

GUIDEBOOK

FOR POLITICAL SCIENCE MAJORS

@ CUYAMACA COLLEGE

"WITH YOU EVERY STEP OF THE WAY"

FALL 2022



PREPARED BY
JOSH FRANCO, PH.D.

Guidebook

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WELCOME MESSAGE



Political Science (POSC) is an academic major within the Behavioral and Social Sciences Academic and Career Pathway at Cuyamaca College.

The **motto** of our program is: "*With you every step of the way*".

Our **vision** is to inspire publicly spirited and scholarly minded students, ensure every student enrolled at Cuyamaca College has the opportunity to successfully complete an introductory course in political science, U.S. politics, California politics, international politics, comparative politics, political science research methods, and public policy, and support every declared political science major to successfully earn their Associate of Arts-Transfer (AA-T) degree.

Our **mission** is to provide the highest quality instructional experience for all students in face-to-face, online, and hybrid settings; and serve as effective academic, co-curricular, extracurricular, and career mentors to students who are declared political science majors.

ABOUT GUIDEBOOK

Prepared by Dr. Josh Franco, this Guidebook is for students who are interested in majoring in Political Science (POSC), new declared POSC majors, current declared POSC majors, and POSC graduates/alumni.

The Guidebook contains information about the Political Science Program, the AA-T Degree in Political Science, Double Majoring, IGETC and CSU GE requirements, the Politics, Economics, and Law Club, Awards and Scholarships, Internships and Professional Opportunities, and list of courses needed to earn your AA-T in Political Science!

Every semester, Dr. Josh Franco updates this Guidebook with a curated list of courses that meet all the following criteria:

- Fulfill the Associate of Arts-Transfer (AA-T) degree in Political Science degree requirements for IGETC
- Online Only
- Zero Textbook Cost

ABOUT POLITICAL SCIENCE ?

Why Major in Political Science?

You should major in political science to become a publicly spirited, scholarly minded, and civically engaged individual who has the knowledge, skills, and abilities to effect political and policy change at the local, state, national, and international level.

Cuyamaca College offers a robust AA-T in Political Science that includes courses in Research Methods and Public Policy.

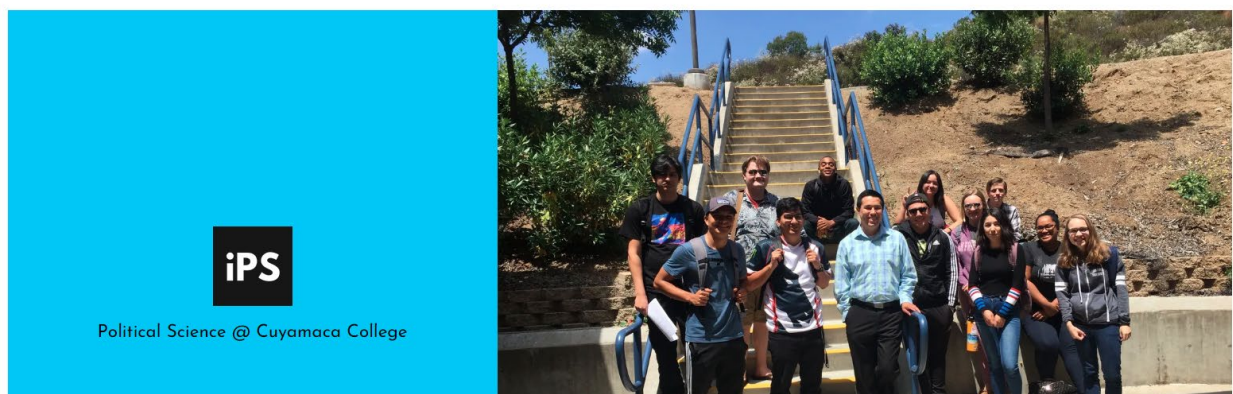
About the AA-T Degree in POSC

The Associates of Arts-Transfer in Political Science (AA-T) degree is designed to prepare students to transfer to a University of California (UC) campus or California State University (CSU) with the intent of earning a Bachelor of Arts degree in Political Science.

iPoliSci.com

iPoliSci is the website of the Political Science Program at Cuyamaca College. Visit www.ipolisci.com and bookmark the website.

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TERMS TO KNOW

- **Course:** course abbreviation and number, such as POSC 121.
- **Title:** full title of the course.
- **Catalog Description:** the official description of the course that appears in the annual Cuyamaca College [Catalog](#)¹.
- **IGETC:** Intersegmental General Education Transfer Curriculum is a general education package which students can take to fulfill lower division general education requirements for either the CSU or UC. IGETC is organized into Areas 1-6.
 - IGETC consists of 6 areas: Area 1: English Communication; Area 2: Mathematical Concepts and Quantitative Reasoning; Area 3: Fine Arts and Humanities; Area 4: Social and Behavioral Sciences; Area 5: Biological and Physical Sciences; and Area 6: Language Other Than English.
- **CSU GE:** CSU General Education Breadth is a general education package which students can take to fulfill lower division general education requirements for CSU. CSU GE is organized into Areas A-F.
 - CSU GE consists of 6 areas: Area A: English Language Communication and Critical Thinking; Area B: Scientific Inquiry and Quantitative Reasoning; Area C: Arts and Humanities; Area D: Social Sciences; Area E: Lifelong Learning and Self-Development; and Area F: Ethnic Studies.
- **Units:** number of units the course is worth.
- **Online:** denotes if the course is offered online.
- **ZTC:** Zero Textbook Cost means that you should not have to pay out of pocket for course materials since they are freely available.
- **CC:** Cuyamaca College.

¹ <https://www.cuyamaca.edu/academics/class-schedules-catalog-and-webadvisor/college-catalog.php>

- **GC:** Grossmont College.
- **Faculty:** Last name of faculty who teaches the course.
- **Offered:** denotes when a course is offered.
 - **FA** = Fall
 - **SP** = Spring
 - **SU** = Summer
 - **-Odd** = Odd Years, i.e., FA-Odd
 - **-Even** = Even years, i.e., SP-Even
 - **##** = denotes year, i.e., 22 = 2022
- **Required or Recommended:** denotes whether a course is required to earn you AA-T in POSC or recommended. Recommended courses have alternatives available, but the alternatives may not be Online and/or ZTC.

EARN YOUR AA-T IN POSC IN 20 COURSES!

Successfully complete twenty courses and earn your AA-T in Political Science from Cuyamaca College!

Below is an alphabetical list of twenty courses that are Zero Textbook Cost and offered Online during Fall, Spring or Summer terms at Cuyamaca College or Grossmont College.

