GUIDEBOOK

FOR POLITICAL SCIENCE MAJORS
@ CUYAMACA COLLEGE

"WITH YOU EVERY STEP OF THE WAY"

SPRING 2023

CO-PREPARED BY
JOSH FRANCO, PH.D. AND KHRYSTYN PAMINTUAN, M.A. M.S.

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WELCOME MESSAGE 📢

Political Science (POSC) is an academic major within the Behavioral and Social Sciences Academic and Career Pathway at Cuyamaca College. The **motto** of our program is: *"With you every step of the way"*. Our **vision** is to inspire publicly spirited and scholarly minded students, ensure every student enrolled at Cuyamaca College has the opportunity to successfully complete an introductory course in political science, U.S. politics, California politics, international politics, comparative politics, political science research methods, and public policy, and support every declared political science major to successfully earn their Associate of Arts-Transfer (AA-T) degree. Our **mission** is to provide the highest quality instructional experience for all students in face-to-face, online, and hybrid settings; and serve as effective academic, co-curricular, extracurricular, and career mentors to students who are declared political science majors.

In addition, the Counseling Department is here to support students throughout their educational journey so they can successfully reach their goals.

ABOUT GUIDEBOOK ⓘ

Co-prepared by Associate Professor Dr. Josh Franco and Counselor Khrystyn Pamintuan, M.A. M.S., this Guidebook is for students who are interested in majoring in Political Science (POSC), new declared POSC majors, current declared POSC majors, and POSC graduates/alumni.

The Guidebook contains information about the Political Science Program, the AA-T Degree in Political Science, Double Majoring, IGETC and CSU GE requirements, the Politics, Economics, and Law Club, Awards and Scholarships, Internships and Professional Opportunities, and list of courses needed to earn your AA-T in Political Science!

Every semester, Dr. Josh Franco and Khrystyn Pamintuan updates this Guidebook with a curated list of courses that meet all the following criteria:

- Fulfill the Associate of Arts-Transfer (AA-T) degree in Political Science and requirements for IGETC.
  - Students who plan to ONLY apply for CSU transfer have the option of using the CSU GE. For the purposes of this guidebook, we are using IGETC."
- Online Only
- Zero Textbook Cost

ABOUT POLITICAL SCIENCE ❓

Why Major in Political Science?

You should major in political science to become a publicly spirited, scholarly minded, and civically engaged individual who has the knowledge, skills, and abilities to effect political and policy change at the local, state, national, and international level.

Cuyamaca College offers a robust AA-T in Political Science that includes courses in Research Methods and Public Policy.

About the AA-T Degree in POSC

The Associates of Arts-Transfer in Political Science (AA-T) degree is designed ONLY for transfer to a California State University. It is important to look up each target California State University to make sure they will accept the Associate's Degree for Transfer (ADT) and for the major emphasis the student wants.

The AA-T in Political Science is not meant to fulfill requirements for transfer to a University of California campus. There is likely overlap, however, for University of California transfer requirements. Students in partnership with Counseling, need to look at the articulation agreement for each individual University of California campus they are interested in and plan classes accordingly.

iPoliSci.com

iPoliSci is the website of the Political Science Program at Cuyamaca College. Visit www.ipolisci.com and bookmark the website.

TERMS TO KNOW 🧠

- **Course:** course abbreviation and number, such as POSC 121.
- **Title:** full title of the course.
- **Catalog Description:** the official description of the course that appears in the annual Cuyamaca College [Catalog](#)[1].
- **IGETC:** Intersegmental General Education Transfer Curriculum is a general education package which students can take to fulfill lower division general education requirements for either the CSU or UC. IGETC is organized into Areas 1-6.
  - IGETC consists of 6 areas: Area 1: English Communication; Area 2: Mathematical Concepts and Quantitative Reasoning; Area 3: Fine Arts and Humanities; Area 4: Social and Behavioral Sciences; Area 5: Biological and Physical Sciences; and Area 6: Language Other Than English.
- **CSU GE:** CSU General Education Breadth is a general education package which students can take to fulfill lower division general education requirements for CSU. CSU GE is organized into Areas A-F.
  - CSU GE consists of 6 areas: Area A: English Language Communication and Critical Thinking; Area B: Scientific Inquiry and Quantitative Reasoning; Area C: Arts and Humanities; Area D: Social Sciences; Area E: Lifelong Learning and Self-Development; and Area F: Ethnic Studies.
- **Double count:** means that this course fulfills both a major requirement for the given Associate Degree for transfer (ADT) and an IGETC requirement.
- **Units:** number of units the course is worth.
- **Online:** denotes if the course is offered online.

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[1] https://www.cuyamaca.edu/academics/class-schedules-catalog-and-webadvisor/college-catalog.php

- **ZTC:** Zero Textbook Cost means that you should not have to pay out of pocket for course materials since they are freely available.
- **CC:** Cuyamaca College.
- **GC:** Grossmont College.
- **Faculty:** Last name of faculty who teaches the course.
- **Offered**: denotes when a course is offered.
  - **FA** = Fall
  - **SP** = Spring
  - **SU** = Summer
  - **-Odd** = Odd Years, i.e., FA-Odd
  - **-Even** = Even years, i.e., SP-Even
  - **##** = denotes year, i.e., 22 = 2022
- **Required or Recommended:** denotes whether a course is required to earn you AA-T in POSC or recommended. Recommended courses have alternatives available, but the alternatives may not be Online and/or ZTC.

EARN YOUR AA-T IN POSC IN 20 COURSES! ⏳

Successfully complete twenty courses and earn your AA-T in Political Science from Cuyamaca College!

Below is an alphabetical list of twenty courses that are Zero Textbook Cost and offered Online during Fall, Spring or Summer terms at Cuyamaca College or Grossmont College.

