

# Flam Exercises

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## Flam Taps

R R L L

## Backward Flam Taps

R R L L

## Inverted Flam Taps

3

R L L R

## Backward Inverted Flam Taps

R L L R

5

R L R L R L R L L R L R L R L R L R L R L R

## Flam Accent

7

R L R L R L R L R L R L R L R L R

## Flam Accent Variation 1

(same stickings -- alternate!)

## Flam Accent Variation 2

9

(still alternating...)

## Flam Accent Variation 3

R R L R R L R R L R R L  
L L R L L R L L R L L R

## default way to play flams

11

R L R L R L R L  
L R L R L R L R

## more natural phrasing

R L R L R L R L  
L R L R L R L R