Course	Title
ANTH 130	Introduction to Physical Anthropology
ART 120	Two-Dimensional Design
COMM 120	Interpersonal Communication
ECON 120	Principles of Macroeconomics
ECON 121	Principles of Microeconomics
ENGL 120	College Composition and Reading
ENGL 124	Advanced Composition: Critical Reasoning and Writing
ENGL 236	Chicana/o Literature
ENGL 238	Black Literature
GEOG 120	Physical Geography: Earth Systems
GEOG 121	Physical Geography: Earth Systems Laboratory
HIST 108	Early American History
POSC 121	Introduction to US Government and Politics

Course	Title
POSC 124	Introduction to Comparative Government and Politics
POSC 130	Introduction to International Relations
POSC 140	Introduction to California Governments and Politics
POSC 170	Introduction to Political Science Research Methods
POSC 180	Introduction to Public Policy
PSYC 215	Statistics for the Behavioral Sciences
SPAN 120	Spanish 1

Why are these 20 courses listed, but not other courses that meet various transfer requirements?

- Dr. Josh Franco is a proud 1st generation college student who attended a California community college and graduated with AA-T degrees in Political Science and Economics.
- The 20 courses were curated largely based on his personal experience as a community college student, professional experience working in state and federal government for five years, and expertise in political science.

Which courses are required to earn my AA-T in Political Science?

The following courses are required to earn your AA-T in Political Science:

1. COMM 120	4. MATH 160/PSY 215	7. POSC 130
2. ENGL 120	5. POSC 121	8. POSC 140
3. ENGL 124	6. POSC 124	9. POSC 170

AA-T DEGREE MAP

A degree map is a document that outlines which courses you need to enroll in on a semester-by-semester basis to successfully earn your AA-T in Political Science and apply to transfer to a UC or CSU campus of your choice.

List of Required, Elective, and Other Courses Needed to earn your AA-T in Political Science

Required (9 courses, 28 units):

1. COMM 120 - 3
2. ENGL 120 - 3
3. ENGL 124 - 3
4. MATH 160/PSY 215 – 4 units
5. POSC 121 - 3
6. POSC 124 - 3
7. POSC 130 - 3
8. POSC 140 - 3
9. POSC 170 - 3

Electives (3 courses, 9 units):

10. ECON 120 – 3
11. ECON 121 – 3
12. POSC 180 - 3

Other courses needed (8 courses, 24 units):

13. ANTH 130 - 3
14. ART 120 - 3
15. ENGL 236 - 3
16. ENGL 238 - 3
17. GEOG 120 - 3
18. GEOG 121 - 1
19. HIST 108 - 3
20. SPAN 120 – 5

What are alternative courses to the 8 recommended courses?

- There are a variety of alternative courses to the 8 recommended courses.
- At this point, it is important to think of courses as nested within IGETC Areas. And within these Areas there are a variety of courses.
- For a list of courses in each Area, see IGETC 2022-2023 starting on page 46 of the [Cuyamaca College Catalog](#)².
- Also, you can use [Airtable - Courses](#)³ to search by IGETC Area and/or CSU GE Area.

Semester-by-Semester Breakdown of these 20 courses

Check out [Airtable – AA-T in 20 courses](#)⁴ to see the semester-by-semester breakdown of these 20 courses.

² <https://www.cuyamaca.edu/academics/class-schedules-catalog-and-webadvisor/college-catalog.php>

³ <https://airtable.com/shrpeThlZHHAGShlp/tblBVyCrzzTnnf8HI>

⁴ <https://airtable.com/shrt1lDeVh4tvkdNS/tblMHI8aZJdGFZHCQ>

SEMESTER	Course	Title	Cat...	IGETC	CSU GE	Units	Online	ZTC	CC
1	ENGL 120	College ...	Fresh...	1A	A2	3	Online	ZTC	Cuyamaca
2	ART 120	Two-Di...	Introd...	3A	C	3	Online	ZTC	
3	ECON 120	Principl...	Introd...	4	D	3	Online	ZTC	Cuyamaca
4	POSC 121	Introdu...	Analys...	4	D US2 US3	3	Online	ZTC	Cuyamaca
5	ANTH 130	Introdu...	People...	5B	B2	3	Online	ZTC	
6	ENGL 124	Advanc...	Devel...	1B	A3	3	Online	ZTC	Cuyamaca
7	COMM 120	Interper...	This c...	1C	A1	3	Online	ZTC	
8	POSC 180	Introdu...	This c...	4	D	3	Online	ZTC	Cuyamaca
9	POSC 124	Introdu...	Analys...	4	D	3	Online	ZTC	Cuyamaca
10	GEOG 120	Physical...	Physic...	5A	B1	4	Online	ZTC	
11	GEOG 121	Physical...		5C	B1 B3	1			
12	PSY 215	Statistic...	Metho...	2	B4	4	Online	ZTC	

Figure 0-1: Screenshot of the "20 Course to your AA-T" AirTable database

List of 200+ Courses that fulfill IGETC or CSU

Visit [Airtable - Courses](https://airtable.com/shrpeThlZHHAGShlp/tbIBVyCrzzTnnf8HI)⁵ for a list of 200+ courses. You can Group courses based on IGETC, CSU, or specific AA-T degree programs, like Political Science or Economics.

Course	Title	IGETC	CSU	Units	POSC AA-T
201	POSC 121	4	D US2 US3	3	Core
202	POSC 124	4	D	3	List A
203	POSC 130	4	D	3	List A
204	POSC 140	4	D US3	3	List B
205	POSC 165	4	D	3	Not Yet Listed
206	POSC 166	4	D	3	Not Yet Listed
207	POSC 170	4	D	3	List A
208	POSC 180	4	D	3	Not Yet Listed
209	PSY 120	4	D	3	

Figure 0-2: Screenshot of the "All IGETC and/or CSU Courses"

⁵ <https://airtable.com/shrpeThlZHHAGShlp/tbIBVyCrzzTnnf8HI>

**Who can I contact for help using [Airtable - AA-T in 20 Courses](#)
or [Airtable - Courses?](#)**

Please contact Dr. Josh Franco at josue.franco@gcccd.edu or 619-780-5674.

DOUBLE MAJORING

Why Double Major and earn your AA-T in Political Science and second degree of your choice?

You should double major because you can, and because you keep your options open after you transfer to a 4-year university and beyond.

You can double major in Political Science and another academic field of your choice, such as Business, Communications, Economics, Psychology, Public Health, Sociology, History, or Environmental Science.

