



Welcome To Positive Psychology Club

The science of the good life!



01

Ice Breaker

Myla





01

Question 1

Which would be the biggest deal-breaker on a first date?

A= They are rude to the waiter

B= They are late

C= They say they aren't "the cuddly type"

D= They are distracted by their phone

E= They ask to split the bill



02

Question 2

Which would be the best gift your partner could give you?

A= A love letter

B= Tickets to your favorite artist

C= A back rub

D= Breakfast in bed

E= A luxury item (ex: jewelry)



03

Question 3

Which quality is most important in a partner?

A= Kindness

B= Loyalty

C= Honesty

D= Gratitude

E= Generosity



Results

What's your love language?

If you answered mostly...

A= Words of affirmation

B= Quality time

C= Physical touch

D= Acts of service

E= Gift giving/receiving

*This is a quick way to figure out your love language to get a general idea/for this meeting's discussion. Here's the [link](#) to the official quiz!



5 Love Languages





Gift Giving

“There are psychological advantages advantages to both giving and receiving. Giving a gift increases feelings of satisfaction and helps to reinforce relationships by positively acknowledge each other.”

“Experts suggest that the entire act of giving fights - from the thought, the careful choosing of a tangible item to represent the relationship, and finally giving itself, elicits the feeling of affection toward another person.”



A stylized illustration of a red flower with white petals and a red center, surrounded by red leaves and stems. The background features a faint, larger-scale floral pattern in a light pinkish-red hue.

Physical Touch

“Touch is crucial in creating and strengthening romantic relationships. Tactile physical affection is highly correlated with overall relationship and partner satisfaction. Moreover, conflict resolution is easier with more physical affection...”

“Touch is the first language we use to communicate as infants, and it plays a critical role in social and behavioral development... Many children who have not had ample physical and emotional attention are at a higher risk for behavioral, emotional, and social problems as they grow up.”



A decorative illustration in the top-left corner featuring a white flower with a red center and several red leaves on a thin stem.

Words of Affirmation

“As human beings, we aspire to feel competent, valued, and appreciated. Positive words have this type of power, creating solid foundations needed to build strong, productive relationships...”

“Using affirmative words like ‘love,’ ‘peace,’ and ‘loving-kindness,’ improve our brain functions- resulting in increased cognitive reasoning and strengthened frontal lobes. Speaking and hearing positive words more often than negative ones can activate the motivational centers of the brain , encouraging us to take positive action more often.”





Acts of Service

“The psychology behind it is something we can all likely relate to- that warm, fuzzy feeling you get from a selfless act. Dr. Rosser-Majors expands on the idea, noting that serving another is a type of relational leadership.”

“True leaders serve others before serving themselves. This level of unselfish service inspires people, as well as the communities and families they impact, to be greater, to go beyond, to aspire.”





03

Group Discussion





Groups

Quality Time

David

Physical Touch

Eric

Acts of Service

Luna

Gift Giving

Myla

Word of Affirmation

Liz



04

Club Discussion





Club Discussion

1

What did you take away from your group discussion?

Have someone share out from each group

2

Everyone shares one thing they loved about themselves today





05

Wrap-Up
Everyone!





**For more info about the psychology
behind the 5 love languages, check out
the website we got the information
from!**

<https://www.uagc.edu/blog/the-psychology-behind-the-5-love-languages>

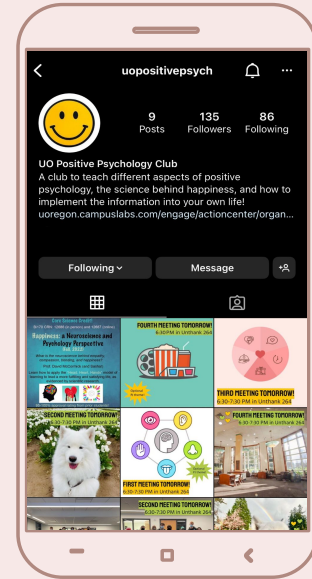




Thanks!

Our next meeting will be on
3/2/23, 6:30pm-7:30pm.

You could also go to Unthank
264 at 7:30 for additional
meditation led by Prof.
McCormick!



Thanks

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Table of contents

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Introduction

You can describe the topic of the section here

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Data explanation

You can describe the topic of the section here

03

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You can describe the topic of the section here

04

Conclusion

You can describe the topic of the section here



Table of contents

01

Introduction

You can describe the topic of the section here

02

Presentation

You can describe the topic of the section here



*A picture is worth
a thousand words*





*A picture is worth
a thousand words*

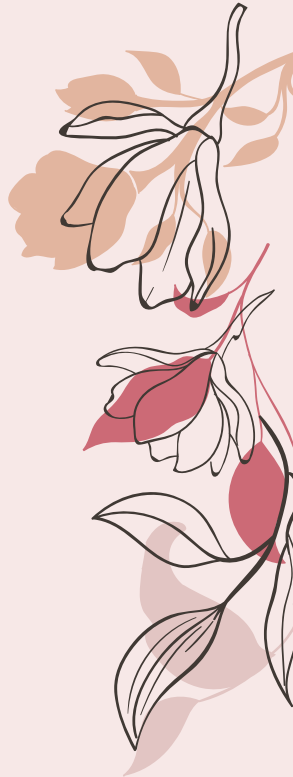


The slide title goes here!

Do you know what helps you make your point clear? Lists like this one:

- They're simple
- You can organize your ideas clearly
- You'll never forget to buy milk!

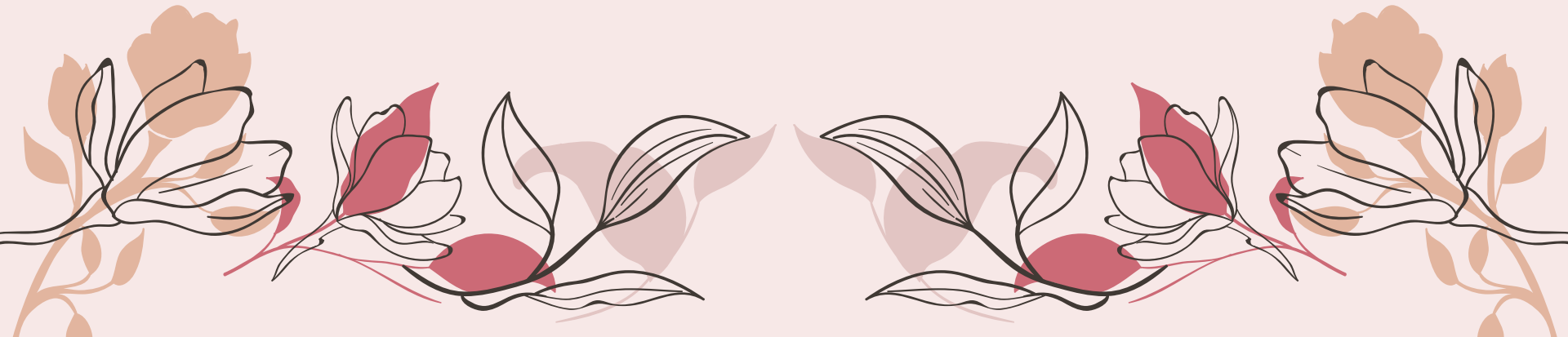
And the most important thing: the audience won't miss the point of your presentation



Maybe you need two lists?