Course	Title
ANTH 130	Introduction to Physical Anthropology
ART 120	Two-Dimensional Design
COMM 120	Interpersonal Communication
ECON 120	Principles of Macroeconomics
ECON 121	Principles of Microeconomics
ENGL 120	College Composition and Reading
ENGL 124	Advanced Composition: Critical Reasoning and Writing
ENGL 236	Chicana/o Literature
ENGL 238	Black Literature
GEOG 120	Physical Geography: Earth Systems
GEOG 121	Physical Geography: Earth Systems Laboratory
HIST 108	Early American History
POSC 121	Introduction to US Government and Politics

Course	Title
POSC 124	Introduction to Comparative Government and Politics
POSC 130	Introduction to International Relations
POSC 140	Introduction to California Governments and Politics
POSC 170	Introduction to Political Science Research Methods
POSC 180	Introduction to Public Policy
PSYC 215	Statistics for the Behavioral Sciences
SPAN 120	Spanish 1

Why are these 20 courses listed, but not other courses that meet various transfer requirements?

- Dr. Josh Franco is a proud 1st generation college student who attended a California community college and graduated with AA-T degrees in Political Science and Economics.
- The 20 courses were curated largely based on his personal experience as a community college student, professional experience working in state and federal government for five years, and expertise in political science.

Which courses are required to earn my AA-T in Political Science?

The following courses are required to complete IGETC requirements, Remaining Courses, and Electives to earn your AA-T in Political Science:

IGETC Area	Course To Fulfill Area
1A English Composition	ENGL 120 – 3 units
1B Critical Thinking	ENGL 124 – 3 units

IGETC Area	Course To Fulfill Area
1C Oral Communication	COMM 120 – 3 units
2 Mathematical Concepts and Quantitative Reasoning	MATH 160^ – 4 units
3A Fine Arts	ART 120 – 3 units
3B Humanities	ENGL 236 – 3 units
3A or 3B	ENGL 238 – 3 units
Area 4 Social Sciences	POSC 121^ – 3 units
Area 4 Social Sciences	POSC 124^ – 3 units
Area 4 Social Sciences	HIST 108 – 3 units
5A Physical Science	GEOG 120 –3 units
5B Biological Science	ANTH 130 – 3 units
5C Laboratory Activities	GEOG 121 – 1 unit

- ^ These courses double count with requirements for the major
- Double count means that this course fulfills both a major requirement for given ADT degree and an IGETC requirement.
- Note: There are many course options you can take for the different areas if there is no major requirement that double counts.

Remaining requirements for major (3 courses, 9 units)
- POSC 130 – 3 units
- POSC 140 – 3 units
- POSC 170 – 3 units

Electives (5 courses, 15 units)
- ECON 120 – 3 units
- ECON 121 – 3 units
- POSC 180 – 3 units

- Elective Options:
  - Option A: Take two 3-unit elective courses.
  - Option A: Take 2 elective courses. The elective courses should be 3 units each.

Total Courses

- 21 courses = 62 units total.
- If student takes a 5-unit language course, it will be 20 courses = 61 units

AA-T DEGREE MAP 🗺️

A degree map is a document that outlines which courses you need to enroll in on a semester-by-semester basis to successfully earn your AA-T in Political Science and apply to transfer to a CSU campus that accepts the AA-T.

List of Required, Elective, and Other Courses Needed to earn your AA-T in Political Science

Required (9 courses, 28 units):

1. COMM 120 - 3
2. ENGL 120 - 3
3. ENGL 124 - 3
4. MATH 160/PSY 215 – 4 units
5. POSC 121 - 3
6. POSC 124 - 3
7. POSC 130 - 3
8. POSC 140 - 3
9. POSC 170 - 3

Electives (3 courses, 9 units):

10. ECON 120 – 3
11. ECON 121 – 3
12. POSC 180 - 3

Other courses needed (8 courses, 24 units):

13. ANTH 130 - 3
14. ART 120 - 3
15. ENGL 236 - 3
16. ENGL 238 - 3
17. GEOG 120 - 3
18. GEOG 121 - 1
19. HIST 108 - 3
20. SPAN 120 – 5

What are alternative courses to the 8 recommended courses?

- There are a variety of alternative courses to the 8 recommended courses.
- At this point, it is important to think of courses as nested within IGETC Areas. And within these Areas there are a variety of courses.
- For a list of courses in each Area, see IGETC 2022-2023 starting on page 46 of the [Cuyamaca College Catalog](2).
- Also, you can use [Airtable - Courses](3) to search by IGETC Area and/or CSU GE Area.

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[2] https://www.cuyamaca.edu/academics/class-schedules-catalog-and-webadvisor/college-catalog.php
[3] https://airtable.com/shrpeThlZHHAGShlp/tblBVyCrzzTnnf8Hl

Semester-by-Semester Breakdown of these 20 courses

Check out [Airtable – AA-T in 20 courses](#)[4] to see the semester-by-semester breakdown of these 20 courses.

Figure 0-1: Screenshot of the "20 Course to your AA-T" AirTable database.

List of 200+ Courses that fulfill IGETC or CSU

Visit Airtable - Courses[5] for a list of 200+ courses. You can Group courses based on IGETC, CSU, or specific AA-T degree programs, like Political Science or Economics.

Figure 0-2: Screenshot of the "All IGETC and/or CSU Courses"

Who can I contact for help using Airtable - AA-T in 20 Courses or Airtable - Courses?

Please contact Dr. Josh Franco at josue.franco@gcccd.edu or 619-780-5674.

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[5] https://airtable.com/shrpeThlZHHAGShlp/tblBVyCrzzTnnf8Hl

DOUBLE MAJORING 🧬

Why Double Major and earn your AA-T in Political Science and second degree of your choice?

You should double major because you can, and because you keep your options open after you transfer to a 4-year university and beyond.

You can double major in Political Science and another academic field of your choice, such as Business, Communications, Economics, Psychology, Public Health, Sociology, History, or Environmental Science.

Visit Counseling Center[6] to schedule an appointment with a Counselor to discuss your plans on double majoring.

Variation between CSU campuses

While the AA-T in Political Science will likely secure admission to the California State University (CSU) system, it is important to know that each CSU campus can have unique requirements for transferring in as a POSC major. Thus, it is important to meet with Counseling to discuss your plans.

Variation between UC campuses

Similarly, each UC campus Political Science program can have unique requirements for transferring in as a POSC major as well. Again, it is important to meet with Counseling to discuss your plans.

