Range	TOTAL PLANTS
Voody	Red maple (Acer rubrum)	Pink/red	May-June	70-90 feet	1 tree
	Beaked hazelnut (Corylus cornuta)	Reddish-brown	March-May	10-16 feet	1 shrub
Ň	Speckled alder (Alnus incana)	Reddish-brown	March-May	12-24 feet	1 shrub
					1 TREE AND 2 SHRUBS
	Blue-joint grass (Calamagrostis canadensis)	Green leaves	June-Aug.	3-6 feet	6/spot x 2 spots = 12 total
	Dark-green bulrush (Scirpus atrovirens)	Green leaves	July-Aug.	3-5 feet	$6/spot \ge 2 spots = 12 total$
Jrasses	Fox sedge (Carex vulpinoidea)	Green leaves	April-May	4-6 feet	6/spot x 3 spots = 18 total
as	Indian grass (Sorghastrum nutans)	Green leaves	AugSept.	4-6 feet	$6/spot \ge 2 spots = 12 total$
Ŀ	Long-beaked sedge (Carex sprengelii)	Green leaves	May-July	1-2 feet	6/spot x 2 spots = 12 total
	Switchgrass (Panicum virgatum)	Green leaves	May-Sept.	4-6 feet	6/spot x 3 spots = 18 total
					84 GRASSES, RUSHES, & SEDGES
	Blue vervain (Verbena hastata)	Blue	July-Sept.	3-5 feet	$6/spot \ge 2 spots = 12 total$
ers	Calico aster (Symphyotrichum [Aster] lateriflorum)	White	AugSept.	1-2 feet	6/spot x 3 spots = 18 total
Wildflowers	Grass-leaved goldenrod ( <i>Euthamia graminifolia</i> )	Yellow	July-Aug.	1-3 feet	6/spot x 3 spots = 18 total
	Spotted Joe-pye-weed ( <i>Eupatorium maculatum</i> )	Pink	July-Sept.	4-6 feet	6/spot x 2 spots = 12 total
	Marsh/red milkweed (Asclepias incarnata)	Red	June-Aug.	3-5 feet	6/spot x 2 spots = 12 total
	Golden Alexanders (Zizia aurea)	Yellow	May-July	2-4 feet	$6/spot \ge 2 spots = 12 total$
					84 Wildflowers









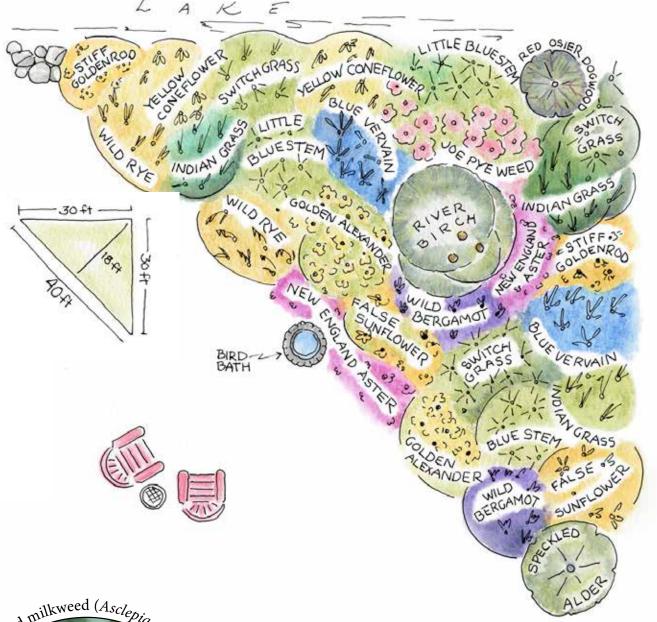
If you would like to attract songbirds, moths, butterflies, and hummingbirds, this option has flowering plants that will do just that. This circular drawing for dry-medium soil invites a flow of pollinators and migratory birds. Healthy Lakes grant funding requires all the plants in the list to be used unless an approved substitution is made (page 20).