- You can list your activities here
- You can list your activities here
- You can list your activities here

- You can list your activities here
- You can list your activities here
- You can list your activities here





Divide the content

Mars

It's the fourth planet from the Sun and is a cold place

Jupiter

It's the fifth planet from the Sun and the largest in the Solar System





Divide the content



Jupiter

Jupiter is the biggest planet of them all



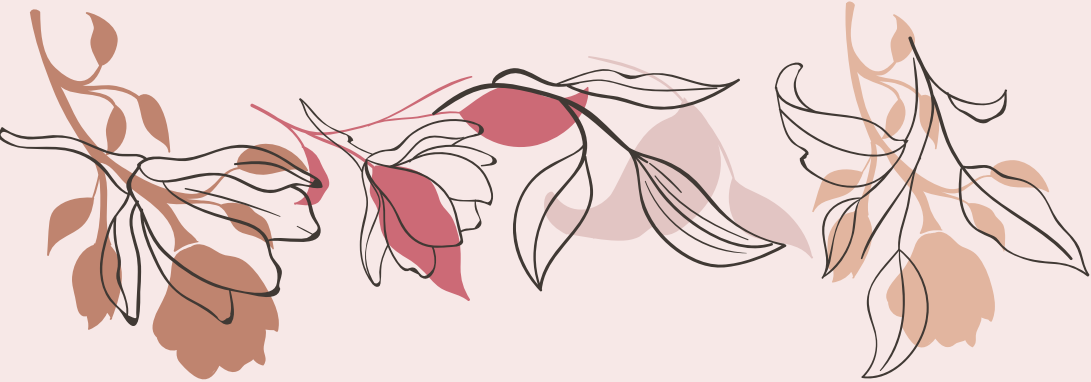
Mars

Despite being red, Mars is a cold place



Saturn

It's a gas giant and has several rings



300,000

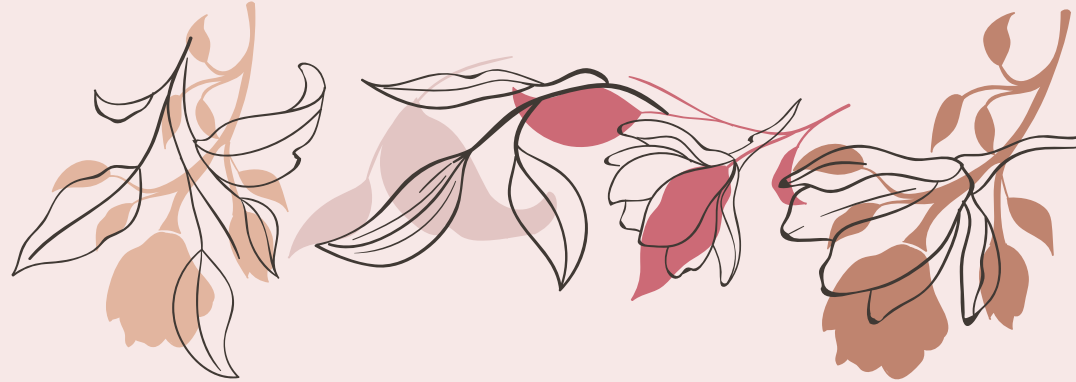
Big numbers catch your
audience's attention



“This is a quote, words full of wisdom
that someone important said and can
make the reader get inspired”

-Someone famous





Whoa

This can be the part of the presentation where you can tell an interesting anecdote about the main topic: love!

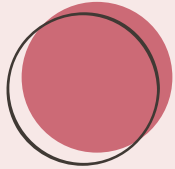


The slide features decorative floral and leaf patterns in the corners. The top-left and bottom-left corners show clusters of leaves in shades of brown and tan. The top-right and bottom-right corners show clusters of leaves in shades of brown and tan. The center of the slide is white with black text. The word "Whoa" is written in a large, black, cursive font. Below it, a paragraph of text is centered in a black, serif font. The text reads: "This can be the part of the presentation where you can tell an interesting anecdote about the main topic: love!".

Whoa

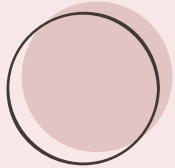
This can be the part of the presentation
where you can tell an interesting anecdote
about the main topic: love!

