

*Keeping it 490!
WomanInspired.com*

**KEEPING IT 490 MEANS LEARNING TO
EMBRACE THE FULLNESS OF 70 X 7
FORGIVENESS AND WHAT IT TRULY
MEANS**

Intensive Forgiveness Retreat

**HOSTED BY WOMAN INSPIRED
MINISTRIES**

2022-2023 DATES TO BE ANNOUNCED

Don't put off embracing the forgiveness God has for us and commands of us. Learn to forgive others and forgive self at this 3-day, 2-night retreat for women.

Ages 21 and up are welcome.
If you're interested in a retreat please check back for updated dates and times OR send an email to: karen@womaninspired.com

Is an intensive Forgiveness Retreat right for you?

Are you holding on to UNforgiveness? Is the past stuck on replay in your mind? Do you find it hard to rest? Difficult to find peace and purpose? Then this just might be what you need.

FAQ's:

What do you mean by "intensive"? Intensive simply means concentrating on the topic and strengthening or increasing your knowledge or abilities in the area of forgiveness.

Is this a private retreat? Yes, each retreat setting will be a private setting with 7 to 12 other participants. All details of your personal journey will be kept within the group. Unfortunately, we cannot accommodate bringing children or pets with you. (Service dogs are the exception.) No social media posts or pictures are allowed to be taken without permission. Retreats are not streamed nor will they be recorded.

What kind of time do I need to set aside for the retreat? Most retreats are 3 days and 2 nights over a Friday thru Sunday. There will be a schedule of events including prayer time, worship, classes, relaxation, quiet time and personal time along with meals and a bit of fun! (Can't have a retreat without some laughter involved.) Travel is not included in the price.

What do I have to bring and what do I wear? Dress is casual and comfortable. Bring all your basic daily supplies such as clothing, toiletries, etc. just like you would to any other retreat or get-away. Bring your Bible and any snacks or soda you want.

Are meals provided? Most meals are provided although there are different types of venues and arrangements depending on where the retreat you attend is taking place. Details, costs and expectations will be stated for each event before you register.