< <u> 100</u>	PLANT TYPE	Flower Color	Bloom Time	Height Range	TOTAL PLANTS
Woody	White oak ( <i>Quercus alba</i> )	Pink/red	May-June	70-80 feet	1 tree
	Shadblow/service berry ( <i>Amelanchier canadensis</i> )	White	April-May	up to 20 feet	1 shrub
Wo	American highbush cranberry ( <i>Viburnum opulus L. subsp. trilobum</i> )	White	May-June	3-15 feet	1 shrub
					1 TREE AND 2 SHRUBS
	Side oats grama grass (Bouteloua curtipendula)	Tan leaves	June-Aug.	1-2 feet	6/spot x 3 spots = 18 total
Ges	June grass (Koeleria cristata)	Tan leaves	July-Aug.	1-2 feet	6/spot x 3 spots = 18 total
SSI	Indian grass (Sorghastrum nutans)	Brown leaves	AugSept.	4-6 feet	6/spot x 3 spots = 18 total
Jrasses	Canada wild rye grass (Elymus canadensis)	Tan leaves	June-Oct.	3-5 feet	6/spot x 3 spots = 18 total
$\smile$					72 GRASSES, RUSHES, & SEDGES
	Butterfly milkweed (Asclepias tuberosa)	Orange	July-Sept.	1-3 feet	6/spot x 2 spots = 12 total
	Common milkweed (Asclepias syriaca)	Pink to cream	June-Aug.	3-6 feet	$6/spot \ge 2 spots = 12 total$
er	New England aster (Aster novae-angliae)	Purple	AugOct.	1-7 feet	6/spot x 2 spots = 12 total
M	Rough blazing star (Liatris aspera)	Purple	AugOct.	2-4 feet	$6/spot \ge 2 spots = 12 total$
flo	Sky-blue aster (Aster oolentangiensis)	Blue	AugOct.	1-3 feet	6/spot x 2 spots = 12 total
Vildflowers	Stiff goldenrod (Solidago rigida)	Yellow	July-Sept.	3-5 feet	6/spot x 2 spots = 12 total
	Yellow coneflower (Ratibida pinnata)	Yellow	July-Sept.	4-5 feet	6/spot x 2 spots = 12 total
	Wild columbine (Aquilegia canadensis)	Red	April-June	1-3 feet	6/spot x 2 spots = 12 total
					96 Wildflowers

	PLANT TYPE	Flower Color	BLOOM TIME	Height Range	TOTAL PLANTS
	Swamp white oak (Quercus bicolor)	Pink/red	May-June	80-100 feet	1 tree
dy	American hazelnut (Corylus americana)	Reddish-brown	April	6-8 feet	1 shrub
Woody	Virgin's bower (Clematis virginiana)	White	July-Sept.	up to 9 feet	1 vine
M	Pagoda dogwood (Cornus alternifolia)	White	May-July	15-25 feet	1 shrub
					1 TREE AND 3 SHRUBS/VINES
es	Fox sedge (Carex vulpinoidea)	Brown leaves	April-May	2-3 feet	$6/spot \ge 4 spots = 24 total$
SS	Prairie brome grass (Bromus kalmii)	Tan leaves	June-July	2-3 feet	$6/spot \ge 4 spots = 24 total$
Grasses	Switchgrass (Panicum virgatum)	Tan leaves	May-Sept.	4-6 feet	6/spot x 4 spots = 24 total
G					72 GRASSES, RUSHES, & SEDGES
	Black-eyed Susan (Rudbeckia hirta)	Yellow	June-Sept.	1-3 feet	6/spot x 2 spots = 12 total
S	Cup-plant (Silphium perfoliatum)	Yellow	July-Sept.	4-9 feet	6/spot x 2 spots = 12 total
er	Culver's root (Veronicastrum virginicum)	White	July-Aug.	3-5 feet	6/spot x 2 spots = 12 total
M	Golden Alexanders (Zizia aurea)	Yellow	May-July	2-4 feet	6/spot x 2 spots = 12 total
Wildflowers	Great St. John's wort (Hypericum pyramidatum)	Yellow	May-July	4-6 feet	$6/spot \ge 2 spots = 12 total$
Id	Marsh/red milkweed (Asclepias incarnata)	Red	June-Aug.	3-5 feet	$6/spot \ge 2 spots = 12 total$
Ĩ.	Spotted Joe-Pye-Weed (Eupatorium maculatum)	Pink	July-Sept.	4-6 feet	6/spot x 2 spots = 12 total
	Wild bergamot (Monarda fistulosa)	Lavender	June-Aug.	2-4 feet	6/spot x 2 spots = 12 total
					96 Wildflowers









These natives will help to stabilize exposed ground or other soil with erosion challenges. This triangular drawing for moist-wet soils shows how you can beautify a bare lot corner along the lakeshore.