Visit [Counseling Center](https://www.cuyamaca.edu/student-support/counseling-center/index.php)⁶ to schedule an appointment with a Counselor to discuss your plans on double majoring.

⁶ <https://www.cuyamaca.edu/student-support/counseling-center/index.php>

Example: Double Majoring in POSC and BUS

POSC	BUS
<p>Required (8 courses, 25 units):</p> <ol style="list-style-type: none"> 1. COMM 120 – 3 units 2. ENGL 120 - 3 3. ENGL 124 - 3 4. MATH 160/PSY 215 – 4 5. POSC 121 - 3 6. POSC 124* - 3 7. POSC 130* – 3 8. POSC 140* - 3 9. POSC 170 - 3 <p>Electives (4 courses, 14 units):</p> <ol style="list-style-type: none"> 10. BUS 125 – 4 11. BUS 128 – 4 12. ECON 120 – 3 13. ECON 121 - 3 <p>Other courses needed (7 courses, 21 units):</p> <ol style="list-style-type: none"> 14. ANTH 130 - 3 15. ART 120 - 3 16. ENGL 236 - 3 17. ENGL 238 - 3 18. GEOG 120 - 3 19. GEOG 121 - 1 20. SPAN 120 – 5 	<p>Required (11 courses, 37 units):</p> <ol style="list-style-type: none"> 1. COMM 120 – 3 units 2. ENGL 120 - 3 3. ENGL 124 – 3 4. MATH 160/PSY 215 – 4 5. BUS 120* – 4 6. BUS 121* – 4 7. BUS 125 – 3 8. BUS 128 – 3 9. ECON 120 – 3 10. ECON 121 – 3 11. MATH* 178 – 4 <p>Electives (2 courses, 6 units):</p> <ol style="list-style-type: none"> 12. POSC 121 – 3 13. POSC 170 - 3 <p>Other courses needed (7 courses, 21 units):</p> <ol style="list-style-type: none"> 14. ANTH 130 - 3 15. ART 120 - 3 16. ENGL 236 - 3 17. ENGL 238 - 3 18. GEOG 120 - 3 19. GEOG 121 - 1 20. SPAN 120 – 5
<p>*Courses that are unique to their major; All other courses are shared between the two majors</p>	

This table shows that you would need to complete 20 courses to earn your AA-T in Political Science and 20 courses to earn you AS-T in Business.

From the perspective of a POSC major, 17 courses that you complete would count towards both degrees, while only 3 courses would count towards your AA-T in POSC and a different 3 would count towards your AS-T in BUS.

This means that you would need to complete a total of 23 courses to earn both degrees.

Example: Double Majoring in POSC and COMM

POSC	COMM
<p>Required (9 courses, 28 units):</p> <ol style="list-style-type: none"> 1. COMM 120 – 3 units 2. ENGL 120 - 3 3. ENGL 124 - 3 <li style="background-color: yellow;">4. MATH 160/PSY 215* – 4 5. POSC 121 - 3 6. POSC 124 - 3 7. POSC 130 – 3 8. POSC 140 - 3 9. POSC 170 - 3 <p>Electives (4 courses, 12 units):</p> <ol style="list-style-type: none"> <li style="background-color: yellow;">10. POSC 180* - 3 11. COMM 137 - 3 12. COMM 110 - 3 13. COMM 124 - 3 <p>Other courses needed (7 courses, 21 units):</p> <ol style="list-style-type: none"> 14. ANTH 130 - 3 15. ART 120 - 3 16. ENGL 236 - 3 17. ENGL 238 - 3 18. GEOG 120 - 3 19. GEOG 121 - 1 20. SPAN 120 – 5 	<p>Required (7 courses, 21 units):</p> <ol style="list-style-type: none"> 1. COMM 120 – 3 units 2. ENGL 120 - 3 3. ENGL 124 – 3 <li style="background-color: yellow;">4. COMM 122* – 3 5. COMM 137 - 3 6. COMM 110 - 3 7. COMM 124 - 3 <p>Electives (6 courses, 18 units):</p> <ol style="list-style-type: none"> 8. POSC 121 – 3 9. POSC 124 - 3 10. POSC 130 – 3 11. POSC 140 - 3 12. POSC 170 – 3 13. POSC 180 - 3 <p>Other courses needed (7 courses, 21 units):</p> <ol style="list-style-type: none"> 14. ANTH 130 - 3 15. ART 120 - 3 16. ENGL 236 - 3 17. ENGL 238 - 3 18. GEOG 120 - 3 19. GEOG 121 - 1 20. SPAN 120 – 5
<p>*Courses that are unique to their major; All other courses are shared between the two majors</p>	

This table shows that you would need to complete 20 courses to earn your AA-T in Political Science and 20 courses to earn your AA-T in Communication.

From the perspective of a POSC major, 18 courses that you complete would count towards both degrees, while only 2 courses would count towards your AA-T in POSC and a different 1 would count towards your AA-T in COMM.

This means that you would need to complete a total of 21 courses to earn both degrees.

Example: Double Majoring in POSC and ECON

POSC	ECON
<p>Required (9 courses, 28 units):</p> <ol style="list-style-type: none"> 1. COMM 120 – 3 units 2. ENGL 120 - 3 3. ENGL 124 - 3 4. MATH 160 – 4 units 5. POSC 121 - 3 6. POSC 124* - 3 7. POSC 130* - 3 8. POSC 140* - 3 9. POSC 170 - 3 <p>Electives (3 courses, 9 units):</p> <ol style="list-style-type: none"> 10. ECON 120 – 3 11. ECON 121 – 3 12. POSC 180 - 3 <p>Other courses needed (8 courses, 24 units):</p> <ol style="list-style-type: none"> 13. ANTH 130 - 3 14. ART 120 - 3 15. ENGL 236 - 3 16. ENGL 238 - 3 17. GEOG 120 - 3 18. GEOG 121 - 1 19. HIST 108 - 3 20. SPAN 120 – 5 	<p>Required (9 courses, 30 units):</p> <ol style="list-style-type: none"> 1. COMM 120 – 3 units 2. ENGL 120 - 3 3. ENGL 124 - 3 4. BUS 128* – 3 units 5. CIS 110* - 4 6. ECON 120 - 3 7. ECON 121 - 3 8. MATH 160 - 4 9. MATH 178* - 4 <p>Electives (3 courses, 9 units):</p> <ol style="list-style-type: none"> 10. POSC 121 – 3 11. POSC 170 – 3 12. POSC 180 – 3 <p>Other courses needed (8 courses, 24 units):</p> <ol style="list-style-type: none"> 13. ANTH 130 - 3 14. ART 120 - 3 15. ENGL 236 - 3 16. ENGL 238 - 3 17. GEOG 120 - 3 18. GEOG 121 - 1 19. HIST 108 - 3 20. SPAN 120 – 5
<p>*Courses that are unique to their major; All other courses are shared between the two majors</p>	

This table shows that you would need to complete 20 courses to earn your AA-T in Political Science and 20 courses to earn your AA-T in Economics.