You can use a map



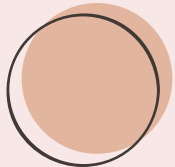
Jupiter

Jupiter is the biggest planet of them all



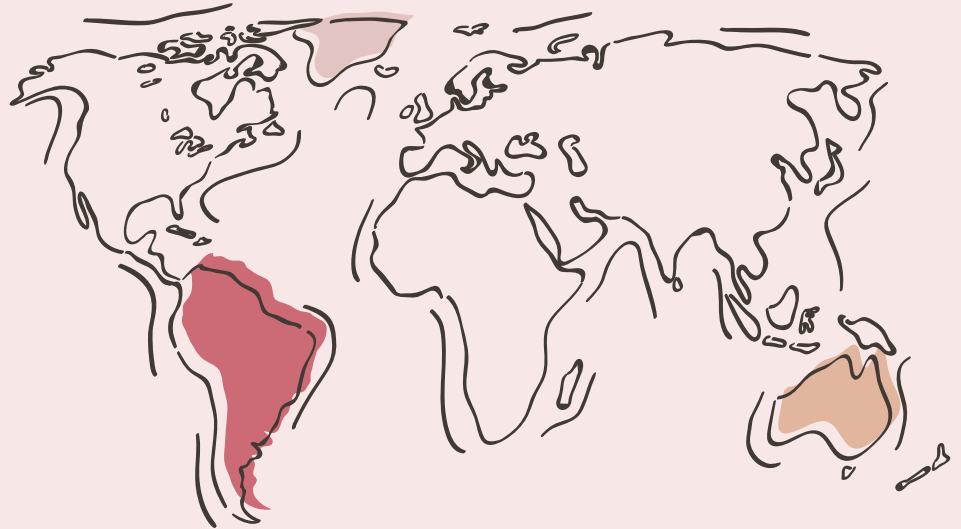
Mars

Despite being red, Mars is a cold place



Saturn

It's a gas giant and has several rings



You can use a map



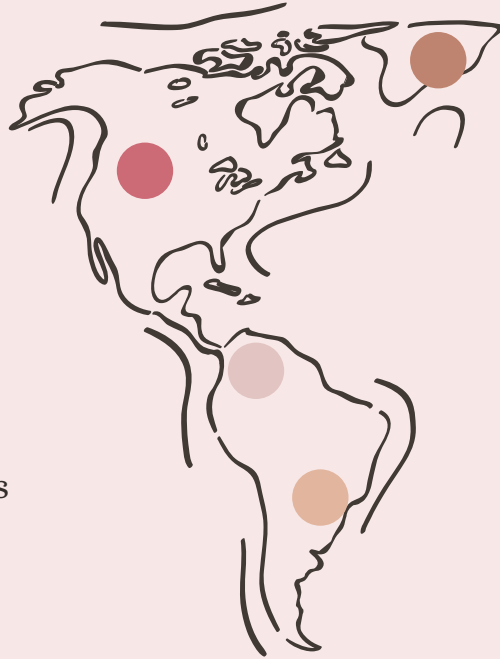
Jupiter

Jupiter is the biggest planet of them all



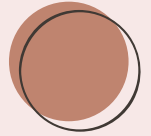
Mars

Despite being red, Mars is a cold place



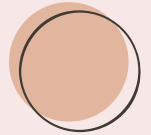
Saturn

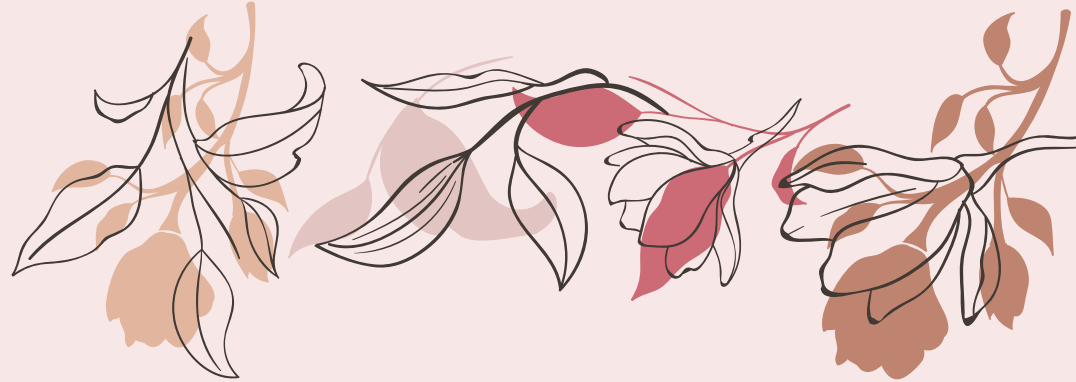
It's a gas giant and has several rings



Neptune

Neptune is the farthest planet from the Sun





Awesome words



Awesome words



This is a timeline

1900

Mars is the fourth planet from the Sun and is a cold place

2000

Neptune is the fourth-largest planet in the Solar System



1950

Jupiter is a gas giant and the biggest planet in the Solar System

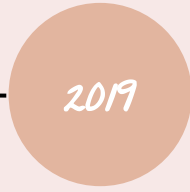


This is a timeline



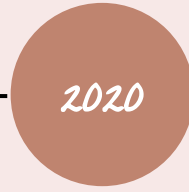
Mercury

Mercury is the closest planet to the Sun



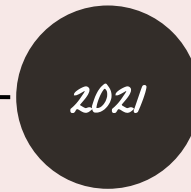
Venus

Venus is the second planet from the Sun



Mars

Despite being red, Mars is a cold place



Jupiter

It is a gas giant and the biggest planet

Review your concepts



Mercury

Mercury is the smallest planet in the Solar System



Jupiter

Jupiter is the biggest planet in the Solar System



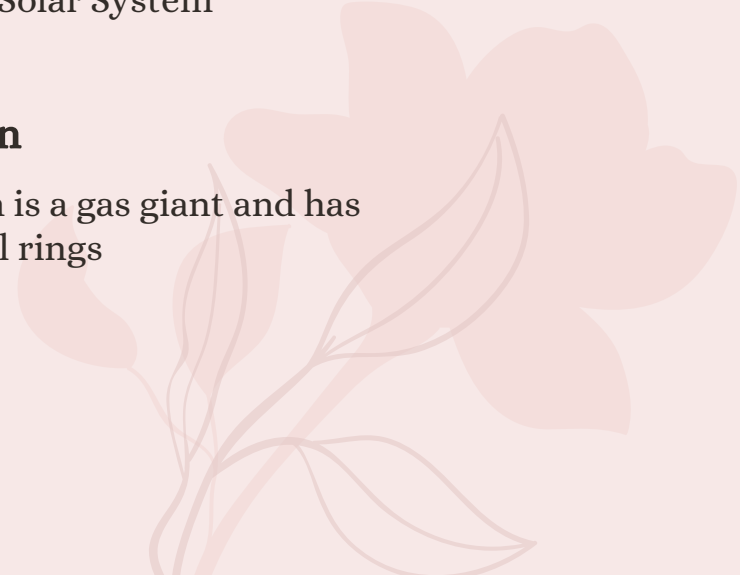
Neptune

Neptune is the farthest planet from the Sun



Saturn

Saturn is a gas giant and has several rings



Review your concepts



Mercury

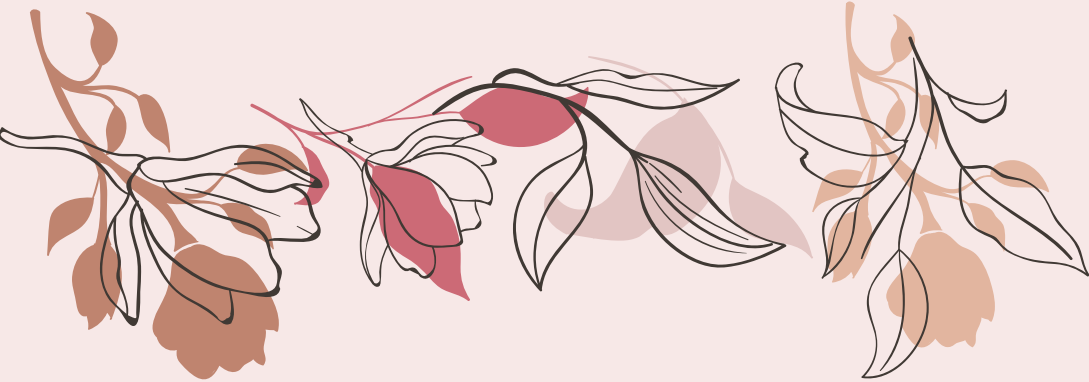
Mercury is the smallest planet in the Solar System



Jupiter

Jupiter is the biggest planet in the Solar System





Maybe you need three columns

Jupiter

Jupiter is the biggest planet of them all

Mars

Despite being red, it's a cold place

Saturn

Saturn is composed of hydrogen and helium

Maybe you need five columns

Jupiter

Jupiter is the biggest planet of them all

Mars

Despite being red, it's a cold place

Saturn

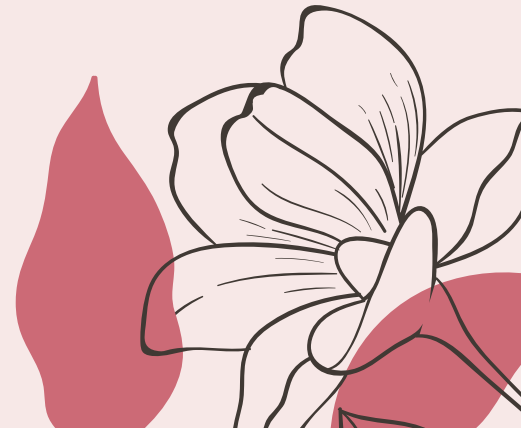
Saturn is composed of hydrogen and helium

Neptune

Neptune is the farthest planet from the Sun

Mercury

It's the smallest planet in the Solar System

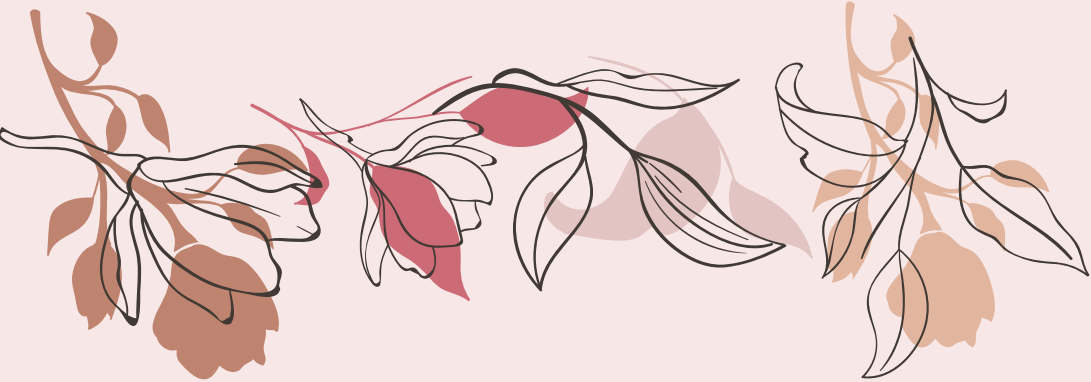




02

Presentation

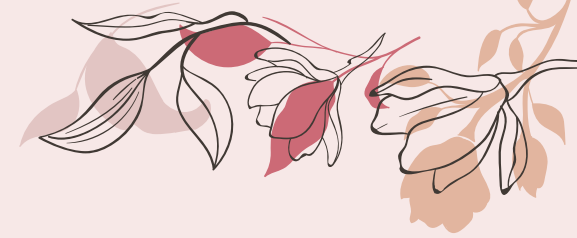
You can enter a subtitle
here if you need it



02

You can enter a subtitle here
if you need it





How to find love?



