

The YouthHope Post

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August 2026



A Day in the Park Car Show

We are so excited for our 13th Annual Day in the Park Car Show!

September 26, 2026

8:00am to 2:00pm

Sylvan Park in Redlands

FREE FOR ALL SPECTATORS!

Join us for an incredible car show, coffee, donuts, opportunity baskets, silent auction, food and drinks, merchant vendors, kid's craft, a dj, and more!

YouthHope is honored to have the support of our community. We would love for you to come and bring your family and enjoy and let us celebrate you!



Special thanks to our donors who have contributed \$10,000 or more in 2025:

- In Memory of Sue Angell
- Tom & Caroline Bell Family Foundation
- The Brett Wheeler Safety Net
- General Outdoor
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- Redlands Optimist
- Vans Shoes

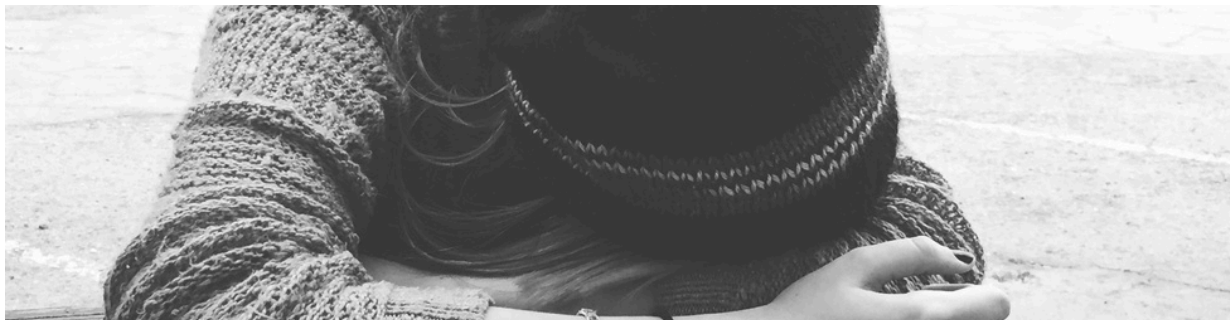
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Founder's Note



Stories of impact: I Have Myself Part 2

I missed my first train and had to catch a ride all the way to Houston, and then I missed that train too. I felt hopeless. They couldn't reschedule my ticket, and I was defeated. I sat in front of the train station crying, feeling like I had nowhere to go. I was broke, exhausted, and alone.

While I was sitting there, four women came up to me. They said, "We saw you at the last train station. Do you have anywhere to go?"

They helped me reschedule my ticket, bought me a hotel room to stay in, and gave me money for food. One of the women looked at me and said, "We're getting you to California. This is all God's plan."

I cried the entire way to California.

Somewhere along the way, I became so focused on surviving and taking care of everyone else that I forgot about myself. I forgot what I wanted out of life. I forgot what made me happy. I forgot that I was allowed to have dreams and that I deserved a life that wasn't centered around fixing everyone else's problems.

It's difficult to say that I have nothing when I still have myself. But sometimes, even having myself feels hard when I've spent so long trying to hold everyone else together. I reached out to YouthHope and know they will help.

Right now, I'm learning how to survive without losing myself in the process.

DID YOU KNOW?

**1 IN 15 OF OUR YOUTH HAVE BEEN
SUICIDAL AT SOME POINT**

A Note From the Founder



Our Day in The Park Car Show is this month! We have been working hard on all of the details to make sure the day is the best it can be. Make sure to mark your calendars for September 26 and join us.

My favorite part of the day is seeing all of the families that come out and get to see the cars,

the vendors, the kids area. There is something for everyone to enjoy. I hope to see you there!

Our youth are settled into school and doing great in their classes this year. We are excited to see how much they accomplish this year. Our Drop- in Center is ready to help youth with their homework, job applications, Food Handlers, and anything else that will help our youth succeed.

Heidi Mayer