From the perspective of a POSC major, 17 courses that you complete would count towards both degrees, while only 3 courses would count towards your AA-T in POSC and a different 3 would count towards your AA-T in ECON.

This means that you would need to complete a total of 23 courses to earn both degrees.

Example: Double Majoring in POSC and HIST

POSC	HIST
<p>Required (9 courses, 28 units):</p> <ol style="list-style-type: none"> 1. COMM 120 – 3 units 2. ENGL 120 - 3 3. ENGL 124 - 3 <li style="background-color: yellow;">4. MATH 160/PSY 215* – 4 5. POSC 121 - 3 6. POSC 124 - 3 7. POSC 130 - 3 <li style="background-color: yellow;">8. POSC 140* - 3 9. POSC 170 - 3 <p>Electives (4 courses, 12 units):</p> <ol style="list-style-type: none"> 10. HIST 108 – 3 11. HIST 109 – 3 12. HIST 101 – 3 13. HIST 106 – 3 <p>Other courses needed (7 courses, 21 units):</p> <ol style="list-style-type: none"> 14. ANTH 130 - 3 15. ART 120 - 3 16. ENGL 236 - 3 17. ENGL 238 - 3 18. GEOG 120 - 3 19. GEOG 121 - 1 20. SPAN 120 – 5 	<p>Required (9 courses, 27 units):</p> <ol style="list-style-type: none"> 1. COMM 120 – 3 units 2. ENGL 120 - 3 3. ENGL 124 - 3 4. HIST 108 – 3 5. HIST 109 - 3 <li style="background-color: yellow;">6. HIST 100* - 3 7. HIST 101 – 3 8. HIST 106 – 3 9. POSC 121 – 3 <p>Electives (4 courses, 12 units):</p> <ol style="list-style-type: none"> 10. POSC 121 – 3 11. POSC 124 – 3 12. POSC 130 – 3 13. POSC 170 – 3 <p>Other courses needed (7 courses, 21 units):</p> <ol style="list-style-type: none"> 14. ANTH 130 - 3 15. ART 120 - 3 16. ENGL 236 - 3 17. ENGL 238 - 3 18. GEOG 120 - 3 19. GEOG 121 - 1 20. SPAN 120 – 5
<p>*Courses that are unique to their major; All other courses are shared between the two majors</p>	

This table shows that you would need to complete 20 courses to earn your AA-T in Political Science and 20 courses to earn you AA-T in History.

From the perspective of a POSC major, 18 courses that you complete would count towards both degrees, while only 2 courses would count towards your AA-T in POSC and a different 1 would count towards your AA-T in HIST.

This means that you would need to complete a total of 21 courses to earn both degrees.

Example: Double Majoring in POSC and PSY

POSC	PSY
<p>Required (9 courses, 28 units):</p> <ol style="list-style-type: none"> 1. COMM 120 – 3 units 2. ENGL 120 - 3 3. ENGL 124 - 3 4. PSY 215 – 4 5. POSC 121 - 3 6. POSC 124* - 3 7. POSC 130* - 3 8. POSC 140* - 3 9. POSC 170 - 3 <p>Electives (3 courses, 9 units):</p> <ol style="list-style-type: none"> 10. PSY 120 – 3 11. PSY 138 – 3 12. POSC 180 - 3 <p>Other courses needed (8 courses, 24 units):</p> <ol style="list-style-type: none"> 13. BIO 130 - 3 14. ART 120 - 3 15. ENGL 236 - 3 16. ENGL 238 - 3 17. GEOG 120 - 3 18. GEOG 121 - 1 19. HIST 108 - 3 20. SPAN 120 – 5 	<p>Required (9 courses, 28 units):</p> <ol style="list-style-type: none"> 1. COMM 120 – 3 units 2. ENGL 120 - 3 3. ENGL 124 - 3 4. PSY 120 – 3 5. PSY 205* - 3 6. PSY 215 – 4 7. BIO 130 - 3 8. PSY 138 - 3 9. PSY 125/134/220* - 3 <p>Electives (4 courses, 12 units):</p> <ol style="list-style-type: none"> 10. PSY 150* - 3 11. PSY 211* - 3 12. POSC 121 – 3 13. POSC 170 – 3 <p>Other courses needed (7 courses, 21 units):</p> <ol style="list-style-type: none"> 14. ART 120 - 3 15. ENGL 236 - 3 16. ENGL 238 - 3 17. GEOG 120 - 3 18. GEOG 121 - 1 19. HIST 108 - 3 20. SPAN 120 – 5
<p>*Courses that are unique to their major; All other courses are shared between the two majors</p>	

This table shows that you would need to complete 20 courses to earn your AA-T in Political Science and 20 courses to earn your AA-T in Psychology.

From the perspective of a POSC major, 17 courses that you complete would count towards both degrees, while only 3 courses would count towards your AA-T in POSC and a different 4 would count towards your AA-T in PSY.

This means that you would need to complete a total of 24 courses to earn both degrees.

Example: Double Majoring in POSC and HED/PHS

POSC	HED/PHS
<p>Required (9 courses, 28 units):</p> <ol style="list-style-type: none"> 1. COMM 120 – 3 units 2. ENGL 120 - 3 3. ENGL 124 - 3 4. MATH 160 – 4 5. POSC 121* - 3 6. POSC 124* - 3 7. POSC 130* - 3 8. POSC 140* - 3 9. POSC 170* - 3 <p>Electives (3 courses, 9 units):</p> <ol style="list-style-type: none"> 10. PSY 120 – 3 11. SOC 120 – 3 12. HED 201 – 3 <p>Other courses needed (9 courses, 25 units):</p> <ol style="list-style-type: none"> 13. BIO 130 – 3 14. BIO 131 – 1 15. ART 120 - 3 16. ENGL 236 - 3 17. ENGL 238 - 3 18. GEOG 120 - 3 19. GEOG 121 - 1 20. HIST 108 - 3 21. SPAN 120 – 5 	<p>Required (13 courses, 39 units):</p> <ol style="list-style-type: none"> 1. COMM 120 – 3 units 2. ENGL 120 - 3 3. ENGL 124 – 3 4. BIO 130 - 3 5. BIO 131 - 1 6. BIO 140* - 5 7. BIO 141* - 3 8. BIO 141L* - 1 9. CHEM 115* - 4 10. HED 120* - 3 11. HED 201 - 3 12. MATH 160 - 4 13. PSY 120 - 3 <p>Electives (4 courses, 12 units):</p> <ol style="list-style-type: none"> 14. SOC 120 -3 <p>Other courses needed (7 courses, 22 units):</p> <ol style="list-style-type: none"> 15. ART 120 - 3 16. ENGL 236 - 3 17. ENGL 238 - 3 18. GEOG 120 - 3 19. GEOG 121 - 1 20. HIST 108 - 3 21. SPAN 120 – 5
<p>*Courses that are unique to their major; All other courses are shared between the two majors</p>	

This table shows that you would need to complete 21 courses to earn your AA-T in Political Science and 21 courses to earn you AS-T in Public Health Science.

