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SPECIAL THANKS TO OUR DONORS WHO HAVE CONTRIBUTED \$10,000 OR MORE IN 2021

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YouthHope's Day in The Park Car show

September 24, 2022



Sylvan Park, Redlands, CA

We are so excited for our YouthHope's Day in the Park happening September 24, 2022 at Sylvan Park in Redlands from 8:00am-12:00pm.

If you have a car that you would like to show, you can now sign up at our website [https://](https://youthhope.org/day-in-the-park)

youthhope.org/day-in-the-park.

Register by September 1, and get a t-shirt along with a discounted price of \$25.

We are also looking for vendors that want to come and sell their food or merchandise. You can

sign up at www.youthhope.org/day-in-the-park.

We hope you all can come and enjoy the day with your family! This event is free for spectators and there is something for everyone in the family!

Summer time at YouthHope

We are so excited for our graduating seniors at YouthHope. Several of our youth are graduating and we are so proud. They have endured so much these past few years and they still made it! We are going to celebrate not only our graduating seniors, but also all of our youth for making it through another tough year!

Many of our youth are attending summer school so we will be busy over summer helping youth with homework, job searching, and feeding them!

I Asked And They Helped

It's a war zone at my house. Ever since I was born, I haven't found peace.

Between my parents fighting all the time, my dad always fighting with my brother, me getting yelled at, my childhood is anything but peaceful.

A few years ago, I was fighting with my mom. It was over stupid stuff, but at the time it felt very important. My dad came in to see what we were yelling about and he started fighting with my mom as well. Me and my dad left the room to calm down, and 5 min later we hear a gun shot from my moms room. My dad and I both looked at each other and ran in her room to see my mom dead.

I was only 15 when this happened. It was 2 years ago. I still have nightmares all the time about it.

I have struggled with suicidal thoughts since that day. Not just sad feelings, but the feelings that I need to die.

The past 6 months have been really bad. Suicidal attempts, depression, yelling, no hope.

My dad reached out to YouthHope to ask for help since we've known Heidi for years.

She immediately made some phone calls and 20 minutes later, I have a crisis counselor that I am now seeing.

I know I'm not out of the woods yet, but this is the first tangible step that I have taken and I'm proud of myself.

I'm so thankful that the people at YouthHope listened and responded immediately.

I'm also so thankful for the counseling center that got me into their system right away.

YouthHope is family and I'm so glad I can rely on them!

Did You Know?

15% of the homeless population in San Bernardino County are youth.

<https://public.tableau.com/app/profile/california.research.bureau/viz/CHYPYouCountDashboard/Dashboard>

A Note From the Founder



Happy June! I hope your summer is off to a great start. We are busy over here at YouthHope!

We are so proud of our graduating seniors! Not only did they endure a pandemic during their high school days, but they also overcome challenges of not having stable living, not having food at their house, abuse, and parents with addictions. They overcome so much and that is the

reason we celebrate BIG!

We were invited to speak at the Redlands Adult School graduation this month and we feel so honored. To be recognized in the community is so great and we are excited to encourage these graduates as they accomplish this huge goal!

Some other exciting things that are happening this summer is our backpacking trip with our youth who have com-

pleted the other two camping trips. This will be so much fun and the youth are really looking forward to it.

I hope you all are enjoying the sun and have some fun plans.

We are always looking for volunteers here at YouthHope, and if you are interested please email info@youthhope.org.