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[6] https://www.cuyamaca.edu/student-support/counseling-center/index.php

Example: Double Majoring in POSC and BUSINESS (BUS)

IGETC Area	Course To Fulfill Area
1A English Composition	ENGL 120 – 3 units
1B Critical Thinking	ENGL 124 – 3 units
1C Oral Communication	COMM 120 – 3 units
2 Mathematical Concepts and Quantitative Reasoning	MATH 160^* – 4 units
3A Fine Arts	ART 120 – 3 units
3B Humanities	ENGL 236 – 3 units
3A or 3B	ENGL 238 – 3 units
Area 4 Social Sciences	POSC 121^ – 3 units
Area 4 Social Sciences	POSC 124^ – 3 units
Area 4 Social Sciences	ECON 120* – 3 units
5A Physical Science	GEOG 120 –3 units
5B Biological Science	ANTH 130 – 3 units
5C Laboratory Activities	GEOG 121 – 1 unit

- ^These courses double count with requirements for the ADT in Political Science
- *These courses double count with requirements for the ADT in Business Administration
- Double count means that this course fulfills both a major requirement for given ADT degree and an IGETC requirement.
- Note: There are many course options you can take for the different areas if there is no major requirement that double counts.

Remaining ADT POSC Major Requirements (3 courses, 9 units)
- POSC 130 - 3 units
- POSC 140 - 3 units
- POSC 170 - 3 units

Remaining ADT BUS Admin Major Requirements (6 courses, 21 units)
- BUS 120 – 4 units
- BUS 121 – 4 units
- BUS 125 – 3 units
- BUS 128 – 3 units
- ECON 121 – 3 units
- MATH 178 – 4 units

Total Courses
- 22 courses, 68 units

Example: Double Majoring in POSC and COMMUNICATION (COMM)

IGETC Area	Course To Fulfill Area
1A English Composition	ENGL 120 – 3 units
1B Critical Thinking	ENGL 124* – 3 units
1C Oral Communication	COMM 120* – 3 units
2 Mathematical Concepts and Quantitative Reasoning	MATH 160^ – 4 units
3A Fine Arts	ART 120 – 3 units
3B Humanities	ENGL 236 – 3 units
3A or 3B	ENGL 238 – 3 units
Area 4 Social Sciences	POSC 121^ – 3 units
Area 4 Social Sciences	POSC 124^ – 3 units
Area 4 Social Sciences	COMM 124* – 3 units
5A Physical Science	GEOG 120 –3 units
5B Biological Science	ANTH 130 – 3 units
5C Laboratory Activities	GEOG 121 – 1 unit

- ^These courses double count with requirements for the ADT in Political Science
- *These courses double count with requirements for the ADT in Communication.
- Double count means that this course fulfills both a major requirement for given ADT degree and an IGETC requirement.
- Note: There are many course options you can take for the different areas if there is no major requirement that double counts.

Remaining ADT POSC Major Requirements (3 courses, 9 units)
- POSC 130 - 3 units
- POSC 140 - 3 units
- POSC 170 - 3 units

Remaining ADT COMM Major Requirements (3 courses, 9 units)
- COMM 122 – 3 units
- COMM 137 – 3 units
- COMM 110 – 3 units

Additional course to complete CSU graduation requirement in U.S. History, Constitution, America ideals before transfer (1 course, 3 units)
- HIST 108 – 3 units

Electives to reach 60 units required for degree and transfer (1 course, 3 units)
- Elective course (POSC 180 or ECON 120 or ECON 121 etc.) – 3 units

Total Courses
- 21 courses, 62 units

Example: Double Majoring in POSC and ECONONOMICS (ECON)

IGETC Area	Course To Fulfill Area
1A English Composition	ENGL 120 – 3 units
1B Critical Thinking	ENGL 124 – 3 units
1C Oral Communication	COMM 120 – 3 units
2 Mathematical Concepts and Quantitative Reasoning	MATH 160^* – 4 units
3A Fine Arts	ART 120 – 3 units
3B Humanities	ENGL 236 – 3 units
3A or 3B	ENGL 238 – 3 units
Area 4 Social Sciences	POSC 121^ – 3 units
Area 4 Social Sciences	POSC 124^ – 3 units
Area 4 Social Sciences	ECON 120* – 3 units
5A Physical Science	GEOG 120 –3 units
5B Biological Science	ANTH 130 – 3 units
5C Laboratory Activities	GEOG 121 – 1 unit

- ^These courses double count with requirements for the ADT in Political Science
- *These courses double count with requirements for the ADT in Economics.
- Double count means that this course fulfills both a major requirement for given ADT degree and an IGETC requirement.
- Note: There are many course options you can take for the different areas if there is no major requirement that double counts.

Remaining ADT POSC Major Requirements (3 courses, 9 units)
- POSC 130 - 3 units
- POSC 140 - 3 units
- POSC 170 - 3 units

Remaining ADT ECON Major Requirements (4 courses, 14 units)
- ECON 121 – 3 units
- MATH 178 – 4 units
- BUS 128 – 3 units
- CIS 110 – 4 units

Total Courses
- 20 courses, 61 units

Example: Double Majoring in POSC and HISTORY (HIST)

IGETC Area	Course To Fulfill Area
1A English Composition	ENGL 120 – 3 units
1B Critical Thinking	ENGL 124 – 3 units
1C Oral Communication	COMM 120 – 3 units
2 Mathematical Concepts and Quantitative Reasoning	MATH 160^ – 4 units
3A Fine Arts	ART 120 – 3 units
3B Humanities	HIST 100* – 3 units
3A or 3B	HIST 101* - 3 units
Area 4 Social Sciences	POSC 121^ – 3 units
Area 4 Social Sciences	POSC 124^ – 3 units
Area 4 Social Sciences	HIST 108* – 3 units
5A Physical Science	GEOG 120 –3 units
5B Biological Science	ANTH 130 – 3 units
5C Laboratory Activities	GEOG 121 – 1 unit

- ^These courses double count with requirements for the ADT in Political Science
- *These courses double count with requirements for the ADT in History.
- Double count means that this course fulfills both a major requirement for given ADT degree and an IGETC requirement.
- Note: There are many course options you can take for the different areas if there is no major requirement that double counts.