### DRY-MEDIUM SOIL

	PLANT TYPE	FLOWER COLOR	<b>Bloom</b> Time	Height Range	TOTAL PLANTS
Woody	Hill's oak/northern pin oak (Quercus ellipsoidalis)	Pink/red	May-June	55-65 feet	1 tree
00	Nannyberry (Viburnum lentago)	White	May-June	18-24 feet	1 shrub
M	Dwarf bush honeysuckle ( <i>Diervilla lonicera</i> )	Yellow	June-July	2-3 feet	1 shrub
					1 TREE AND 2 SHRUBS
ses	Little bluestem (Schizachyrium scoparium)	Green leaves	June-Aug.	3-6 feet	6/spot x 3 spots = 18  total
ISS	Sand bracted sedge (Carex muhlenbergii)	Green leaves	July-Aug.	3-5 feet	6/spot x 3 spots = 18 total
Grasses	June grass (Koeleria macrantha)	Green leaves	AugSept.	4-6 feet	6/spot x 3 spots = 18 total
$\mathbf{\Theta}$	Prairie dropseed (Sporobolus heterolepis)	Tan	Jul-Aug.	2-3 feet	6/spot x 3 spots = 18 total
					72 GRASSES, RUSHES, & SEDGES
	Hoary vervain (Verbena stricta)	Blue	July-Sept.	1-3 feet	6/spot x 2 spots = 12 total
er	Field pussytoes (Antennaria neglecta)	White	April-June	6-12 inches	6/spot x 3 spots = 18 total
M	False sunflower (Heliopsis helianthoides)	Yellow	June-Aug.	3-6 feet	6/spot x 3 spots = 18 total
Vildflowers	Smooth aster (Symphyotrichum [Aster] laeve)	Purple	SeptOct.	2-4 feet	6/spot x 2 spots = 12 total
<b>Vil</b>	Common milkweed (Asclepias syriaca)	Pink to cream	June-Aug.	3-6 feet	6/spot x 2 spots = 12 total
	Golden Alexanders (Zizia aurea)	Yellow	May-July	2-4 feet	6/spot x 2 spots = 12 total
					84 Wildflowers

~	Plant Type	FLOWER COLOR	<b>Bloom</b> Time	Height Range	TOTAL PLANTS
ly	River birch (Betula nigra)	Pink/red	May-June	70-80 feet	1 tree
poo	Red-osier dogwood (Cornus stolonifera)	White	June-Sept.	8-10 feet	1 shrub
٧o	Speckled alder (Alnus incana)	Reddish-brown	March-May	12-24 feet	1 shrub
					1 TREE AND 2 SHRUBS
	Big bluestem (Andropogon gerardii)	Purple/Red leaves	SeptOct.	4-6 feet	6/spot x 3 spots = 18 total
es	Silky wild rye grass (Elymus villosus)	Tan leaves	June-July	3-5 feet	6/spot x 3 spots = 18 total
SS	Indian grass (Sorghastrum nutans)	Brown leaves	AugSept.	4-6 feet	6/spot x 3 spots = 18 total
Grasses	Brown fox sedge (Carex vulpinoidea)	Brown leaves	April-May	2-3 feet	6/spot x 3 spots = 18 total
9					72 grasses, rushes, & sedges
	Blue vervain (Verbena hastata)	Blue	July-Sept.	3-5 feet	6/spot x 2 spots = 12 total
ers	Calico aster (Symphyotrichum [Aster] lateriflorum)	White	AugSept.	1-2 feet	6/spot x 3 spots = 18 total
lowd	Grass-leaved goldenrod ( <i>Euthamia graminifolia</i> )	Yellow	July-Aug.	1-3 feet	6/spot x 3 spots = 18 total
Wildflowers	Spotted Joe-pye-weed ( <i>Eupatorium maculatum</i> )	Pink	July-Sept.	4-6 feet	6/spot x 2 spots = 12 total
$\boldsymbol{r}$	Marsh/red milkweed (Asclepias incarnata)	Red	June-Aug.	3-5 feet	6/spot x 2 spots = 12 total
	Golden Alexanders (Zizia aurea)	Yellow	May-July	2-4 feet	6/spot x 2 spots = 12 total
					84 Wildflowers







If your property is fairly flat and you only have a small amount of lakeshore frontage, this low-growing native garden is perfect to keep your view of the lake. This drawing shows low-growing plants for moist-wet soil.

