

PAIN PRESS

WELCOME

The Pain Press is an opportunity for all to gather and read up on all things pain management and beyond.

The Pain Press is a venue for pain management specialists, clinicians, patients, legislators, law enforcement, and the lay public alike to gain a deeper appreciation for all things pain management.

The Pain Press is also a springboard for aspiring writers.

~Mark "Pain Guy" Garofoli (Editor-in-Chief)



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Pain Pals (Collaborators)

Just in Time: Headlines

Older Adults and Chronic Pain: Aspirin's Past Its Prime

<https://www.drugtopics.com/view/older-adults-and-chronic-pain-management-aspirin-s-past-its-prime->

Correcting the Same Myth: How Fighting Misinformation Weighs Down Pharmacists

<https://www.drugtopics.com/view/correcting-the-same-myth-how-fighting-misinformation-weighs-down-pharmacists>

Considerations for Nonopioid Pain Management

<https://www.drugtopics.com/view/considerations-for-nonopioid-pain-management>

Cannabis for Pain: The Latest Evidence and Clinical Considerations

<https://www.medcentral.com/meds/cannabinoids/cannabis-for-pain-the-latest-evidence-and-clinical-considerations>

New Nitazne Opioid Shows Promising Results

<https://www.medcentral.com/meds/pain/new-nitazene-opioid-shows-promising-results>

Opioidology: An Unbiased View of Our Opioid Crisis for Clinicians

<https://www.drugtopics.com/view/opioidology-an-unbiased-view-of-our-opioid-crisis-for-clinicians>

Why Pain Management Treatment is Complex, Individualized, and Multimodal

<https://www.drugtopics.com/view/why-pain-management-treatment-is-complex-individualized-and-multimodal>

State Medical Marijuana Tax Change

<https://www.pbs.org/newshour/politics/trump-reclassifies-state-licensed-medical-marijuana-as-less-dangerous-drug>

Pain Pubs: Manuscripts/Articles

Similarity of Packaging Bottles: A Risk to Consumption of Controlled Drugs

<https://www.tandfonline.com/doi/full/10.1080/15360288.2025.2606257>

Targeting Complementary Pain Pathways: The Rationale for Combining Carbamazepine and Gabapentin in Neuropathic Pain

<https://www.tandfonline.com/doi/full/10.1080/15360288.2026.2619588>

Vortioxetine for Major Depressive Disorder with Chronic Pain: Clinical Evidence and Mechanistic Basis for a Multimodal Pharmacotherapeutic Approach

<https://www.tandfonline.com/doi/full/10.1080/15360288.2026.2647884>

Safety Analysis of IV Methadone vs. IV Hydromorphone in Post-Procedural Adults

<https://www.tandfonline.com/doi/full/10.1080/15360288.2026.2615074>

Optimizing Postoperative Opioid Prescribing in Veterans Undergoing Total Hip or Knee Arthroplasties

<https://www.tandfonline.com/doi/full/10.1080/15360288.2026.2621756>

When One Plus One Doesn't Equal Two: A Commentary on Strengthening the Care of Young People Experiencing Comorbid Chronic Pain and Mental Health Conditions

[https://www.jpain.org/article/S1526-5900\(26\)00232-4/fulltext](https://www.jpain.org/article/S1526-5900(26)00232-4/fulltext)

Low-Dose Ketamine Infusions for Postoperative Analgesia in Patients on Chronic Opioids Therapy in General Inpatient Units: safety Signals and Monitoring Needs in a Retrospective Cohort

<https://www.tandfonline.com/doi/full/10.1080/15360288.2026.2624496>

Does Baclofen Really Have a Role in the Management of Acute Lower Backpain: A Prospective Study

<https://www.tandfonline.com/doi/full/10.1080/15360288.2026.2649366>

Pain Pod Episodes

Available via www.painguy.us/pain-pod and all your podcast apps

Episode 47: Thug Drugs: Psychedelic Studies

Episode 46: Thug Drugs: Psychedelics

Episode 45: Functional Junction: Functional Medicine in Pain Management (Dr. Lauren Castle)

Episode 44: Pain Pearls (Part 2 with Dr. Sing Ping)

Episode 43: Adjuvant Pain Medications

Episode 42: Thug Drugs: Policy

Episode 41: Opioidology Part 3: The Opioid Pendulum

Episode 40: NSAIDs: Everything and Then Some

Episode 39: Opioidology Part 2: Opioid Selection

Episode 38: Opioidology Part 1: Our Opioid Story

Episode 37: PhARM-OD Guidelines (A Conversation with Tyler Varisco)

Episode 36: Sports Pains (A Conversation with Brandon Welch)

Episode 35: Suzetrigine (A Journey into a Novel Non-Opioid)

Episode 34: Pain Pearls (Part 1)

Episode 33: Thug Drugs: GABA, GABA, GABA

Episode 32: Topical Pain Medications (Rx)

Episode 31: Topical Pain Medications (OTC)

Episode 30: Courtroom Conundrums (A Conversation with Ronald Chapman)

Episode 29: Pain, Addiction, & Trauma (A Conversation with Helen Sairany)

Episode 28: National Opioid Settlement

Episode 27: Cannabis in Pain Management (A Conversation with Kenneth Finn)

Episode 26: Thug Drugs (Cannabis & Cannabinoids)

Episode 25: DEA Red Flags (Part 2: A Conversation with Dr. Jay K. Joshi)

Pain Pod Episodes (Continued)

Episode 24: DEA Red Flags (Part 1: A Comprehensive Review)