Remaining ADT POSC Major Requirements (3 courses, 9 units)
- POSC 130 - 3 units
- POSC 140 (also fulfills ADT HIST major requirement) - 3 units
- POSC 170 - 3 units

Remaining ADT HIST Major Requirements (2 courses, 6 units)
- HIST 109 – 3 units
- HIST 106 – 3 units

Course to meet CSU ethnic studies graduation requirement (1 course, 3 units)
- ETHN 114/SOC 114 or HIST 107 – 3 units

Electives to reach 60 units required for degree and transfer (2 course, 6 units)
- Elective course (POSC 180 or ECON 120 or ECON 121 etc.) – 3 units
- Elective course (POSC 180 or ECON 120 or ECON 121 etc.) – 3 units

Total Courses
- 21 courses, 62 units

Example: Double Majoring in POSC and PSYCHOLOGY (PSY)

IGETC Area	Course To Fulfill Area
1A English Composition	ENGL 120 – 3 units
1B Critical Thinking	ENGL 124 – 3 units
1C Oral Communication	COMM 120 – 3 units
2 Mathematical Concepts and Quantitative Reasoning	PSY 215^* – 4 units
3A Fine Arts	ART 120 – 3 units
3B Humanities	ENGL 236 – 3 units
3A or 3B	ENGL 238 – 3 units
Area 4 Social Sciences	POSC 121^ – 3 units
Area 4 Social Sciences	POSC 124^ – 3 units
Area 4 Social Sciences	PSY 120* – 3 units
5A Physical Science	GEOG 120 – 3 units
5B Biological Science	BIO 130* – 3 units
5C Laboratory Activities	GEOG 121 – 1 unit

- ^These courses double count with requirements for the ADT in Political Science
- *These courses double count with requirements for the ADT in Psychology.
- Double count means that this course fulfills both a major requirement for given ADT degree and an IGETC requirement.
- Note: There are many course options you can take for the different areas if there is no major requirement that double counts.

Remaining ADT POSC Major Requirements (3 courses, 9 units)
- POSC 130 - 3 units
- POSC 140 - 3 units
- POSC 170 - 3 units

Remaining ADT PSY Major Requirements (3 courses, 10 units)
- PSY 205 – 4 units
- PSY 138 or 150 or 211 or 140 – 3 units
- PSY 125 or 134 or 220 – 3 units

Additional course to complete CSU graduation requirement in U.S. History, Constitution, America Ideals before transfer (1 course, 3 units)
- HIST 108 – 3 units

Total Courses
- 20 courses, 60 units

Example: Double Majoring in POSC and Public Health Science

IGETC Area	Course To Fulfill Area
1A English Composition	ENGL 120 – 3 units
1B Critical Thinking	ENGL 124 – 3 units
1C Oral Communication	COMM 120 – 3 units
2 Mathematical Concepts and Quantitative Reasoning	MATH 160^* – 4 units
3A Fine Arts	ART 120 – 3 units
3B Humanities	ENGL 236 – 3 units
3A or 3B	ENGL 238 – 3 units
Area 4 Social Sciences	POSC 121^ – 3 units
Area 4 Social Sciences	POSC 124^ – 3 units
Area 4 Social Sciences	PSY 120* – 3 units
5A Physical Science	CHEM 115 – 4 units
5B Biological Science	BIO 130* – 3 units
5C Laboratory Activities	BIO 131 – 1 unit

- ^These courses double count with requirements for the ADT in Political Science
- *These courses double count with requirements for the ADT in Public Health Science.
- Double count means that this course fulfills both a major requirement for given ADT degree and an IGETC requirement.
- Note: There are many course options you can take for the different areas if there is no major requirement that double counts.

Remaining ADT POSC Major Requirements (3 courses, 9 units)
- POSC 130 - 3 units
- POSC 140 - 3 units
- POSC 170 - 3 units

Remaining ADT PHS Major Requirements (6 courses, 18 units)
- BIO 140 – 5 units
- BIO 141 – 3 units
- BIO 141L – 1 unit
- HED 120 – 3 units
- HED 201 – 3 units
- SOC 120 – 3 units

Additional optional course to complete CSU graduation requirement in U.S. History, Constitution, America Ideals before transfer (1 course, 3 units)
- HIST 108 – 3 units

Total Courses

22 courses, 66 units (without optional CSU graduation requirement)

23 courses, 66 units (with optional CSU graduation requirement)

Example: Double Majoring in POSC and SOCIOLOGY (SOC)

IGETC Area	Course To Fulfill Area
1A English Composition	ENGL 120 – 3 units
1B Critical Thinking	ENGL 124 – 3 units
1C Oral Communication	COMM 120 – 3 units
2 Mathematical Concepts and Quantitative Reasoning	MATH 160^* – 4 units
3A Fine Arts	ART 120 – 3 units
3B Humanities	ENGL 236 – 3 units
3A or 3B	ENGL 238 – 3 units
Area 4 Social Sciences	POSC 121^ – 3 units
Area 4 Social Sciences	POSC 124^ – 3 units
Area 4 Social Sciences	SOC 120* – 3 units
5A Physical Science	GEOG 120 – 3 units
5B Biological Science	ANTH 130 – 3 units
5C Laboratory Activities	GEOG 121 – 1 unit

- ^These courses double count with requirements for the ADT in Political Science
- *These courses double count with requirements for the ADT in Sociology.
- Double count means that this course fulfills both a major requirement for given ADT degree and an IGETC requirement.
- Note: There are many course options you can take for the different areas if there is no major requirement that double counts.