From the perspective of a POSC major, 16 courses that you complete would count towards both degrees, while only 5 courses would count towards your AA-T in POSC and a different 5 would count towards your AS-T in Public Health Science.

This means that you would need to complete a total of 26 courses to earn both degrees.

Example: Double Majoring in POSC and SOC

POSC	SOC
<p>Required (9 courses, 28 units):</p> <ol style="list-style-type: none"> 1. COMM 120 – 3 units 2. ENGL 120 - 3 3. ENGL 124 - 3 4. MATH 160 – 4 5. POSC 121 - 3 <li style="background-color: yellow;">6. POSC 124* - 3 <li style="background-color: yellow;">7. POSC 130* - 3 <li style="background-color: yellow;">8. POSC 140* - 3 9. POSC 170 - 3 <p>Electives (3 courses, 9 units):</p> <ol style="list-style-type: none"> 10. SOC 120 – 3 11. SOC/PSY 138 – 3 12. PSY 120 - 3 <p>Other courses needed (8 courses, 24 units):</p> <ol style="list-style-type: none"> 13. ANTH 130 - 3 14. ART 120 - 3 15. ENGL 236 - 3 16. ENGL 238 - 3 17. GEOG 120 - 3 18. GEOG 121 - 1 19. HIST 108 - 3 20. SPAN 120 – 5 	<p>Required (9 courses, 28 units):</p> <ol style="list-style-type: none"> 1. COMM 120 – 3 units 2. ENGL 120 - 3 3. ENGL 124 - 3 4. MATH 160 – 4 5. SOC 120 – 3 <li style="background-color: yellow;">6. SOC 130* - 3 <li style="background-color: yellow;">7. SOC 114* - 3 8. SOC/PSY 138 – 3 9. PSY 120 - 3 <p>Electives (3 courses, 9 units):</p> <ol style="list-style-type: none"> <li style="background-color: yellow;">10. SOC 125/140* - 3 11. POSC 121 – 3 12. POSC 170 – 3 <p>Other courses needed (8 courses, 24 units):</p> <ol style="list-style-type: none"> 13. ANTH 130 - 3 14. ART 120 - 3 15. ENGL 236 - 3 16. ENGL 238 - 3 17. GEOG 120 - 3 18. GEOG 121 - 1 19. HIST 108 - 3 20. SPAN 120 – 5
<p>*Courses that are unique to their major; All other courses are shared between the two majors</p>	

This table shows that you would need to complete 20 courses to earn your AA-T in Political Science and 20 courses to earn your AA-T in Sociology.

From the perspective of a POSC major, 17 courses that you complete would count towards both degrees, while only 3 courses would count towards your AA-T in POSC and a different 3 would count towards your AA-T in SOC.

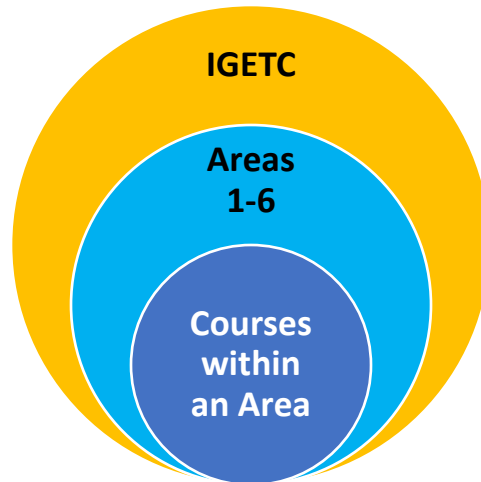
This means that you would need to complete a total of 23 courses to earn both degrees.

IGETC

Intersegmental General Education Transfer Curriculum is a general education package which students can take to fulfill lower division general education requirements for either the CSU or UC. IGETC is organized into Areas 1-6. The six numbered areas are:

- Area 1: English Communication
 - A: English Composition
 - B: Critical Thinking
 - C: Oral Communication
- Area 2: Mathematical Concepts and Quantitative Reasoning
- Area 3: Fine Arts and Humanities
 - A: Fine Arts
 - B: Humanities
- Area 4: Social and Behavioral Sciences
- Area 5: Biological and Physical Sciences
 - A: Physical Sciences
 - B: Biological Sciences
 - C: Laboratory
- Area 6: Language Other Than English.

It is useful to see courses as nested within one of the 6 IGETC areas. And the 6 IGETC areas as collectively nested within IGETC itself.



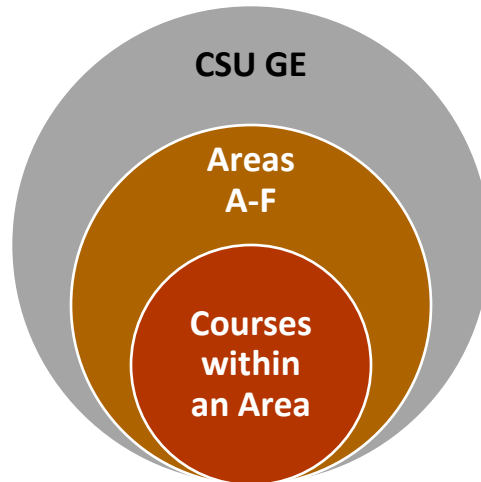
Visit [Airtable - Courses⁷](https://airtable.com/shrpeThlZHHAGShlp/tblBVyCrzzTnnf8HI) for a list of 200+ courses. You can Group courses based on IGETC, CSU, or specific AA-T degree programs, like Political Science or Economics.

