

PAIN PRESS

WELCOME

The Pain Press is an opportunity for all to gather and read up on all things pain management and beyond.

The Pain Press is a venue for pain management specialists, clinicians, patients, legislators, law enforcement, and the lay public alike to gain a deeper appreciation for all things pain management.

The Pain Press is also a springboard for aspiring writers.

~Mark "Pain Guy" Garofoli (Editor-in-Chief)



SECTIONS

Just in Time: Headlines

Pain Pubs: Manuscripts

Pain Pod Recent Episodes

Pain (Book) Club

Pain Stream

Red Flag Football: A Red Flags Case

Wheels Up: Pain Management Events

Pain Pals (Collaborators)

Just in Time: Headlines

Navigating the Wide Array of OTC Pain Medications

<https://www.drugtopics.com/view/-navigating-the-wide-array-of-otc-pain-medications>

Integrative Pain Management Takes the Finest Teamwork Between Healthcare Professionals

<https://www.drugtopics.com/view/integrative-pain-management-takes-the-finest-teamwork-between-health-care-professionals>

State Dispensary Cannabis Reclassified as C3

<https://www.pbs.org/newshour/politics/trump-reclassifies-state-licensed-medical-marijuana-as-less-dangerous-drug>

Pain Complexities

<https://www.drugtopics.com/view/why-pain-management-treatment-is-complex-individualized-and-multimodal>

Opioidology: An Unbiased View of Our Opioid Crisis for Clinicians

<https://www.drugtopics.com/view/opioidology-an-unbiased-view-of-our-opioid-crisis-for-clinicians>

Pain Pubs: Manuscripts/Articles

Innovation vs Consolidation: Suzetrigine & Tramadol-Celecoxib

<https://www.tandfonline.com/doi/full/10.1080/15360288.2025.2600077>

Oral Ketamine for Fibromyalgia

<https://www.tandfonline.com/doi/full/10.1080/15360288.2025.2596159>

Flexible Buprenorphine Dosing in Patients with Chronic Pain

<https://www.tandfonline.com/doi/full/10.1080/15360288.2025.2598012>

Sexual Dysfunction in Patients Utilizing Long-Term Opioids

<https://www.tandfonline.com/doi/full/10.1080/15360288.2025.2599362>

Risk of Chronic Opioid Utilization with Tramadol

<https://www.tandfonline.com/doi/full/10.1080/15360288.2025.2562033>

Leprosy-Related Pain

https://journals.lww.com/pain/fulltext/2026/06000/leprosy_related_pain_updates_and_why_it_matters.8.aspx?context=featuredarticles&collectionid=1

Transforming Geriatric Pain Care with Technology

<https://www.frontiersin.org/research-topics/80935/transforming-geriatric-pain-care-with-technology>

Pain Pod Episodes

Available via www.painguy.us/pain-pod and all your podcast apps

Episode 44: Pain Pearls (Part 2 with Dr. Sing Ping)

Episode 43: Adjuvant Pain Medications

Episode 42: Thug Drugs: Policy

Episode 41: Opioidology Part 3: The Opioid Pendulum

Episode 40: NSAIDs: Everything and Then Some

Episode 39: Opioidology Part 2: Opioid Selection

Episode 38: Opioidology Part 1: Our Opioid Story

Episode 37: PhARM-ODD Guidelines (A Conversation with Tyler Varisco)

Episode 36: Sports Pains (A Conversation with Brandon Welch)

Episode 35: Suzetrigine (A Journey into a Novel Non-Opioid)

Episode 34: Pain Pearls (Part 1)

Episode 33: Thug Drugs: GABA, GABA, GABA

Episode 32: Topical Pain Medications (Rx)

Episode 31: Topical Pain Medications (OTC)

Episode 30: Courtroom Conundrums (A Conversation with Ronald Chapman)

Episode 29: Pain, Addiction, & Trauma (A Conversation with Helen Sairany)

Episode 28: National Opioid Settlement

Episode 27: Cannabis in Pain Management (A Conversation with Kenneth Finn)

Episode 26: Thug Drugs (Cannabis & Cannabinoids)

Episode 25: DEA Red Flags (Part 2: A Conversation with Dr. Jay K. Joshi)

Episode 24: DEA Red Flags (Part 1: A Comprehensive Review)

Pain Pod Episodes (Continued)

Episode 23: Crack One Open (A Review of the AGS Beers Criteria 2023 Update)

Episode 22: Geri Duty (Review AGS Beers Criteria with Dr. DeLon Canterbury)

Episode 21: Thug Drugs (Opioids)

Episode 20: Naloxone

Episode 19: Unfit for Recovery (A Chat with Jake Nichols)

Episode 18: Buprenorphine (The Most Misunderstood Medication Ever)

Episode 17: Urine Drug Monitoring

Episode 16: Breaking News (CDC Opioid Guideline Publication)

Episode 15: PAINWeek 2022 Conference Summary

Episode 14: Academic Addiction Efforts

Episode 13: Morphine Milligram Equivalents (MMEs)

Episode 12: RxSummit 2022 Conference Summary

Episode 11: 2022 CDC Opioid Guideline (A Conversation with PharmD Author)

Episode 10: Thug Drugs (Stimulants)