Remaining ADT POSC Major Requirements (3 courses, 9 units)
- POSC 130 - 3 units
- POSC 140 - 3 units
- POSC 170 - 3 units

Remaining ADT SOC Major Requirements (4 courses, 12 units)
- SOC 130 – 3 units
- SOC 114 – 3 units
- PSY 138/SOC 138 or SOC 125 or SOC 140 – 3 units
- PSY 120 or ANTH 120– 3 units

Additional course to complete CSU graduation requirement in U.S. History, Constitution, America Ideals before transfer (1 course, 3 units)
- HIST 108 – 3 units

Total Courses
- 21 courses, 62 units

IGETC

Intersegmental General Education Transfer Curriculum is a general education package which students can take to fulfill lower division general education requirements for either the CSU or UC. IGETC is organized into Areas 1-6. The six numbered areas are:

- Area 1: English Communication
  - o A: English Composition
  - o B: Critical Thinking
  - o C: Oral Communication (CSU Requirement only)
- Area 2: Mathematical Concepts and Quantitative Reasoning
- Area 3: Fine Arts and Humanities
  - o A: Fine Arts
  - o B: Humanities
- Area 4: Social and Behavioral Sciences
- Area 5: Biological and Physical Sciences
  - o A: Physical Sciences
  - o B: Biological Sciences
  - o C: Laboratory
- Area 6: Language Other Than English. (Required for transfer to UC only)

It is useful to see courses as nested within one of the 6 IGETC areas. And the 6 IGETC areas are collectively nested within IGETC itself.
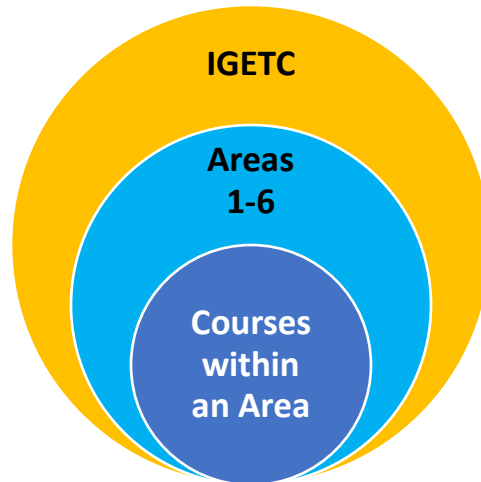
Visit [Airtable - Courses](7) for a list of 200+ courses. You can Group courses based on IGETC, CSU, or specific AA-T degree programs, like Political Science or Economics.

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[7] https://airtable.com/shrpeThlZHHAGShlp/tblBVyCrzzTnnf8Hl

CSU

California State University General Education Breadth (CSU) is a general education package which students can take to fulfill lower division general education requirements for CSU. CSU consists of six lettered areas:

- Area A: English Language Communication and Critical Thinking
  - o 1: Oral Communication
  - o 2: Written Communication
  - o 3: Critical Thinking
- Area B: Scientific Inquiry and Quantitative Reasoning
  - o 1: Physical Sciences
  - o 2: Life Sciences
  - o 3: Laboratory Activity
  - o 4: Mathematics/Quantitative Reasoning
- Area C: Arts and Humanities
  - o 1: Arts
  - o 2: Humanities
- Area D: Social Sciences
- Area E: Lifelong Learning and Self-Development
- Area F: Ethnic Studies
- U.S. History, Constitution and American Ideals (CSU Graduation Requirement)
  - o US1: US History
  - o US2: US Government
  - o US3: California Government

It is useful to see courses as nested within one of the 6 CSU GE areas. And the 6 CSU GE areas are collectively nested within CSU GE itself.
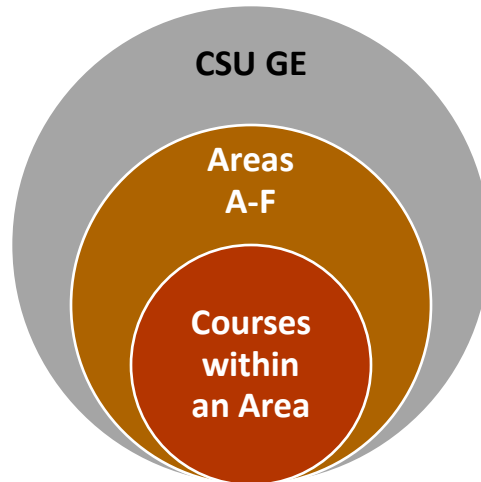
Visit [Airtable - Courses](https://airtable.com/shrpeThlZHHAGShlp/tblBVyCrzzTnnf8Hl)[8] for a list of 200+ courses. You can Group courses based on IGETC, CSU, or specific AA-T degree programs, like Political Science or Economics.

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[8] https://airtable.com/shrpeThlZHHAGShlp/tblBVyCrzzTnnf8Hl

POLITICS, ECONOMICS, AND LAWMAKING CLUB ♣

Originally founded as the Cuyamaca Political Science Club in 2019 with the purpose to "foster an environment for students to discover and discuss their passion of politics as well as the science behind it", the new Politics, Economics, and Law Club will emerge in Fall 2022.

The Club will:

- Hold weekly club meetings.
- Host weekly Discord Discussions on Tuesday nights.
- Host Constitution Day on Wednesday, September 14, 2022, from 12:00pm to 1:00pm on campus.
- Host Literacy Workshops on topics such as political participation, personal finance, and constitutional and legal rights.
- Host a Virtual Election Night Watch Party on Tuesday, November 8, 2022, starting at 8:00pm.
- Plan other events and activities for spring 2023.

Visit the Club's website[9] to complete the Club Interest Form.

Join[10] our iPoliSci Discord Server!

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[9] https://ipolisci.com/club
[10] https://discord.com/invite/gVNWCB8MP2

AWARDS AND SCHOLARSHIPS 🏆

Awards and scholarships help you offset the cost of earning your AA-T degree(s).

