

PAIN PRESS

WELCOME

The Pain Press is an opportunity for all to gather and read up on all things pain management and beyond.

The Pain Press is a venue for pain management specialists, clinicians, patients, legislators, law enforcement, and the lay public alike to gain a deeper appreciation for all things pain management.

The Pain Press is also a springboard for aspiring writers.

~Mark "Pain Guy" Garofoli (Editor-in-Chief)



SECTIONS

Just in Time: Headlines

Pain Pubs: Manuscripts

Pain Pod Recent Episodes

Pain (Book) Club

Pain Stream

Red Flag Football: DEA Red Flag Case

Wheels Up: Pain Management Events

Pain Pals (Collaborators)

Just in Time: Headlines

BPS Aiming to Release the BPMPs in '25!!!

<https://bpsweb.org/pain-management-pharmacy/>

FDA Approves REM Option for Mail Back Envelopes (Rx Opioids)

https://www.fda.gov/drugs/drug-safety-and-availability/fda-approves-rem-modification-advancing-new-drug-disposal-option?utm_source=MarketingCloud&utm_medium=email&utm_campaign=PT+Daily+November+4&utm_content=PT+Daily+November+4

Naloxone one Way to Save Lives

<https://ebook.rxinsider.com/flip-book/37174/1150471/page/56>

Gabapentin Utilization Shows No Signs of Slowing

<https://stg.pharmacist.com/Publications/Pharmacy-Today/Article/use-of-gabapentin-in-us-shows-no-sign-of-slowing>

Controlled Substance Red Flags (U.S. Pharmacist)

<https://www.uspharmacist.com/article/addressing-red-flags-with-controlled-substance-prescriptions>

Controlled Substance Red Flags (Drug Topics)

<https://www.drugtopics.com/view/pharmacists-should-take-a-proactive-approach-when-addressing-controlled-substance-concerns>

Naloxone Nasal Spray 8mg vs 4mg

https://www.cdc.gov/mmwr/volumes/73/wr/mm7305a4.htm?ACSTrackingID=USCDC_921-DM121908&ACSTrackingLabel=This%20Week%20in%20MMWR:%20Vol.%2073,%20February%208,%202024&deliveryName=USCDC_921-DM121908#suggestedcitation

Nalmefene NS FDA Approved

https://www.fda.gov/news-events/press-announcements/fda-approves-first-nalmefene-hydrochloride-auto-injector-reverse-opioid-overdose?utm_source=MarketingCloud&utm_medium=email&utm_campaign=PT+Daily+August+8&utm_content=PT+Daily+August+8

HHS Methadone Updates

<https://public-inspection.federalregister.gov/2024-01693.pdf>

CBD Ineffective, Expensive, & Potential Harms

[https://www.jpain.org/article/S1526-5900\(23\)00582-5/fulltext](https://www.jpain.org/article/S1526-5900(23)00582-5/fulltext)

55% of Patients with OUD Receive Treatment

https://www.cdc.gov/mmwr/volumes/73/wr/mm7325a1.htm?s_cid=mm7325a1_e&ACSTrackingID=USCDC_921-DM131104&ACSTrackingLabel=This%20Week%20in%20MMWR:%20Vol.%2073,%20June%207,%202024&deliveryName=USCDC_921-DM131104

U.S. Supreme Court Rejects Sackler Bankruptcy Settlement

<https://apnews.com/article/supreme-court-purdue-pharma-opioid-crisis-bankruptcy-9859e83721f74f726ec16b6e07101c7c>

Pain Pubs: Manuscripts

GLP-1 Agonists Reduce Opioid Overdoses

<https://onlinelibrary.wiley.com/doi/10.1111/add.16679>

μ-Opioid Receptor Modulator that Works Cooperatively with Naloxone

<https://www.nature.com/articles/s41586-024-07587-7>

Frontline Perspectives on Buprenorphine Utilization in Pain Management

https://www.dovepress.com/articles.php?article_id=91563

Patterns of Opioid Prescriptions in the VA for Patients with Chronic Low-Back Pain After the Onset of the COVID-19 Pandemic

[https://www.jpain.org/article/S1526-5900\(23\)00644-2/abstract](https://www.jpain.org/article/S1526-5900(23)00644-2/abstract)

