



Yesterday, January 14th, was Sophia's 12th birthday! We celebrate with gratitude for the acts of kindness and compassion that Sophia continues through her foundation with the help of your support! Please read on to learn more!

Over the course of the past year, our primary focus has been on outreach - making a difference in the lives of others. Serving others, humbly, with an open heart from a place of love, no expectations in return - simply hoping to bring a child some joy... even if only for a moment. It's one less moment of worry or heavy-heartedness that day, creating space for joy.



Over 200 handmade bookmarks were created in conjunction with our Literacy Outreach program.

To help brighten the holiday season, over 100 'Warm Wishes' gift bags were donated and distributed to Valley Youth House and to CHOP Buerger Center's Oncology floor.

Each 'Warm Wishes' gift bag contains a new children's (thru HS senior reading) book, a SSF logo pencil and chapstick, a handmade bookmark, a happy card and a handmade beaded bracelet or a handmade ornament.



The Sophia Sunshine Garden Club was born in Fall 2023 at Ancillae Assumpta Academy as a part of their trimester curriculum elective options. The garden club, now offered three times a year, meets weekly and quickly filled up with 16 students per session.

We truly work with our hands and our hearts, cultivating goodness into the earth, as well as outwardly into the community.

In the fall and spring our hands are usually in the earth - planting bulbs and flowers, weeding or mulching. But there are also classes focused on making a difference in the community, including lending a helping hand to Sophia's foundation.

Some of the projects have included- painting and creating positivity rocks, brightening outdoor spaces by creating colorful rock flowers, potted succulent gift projects, creating uplifting bookmarks, happy cards, making a prayer blanket, beaded bracelets, even packing Warm Wishes gift bags!

Spreading joy!





In April, The Sophia Sunshine Foundation sponsored a specialized equine therapy program called “Taking the Lead” held at Pegasus Therapeutic Riding Academy. This program targets an underserved population,

“at risk” teens who have endured homelessness primarily due to trafficking and substance abuse.

This is a weekly, one hour program offering an outlet for growth and learning. The 10 week program allows individuals to be mentally and physically engaged and is designed to address individual goals and needs.

Participants in Taking the Lead improve non-verbal communication by learning to lead and share a space with a horse. They become adept at reading the horse’s cues and develop an understanding of how their actions, verbal and nonverbal, affect the horse.

As individuals learn to safely work together with equines to achieve goals, they become more confident leaders and work through problems while having patience with their equine partners. Since participants cannot use spoken language while navigating their steeds through the obstacles, they have to implement creative thinking to be successful.

The program offers valuable tools that have far-reaching effects!



In late October, we sponsored another furry friend -named Lightning! She is a two year old golden/lab mix that graduated training in November.

Lightning is now working at the Bucks County Court House. Her job is to be both a companion and emotionally supportive for children there to testify.

Thanks to you, your generosity and kindness helps to “carry” the burdens of children overwhelmed by various types of unimaginable adversities.

Your support helps to provide life-changing resources that align with Sophia Sunshine’s focus areas and mission to bring renewed hope to children who need it most within our community feel a little less alone and a little less forgotten.

Thank you for giving graciously!



DONATE