⁷ <https://airtable.com/shrpeThlZHHAGShlp/tblBVyCrzzTnnf8HI>

California State University General Education Breadth (CSU) is a general education package which students can take to fulfill lower division general education requirements for CSU. CSU consists of six lettered areas:

- Area A: English Language Communication and Critical Thinking
 - 1: Oral Communication
 - 2: Written Communication
 - 3: Critical Thinking
- Area B: Scientific Inquiry and Quantitative Reasoning
 - 1: Physical Sciences
 - 2: Life Sciences
 - 3: Laboratory Activity
 - 4: Mathematics/Quantitative Reasoning
- Area C: Arts and Humanities
 - 1: Arts
 - 2: Humanities
- Area D: Social Sciences
- Area E: Lifelong Learning and Self-Development
- Area F: Ethnic Studies
- American Institutions and Ideals Requirement
 - US1: US History
 - US2: US Government
 - US3: California Government

It is useful to see courses as nested within one of the 6 CSU GE areas. And the 6 CSU GE areas as collectively nested within CSU GE itself.



Visit [Airtable - Courses⁸](https://airtable.com/shrpeThlZHHAGShlp/tblBVyCrzzTnnf8HI) for a list of 200+ courses. You can Group courses based on IGETC, CSU, or specific AA-T degree programs, like Political Science or Economics.

⁸ <https://airtable.com/shrpeThlZHHAGShlp/tblBVyCrzzTnnf8HI>

POLITICS, ECONOMICS, AND LAW CLUB

Originally founded as the Cuyamaca Political Science Club in 2019 with the purpose to "foster an environment for students to discover and discuss their passion of politics as well as the science behind it", the new Politics, Economics, and Law Club will emerge in Fall 2022.

The Club will:

- Hold weekly club meetings.
- Host weekly Discord Discussions on Tuesday nights.
- Host Constitution Day on Wednesday, September 14, 2022, from 12:00pm to 1:00pm on campus.
- Host Literacy Workshops on topics such as political participation, personal finance, and constitutional and legal rights.
- Host a Virtual Election Night Watch Party on Tuesday, November 8, 2022, starting at 8:00pm.
- Plan other events and activities for spring 2023.

Visit the [Club's](https://ipolisci.com/club) website⁹ to complete the Club Interest Form.



[Join¹⁰](https://discord.com/invite/gVNWCB8MP2) our iPoliSci Discord Server!

⁹ <https://ipolisci.com/club>

¹⁰ <https://discord.com/invite/gVNWCB8MP2>

AWARDS AND SCHOLARSHIPS

Awards and scholarships help your offset the cost of earning your AA-T degree(s).

Awards

- *Merit Award for Public Service Internship with Local, State, or Federal Government Official or Organization*
 - Please email Dr. Josh Franco at josue.franco@gcccd.edu if you have secured such an internship and provide documentation (such as a Letter from the office) to request this merit award.
- *Merit Award for Most Outstanding Public Policy Project Presentation*
 - Each semester, Dr. Josh Franco will select one student to receive this award based on a perfect score on their PPP Presentation, additional depth demonstrated on the presentation, and the aesthetic appeal of the presentation itself.
- *Merit Award for Student Membership in the [American Political Science Association](#)¹¹*
 - The American Political Science Association (APSA) promotes scholarly understanding of political ideas, norms, behaviors, and institutions to inform public choices about government, governance, and public policy.
 - Declared Political Science Majors who want to become a Student Member of the American Political Science Association, the leading professional organization for the study of political science and serves more than 11,000

¹¹ <https://www.apsanet.org/>

members in more than 100 countries, can email Dr. Josh Franco josue.franco@gcccd.edu to request this award.

Scholarships

- [*Brian Jennings Building Bridges Scholarship*](#)¹²
- [*Franco Family Scholarship for Excellence in Political Science Research Methods*](#)¹³
- Visit [Programs and Scholarships – The Foundation for Grossmont & Cuyamaca Colleges](#)¹⁴ for additional scholarships.

¹² <https://app.donorview.com/o967>

¹³ <https://app.donorview.com/pEZwk>

¹⁴ <https://foundation.gcccd.edu/programs-and-scholarships/>

INTERNSHIPS AND PROFESSIONAL OPPORTUNITIES

Internships are typically unpaid volunteer opportunities with a local, state, or federal elected or appointed official. Professional opportunities are paid professional opportunities typically after you graduated with your AA degree, and certainly after your Bachelor's (BA) degree.

Internships

- Office of local, state, and federal elected or appointed officials
 - [Elected Representatives Information Lookup](#)¹⁵
 - After you type in your address information, a list of “District Information” will appear. This is a list of political districts that you live in.
 - It's helpful to intern for an elected official that represents you.
 - Check out the iPoliSci Discord Server's [#internships channel](#)¹⁶.
- [Office of San Diego County Supervisor Joel Anderson](#)¹⁷
- [Office of San Diego County Supervisor Nathan Fletcher](#)¹⁸
- [Official Website - Dr. Akilah Weber](#)¹⁹
- [Senator Brian Jones](#)²⁰
- [Representative Darrell Issa](#)²¹

¹⁵ <https://www.sdvote.com/content/rov/en/elec-rep-info-lookup.html>

¹⁶ <https://discord.gg/cD5X23Qux6>

¹⁷ <https://www.supervisorjoelanderson.com/>

¹⁸ <https://www.supervisornathanfletcher.com/>

¹⁹ <https://a79.asmdc.org/>

²⁰ <https://jones.cssrc.us/>

²¹ <https://issa.house.gov/>

- [Congresswoman Sara Jacobs](#)²²
- U.S. Senate Internships: [Placement Office Positions Available](#)²³
- U.S. House of Representatives: [College Internships](#)²⁴

Professional Opportunities

- Check out the iPoliSci Discord Server's [#job-postings channel](#)²⁵.
- [Government Jobs | City, State, Federal & Public Sector Jobs](#)²⁶
- California Government: [Cal Careers](#)²⁷
- California State Assembly: [Assembly Jobs](#)²⁸
- California State Senate: [Job Postings](#)²⁹
- [USAJOBS - The Federal Government's official employment site](#)³⁰
- [U.S. Senate: Employment](#)³¹
- U.S. House of Representatives [Employment Information](#)³²

²² <https://sarajacobs.house.gov/>

²³ <https://www.senate.gov/employment/po/internships.htm>

²⁴ <https://www.house.gov/educators-and-students/college-internships>

²⁵ <https://discord.gg/utj4AjW9n5>

²⁶ <https://www.governmentjobs.com/>

²⁷ <https://www.calcareers.ca.gov/>

²⁸ <https://www.assembly.ca.gov/assemblyjobs>

²⁹ <https://www.senate.ca.gov/senatejobs>

³⁰ <https://www.usajobs.gov/>

³¹ <https://www.senate.gov/visiting/employment.htm>

³² <https://www.house.gov/employment>

COUNSELING SERVICES AND ONLINE ADVISING FOR POSC MAJORS

- Counseling Services is committed to promoting equity and success using student-centered approaches that empower students to make informed decisions affecting educational, career and personal goals.
- Visit [Counseling Center](#)³³ to schedule an appointment with a Counselor to discuss your plans.
- Schedule a time to [Talk with a Counselor](#)³⁴.