### **Dry-Medium Soil**

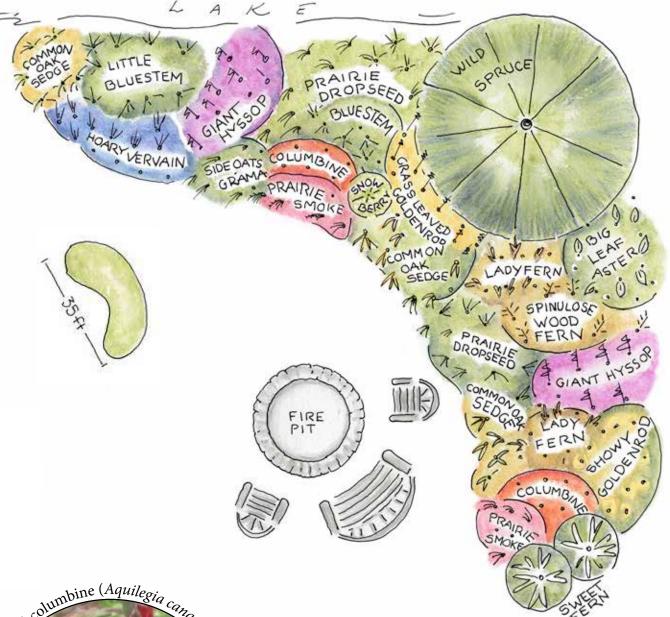
	PLANT TYPE	Flower Color	BLOOM TIME	Height Range	TOTAL PLANTS
'oody	Northern bush-honeysuckle ( <i>Diervilla lonicera</i> )	Yellow	June-July	.5-3 feet	2 shrubs
00	Pasture rose (Rosa carolina)	Pink	June-Aug.	2 feet	1 shrub
M	Sweet fern (Comptonia peregrina)	Red	May-June	2-3 feet	2 shrubs
<u> </u>					5 Shrubs
S	Little bluestem grass (Schizachyrium scoparium)	Green leaves	June-Aug.	2-3 feet	6/spot x 3 spots = 18 total
SSE	Path rush (Juncus tenuis)	Purple leaves	May-Aug.	up to 1 foot	6/spot x 3 spots = 18 total
Jrasses	Purple love grass (Eragrostis spectabilis)	Purple leaves	July-Sept.	1-2 feet	6/spot x 3 spots = 18 total
5	Side oats grama grass (Bouteloua curtipendula)	Tan leaves	July-Aug.	1-3 feet	6/spot x 3 spots = 18 total
					72 GRASSES, RUSHES, & SEDGES
	Arrow-leaved aster (Aster sagittifolius)	Blue	SeptOct.	2-3 feet	6/spot x 2 spots = 12 total
	Black-eyed Susan (Rudbeckia hirta)	Yellow	June-Sept.	1-3 feet	$6/spot \ge 2 spots = 12 total$
/ildflowers	Calico aster (Symphyotrichum [Aster] lateriflorum)	White	AugSept.	1-2 feet	6/spot x 2 spots = 12 total
10	Gray goldenrod (Solidago nemoralis)	Yellow	AugOct.	1-2 feet	6/spot x 2 spots = 12 total
qf	Harebell (Campanula rotundifolia)	Blue	June-Oct.	1-2 feet	6/spot x 2 spots = 12 total
I	Hoary vervain (Verbena stricta)	Blue	July-Sept.	1-3 feet	6/spot x 2 spots = 12 total
	Golden Alexanders (Zizia aurea)	Yellow	May-July	2-4 feet	6/spot x 2 spots = 12 total
	Wild geranium (Geranium maculatum)	Purple	July-Sept.	up to 1 foot	6/spot x 2 spots = 12 total
					96 Wildflowers

