

Give a post-it note to someone with an inspirational message		Updated: 10:00am 11/9
Give someone a high five		
Give someone a hug who may need it		
Pay someone a compliment about their clothes		
Tag someone on social media and tell them why you are grateful for them		
Donate old books to your school or local library		
Write a letter of appreciation OR provide a positive YELP review to a local business		
Pay (Have your family) for a person in the drive-thru line behind you		
Find three old toys and give to your nearest hospital or daycare		
Write a letter of appreciation to one of your custodians		
Offer to help an elderly friend or neighbor		
Donate food to a local food pantry (Can be a religious institution)		
Tidy your bedroom today without being asked		
Tidy your siblings bedroom without being asked		
Do the dishes without being asked		
Deliver cookies to a neighbor		
Donate old clothes at your nearest clothes collection bin		
Donate money to an organization that is dear to you		
Write a letter/send a text to a classmate and let them know how they positively affect the class		
Leave change in the vending machine		
Write a thank you card and give it to a firefighter		
Hold the door open for someone		
Return someone's shopping cart for them at the store		
Offer to help unload the groceries for someone		
Let someone go ahead of you in line		
Set the table for dinner without being asked		
Bring stickers to your doctor's office so kids can benefit from them		
Write a letter of thanks and give it to a secretary at your school		
Donate old books or magazines to a doctor's office waiting room		
Leave kindness stones/rocks in a public place that you create		
Say / write thank you to a service member when you see them		
Write a thank you note to your favorite teacher and let them know why they impacted your life		
Write/send a thank you note/text to your favorite coach and let them know how they impacted your craft or life		
Decorate tissue boxes or hand sanitizers with messages of hope and inspiration and give to a place that may benefit from them		
Write a letter of appreciation to a police officer		

Send a picture and message to a friend that will make them smile		
Text a friend good morning or good night and let them know why they are awesome		
Write positive sticky notes and leave them on cubbies in school		
Send a text to a teammate and let them know why they are a great teammate		
Give a gift card (Small amount) to a friend with a message of thanks in it		
Unplug the outlets that aren't being used when you go to sleep or leave the house		
Pick up trash in the hallway of your school		
Pick up trash in town		
Put a positive surprise in your neighbors mailbox		
Tweet or Instagram (or the like) a genuine compliment to three people		
Take your loose change to Coinstar, then help offset the bill for someone buying groceries		
Donate to the latest natural disaster relief fund		
Write a letter / note of thanks and give it to your cafeteria workers		
Take a group photo with your teacher—pledging to always "Do Kind"		
Write a letter of love and appreciation for your mom/dad/guardian		