TENS Devices for Female Patients with Fibromyalgia

[https://www.jpain.org/article/S1526-5900\(23\)00653-3/abstract](https://www.jpain.org/article/S1526-5900(23)00653-3/abstract)

Cognitive Behavioral Therapies for Pain

[https://www.jpain.org/article/S1526-5900\(24\)00011-7/abstract](https://www.jpain.org/article/S1526-5900(24)00011-7/abstract)

Teaching Patients about Pain

[https://www.jpain.org/article/S1526-5900\(23\)00618-1/abstract](https://www.jpain.org/article/S1526-5900(23)00618-1/abstract)

Caffeine Impaired Acupuncture

[https://www.jpain.org/article/S1526-5900\(23\)00598-9/abstract](https://www.jpain.org/article/S1526-5900(23)00598-9/abstract)

Gender Differences in Pain

[https://www.jpain.org/article/S1526-5900\(23\)00598-9/abstract](https://www.jpain.org/article/S1526-5900(23)00598-9/abstract)

Serotonin Transporter & Sodium-Dependent Reuptake Inhibitors in Pain

[https://www.jpain.org/article/S1526-5900\(23\)00581-3/abstract](https://www.jpain.org/article/S1526-5900(23)00581-3/abstract)

Buprenorphine in Sickle Cell Pain

[https://www.jpain.org/article/S1526-5900\(23\)00542-4/abstract](https://www.jpain.org/article/S1526-5900(23)00542-4/abstract)

Low Dose Naltrexone (LDN) for Chronic Pain

<https://www.tandfonline.com/doi/full/10.1080/15360288.2024.2302550>

Pain Pod Episodes

Available via www.painguy.us/pain-pod and all your podcast apps

Episode 33 (Coming Soon): Thug Drugs: GABA, GABA, GABA

Episode 32: Topical Pain Medications (Rx)

Episode 31: Topical Pain Medications (OTC)

Episode 30: Courtroom Conundrums (A Conversation with Ronald Chapman)

Episode 29: Pain, Addiction, & Trauma (A Conversation with Helen Sairany)

Episode 28: National Opioid Settlement

Episode 27: Cannabis in Pain Management (A Conversation with Kenneth Finn)

Episode 26: Thug Drugs (Cannabis & Cannabinoids)

Episode 25: DEA Red Flags (Part 2: A Conversation with Dr. Jay K. Joshi)

Episode 24: DEA Red Flags (Part 1: A Comprehensive Review)

Episode 23: Crack One Open (A Review of the AGS Beers Criteria 2023 Update)

Episode 22: Geri Duty (A Review of the AGS Beers Criteria with Dr. DeLon Canterbury)

Episode 21: Thug Drugs (Opioids)

Episode 20: Naloxone

Episode 19: Unfit for Recovery (A Chat with Jake Nichols)

Episode 18: Buprenorphine (The Most Misunderstood Medication Ever)

Episode 17: Urine Drug Monitoring

Pain Pod Episodes (Continued)

Episode 16: Breaking News (CDC Opioid Guideline Publication)

Episode 15: PAINWeek 2022 Conference Summary

Episode 14: Academic Addiction Efforts

Episode 13: Morphine Milligram Equivalents (MMEs)

Episode 12: RxSummit 2022 Conference Summary

Episode 11: 2022 CDC Opioid Guideline (A Conversation with the PharmD Author)

Episode 10: Thug Drugs (Stimulants)

Episode 9: Dreamland & The Least of Us (A Conversation with Sam Quinones)

Episode 8: Poly Pharmacy (A Conversation with Dr. Eric Christianson)

Episode 7: OTC Pain Medications (A Conversation with Dr. Laura Meyer-Junco)

Episode 6: Controlled Substance Rx Law (A Conversation with Dr. David Brushwood)

Episode 5: PAINWeek 2021 Conference Summary

Episode 4: COVID Keto Guido (A Review of Pain Guy's Nephrolithiasis Experience)

Episode 3: A Conversation with THE Pharmacist, Dan Schneider (Netflix Documentary)

