



## Falls Prevention Awareness Level 2

The aim of this qualification is to develop knowledge and of awareness of falls, why they happen, the impact and consequences of a fall, risks and hazards which contribute to falls, reducing the risk of falls.

### What knowledge will be gained?

This course offers an opportunity to increase your understanding and awareness of falls, the holistic impact and consequences of falls,. The course looks at the legal guidelines relating to falls and the importance of recording and reporting any incidence of falls to ensure that interventions can be put in place to reduce risk and reoccurrence of falls. The course identifies the importance of holistic risk assessments to identify potential risk factors and ways these can be reduced and monitored.

### How is the course assessed?

You will receive an information pack and the resource to enable you to give written responses to questions in a work booklet, either handwritten or typed depending on your preference.

### What are the benefits?

- \*Achieve a nationally recognised Level 2 qualification
- \* Further your personal and professional development
- \*Increase your knowledge and awareness
- \*Gain positive working relationships
- \* Learn at a time that suits you without the need to attend college

### What will be studied?

The course is split into 4 units:

#### Unit 1: Falls in context

Explores the impact and consequences of falls, the benefits of falls awareness and prevention and legislation and guidance relating to falls and falls prevention.

#### Unit 2: Understand the risk factors and causes of Falls

Explores the personal and environmental factors that can increase the likelihood of falls and other risk factors.

#### Unit 3: Falls assessment and prevention

Explores how the risk of falls can be assessed, monitored and reviewed, effective interventions, multi-agency and specialist support available for falls prevention.

#### Unit 4: Managing falls

Explores how to reduce the impact and minimise harm in the event of a fall, your role and responsibilities in falls situations and the importance of learning from falls to improve care.

### Who can apply?

Courses are funded for people who are aged 19 years or over, have lived in England for the past 3 years and who are not currently accessing any other government funded training.

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