In addition to meeting with Counseling Services, feel free to [schedule an appointment for Online Advising for Declared POSC Majors](#)³⁵ with Dr. Josh Franco. He walked the walk as a 1st generation community college student and is happy to assist you on your journey.

³³ <https://www.cuyamaca.edu/student-support/counseling-center/index.php>

³⁴ <https://www.cuyamaca.edu/student-support/counseling-center/talk-with-a-counselor.php>

³⁵ <https://ipolisci.com/appointment/ola/services/online-advising-1>

NEED HELP?



Dr. Josh Franco

Need help? Please reach out to Dr. Josh Franco, Assistant Professor of Political Science, at josue.franco@gcccd.edu or 619-780-5674.

He will be more than happy to help you as you consider majoring in Political Science, begin your journey as a Political Science major, or continuing your pursuit of earning your AA-T degree!

Counseling Services

Also, you are strongly encouraged to meet with [Counseling³⁶](#) to develop your personalized, comprehensive education plan.

³⁶ <https://www.cuyamaca.edu/student-support/counseling-center/index.php>

ANTH 130

Introduction to Physical Anthropology

Catalog Description

People's place in nature; physical and behavioral characteristics of primates; principles of evolution and basic outline of human genetics; description of the record of early humans and explanation of fossils; present day variability among human populations.

Units? 3	IGETC? Area 5B	CSU? Area B2	Online? Yes	ZTC? Yes
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College? 🐱 🦅 Grossmont	Faculty? 😊 Blood, Yoshida-Levine
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ART 120

Two-Dimensional Design

Catalog Description

Introduction to the two-dimensional arts. Students will study the great works of the human imagination while focusing on those of historical, theoretical and cultural relevance. Students will examine form and content through the application of art elements and principles of design.

Units? 3	IGETC? Area 3A	CSU? Area C	Online? Yes	ZTC? Yes
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College?   Grossmont	Faculty?  Hutton, Lahti
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COMM 120

Interpersonal Communication

Catalog Description

This course provides an opportunity to learn and apply in daily life principles of interpersonal communication, effective rhetorical strategies, and public speaking skills. Students present speeches and participate in structured oral and written exercises and simulations; these activities are designed to enhance communicative awareness and skills in interpersonal contexts. Emphasis is on personal, situational and cultural influences on interaction. It is designed to assist students in improving their own interpersonal and oral communication skills. Attention is given to rhetorical strategies, human perception, interpersonal dynamics, listening, conflict management, verbal and nonverbal communication skills including delivery of speeches in front of listeners

Units? 3	IGETC? Area 1C	CSU? Area A1	Online? Yes	ZTC? Yes
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College?   Grossmont	Faculty?  McHan, Curran
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ECON 120

Principles of Macroeconomics

Catalog Description

Introductory course focusing on aggregate economic analysis. Topics include: market systems; economic cycles including recession, unemployment and inflation; national income accounts; macroeconomic equilibrium; money and financial institutions; monetary and fiscal policy; and international trade and finance. Includes some use of graphs and elementary algebra.

Units? 3	IGETC? Area 4 Elective	CSU? Area D	Online? Yes	ZTC? Yes
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College?   Cuyamaca	Faculty?  Franco, Zavodny
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ECON 121

Principles of Microeconomics

Catalog Description

Principles of economic analysis and decisionmaking from the viewpoint of the individual consumer, worker, and firm. Focuses on the price system allocation of resources and income, supply and demand analysis, the structure of American industry, and applications to current economic policy and problems. Includes some use of graphs and elementary algebra.

Units? 3	IGETC? Area 4 Elective	CSU? Area D	Online? Yes	ZTC? Yes
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College?   Cuyamaca	Faculty?  Franco, Zavodny
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ENGL 120

College Composition and Reading

Catalog Description

Freshman composition course. Students study the elements and principles of composition through the practice of writing expository essays and a research paper. Emphasizing the reading and writing processes, revision is stressed as a means of achieving effective skills in reading and writing college-level texts. Analysis of assigned readings stimulate critical thinking and serve as models of effective writing. Emphasis is on using outside sources as evidence in students' argumentative essays and documenting source material in MLA format. The course allows students to develop metacognitive awareness of the role writing plays in their lives

Units? 3	IGETC? Area 1A	CSU? Area A2	Online? Yes	ZTC? Yes
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College? 🐱 🦅 Cuyamaca	Faculty? 😊 Luna, Lenox, McGregor, Marrujo
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ENGL 124

Advanced Composition: Critical Reasoning and Writing

Catalog Description

Develop critical thinking, reading and writing skills beyond the level achieved in ENGL 120. Focuses on the development of logical reasoning and analytical and argumentative writing skills.

Units? 3	IGETC? Area 1B	CSU? Area A3	Online? Yes	ZTC? Yes
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College?   Cuyamaca	Faculty?  Jabour
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ENGL 236

Chicana/o Literature

Catalog Description

This course is a survey of colonial, postcolonial, and early and contemporary Chicano/ Chicana literature. Literary works originally written in English and the Chicano/a bilingual idiom as well as English translations of works written in Spanish will be taught. Students examine the literature as a reflection of Chicano/a experience in the world and the effects of the literature on American culture and politics. Reading selections may consist of poetry, ballads, short stories, novels, plays, and nonfiction prose. Authors such as the following will be read, analyzed, discussed, and written about in critical essays and exams: Alvar Nunez Cabeza de Vaca, Fray Junipero Serra, Maria Amparo Ruiz do Burton, Luis Rodriguez, Gloria Anzaldua, Rudolfo Anaya, Lorna Dee Cervantes, Helena Maria Viramontes, Sandra Cisneros, Jimmy Santiago Baca, Luis J. Rodriguez, Luis Alberto Urrea, Dagoberto Gilb.

