



Maryann Sprague, Instructor

Maryann Sprague originally from Cincinnati, Ohio has over 25 years of dance and performance experience. She has performed on stage as well as on camera in commercials and music videos. She studied dance at Belmont University in Nashville, Tennessee, where she was selected as a core member of the Belmont Dance Company and honored by the faculty with the "Outstanding Achievement in Dance" award. From 2010 to 2014, Maryann danced professionally with Epiphany, a modern dance company, and served as the Co-Director for Dance South Performing Arts Conservatory in White House, Tennessee. Her jazz, tap, lyrical, and hip hop choreography has received national awards and recognition. In 2013, Maryann was invited to choreograph for Nashville Children's Theatre's production of Thoroughly Modern Millie. Maryann has extensive experience performing, instructing, and choreographing all genres of dance, and her scope of choreography encompasses artistic, competitive, cheerleading, show choir, musical theatre, commercial, and more. Maryann holds a Master of Arts degree in clinical mental health counseling and focuses on the treatment of eating disorders, self esteem issues, and body image concerns while working to promote awareness within the dance community."