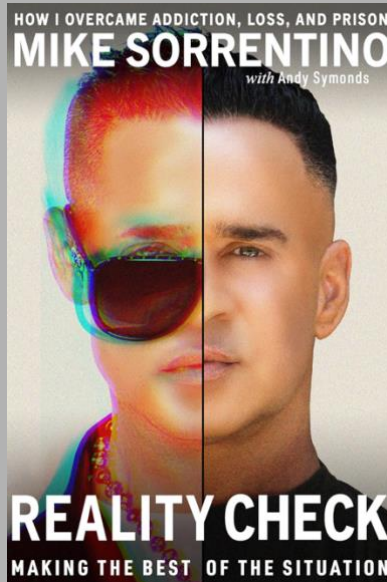
Episode 2: Opioid Madness Part 2 (Bracketology)

Episode 1: Opioid Madness Part 1 (Bracketology)

Episode Zero: An Intro with Pain Guy

Pain (Book) Club

One never talks about Fight Club, but everyone talks about Pain (Book) Club!



One's first thought might be a ponderance as to why in the world MTV's "Jersey Shore" is within the realm of healthcare, but it's certainly worth further discussion. Mike "The Situation" Sorrentino has published his autobiography which dives into a substance use disorder (addiction) reality involving pain medications. Yet another "In Your Face" real life example of addiction transforming one's reality.

This is definitely a "situation" to potentially help others!

Pain Guy Rating: Consider It!

Amazon Link: <https://www.amazon.com/Reality-Check-Situation-Overcame-Addiction/dp/1955026912>

Pain Stream

Pain goes main stream on the Pain Stream!



Dan Schneider has a life mission of saving lives.

If you somehow have yet to watch this streaming series, it's a must see.

Do it for Danny.

Pain Guy Rating: Watch It (Again)!

Streaming Link: www.netflix.com

Red Flag Football: DEA Red Flag Case

The NFL season is just around the corner, yet this is not a play on words diminishing the incredible knowledge and expertise of healthcare professionals in matters involving controlled substances, rather a dive into propelling said folk to think deeper.

THE CASE

This is the follow-up commentary on the DEA Red Flag Case from the previous Pain Press Issue (Volume 2), which was also presented to a packed house (some folks were not allowed in after capacity was reached!) at the APhA 2024 annual meeting in Orlando, Florida.

The Dr.'s Garofoli (Gretchen & Mark) happily live together and attended APhA '24 in Orlando together. While frolicking in the conference hotel with their young boys, they hurt their backs and could barely walk without 12-out-of-10 pain. A local urgent care provided acetaminophen/codeine 300mg/30mg and cyclobenzaprine 10mg scripts to each of them. Sadly, they forgot an insurance card so they offered to pay cash at the pharmacy.

What "DEA Red Flags" +/- "General Controlled Substance Concerns" are involved in this case?

The potential controlled substance red flags involved in this case include: Sedative Drug Combination, Geography, Same Last Name and Same Address, & Out-of-Pocket Pay. However, the intent of this case is to illustrate that not every potential controlled substance red flag results in a propensity to not dispense a controlled substance medication, while concurrently emphasizing that a dispensing pharmacy does always need to conduct due diligence to ascertain answers to respective controlled substance questions. Turns out, that sometime (documented) answers can certainly be alleviated resulting in the dispensing of medication, even if multiple questions (red flags) exist, yet other times, the opposite can certainly be true as well.

Wheels Up! (Pain Events)

2024

ASCP (Mile High) November 2024

ASHP Midyear Meeting (Bourbon Street) December 2024

2025

APhA Annual Meeting (Boots Kickin' in Nashville) March 2025

RxSummit (Nashville Hot) April 2025

ASAM (Mile High) April 2025

AAPM (Keep Austin Weird!) April 2025

BRAINWeek (Phoenix) May 2025

PAINWeek (Vegas Baby!) September 2025

NCPA (Bourbon Street) October 2025

ASCP (San Diego: Where It Rains 7x/Year) November 2025

ASHP Midyear Meeting (Vegas Baby!) December 2025

Pain Pals (Collaborators)



FDA Outsourcing Facility

NUBRATORI RX™

Quality Innovation Patient Safety



PAIN GUY