Awards

- *Merit Award for Public Service Internship with Local, State, or Federal Government Official or Organization*
  - Please email Dr. Josh Franco at josue.franco@gcccd.edu if you have secured such an internship and provide documentation (such as a Letter from the office) to request this merit award.
- *Merit Award for Most Outstanding Public Policy Project Presentation*
  - Each semester, Dr. Josh Franco will select one student to receive this award based on a perfect score on their PPP Presentation, additional depth demonstrated on the presentation, and the aesthetic appeal of the presentation itself.
- *Merit Award for Student Membership in the American Political Science Association[11]*
  - The American Political Science Association (APSA) promotes scholarly understanding of political ideas, norms, behaviors, and institutions to inform public choices about government, governance, and public policy.
  - Declared Political Science Majors who want to become a Student Member of the American Political Science Association, the leading professional organization for the study of political science and serves more than 11,000

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[11] https://www.apsanet.org/

members in more than 100 countries, can email Dr. Josh Franco josue.franco@gcccd.edu to request this award.

Scholarships

- *Brian Jennings Building Bridges Scholarship[12]*
- *Franco Family Scholarship for Excellence in Political Science Research Methods[13]*
- Visit Programs and Scholarships – The Foundation for Grossmont & Cuyamaca Colleges[14] for additional scholarships.

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[12] https://app.donorview.com/o967
[13] https://app.donorview.com/pEZwk
[14] https://foundation.gcccd.edu/programs-and-scholarships/

INTERNSHIPS AND PROFESSIONAL OPPORTUNITIES 🏛

Internships are typically unpaid volunteer opportunities with a local, state, or federal elected or appointed official. Professional opportunities are paid professional opportunities typically after you graduated with your AA degree, and certainly after your Bachelor's (BA) degree.

Internships

- Office of local, state, and federal elected or appointed officials
  - Elected Representatives Information Lookup[15]
    - After you type in your address information, a list of "District Information" will appear. This is a list of political districts that you live in.
    - It's helpful to intern for an elected official that represents you.
  - Check out the iPoliSci Discord Server's #internships channel[16].
- Office of San Diego County Supervisor Joel Anderson[17]
- Office of San Diego County Supervisor Nathan Fletcher[18]
- Official Website - Dr. Akilah Weber[19]
- Senator Brian Jones[20]
- Representative Darrell Issa[21]

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[15] https://www.sdvote.com/content/rov/en/elec-rep-info-lookup.html
[16] https://discord.gg/cD5X23Qux6
[17] https://www.supervisorjoelanderson.com/
[18] https://www.supervisornathanfletcher.com/
[19] https://a79.asmdc.org/
[20] https://jones.cssrc.us/
[21] https://issa.house.gov/

- [Congresswoman Sara Jacobs](https://sarajacobs.house.gov/)[22]
- U.S. Senate Internships: [Placement Office Positions Available](https://www.senate.gov/employment/po/internships.htm)[23]
- U.S. House of Representatives: [College Internships](https://www.house.gov/educators-and-students/college-internships)[24]

Professional Opportunities

- Check out the iPoliSci Discord Server's [#job-postings channel](https://discord.gg/utj4AjW9n5)[25].
- [Government Jobs | City, State, Federal & Public Sector Jobs](https://www.governmentjobs.com/)[26]
- California Government: [Cal Careers](https://www.calcareers.ca.gov/)[27]
- California State Assembly: [Assembly Jobs](https://www.assembly.ca.gov/assemblyjobs)[28]
- California State Senate: [Job Postings](https://www.senate.ca.gov/senatejobs)[29]
- [USAJOBS - The Federal Government's official employment site](https://www.usajobs.gov/)[30]
- [U.S. Senate: Employment](https://www.senate.gov/visiting/employment.htm)[31]
- U.S. House of Representatives [Employment Information](https://www.house.gov/employment)[32]

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[22] https://sarajacobs.house.gov/
[23] https://www.senate.gov/employment/po/internships.htm
[24] https://www.house.gov/educators-and-students/college-internships
[25] https://discord.gg/utj4AjW9n5
[26] https://www.governmentjobs.com/
[27] https://www.calcareers.ca.gov/
[28] https://www.assembly.ca.gov/assemblyjobs
[29] https://www.senate.ca.gov/senatejobs
[30] https://www.usajobs.gov/
[31] https://www.senate.gov/visiting/employment.htm
[32] https://www.house.gov/employment

COUNSELING SERVICES AND ONLINE ADVISING FOR POSC MAJORS

- Counseling Services is committed to promoting equity and success using student-centered approaches that empower students to make informed decisions affecting educational, career and personal goals.
- Visit Counseling Center[33] to schedule an appointment with a Counselor to discuss your plans.
- Schedule a time to Connect with a Counselor[3435]
- Khrystyn Pamintuan is the embedded counselor for students majoring in Political Science and looks forward to meeting with and supporting you. However, all of our counselors can meet with students in ANY major.
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In addition to meeting with Counseling Services, feel free to schedule an appointment for Online Advising for Declared POSC Majors[36] with Dr. Josh Franco. He walked the walk as a 1st generation community college student and is happy to assist you on your journey.

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[33] https://www.cuyamaca.edu/student-support/counseling-center/index.php
[34] https://www.cuyamaca.edu/student-support/counseling-center/talk-with-a-counselor.php

[36] https://ipolisci.com/appointment/ola/services/online-advising-1

NEED HELP? 🏨
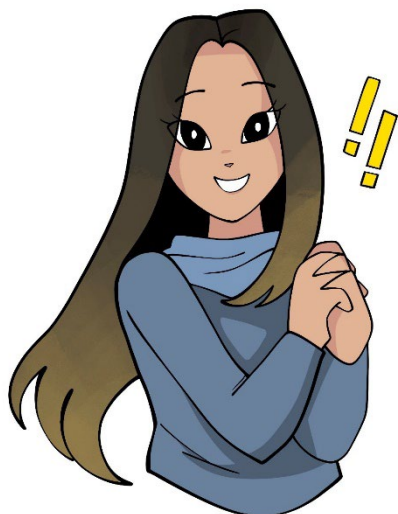
Khrystyn Pamintuan and Counseling Services

You are strongly encouraged to meet with Counseling[37] to develop your personalized, comprehensive education plan.

Khrystyn Pamintuan is excited to meet with you to discuss and plan your academic, career, and personal goals.

Dr. Josh Franco and the Political Science Program

Need help? Please reach out to Dr. Josh Franco, Associate Professor of Political Science, at josue.franco@gcccd.edu or 619-780-5674. He will be more than happy to help you as you consider majoring in Political Science, beginning your journey as a Political Science major, or continuing your pursuit of earning your AA-T degree!