Mars

It's the fourth planet from the Sun and it's a cold place



Jupiter

It's the fifth planet from the Sun and the largest in the Solar System

Neptune

It's the eighth and farthest-known planet from the Sun

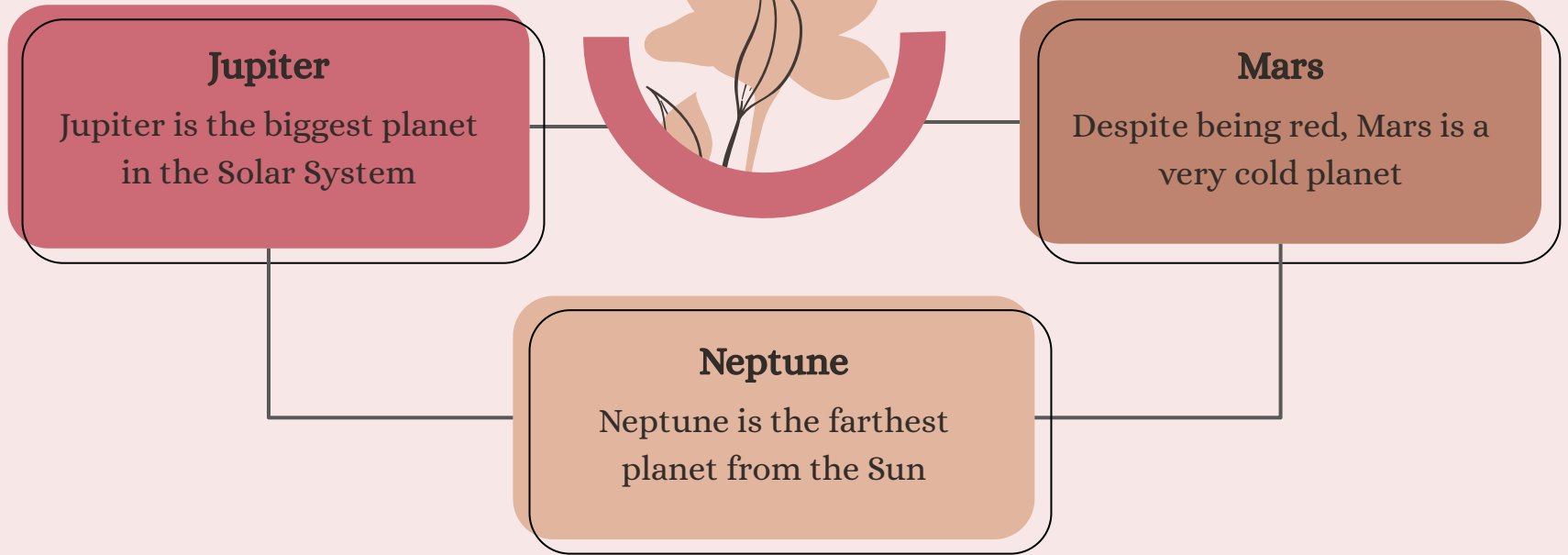


Saturn

Saturn is composed mostly of hydrogen and also helium



This is an infographic





Option 1

Jupiter

Jupiter is the biggest planet of them all

Saturn

It is a gas giant and has several rings around

Option 2

Mars

Despite being red, it's actually a cold place

Venus

Venus is the second planet from the Sun





Option 1

Jupiter

Jupiter is the biggest planet
in the Solar System



Option 2

Mars

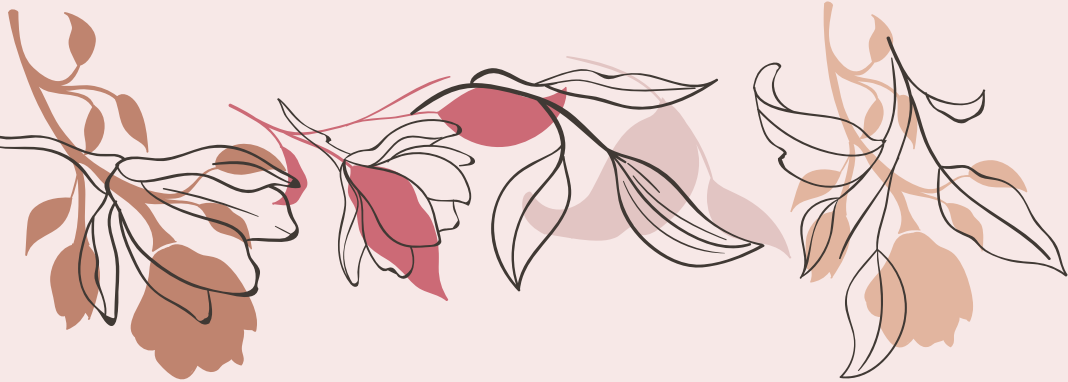
Despite being red, it's
actually a cold place



Option 3

Neptune

Neptune is the farthest
planet from the Sun



This is a table

	Mass	Diameter	Gravity	Density
Jupiter	80%	70%	60%	90%
Saturn	65%	20%	55%	30%
Mercury	15%	37%	43%	29%

This is a table

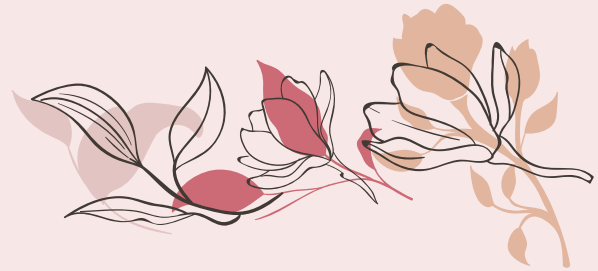
	<i>Couple 1</i>	<i>Couple 2</i>	<i>Couple 3</i>
<i>Dinner</i>	19:30	20:30	18:00
<i>Movie</i>	21:45	16:30	15:30
<i>Picnic</i>	09:30	08:30	10:30
<i>Camping</i>	23:30	14:30	22:30

*A picture always
reinforces the concept*





*A picture always
reinforces the concept*



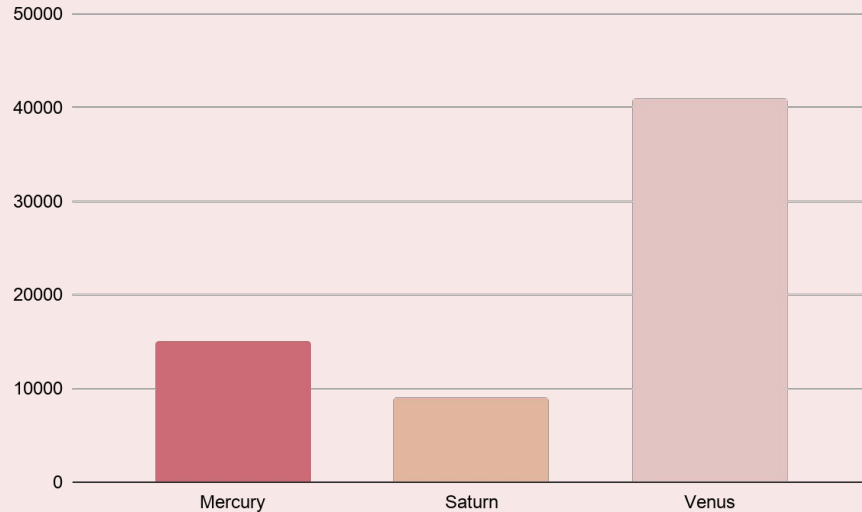
03

Presentation

You can enter a subtitle
here if you need it



You can use a graph



To modify this graph, click on it, follow the link, change the data and paste the new graph here



