

Christine Proia's Dance Academy

Intensive Dance Team Classes 2017-18

RED Team

Tap

Wednesdays 4-5:00

Ballet 2

Fridays 4-5:00

Jazz

Fridays 5-6:00

Ballet 3

Fridays 6-7:00

Optional :

Aged 7-11 Acro

Mondays 4:15-5:00

Aged 6-8 Hip Hop

Wednesdays 4-5:00

9-11 Musical Theater

Wednesdays 5-6:00

Aged 6-8 Musical Theater

Thursdays 4:45-5:45

PINK Team

Ballet 4

Mondays 3:45-5:00

Tap

Tuesdays 4:45-5:45

Jazz

Tuesdays 5:45-6:45

Ballet 4

Fridays 5-6:00

Musical Theater

Fridays 4-5:00

Stretch

Saturdays 12-1:00

Optional :

Lyrical (age 10-12)

Saturdays 1-2:00

PINK Optional cont'd

Teen Lyrical

Wednesdays 7-8:00

Hip Hop (age 9-11)

Tuesdays 3:45-4:45

Teen Hip Hop

Tuesdays 7:45-8:45

Acrobatics

Mondays 5:00-6:00

Musical Theater (12+)

Wednesdays 8-9:00

BLUE Team

Lyrical

Mondays 6-7:00

Stretch

Mondays 7-8:00

Hip Hop

Tuesdays 5:45-6:45

Tap

Tuesdays 6:45-7:45

Ballet 5

Thursdays 3:45-5:15

Musical Theater

Thursdays 5:45-6:45

Ballet 5

Saturdays 1:30-3:00

Jazz

Saturdays 3-4:00

Optional :

Acrobatics

Mondays 5-6:00

Hip Hop

Tuesdays 5:45-6:45

Pre-Pointe

Thursdays 5:15-5:45

Saturdays 1-1:30

PURPLE Team

Stretch

Mondays 7-8:00

Contemporary

Mondays 8-9:00

Hip Hop

Tuesdays 6:45-7:45

Tap

Tuesdays 7:45-8:45

Musical Theater

Thursdays 4:45-5:45

Advanced Ballet

Thursdays 5:45-7:15

Jazz

Saturdays 2-3:00

Advanced Ballet

Saturdays 3:30-5:00

Optional :

Acrobatics

Mondays 5-6:00

Hip Hop

Tuesdays 6:45-7:45

Pointe

Mondays 6:30-7:00

Saturdays 3-3:30