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[37] https://www.cuyamaca.edu/student-support/counseling-center/index.php

ANTH 130

Introduction to Physical Anthropology

Catalog Description

People's place in nature; physical and behavioral characteristics of primates; principles of evolution and basic outline of human genetics; description of the record of early humans and explanation of fossils; present day variability among human populations.

Units?	IGETC?	CSU?	Online?	ZTC?
3	Area 5B	Area B2	Yes	Yes

College? 🐺 🦅	Faculty? 😁
Grossmont	Blood, Yoshida-Levine

ART 120

Two-Dimensional Design

Catalog Description

Introduction to the two-dimensional arts. Students will study the great works of the human imagination while focusing on those of historical, theoretical and cultural relevance. Students will examine form and content through the application of art elements and principles of design.

Units?	IGETC?	CSU?	Online?	ZTC?
3	Area 3A	Area C1	Yes	Yes

College? 🐺 🦅	Faculty? 😁
Grossmont	Hutton, Lahti

COMM 120

Interpersonal Communication

Catalog Description

This course provides an opportunity to learn and apply in daily life principles of interpersonal communication, effective rhetorical strategies, and public speaking skills. Students present speeches and participate in structured oral and written exercises and simulations; these activities are designed to enhance communicative awareness and skills in interpersonal contexts. Emphasis is on personal, situational and cultural influences on interaction. It is designed to assist students in improving their own interpersonal and oral communication skills. Attention is given to rhetorical strategies, human perception, interpersonal dynamics, listening, conflict management, verbal and nonverbal communication skills including delivery of speeches in front of listeners

Units?	IGETC?	CSU?	Online?	ZTC?
3	Area 1C	Area A1	Yes	Yes

College? 🐺 🦅	Faculty? 😁
Grossmont	McHan, Curran

ECON 120

Principles of Macroeconomics

Catalog Description

Introductory course focusing on aggregate economic analysis. Topics include: market systems; economic cycles including recession, unemployment and inflation; national income accounts; macroeconomic equilibrium; money and financial institutions; monetary and fiscal policy; and international trade and finance. Includes some use of graphs and elementary algebra.

Units?	IGETC?	CSU?	Online?	ZTC?
3	Area 4	Area D	Yes	Yes

College? 🐺 🦅	Faculty? 😁
Cuyamaca	Franco, Zavodny

ECON 121

Principles of Microeconomics

Catalog Description

Principles of economic analysis and decisionmaking from the viewpoint of the individual consumer, worker, and firm. Focuses on the price system allocation of resources and income, supply and demand analysis, the structure of American industry, and applications to current economic policy and problems. Includes some use of graphs and elementary algebra.

Units?	IGETC?	CSU?	Online?	ZTC?
3	Area 4	Area D	Yes	Yes

College? 🐺 🦅	Faculty? 😁
Cuyamaca	Franco, Zavodny

ENGL 120

College Composition and Reading

Catalog Description

Freshman composition course. Students study the elements and principles of composition through the practice of writing expository essays and a research paper. Emphasizing the reading and writing processes, revision is stressed as a means of achieving effective skills in reading and writing college-level texts. Analysis of assigned readings stimulate critical thinking and serve as models of effective writing. Emphasis is on using outside sources as evidence in students' argumentative essays and documenting source material in MLA format. The course allows students to develop metacognitive awareness of the role writing plays in their lives

Units?	IGETC?	CSU?	Online?	ZTC?
3	Area 1A	Area A2	Yes	Yes

College? 🐺 🦅	Faculty? 😁
Cuyamaca	Luna, Lenox, McGregor, Marrujo

ENGL 124

Advanced Composition: Critical Reasoning and Writing

Catalog Description

Develop critical thinking, reading and writing skills beyond the level achieved in ENGL 120. Focuses on the development of logical reasoning and analytical and argumentative writing skills.

Units?	IGETC?	CSU?	Online?	ZTC?
3	Area 1B	Area A3	Yes	Yes

College? 🐺 🦅	Faculty? 😁
Cuyamaca	Jabour

ENGL 236

Chicana/o Literature

Catalog Description

This course is a survey of colonial, postcolonial, and early and contemporary Chicano/ Chicana literature. Literary works originally written in English and the Chicano/a bilingual idiom as well as English translations of works written in Spanish will be taught. Students examine the literature as a reflection of Chicano/a experience in the world and the effects of the literature on American culture and politics. Reading selections may consist of poetry, ballads, short stories, novels, plays, and nonfiction prose. Authors such as the following will be read, analyzed, discussed, and written about in critical essays and exams: Alvar Nunez Cabeza de Vaca, Fray Junipero Serra, Maria Amparo Ruiz do Burton, Luis Rodriguez, Gloria Anzaldua, Rudolfo Anaya, Lorna Dee Cervantes, Helena Maria Viramontes, Sandra Cisneros, Jimmy Santiago Baca, Luis J. Rodriguez, Luis Alberto Urrea, Dagoberto Gilb.

Units?	IGETC?	CSU?	Online?	ZTC?
3	Area 3B	Area C2	Yes	Yes

College? 🐺 🦅	Faculty? 😁
Cuyamaca	Marrujo

ENGL 238

Black Literature

Catalog Description

This course introduces students to a survey of Black literature, focusing on the early oral tradition, literature of slavery and freedom, the Harlem Renaissance, Modernism, the Black Arts Era, and the contemporary period. Students examine the literature as a reflection of Black experience in the world and the effects of the literature on American culture and politics. Reading selections may consist of poetry, short stories, plays, novels, and nonfiction prose, including essays, letters, political tracts, autobiographies, speeches, and sermons. Authors such as the following will be read, analyzed, discussed, and written about in critical essays and exams: Phillis Wheatley, Harriet Jacobs, Frederick Douglass, Booker T. Washington, W.E.B. Du Bois, Zora Neale Hurston, Langston Hughes, Countee Cullen, Richard Wright, Gwendolyn Brooks, Amiri Baraka, Lucile Clifton, Maya Angelou, Toni Morrison, Alice Walker, August Wilson, Saul Williams, Ntozake Schange, Suzan-Lori Parks, and Natasha Trethewey.