Mercury

Jupiter is the biggest planet of them all



Venus

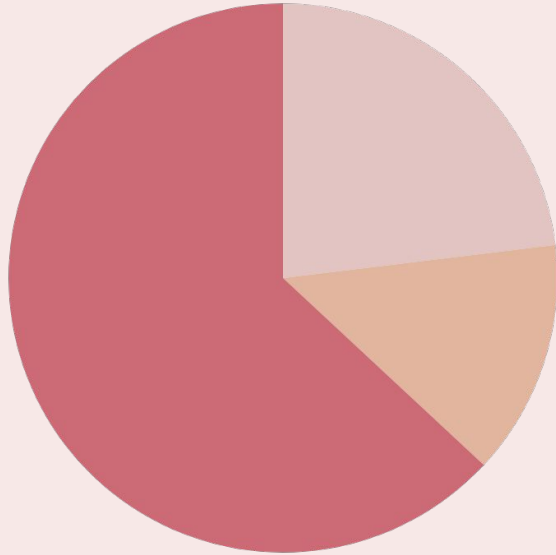
Despite being red, Mars is a cold place



Saturn

It's a gas giant and has several rings around

This is another graph



65%

Mercury is a small planet



10%

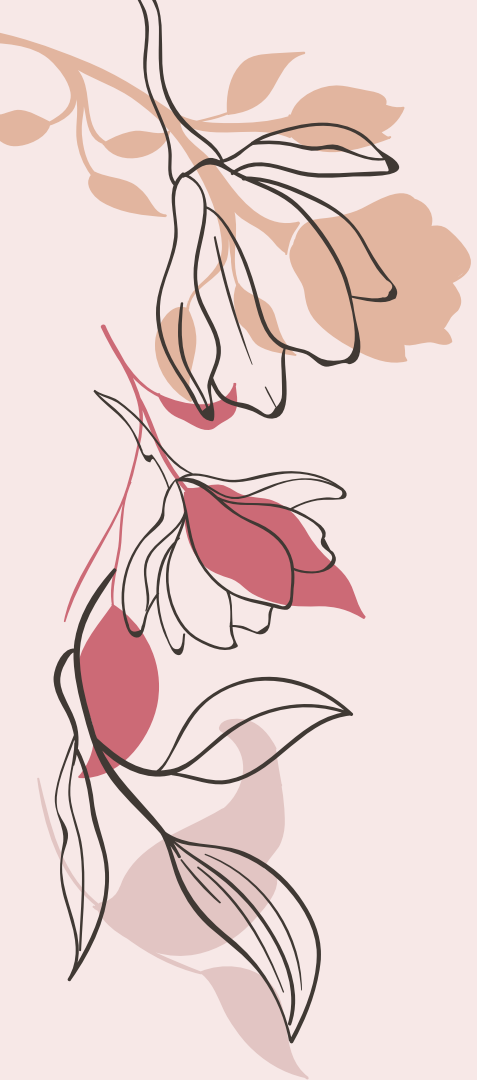
Jupiter is the biggest planet



25%

Venus has a beautiful name

To modify this graph, click on it, follow the link, change the data and paste the new graph here



45,000

Mercury is a small planet



15,000

Jupiter is the biggest planet



9,000

Venus has a beautiful name



25,000

Jupiter is the biggest planet in the Solar System

27,000

Venus has a beautiful name, but also high temperatures

17,000

Despite being red, Mars is actually a cold place

50,000

Saturn is composed mostly of hydrogen and helium





Another infographic

Jupiter
Jupiter is the biggest planet of them all

01

Mars
Despite being red, it's actually a cold place

02

Venus
Venus is the second planet from the Sun

03

Saturn
It is a gas giant and has several rings

04



More infographics

25%

Jupiter is the biggest planet of them all

60%

Despite being red, Mars is a cold place

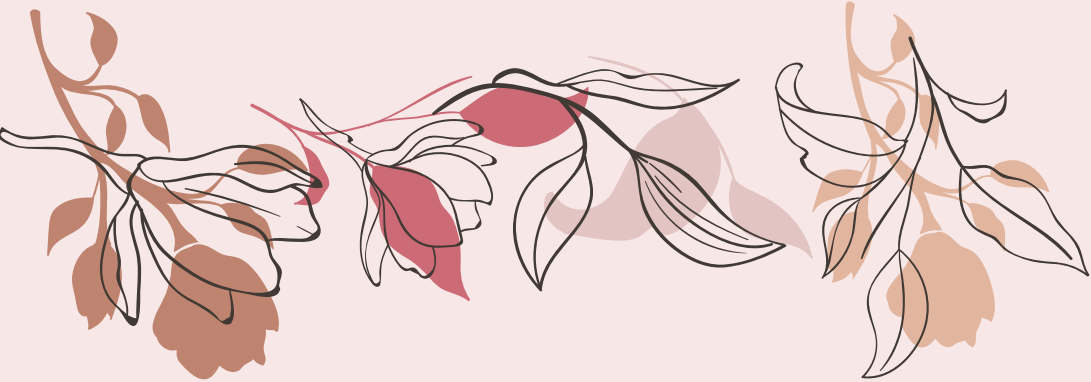


10%

Venus is the second planet from the Sun

5%

Saturn is a gas giant and has rings



Introduce your team

Jupiter

Jupiter is the biggest planet of them all

Mars

Despite being red, Mars is a cold place

Saturn

Saturn is a gas giant and has several rings

Introduce your team

Jane Stone

Jupiter is the biggest planet of them all

Muriel Brown

Despite being red, Mars is a cold place

Stewart Walker

Saturn is a gas giant and has several rings

John Frey

It is a gas giant and has several rings

Victoria Neill

Venus is the second planet from the Sun

Mary Smith

Neptune is the farthest planet from the Sun



Tablet mockup

You can replace the image on this screen with your own work. Just delete this one, add yours and center it properly





Smartphone mockup

You can replace the image on this screen with your own work. Just delete this one, add yours and center it properly





Computer mockup

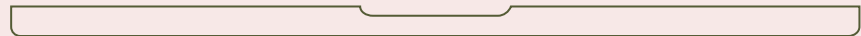
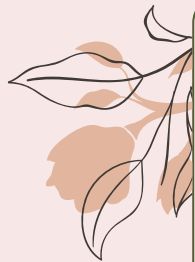
You can replace the image on this screen with your own work. Just delete this one, add yours and center it properly





Laptop mockup

You can replace the image on this screen with your own work. Just delete this one, add yours and center it properly



Our services



Jupiter

Jupiter is the biggest planet in the Solar System



Mars

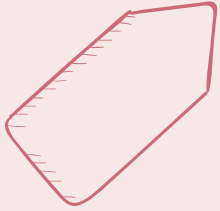
Despite being red, Mars is a very cold place



Saturn

Saturn is a gas giant and has several rings

Our services



01

Jupiter

Jupiter is the biggest planet of them all

02

Mars

Despite being red, Mars is a very cold place



Our services



Jupiter

Jupiter is the biggest planet in the Solar System

Saturn

Saturn is a gas giant and has several rings

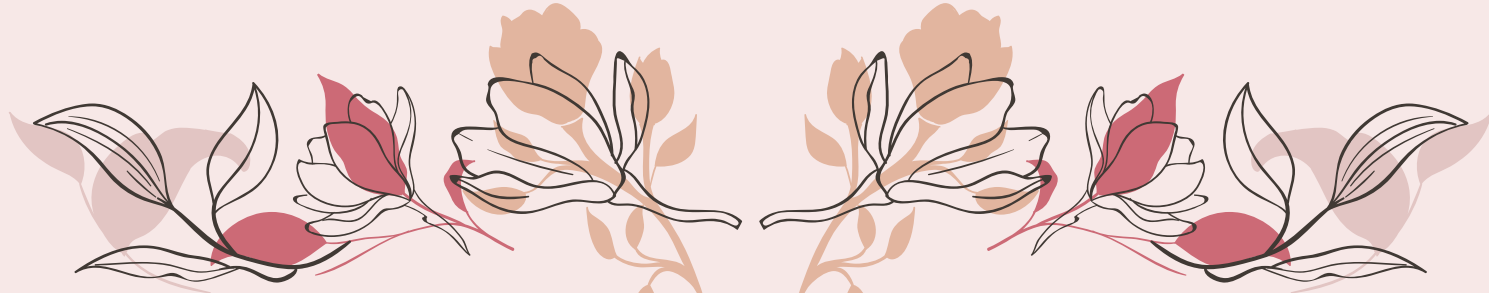


Mars

Despite being red, Mars is a very cold place

Venus

Venus is the second planet from the Sun





A summary

- You can write about a concept here and talk about it a little
- You can write about a concept here and talk about it a little
- You can write about a concept here and talk about it a little
- You can write about a concept here and talk about it a little