### MOIST-WET SOIL

~	Plant Type	Flower Color	<b>BLOOM TIME</b>	Height Range	TOTAL PLANTS
	Meadowsweet (Spiraea alba)	White	July-Aug.	5-6 feet	2 shrubs
vood	Steeplebush (Spiraea tomentosa)	Pink	July-Sept.	3-4 feet	2 shrubs
<b>0</b>	Swamp rose (Rosa palustris)	Pink	June-Aug.	4-5 feet	1 shrub
					5 Shrubs
\$	Common rush (Juncus effusus)	Brown leaves	May-July	1-2 feet	6/spot x 3 spots = 18 total
Se	Fox sedge (Carex vulpinoidea)	Brown leaves	April-May	2-3 feet	6/spot x 3 spots = 18 total
ass	Northern sweet grass (Hierochloe odorata)	Tan leaves	May-Sept.	1-2 feet	6/spot x 3 spots = 18 total
Grasses	Rattlesnake grass (Glyceria canadensis)	Tan leaves	May-July	1-3 feet	6/spot x 3 spots = 18 total
					72 GRASSES, RUSHES, & SEDGES
	Blue flag iris		May-July	1-3 feet	6/spot x 2 spots = 12 total
	(Iris versicolor-north; Iris virginica-south)	Blue			
<b>S</b>	Great blue lobelia (Lobelia siphilitica)	Blue	July-Oct.	2-3 feet	$6/spot \ge 2 spots = 12 total$
le l	Meadow anemone (Anemone canadensis)	White	May-July	1-2 feet	6/spot x 2 spots = 12 total
8	Northern bedstraw (Galium boreale)	White	June-July	2 feet	6/spot x 2 spots = 12 total
Wildflowers	Spikenard (Aralia racemosa)	Green	July-Aug.	3-4 feet	6/spot x 2 spots = 12 total
	Turtlehead (Chelone glabra)	Cream	AugSept.	1-3 feet	6/spot x 2 spots = 12 total
2	Water horehound (Lycopus americanus)	White	July-Sept.	2 feet	6/spot x 2 spots = 12 total
	Zig zag goldenrod (Solidago flexicaulis)	Yellow	April-June	2-3 feet	6/spot x 2 spots = 12 total
					96 Wildflowers









If deer and rabbits are your greatest gardening challenge, don't fear, these natives can withstand browsing. Here is a drawing of a deer resistant planting for dry-medium soil along a lot corner. **Dry-Medium Soil** 

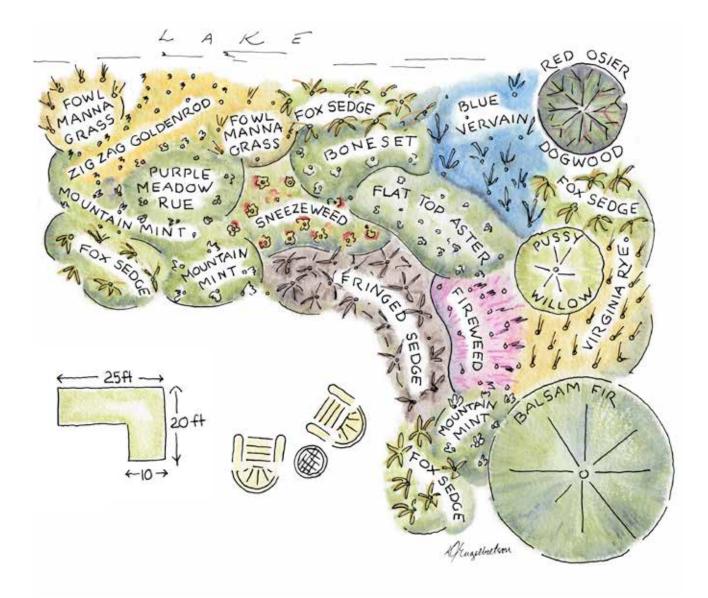
Healthy Lakes grant funding requires all the plants in the list to be used unless an approved substitution is made (page 20).