Episode 9: Dreamland & The Least of Us (A Conversation with Sam Quinones)

Episode 8: Poly Pharmacy (A Conversation with Dr. Eric Christianson)

Episode 7: OTC Pain Medications (A Conversation with Dr. Laura Meyer-Junco)

Episode 6: Controlled Substance Rx Law (A Convo with Dr. David Brushwood)

Episode 5: PAINWeek 2021 Conference Summary

Episode 4: COVID Keto Guido (Pain Guy's Nephrolithiasis Experience)

Episode 3: A Conversation with THE Pharmacist, Dan Schneider (Netflix)

Episode 2: Opioid Madness Part 2 (Bracketology)

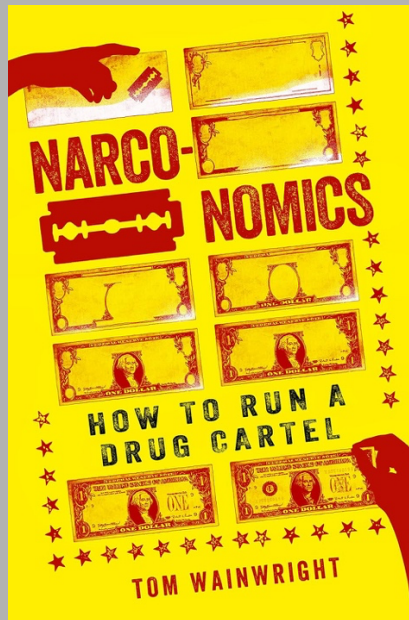
Episode 1: Opioid Madness Part 1 (Bracketology)

Episode Zero: An Intro with Pain Guy

Pain (Book) Club

One never talks about Fight Club, but everyone talks about Pain (Book) Club!

Narconomics



Economists want their place at the table too (and deserve it)!

What happens when street drugs follow the same business principles as Fortune 500 companies? *Narconomics* explores how cartels, dealers, and illicit markets operate with shockingly familiar strategies involving supply chains, branding, market competition, and customer retention—minus the quarterly shareholder meetings. It's a fascinating reminder that understanding the economics behind addiction and trafficking may be just as important as understanding the pharmacology.

Pain Guy Rating: Read it!

Amazon Link: <https://www.amazon.com/Narconomics-How-Run-Drug-Cartel/dp/1610397703>

Pain Stream

Pain goes main stream on the Pain Stream!

Breaking Bad



It has come to my attention that while 80% of humans have watched this series, there's obviously 20% out there still needing to!

What starts as a chemistry teacher's desperate side hustle quickly evolves into a masterclass on addiction, ethics, pharmacology, and unintended consequences. Breaking Bad brilliantly dramatizes everything from drug manufacturing and diversion to the devastating ripple effects substance use disorders can have on patients, families, and communities. Equal parts cautionary tale and binge-worthy chaos, it proves that "just one bad decision" rarely stays just one. A pharmacist could have accomplish the purity in one episode, but Walt gave us six seasons!

Pain Guy Rating: Must Watch!

Streaming Link: <https://www.netflix.com/title/70143836> (Netflix)

Red Flag Football: Controlled Substance Red Flags Case

The NFL season is right around the corner, yet this is not a play on words diminishing the incredible knowledge and expertise of healthcare professionals in matters involving controlled substances, rather a dive into propelling said folk to think deeper.

THE CASE

Acute Opioid & Benzo while utilizing Bup MOUD

Thomas Payne has been picking up his prescribed and dispensed buprenorphine/naloxone 12mg/3mg exactly every 28 days for at least the past 6 months. He unfortunately suffered an injury resulting in intense dull pain, which propelled his care team to prescribe him oxycodone 5mg (1 tablet every 6 hours as needed for pain) #20 and Lorazepam 0.5mg (1 tablet prior to upcoming orthopedic surgery). He presents to the pharmacy today with both prescriptions.

What “Controlled Substance Flags” are involved in this case?

-OUD (Treated) + Prescription Opioid Prescription?

-Opioid & Benzo? (Not THE Drug Interaction in National Opioid Settlement, which is C2/Benzo/Carisoprodol)

Followup thoughts...

Is oxycodone the best selection for a prescription opioid in this case?

Should the buprenorphine be temporarily discontinued? (NO)

Wheels Up! (2026 Pain Events)

Cardinal Health RBC (Orlando) July 2026

McKesson IdeaShare (Denver) July 2026

AmerisourceBergen Thought Spot (Orlando) July/August 2026

AACP Pharmacy Education (Grapevine) July 2026

PAINWeek (Vegas Baby!) September 2026

Healthcare Advocate Summit (Vegas Baby!) September 2026

NCPA (Kansas City BBQ Time) October 2026

ASCP (National Harbor, DC) November 2026

ASHP Midyear Meeting (Orlando) December 2026

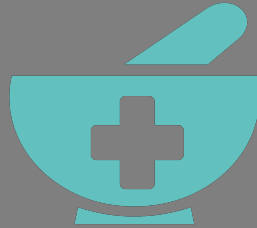
Pain Pals (Collaborators)



FDA Outsourcing Facility

NUBRATORI RX™

Quality Innovation Patient Safety



PAIN GUY