A summary

- You can write about a concept here and talk about it a little
- You can write about a concept here and talk about it a little
- You can write about a concept here and talk about it a little
- You can write about a concept here and talk about it a little

Our team



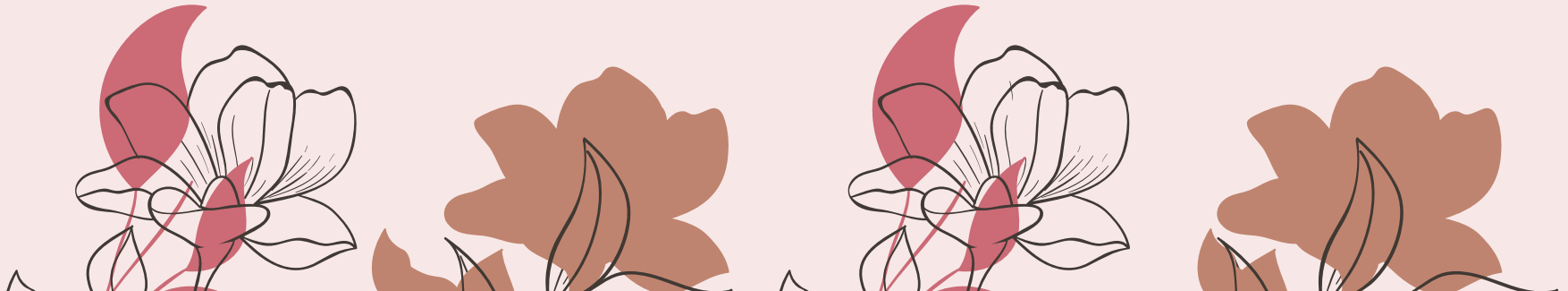
Sarah Dawson

Despite being red, Mars is a very cold place

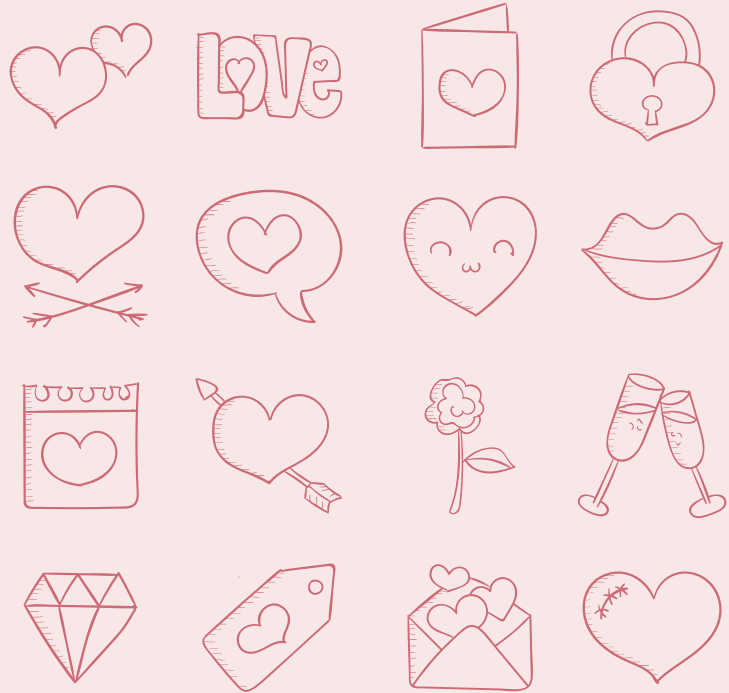


Milo Stewart

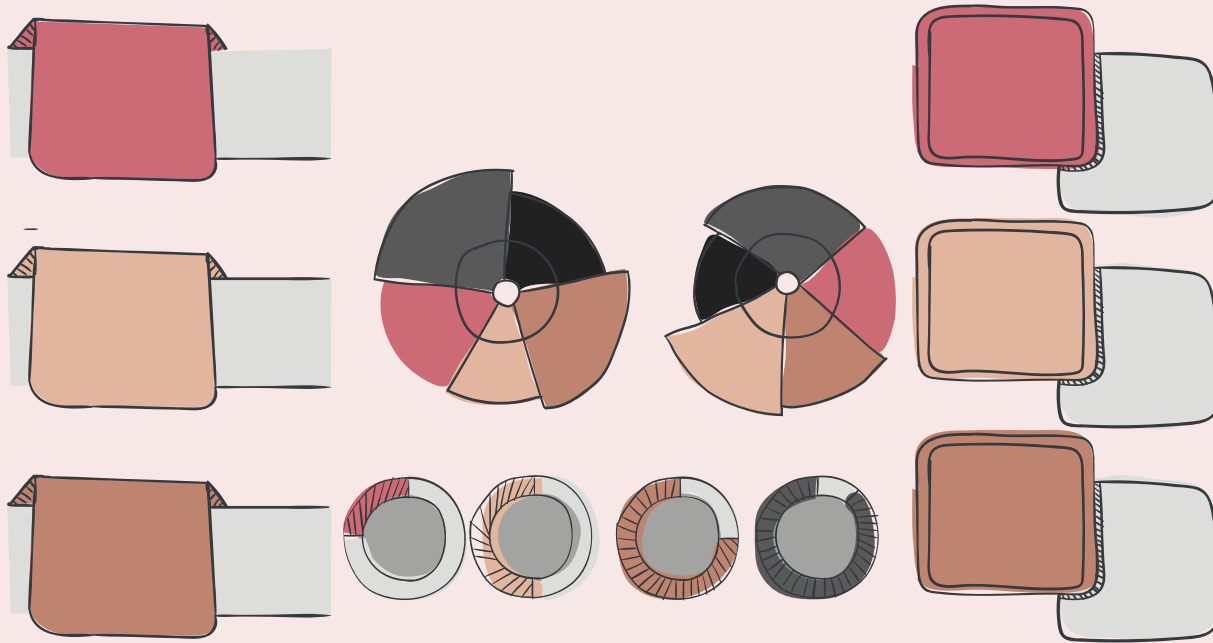
Venus is the second planet from the Sun



Alternative icon pack



Alternative infographic resources



Alternative resources





Alternative resources

- Smiling couple walking on the beach with a bouquet of roses at sunset
- Lesbian couple embracing near window
- Wedding couple
- Couple sleeping and touching nose
- Man laying on his boyfriend's chest over the sofa against the white wall
- Loving homosexual couple under blanket
- Happy girlfriends having anniversary
- Medium shot happy couple outdoors
- Beautiful lesbian couple posing on terrace
- Young girl climbing on a man's back on the beach
- Long shot of beautiful lovely couple outside

Alternative resources

PHOTOS:

- Smiling blonde young woman taking selfie against mint green
- Portrait of smiling man standing in park
- Close-up of a couple together at home
- Front view of couple using electric scooter outdoors
- Front view of couple using electric scooter outdoors
- Young happy couple sitting next to the sea
- Medium shot cute romantic couple
- Medium shot hands holding man back
- Close-up hands holding man back view



Resources

Find more illustration like these on **Freepik**

VECTORS:

- Minimal wedding stationery collection
- Minimal wedding landing page
- Hand drawn map with travel elements

PHOTOS:

- Young couple sitting in bed and looking at each other
- Couple in city
- Girl smiling with balloons while her boyfriend carries her on her back
- Laughing young girlfriends hugging in love
- Amorous gay couple cuddling in bed
- Medium shot couple being romantic

Resources

PHOTOS:

- Cheerful woman shaking hair Premium Photo
- Portrait of surprised man in white t-shirt standing against plain
- Top view husband and wife having a picnic together
- Medium shot romantic couple
- Close-up black lives matter concept
- Woman sitting on back of man
- Couple sleeping and touching noses
- Medium shot couple taking selfie together
- Front view of romantic couple in bed at home

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Alice

(<https://fonts.google.com/specimen/Alice>)

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#e2b59f

#e2c5c3

#bf846f

#332d29

Storyset

Create your Story with our illustrated concepts. Choose the style you like the most, edit its colors, pick the background and layers you want to show and bring them to life with the animator panel! It will boost your presentation. Check out [How it Works](#).