Units? 3	IGETC? Area 3B	CSU? Area C2	Online? Yes	ZTC? Yes
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College? 🐱 🦅 Cuyamaca	Faculty? 😊 Marrujo
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ENGL 238

Black Literature

Catalog Description

This course introduces students to a survey of Black literature, focusing on the early oral tradition, literature of slavery and freedom, the Harlem Renaissance, Modernism, the Black Arts Era, and the contemporary period. Students examine the literature as a reflection of Black experience in the world and the effects of the literature on American culture and politics. Reading selections may consist of poetry, short stories, plays, novels, and nonfiction prose, including essays, letters, political tracts, autobiographies, speeches, and sermons. Authors such as the following will be read, analyzed, discussed, and written about in critical essays and exams: Phillis Wheatley, Harriet Jacobs, Frederick Douglass, Booker T. Washington, W.E.B. Du Bois, Zora Neale Hurston, Langston Hughes, Countee Cullen, Richard Wright, Gwendolyn Brooks, Amiri Baraka, Lucile Clifton, Maya Angelou, Toni Morrison, Alice Walker, August Wilson, Saul Williams, Ntozake Schange, Suzan-Lori Parks, and Natasha Trethewey.

Units? 3	IGETC? Area 3B	CSU? Area C2	Online? Yes	ZTC? Yes
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College? 🐱 🦅 Cuyamaca	Faculty? 😄 Brown
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GEOG 120 + 121

Physical Geography: Earth Systems + Lab

Catalog Description

Physical geography is the study of the patterns and processes that underlie the fundamental nature and dynamics of the physical world. Topics will be investigated from a systems perspective, with particular attention to the spatial relationships among the atmosphere, hydrosphere, lithosphere and biosphere. Global, regional and local environmental concerns will be discussed as relevant to course topics.

Units? 4	IGETC? Area 5A + 5C	CSU? Area B1	Online? Yes	ZTC? Yes
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College? 🐱 🦅 Grossmont	Faculty? 😊 Cliffe, Therkalsen, Monteverde
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HIST 108

Early American History

Catalog Description

Survey of the early political, social and cultural development of the entire geographic area that is now the United States, with an emphasis on the origins of basic American institutions and ideals.

Units? 3	IGETC? Area 4	CSU? CSU US-1, Area D	Online? Yes	ZTC? Yes
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College? 🐱 🦅 Cuyamaca	Faculty? 😊 Haber
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POSC 121

Introduction to US Government and Politics

Catalog Description

Analysis of the evolution of the structures and functions of the U.S. and California political systems from the time of the nation's founding to the present day. Emphasis is on the dynamic nature of the American political experience and how that experience impacts the functioning of the U.S. political system. The course will also explore the larger cultural, economic, and sociological forces shaping the U.S. political system. In addition, the development and evolution of the U.S. Constitution and policy making role of traditional political institutions such as the presidency, the Congress, and the judiciary will be explored. Finally, the impact of other political forces such as mass movements, the media, the bureaucracy, interest groups, and ethnic and social groups will be examined. Topics will be illustrated through reference to current political events.

Units? 3	IGETC? Area 4	CSU? CSU US-2, Area D	Online? Yes	ZTC? Yes
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College? 🐱 🦅 Cuyamaca	Faculty? 😊 Franco
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POSC 124

Introduction to Comparative Government and Politics

Catalog Description

Analysis of the political systems of selected developed, transitional and developing countries of the world in order to understand the importance of political development, political institutions, political culture, political actors, political processes, and political change for the dynamics of today's global society.

Units? 3	IGETC? Area 4	CSU? Area D	Online? Yes	ZTC? Yes
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College? 🐱 🦅 Cuyamaca	Faculty? 😊 Franco
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POSC 130

Introduction to International Relations

Catalog Description

Survey of the field of international relations. Students will be introduced to the major theories of international relations and will learn to apply them to contemporary problems in world politics. Issues examined include global peace and security, international political economy, international law and organization, sustainable development, and human rights.

Units? 3	IGETC? Area 4	CSU? Area D	Online? Yes	ZTC? Yes
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College? 🐱 🦅 Cuyamaca	Faculty? 😊 Franco
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POSC 140

Introduction to California Governments and Politics

Catalog Description

Examination of the structure and functions of California state and local governments and politics. Attention will be given to the evolution of the principal features, organization, and operation of state and local governments within the framework of U.S. federalism from the time of the nation's founding. Emphasis is on the role of significant events, major ethnic groups, and major social groups in the development of the political structures and processes of California state and local governments and contemporary political issues.

Units? 3	IGETC? Area 4	CSU? CSU US-3, Area D	Online? Yes	ZTC? Yes
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College? 🐱 🦅 Cuyamaca	Faculty? 😊 Franco
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POSC 170

Introduction to Political Science Research Methods

Catalog Description

This course focuses on the scientific study of politics, research ethics, theory construction and hypothesis generation, research design, conceptualization, operationalization, and measurement of political concepts, and data collection and management of political data. Qualitative and quantitative empirical analyses will be introduced, including interpreting results of regression models for binary, ordinal, categorical, and count outcomes.

Units? 3	IGETC? Area 4	CSU? Area D	Online? Yes	ZTC? Yes
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College? 🐱 🦅 Cuyamaca	Faculty? 😊 Franco
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POSC 180

Introduction to Public Policy

Catalog Description

This course focuses on public policy, including the policy process: problem identification, policy analysis, strategy and policy development, policy enactment, and policy implementation. The course will examine the application of these concepts to policy areas, such as children, families, and communities, criminal justice, democracy and voting rights, economic and budgetary, education and literacy, energy and environment, health and human services, immigrant rights, infrastructure and transportation, mobility and opportunity, science and technology, and water.

Units? 3	IGETC? Area 4 Elective	CSU? Area D	Online? Yes	ZTC? Yes
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College? 🐱 🦅 Cuyamaca	Faculty? 😊 Franco
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PSYC 215

Statistics for the Behavioral Sciences

Catalog Description

Methods and experience in defining and solving quantitative problems in the behavioral sciences. Emphasis is on the design of experiments and the application of a variety of parametric and nonparametric techniques to the analysis of data.

Units? 4	IGETC? Area 2	CSU? Area B4	Online? Yes	ZTC? Yes
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College? 🐱 🦅 Grossmont	Faculty? 😁 Weinrich
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SPAN 120

Spanish 1

Catalog Description

Introduction to the Spanish language and the cultures of its speakers. Designed for students with very little or no knowledge of Spanish. Facilitates the practical application of the language in everyday oral and written communication at the beginning level. Since the focus will be on basic communication skills, the class will be conducted in Spanish as much as possible. Students will learn structures that will enable them to function in Spanish in everyday contexts while becoming familiar with the Spanish speaking world.

Units? 5	IGETC? Area 6	CSU? Area C2	Online? Yes	ZTC? Yes
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College? 🐱 🦅 Cuyamaca	Faculty? 😊 Berumen, Stere-Lugo, Castellanos
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