



The Senior Home Safety Checklist

Simple upgrades to help you or your loved one stay safe, comfortable, and independent at home.

Lighting & Visibility

- Replace dim or burnt-out lightbulbs
- Add lighting in hallways and staircases
- Ensure outdoor areas are well-lit
- Install easily accessible light switches
- Use motion-sensor lights for added safety at night

Small Repairs

- Fix loose fixtures or handles
- Repair drywall damage
- Check for minor plumbing issues
- Ensure doors open/close easily

Fall Prevention

- Remove or secure loose rugs
- Clear clutter from walkways and stairs
- Ensure floors are even and damage free

Bathroom Safety

- Install grab bars near toilet and shower
- Add non-slip mats in tub/shower
- Ensure faucets are easy to use
- Check toilet height and stability

Stairs & Railings

- Check that all railings are secure
- Ensure stairs are evenly spaced and stable
- Add railings where missing
- Improve stair visibility (lighting or contrast)



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