Pana



Amico



Bro



Rafiki



Cuate

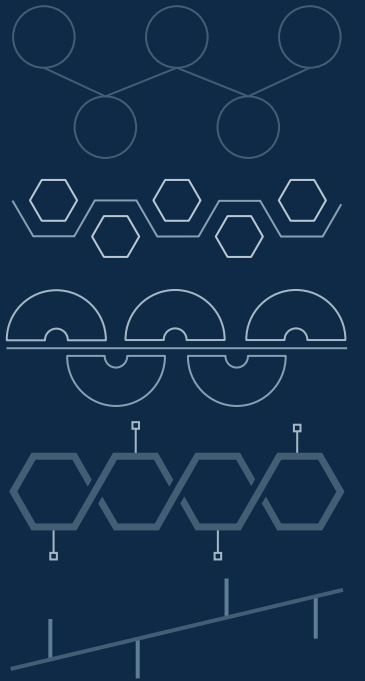
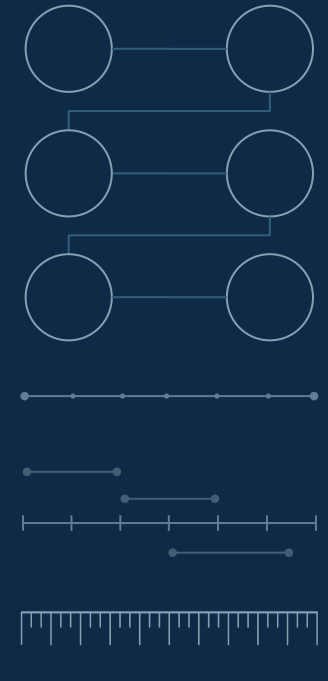
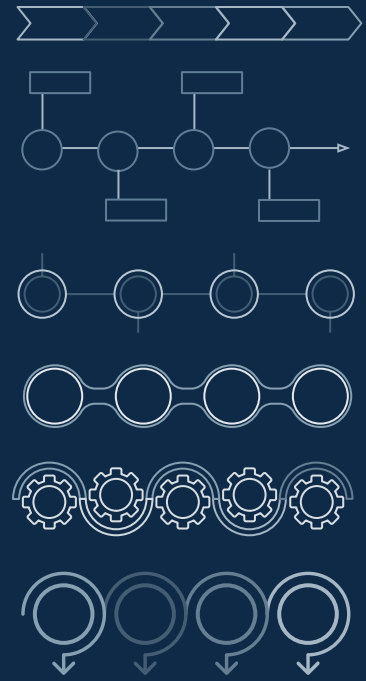
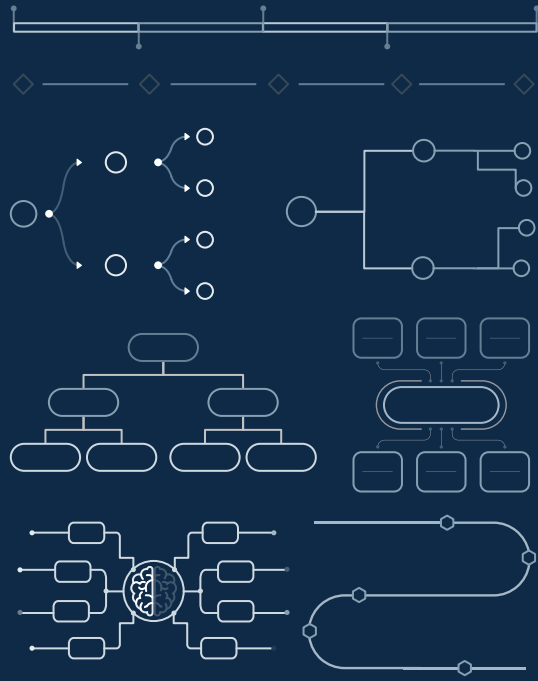
Use our editable graphic resources...

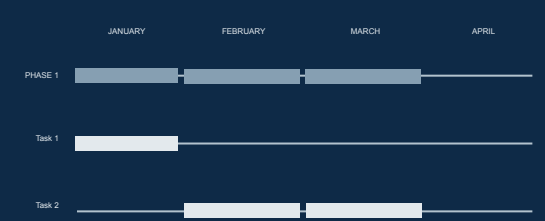
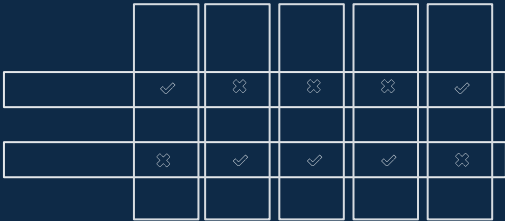
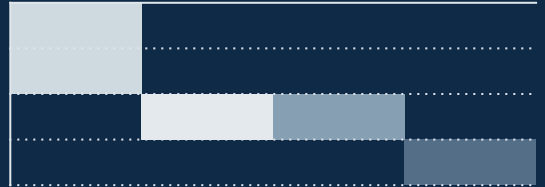
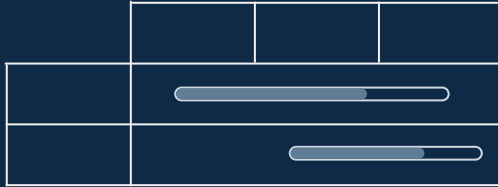
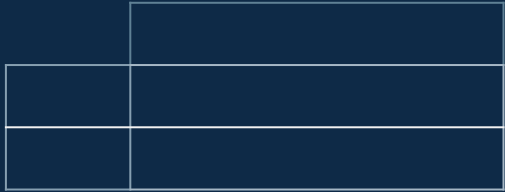
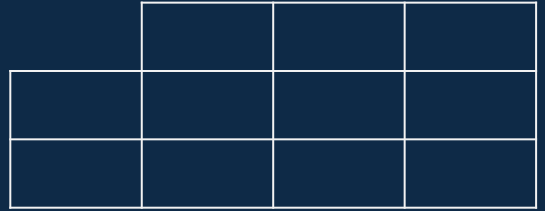
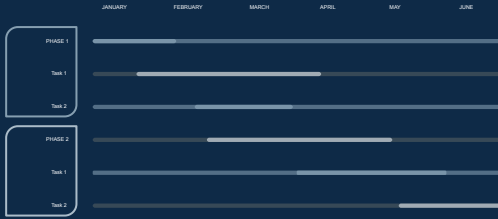
You can easily [resize](#) these resources without losing quality. To [change the color](#), just ungroup the resource and click on the object you want to change. Then, click on the paint bucket and select the color you want.

Group the resource again when you're done. You can also look for more [infographics on Slidesgo](#).