	PLANT TYPE	Flower Color	<b>Bloom</b> Time	Height Range	TOTAL PLANTS
	Wild spruce (Picea glauca)	Cones	May-June	90-110 feet	1 tree
Woody	Common snowberry (Symphoricarpos albus)	White	June-July	2-3 feet	1 shrub
<b>/</b> 0	Sweet fern (Comptonia peregrina)	Red	May-June	2-3 feet	2 shrubs
					1 TREE AND 3 SHRUBS
	Common oak sedge (Carex pensylvanica)	Green/Tan	May-June	.5-1 foot	6/spot x 3 spots = 18 total
Grasses	Little bluestem grass (Schizachyrium scoparium)	White	June-Aug.	2-3 feet	6/spot x 3 spots = 18 total
aS	Prairie dropseed (Sporobolus heterolepis)	Tan	July-Aug.	2-3 feet	6/spot x 3 spots = 18 total
Gr	Side oats grama grass (Bouteloua curtipendula)	Tan	July-Aug.	1-3 feet	6/spot x 3 spots = 18 total
					72 GRASSES, RUSHES, & SEDGES
	Big-leaved aster (Aster macrophyllus)	White	AugOct.	1 foot	$6/spot \ge 2 spots = 12 total$
	Common lady fern (Athyrium filix-femina)	Brown sori	n/a	2-3 feet	3/spot x  2  spots = 6  total
LS	Grass-leaved goldenrod ( <i>Euthamia graminifolia</i> )	Yellow	July-Aug.	1-3 feet	6/spot x 2 spots = 12 total
ve]	Hoary vervain (Verbena stricta)	Blue	July-Sept.	1-3 feet	6/spot x 2 spots = 12 total
10	Prairie-smoke (Geum triflorum)	Pink to purplish	April-June	4-16 inches	6/spot x 2 spots = 12 total
Wildflowers	Purple giant hyssop (Agastache scrophulariaefolia)	Pink	AugSept.	3-5 feet	6/spot x 2 spots = 12 total
M	Showy goldenrod (Solidago speciosa)	Yellow	July-Oct.	3-5 feet	6/spot x 2 spots = 12 total
	Wild columbine (Aquilegia canadensis)	Red	April-June	1-3 feet	6/spot x 2 spots = 12 total
	Spinulose wood fern ( <i>Dryopteris carthusiana</i> )	Brown sori	n/a	2-3 feet	3/spot x  2  spots = 6  total
					96 Wildflowers

	Plant Type	Flower Color	BLOOM TIME	Height Range	TOTAL PLANTS
<b>N</b>	Tamarack ( <i>Larix laricina</i> )	Cones	(pollen shed)	40-80 feet	1 tree
/ood	Beaked hazelnut (Corylus cornuta)	Reddish-brown	March-May	10-16 feet	1 shrub
Ň	Black chokeberry (Aronia melanocarpa)	White	May-July	6-8 feet	1 shrub
					1 TREE AND 2 SHRUBS
S	Common fox sedge (Carex stipata)	Brown leaves	June-July	1-3 feet	6/spot x 3 spots = 18 total
Grasses	Fox sedge (Carex vulpinoidea)	Brown leaves	April-May	2-3 feet	6/spot x 3 spots = 18 total
as	Indian grass (Sorghastrum nutans)	Brown leaves	AugSept.	4-6 feet	6/spot x 3 spots = 18 total
5	Prairie cordgrass (Spartina pectinata)	Tan leaves	AugSept.	6-8 feet	6/spot x 3 spots = 18 total
					72 GRASSES, RUSHES, & SEDGES
	Blue vervain (Verbena hastata)	Blue	July-Sept.	3-5 feet	6/spot x 2 spots = 12 total
	Common ironweed (Vernonia fasciculata)	Violet / purple	July-Sept.	2-6 feet	6/spot x 2 spots = 12 total
$\mathbf{S}$	Great St. John's wort (Hypericum pyramidatum)	Yellow	May-July	4-6 feet	6/spot x 2 spots = 12 total
ildflowers	Interrupted fern (Osmunda claytoniana)	Brown sori	n/a	4-6 feet	3/spot x  2  spots = 6  total
0	Ostrich fern (Matteuccia struthiopteris)	Brown sori	n/a	3-4 feet	$3/spot \ge 2 spots = 6 total$
Hf	Spotted Joe-pye-weed ( <i>Eupatorium maculatum</i> )	Pink	July-Sept.	4-6 feet	6/spot x 2 spots = 12 total
Wild	Stiff goldenrod (Solidago rigida)	Yellow	AugOct.	3-4 feet	$6/spot \ge 2 \ spots = 12 \ total$
	Wild bergamot (Monarda fistulosa)	Lavender	June-Aug.	2-4 feet	6/spot x 2 spots = 12 total
	Yellow avens (Geum aleppicum)	Yellow	June-Aug.	2-3 feet	6/spot x 2 spots = 12 total
					96 Wildflowers