Units?	IGETC?	CSU?	Online?	ZTC?
3	Area 3B	Area C2	Yes	Yes

College? 🐺 🦅	Faculty? 😁
Cuyamaca	Brown

GEOG 120 + 121

Physical Geography: Earth Systems + Lab

Catalog Description

Physical geography is the study of the patterns and processes that underlie the fundamental nature and dynamics of the physical world. Topics will be investigated from a systems perspective, with particular attention to the spatial relationships among the atmosphere, hydrosphere, lithosphere and biosphere. Global, regional and local environmental concerns will be discussed as relevant to course topics.

Units?	IGETC?	CSU?	Online?	ZTC?
4	Area 5A + 5C	Area B1 + B3	Yes	Yes

College? 🐺 🦅	Faculty? 😁
Grossmont	Cliffe, Therkalsen, Monteverde

HIST 108

Early American History

Catalog Description

Survey of the early political, social and cultural development of the entire geographic area that is now the United States, with an emphasis on the origins of basic American institutions and ideals.

Units?	IGETC?	CSU?	Online?	ZTC?
3	Area 4	CSU US-1, US-2, Area D	Yes	Yes

College? 🐺 🦅	Faculty? 😁
Cuyamaca	Haber

POSC 121

Introduction to US Government and Politics

Catalog Description

Analysis of the evolution of the structures and functions of the U.S. and California political systems from the time of the nation's founding to the present day. Emphasis is on the dynamic nature of the American political experience and how that experience impacts the functioning of the U.S. political system. The course will also explore the larger cultural, economic, and sociological forces shaping the U.S. political system. In addition, the development and evolution of the U.S. Constitution and policy making role of traditional political institutions such as the presidency, the Congress, and the judiciary will be explored. Finally, the impact of other political forces such as mass movements, the media, the bureaucracy, interest groups, and ethnic and social groups will be examined. Topics will be illustrated through reference to current political events.

Units?	IGETC?	CSU?	Online?	ZTC?
3	Area 4	CSU US-2, US-3, Area D	Yes	Yes

College? 🐺 🦅	Faculty? 😁
Cuyamaca	Franco

POSC 124

Introduction to Comparative Government and Politics

Catalog Description

Analysis of the political systems of selected developed, transitional and developing countries of the world in order to understand the importance of political development, political institutions, political culture, political actors, political processes, and political change for the dynamics of today's global society.

Units?	IGETC?	CSU?	Online?	ZTC?
3	Area 4	Area D	Yes	Yes

College? 🐺 🦅	Faculty? 😁
Cuyamaca	Franco

POSC 130

Introduction to International Relations

Catalog Description

Survey of the field of international relations. Students will be introduced to the major theories of international relations and will learn to apply them to contemporary problems in world politics. Issues examined include global peace and security, international political economy, international law and organization, sustainable development, and human rights.

Units?	IGETC?	CSU?	Online?	ZTC?
3	Area 4	Area D	Yes	Yes

College? 🐺 🦅	Faculty? 😁
Cuyamaca	Franco

POSC 140

Introduction to California Governments and Politics

Catalog Description

Examination of the structure and functions of California state and local governments and politics. Attention will be given to the evolution of the principal features, organization, and operation of state and local governments within the framework of U.S. federalism from the time of the nation's founding. Emphasis is on the role of significant events, major ethnic groups, and major social groups in the development of the political structures and processes of California state and local governments and contemporary political issues.

Units?	IGETC?	CSU?	Online?	ZTC?
3	Area 4	CSU US-3, Area D	Yes	Yes

College? 🐺 🦅	Faculty? 😁
Cuyamaca	Franco

POSC 170

Introduction to Political Science Research Methods

Catalog Description

This course focuses on the scientific study of politics, research ethics, theory construction and hypothesis generation, research design, conceptualization, operationalization, and measurement of political concepts, and data collection and management of political data. Qualitative and quantitative empirical analyses will be introduced, including interpreting results of regression models for binary, ordinal, categorical, and count outcomes.

Units?	IGETC?	CSU?	Online?	ZTC?
3	Area 4	Area D	Yes	Yes

College? 🐺 🦅	Faculty? 😁
Cuyamaca	Franco

POSC 180

Introduction to Public Policy

Catalog Description

This course focuses on public policy, including the policy process: problem identification, policy analysis, strategy and policy development, policy enactment, and policy implementation. The course will examine the application of these concepts to policy areas, such as children, families, and communities, criminal justice, democracy and voting rights, economic and budgetary, education and literacy, energy and environment, health and human services, immigrant rights, infrastructure and transportation, mobility and opportunity, science and technology, and water.

Units?	IGETC?	CSU?	Online?	ZTC?
3	Area 4	Area D	Yes	Yes

College? 🐺 🦅	Faculty? 😁
Cuyamaca	Franco

PSY 215

Statistics for the Behavioral Sciences

Catalog Description

Methods and experience in defining and solving quantitative problems in the behavioral sciences. Emphasis is on the design of experiments and the application of a variety of parametric and nonparametric techniques to the analysis of data.

Units?	IGETC?	CSU?	Online?	ZTC?
4	Area 2	Area B4	Yes	Yes

College? 🐺 🦅	Faculty? 😁
Grossmont	Weinrich

SPAN 120

Spanish 1

Catalog Description

Introduction to the Spanish language and the cultures of its speakers. Designed for students with very little or no knowledge of Spanish. Facilitates the practical application of the language in everyday oral and written communication at the beginning level. Since the focus will be on basic communication skills, the class will be conducted in Spanish as much as possible. Students will learn structures that will enable them to function in Spanish in everyday contexts while becoming familiar with the Spanish speaking world.

Units?	IGETC?	CSU?	Online?	ZTC?
5	Area 6	Area C2	Yes	Yes

College? 🐺 🦅	Faculty? 😁
Cuyamaca	Berumen, Stere-Lugo, Castellanos