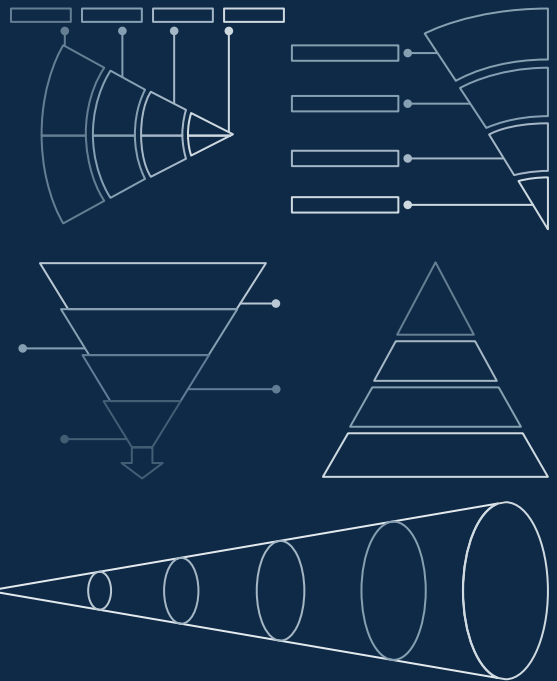
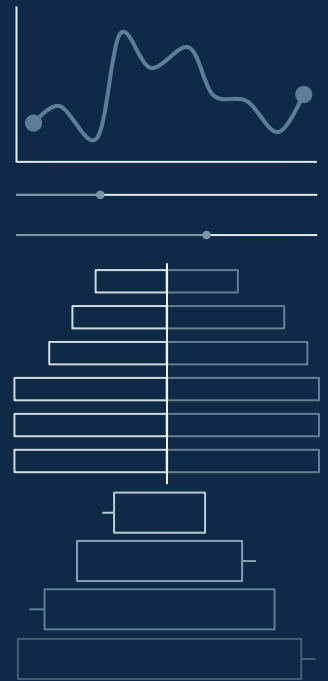
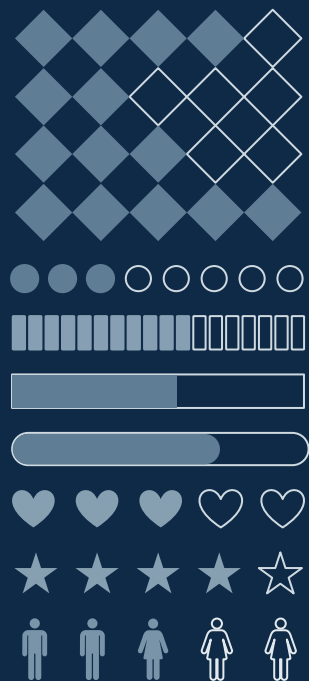
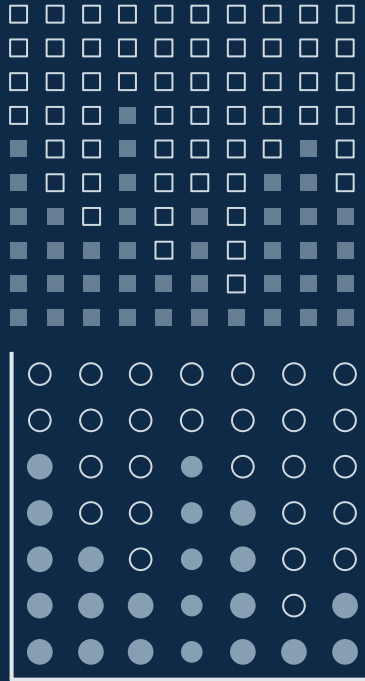












...and our sets of editable icons

You can resize these icons without losing quality.

You can change the stroke and fill color; just select the icon and click on the paint bucket/pen.

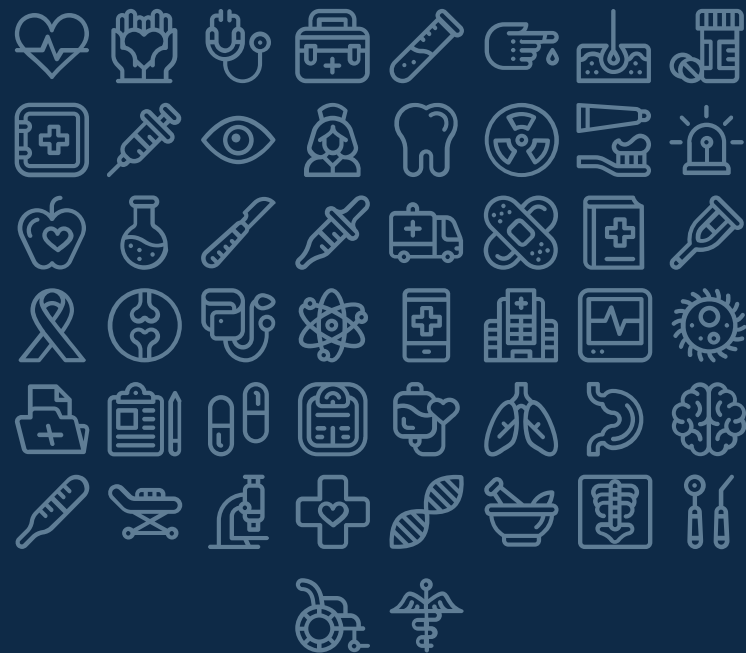
In Google Slides, you can also use Flaticon's extension, allowing you to customize and add even more icons.



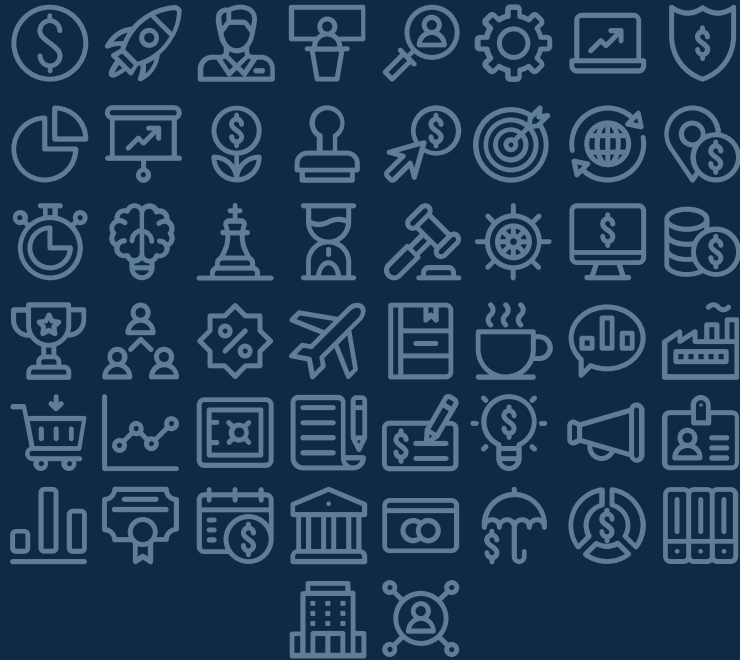
Educational Icons



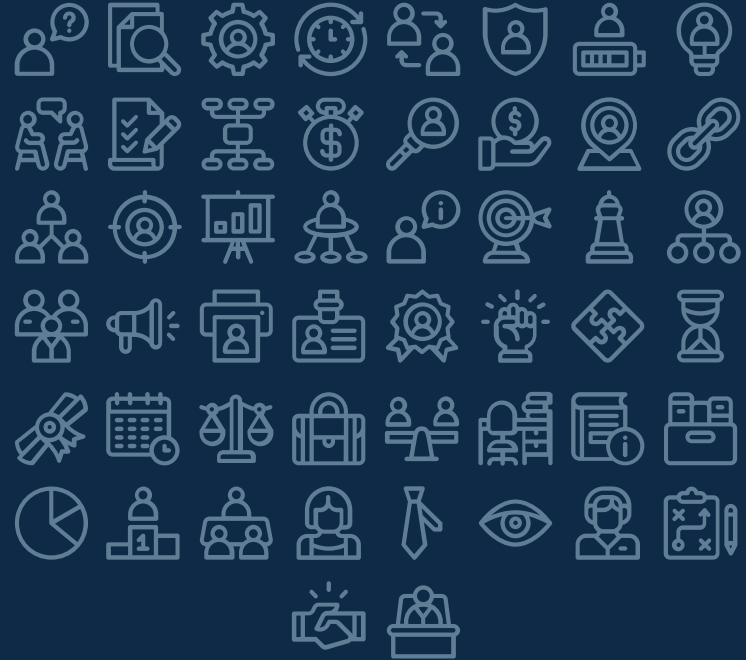
Medical Icons



Business Icons



Teamwork Icons



Creative Process Icons



Performing Arts Icons



Nature Icons



SEO & Marketing Icons