If your lakeshore is wooded and shady, these native plants are hearty enough to survive with less than four hours of sunlight each day. This drawing shows what you would plant in moist-wet soil in a shady corner.

# Healthy Lakes grant funding requires all the plants in the list to be used unless an approved substitution is made (page 20).

### DRY-MEDIUM SOIL

	PLANT TYPE	Flower Color	<b>Bloom</b> Time	Height Range	TOTAL PLANTS
7	Wild black cherry (Prunus serotina)	White	April-May	75-80 feet	1 tree
dy	Smooth serviceberry (Amelanchier laevis)	White	April-June	10-16 feet	1 shrub
Woody	Downy arrow-wood viburnum ( <i>Viburnum rafinesquianum</i> )	White	May-July	10-15 feet	1 shrub
					1 TREE AND 2 SHRUBS
	Bottlebrush grass (Elymus hystrix)	Green leaves	July-Aug.	3-4 feet	6/spot x 3 spots = 18 total
See	Common oak sedge (Carex pensylvanica)	Green leaves	May-June	.5-1 foot	6/spot x 3 spots = 18 total
as	June grass (Koeleria macrantha)	Tan leaves	June-Sept.	1-2 feet	6/spot x 3 spots = 18 total
Grasses	Silky wild rye grass (Elymus villosus)	Tan leaves	June-July	3-5 feet	6/spot x 3 spots = 18 total
					72 GRASSES, RUSHES, & SEDGES
	Big-leaved aster (Aster macrophyllus)	White	AugOct.	1 foot	6/spot x 2 spots = 12 total
	Bishop's-cap (Mitella diphylla)	White	May-June	3-4 feet	6/spot x 2 spots = 12 total
	Early meadow rue (Thalictrum dioicum)	Green	April-May	1-2 feet	6/spot x 2 spots = 12 total
dflowers	Grass-leaved goldenrod ( <i>Euthamia graminifolia</i> )	Yellow	July-Sept.	3-4 feet	6/spot x 2 spots = 12 total
MO	Jacob's ladder (Polemonium reptans)	Blue	May-June	1-2 feet	6/spot x 2 spots = 12 total
Hf	Wild geranium (Geranium maculatum)	Purple	July-Sept.	up to 1 foot	6/spot x 2 spots = 12 total
Wild	Wild ginger (Asarum canadense)	Red	April-June	.5 feet	6/spot x 2 spots = 12 total
M	Zig zag goldenrod (Solidago flexicaulis)	Yellow	April-June	2-3 feet	6/spot x 2 spots = 12 total
					96 Wildflowers

