

Christine Proia's Dance Academy

Recreational Classes 2017-18

Preschool thru Kinder Age

Tot Bop with Mom (age 18-36m)

Tuesdays 915-945

Wednesdays 915-945

Preschool 1 (age 2.9-3.5, Ballet)

Tuesdays 10-10:30

Wednesdays 10-10:30

Saturdays 9-9:30

Hip Hop & Flip (age 3.5-5)

Mondays 10-10:45

Wednesdays 315-400

Saturdays 10:30-11:15

Preschool 2 (age 4, Ballet & Tap)

Tuesdays 10:30-11:15

Wednesdays 10:30-11:15

Fridays 4-4:45

Saturdays 9-9:45

Kindercombo (age 5 Ballet & Tap)

Tuesdays 3:45-4:45

Saturdays 9:30-10:30

Trio (age 6 Ballet, Tap & Jazz)

Saturday 9:45-10:45

Acrobatics (age 4-6)

Mondays 3:30-4:15

Musical Theater

Aged 6-8 Musical Theater

Thursdays 4:45-5:45

Aged 9-11 Musical Theater

Wednesdays 6-7:00

Teen Hip Hop (age 12+)

Wednesdays 8-9:00

Acrobatics

Aged 7-11 Acro

Mondays 4:15-5:00

Aged 11+ Acro

Mondays 5-6:00

Ballet

Beginner Ballet

Saturdays 12:15-1:00

Ballet 1

Saturdays 12:15-1:00

Ballet 2

Fridays 4-5:00

Ballet 3

Fridays 6-7:00

Ballet 4

Mondays 345-5:00

Fridays 5-6:00

Ballet 5

Thursdays 3:45-5:15

Saturdays 1:30-3:00

Ballet 6

Mondays 5-6:30

Saturdays 1:30-3:00

Advanced Ballet

Thursdays 5:45-7:15

Saturdays 3:30-5:00

Pre-Pointe

Thursdays 5:15-5:45

Saturdays 1-1:30

Pointe (by approval only)

Mondays 6:30-7

Saturdays 3-3:30

Tap

Beginner Tap

Saturdays 11:30-12:15

Beginner Tap for older students (age 10+)

Thursdays 6:45-7:45

Tap 1

Saturdays 11:30-12:15

Tap (cont'd)

Tap 3

Wednesdays 7-8:00

Tap 4

Wednesdays 7-8:00

Teen Tap (age 12+)

Mondays 8-9:00

Jazz

Beginner Jazz

Saturdays 10:45-11:30

Jazz 1

Wednesdays 5-6:00

Jazz 2

Wednesdays 5-6:00

Jazz 3

Wednesdays 6-7:00

Jazz 4

Wednesdays 6-7:00

Teen Jazz (age 12+)

Mondays 7-8:00

Lyrical

Lyrical (age 9-11)

Saturdays 1-2:00

Teen Lyrical (age 12+)

Wednesdays 7-8:00

Hip Hop

Aged 6-8 Hip Hop

Wednesdays 4-5:00

Aged 9-11 Hip Hop

Tuesdays 3:45-4:45

Teen Hip Hop (age 12+)

Tuesdays 7:45-8:45

Typical Ages: Beginner - 6/7 Level 1 - 7/8 Level 2 - 8/9 Level 3 - 9/10 Level 4 - 10/12 Level 5 - 11/13 Level 6 - 13+
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