Episode 23: Crack One Open (A Review of the AGS Beers Criteria 2023 Update)

Episode 22: Geri Duty (Review AGS Beers Criteria with Dr. DeLon Canterbury)

Episode 21: Thug Drugs (Opioids)

Episode 20: Naloxone

Episode 19: Unfit for Recovery (A Chat with Jake Nichols)

Episode 18: Buprenorphine (The Most Misunderstood Medication Ever)

Episode 17: Urine Drug Monitoring

Episode 16: Breaking News (CDC Opioid Guideline Publication)

Episode 15: PAINWeek 2022 Conference Summary

Episode 14: Academic Addiction Efforts

Episode 13: Morphine Milligram Equivalents (MMEs)

Episode 12: RxSummit 2022 Conference Summary

Episode 11: 2022 CDC Opioid Guideline (A Conversation with PharmD Author)

Episode 10: Thug Drugs (Stimulants)

Episode 9: Dreamland & The Least of Us (A Conversation with Sam Quinones)

Episode 8: Poly Pharmacy (A Conversation with Dr. Eric Christianson)

Episode 7: OTC Pain Medications (A Conversation with Dr. Laura Meyer-Junco)

Episode 6: Controlled Substance Rx Law (A Convo with Dr. David Brushwood)

Episode 5: PAINWeek 2021 Conference Summary

Episode 4: COVID Keto Guido (Pain Guy's Nephrolithiasis Experience)

Episode 3: A Conversation with THE Pharmacist, Dan Schneider (Netflix)

Episode 2: Opioid Madness Part 2 (Bracketology)

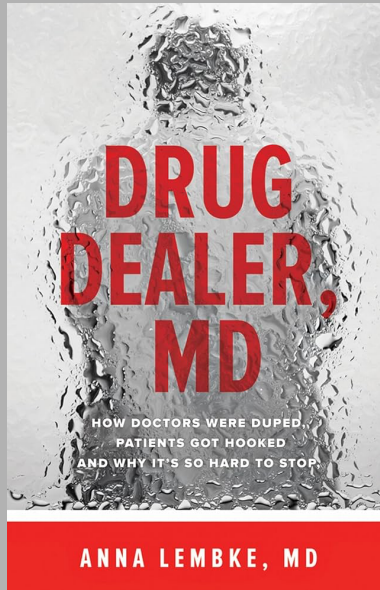
Episode 1: Opioid Madness Part 1 (Bracketology)

Episode Zero: An Intro with Pain Guy

Pain (Book) Club

One never talks about Fight Club, but everyone talks about Pain (Book) Club!

Drug Dealer, MD



“Drug Dealer, MD” is a fascinating, brutally honest look at how America’s opioid crisis evolved from well-intentioned pain treatment to a public-health catastrophe, told through the lens of a physician, with additional viewpoints from pharmaceutical marketing, addiction, and the communities caught in the middle. It’s part medical history, part opioid-crisis exposé, and part cautionary tale about what happens when pain, profit, prescribing, and politics collide—making it a must-read for anyone involved in pain management or addiction care.

Pain Guy Rating: Read it!

Amazon Link:

<https://www.amazon.com/dp/1421421402?lv=shuf&channelId=500&plpRedirect=mhFallback>

Pain Stream

Pain goes main stream on the Pain Stream!

Recovery Boys



“Recovery Boys” is a raw, powerful, and surprisingly hopeful look at four West Virginia men battling opioid addiction while trying to rebuild their lives through recovery at a farm-based treatment program. It doesn’t sugarcoat addiction—it captures the cravings, setbacks, relationships, family struggles, hard work, and small victories that make recovery anything but a straight line.

Pain Guy Rating: Watch It!

Streaming Link: Netflix (Subscription Required)

Red Flag Football: Controlled Substance Red Flags Case

The NFL season is right around the corner, yet this is not a play on words diminishing the incredible knowledge and expertise of healthcare professionals in matters involving controlled substances, rather a dive into propelling said folk to think deeper.

THE CASE

Patient presents with a prescription for diazepam 5mg (1 BID PRN muscle spasms) prescribed by a pain specialist in a neighboring state about 45 minutes away via highway. Patient's current medication profile includes morphine ER 30mg (1q12), oxycodone IR 5mg (1 TID PRN), carisoprodol 350mg (1 TID PRN), zolpidem 5mg (1 HS), duloxetine 30mg (1 BID), and lisinopril 20mg (1 QD).

What “Controlled Substance Flags” are involved in this case?

Wheels Up! (Upcoming Pain Events)

PAINWeek (Vegas Baby!) September 2026

AAPDAC (Wild & Wonderful WV) September 2026

NCPA (Kansas City BBQ Time) October 2026

ACEP (Chi Town) October 2026

ASCP (National Harbor, DC) November 2026

ASHP Midyear Meeting (Orlando) December 2026

APhA Annual Meeting (Charlotte) March 2027

Cardinal Health RBC (Nashville) July 2027

McKesson IdeaShare (Vegas Baby!) July 2027

AmerisourceBergen Thought Spot (Vegas Baby!) July 2027

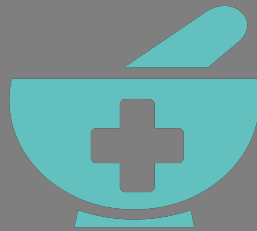
AACP Pharmacy Education (Toronto) July 2027

Pain Pals (Collaborators)



FDA Outsourcing Facility

NUBRATORI RX™
Quality Innovation Patient Safety



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