~	PLANT TYPE	FLOWER COLOR	<b>Bloom</b> Time	Height Range	TOTAL PLANTS
Å	Balsam fir (Abies balsamea)	Cones	(pollen shed)	70-80 feet	1 tree
po	Pussy willow (Salix discolor)	White to green	April-May	up to 25 feet	1 shrub
V0	Red-osier dogwood (Cornus stolonifera)	White	June-Sept.	8-10 feet	1 shrub
					1 TREE AND 2 SHRUBS
S	Common fox sedge (Carex stipata)	Brown leaves	June-July	1-3 feet	6/spot x 3 spots = 18 total
asses	Fowl manna grass (Glyceria striata)	Tan leaves	May-June	1-5 feet	6/spot x 3 spots = 18 total
as	Fringed sedge (Carex crinita)	Brown leaves	June-July	1-3 feet	6/spot x 3 spots = 18 total
Ŀ	Virginia wild rye grass (Elymus virginicus)	Tan leaves	June-July	up to 4 feet	6/spot x 3 spots = 18 total
					72 GRASSES, RUSHES, & SEDGES
	Blue vervain (Verbena hastata)	Blue	July-Sept.	3-5 feet	6/spot x 2 spots = 12 total
S	Boneset (Eupatorium perfoliatum)	White	July-Sept.	up to 4 feet	6/spot x 2 spots = 12 total
owers	Flat-topped aster (Aster umbellatus)	Cream	July-Sept.	4-5 feet	6/spot x 2 spots = 12 total
M	Fireweed (Epilobium angustifolium)	Pink	June-Aug.	3-4 feet	6/spot x 2 spots = 12 total
flc	Mountain mint (Pycnanthemum virginianum)	White	July-Sept.	1-3 feet	6/spot x 2 spots = 12 total
pr	Purple meadow rue (Thalictrum dasycarpum)	Cream	June-July	3-5 feet	6/spot x 2 spots = 12 total
Wi	Sneezeweed (Helenium autumnale)	Yellow	AugOct.	3-4 feet	6/spot x 2 spots = 12 total
	Zig zag goldenrod (Solidago flexicaulis)	Yellow	April-June	2-3 feet	6/spot x 2 spots = 12 total
					96 Wildflowers

## **Substitution Policy**

The plants utilized in these native planting options are suitable statewide because of their distribution and availability at most native plant nurseries. Sometimes you may not be able to find certain species locally or you may want to substitute a different native plant from one listed in the planting plan.

Native plant substitutions to the native planting options should follow these caveats:

- When substituting one native plant for another, please use a like species for the one you replace (i.e. a grass for grass, a sedge for a sedge, a woody plant for woody plant, etc.). These native planting options follow our state standards around lakeshore plantings, which specify using each of these plant types: grasses, sedges, rushes, wildflowers, ferns, shrubs, and trees.
- Match the substituted plant to roughly the same bloom time, flower color, growth form, and plant height of the replaced plant to fit in with the planting option theme.
- Utilize local lists generated by master gardeners, land and water conservation departments, and UW-• Extension. Ask a DNR, Extension, or county professional if you are not sure if the list is legitimate.
- Document the chosen native planting option and any substitutions in the Other section of the grant • application, or contact a Healthy Lakes Team member to verify it is acceptable.

### Resources

OVERVIEW VIDEOS FROM UNIVERSITY OF MINNESOTA EXTENSION

- Shoreland restoration: A growing solution This video outlines why natural shorelines help protect water quality and wildlife habitat, and introduces how shoreland property owners can restore natural functions to their shorelines. (Running time: 15:30). https://www.youtube.com/watch?v=n5o9xjFLnvs
- Keeping our shores: Shoreland best management practices • Introduces best management practices that shoreland owners can use to protect the water quality in a lake or river, including shoreline filter strips, proper septic maintenance, and appropriate lawn care practices. (Running time: 15:20). https://www.youtube.com/watch?v=mfrSvWSKcIE

### WISCONSIN NATIVE PLANT NURSERIES

- http://dnr.wi.gov/files/PDF/pubs/ER/ER0698.pdf
- http://grandprairiefriends.org/nurseriesWI.php
- http://findnativeplants.com/midwest/wisconsin-native-plants/

### WISCONSIN RESTORATION CONSULTANTS

(native plant consultants, landscapers, and nursery professionals)

http://dnr.wi.gov/files/PDF/pubs/ER/ER0699.pdf

### PLANT FINDER ONLINE TOOLS

- Langlade County: http://lrrd.co.langlade.wi.us/shoreland/index.asp •
- Prairie Nursery "plant finder" tool: • http://www.prairienursery.com/store/advanced-search#.VDcFE7BOncs
- Minnesota Blue Thumb Program "Plant Selector": http://www.bluethumb.org/plants/

### DNR PUB WY-002

Compiled by : Patrick Goggin, UW-Extension Lakes, pgoggin@uwsp.edu Edited by: Pamela Toshner and Amy Kowalski Illustrations by: Karen Englebretson, KJE Design Photos by: Wisconsin Lakes Partnership Graphic Design by: Amy Kowalski, UW-Extension Lakes 20

