



## Emergency First Aid at Work Level 3

The aim of this qualification is to provide a good basic insight into First Aid procedures and skills. The Emergency First Aid at Work course can be adapted to suit a particular audience and is ideal for anyone who wants to learn or refresh their first aid skills.

### What knowledge will be gained?

This course offers an opportunity to increase your knowledge and practical skills in first aid response. Those students who complete the course and are considered to have reached the required standard are issued with a certificate that is valid for three years. Under the current guidelines it is strongly recommended that first aid trained staff attend a half-day update every twelve months. Practical skills include recovery position, CPR and choking, application of dressings.

### How is the course assessed?

Certification is dependent on successful continuous assessment during the day. You will need to attend for the day and complete a series of practical assessments and a multiple choice knowledge assessment.

### What are the benefits?

- \*Achieve a nationally recognised Level 3 qualification
- \* Further your personal and professional development
- \*Increase your knowledge and awareness
- \* Learn life-saving skills

### What will be learned?

The course covers:

- **First aid priorities**
- **Managing an incident**
- **Basic life support**
- **Examination of a casualty**
- **Unconsciousness/ Unconscious casualty**
- **Bleeding/Control of bleeding**
- **Burns and scalds**
- **Shock**
- **Breathing and choking problems**
- **Seizures**
- **AED awareness training**
- **Anaphylaxis**
- **Fractures**
- **Regulations**
- **First aid kits**
- **Recording and reporting**
- **CPR**
- **Recovery position**

### Who can apply?

Courses are available to anyone over the age of 16 at a cost of £30 per person, payable at time of booking.

### When and where?

Courses are booked around Shropshire and can be held for staff groups in the workplace, please enquire to find out more.

Contact:

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