

## Mass Times This Week



Saturday 5.00pm Vigil Mass

Sunday 11.00am Mass

Monday – Friday 7.00am Mass & 10.00am  
Mass

Please note our usual 7.00pm Wednesday  
Novena Mass will be celebrated in St Matthias'  
Church on the Glen Road

### Adoration of The Blessed Sacrament



Adoration of the Blessed Sacrament takes  
place every Wednesday & Friday following the  
10 o'clock Mass



The Offertory Collection for the 8<sup>th</sup>  
February amounted to £1900.00, 15<sup>th</sup>  
February £2010.80 & Sick and retired priests  
£716.60

Thank you

TO MAKE A DONATION TO THE PARISH PLEASE  
VISIT OUR WEBSITE

[stmichaelsbelfast.co.uk](http://stmichaelsbelfast.co.uk) and click on the  
**DONATE BUTTON**

Thank you for your continuous support and  
generosity



## St Michael the Archangel Parish

### Bulletin

22nd February 2026

First Sunday of Lent

Sunday Cycle A, Psalter week 1

### Parish Contact Options

CALL 02895 904304 To connect  
and choose the option for the assistance you  
require

PARISH OFFICE Option 1

IN THE CASE OF A SICK CALL Option 2

FUNERAL ARRANGEMENTS Option 3

MASS TIMES AND INFORMATION Option 4

FOR FATHER CIARAN FEENEY Option 5

The Parish Office will be open this Monday-

Thursday 9.30 am until 12.00pm

In the event of an emergency please call  
the Vicariate Mobile on 07549209775

Webcam: [Churchmedia.tv](http://Churchmedia.tv) or

[saintmichaelthearchangel.godaddysites.com](http://saintmichaelthearchangel.godaddysites.com)

Facebook [Saint Michael the Archangel Parish](#)

Twitter/X [@St-MichaelArch](#)

Email: [stmichaels@downandconnor.org](mailto:stmichaels@downandconnor.org)



We pray for all our deceased relatives and  
friends and for those whose  
anniversaries occur at this time

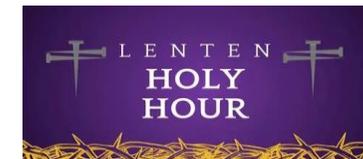
Anniversaries: David Wasson, Fionnbarr  
Austin, Dymrna Rea, Maureen Rooney,  
Geraldine Braniff, Theresa Delaney, George  
Brannigan, Antoinette Fleming, Albert  
Spotswood, Eugene Muldoon, Patrick Colmcille  
Brennan, Helen McKeown, Earl De Ornellas

Months mind: Michelle Bradley, Michael  
Lennon, Eileen Catney, Liam Burns, Noel  
McBride

Recently Deceased: Bronagh McCourt, Sally  
Kearns, Gerard Power

You can book an anniversary Mass or give an  
anniversary intention for this section of the  
bulletin by calling or e-mailing the parish office  
02895 904304 (Option 1)

Email: [stmichaels@downandconnor.org](mailto:stmichaels@downandconnor.org)



Sunday evenings from 6.00-7.30pm, a time of  
intercession for vocations, with a special Lenten  
Holy hour of prayer and reflection. Adoration of  
the Blessed Sacrament throughout. All are very  
welcome.



This week the sanctuary lamp burns in loving memory of David & Agnes Wasson

## A Journey Through Lent

Lent will see the return of our weekday Masses here in St Michael's, Monday – Friday at 7.00am & 10.00am.

This year our Family of Parishes will be offering an evening Mass, Monday–Friday at 7.00pm in St Matthias' Church on the Glen Road.

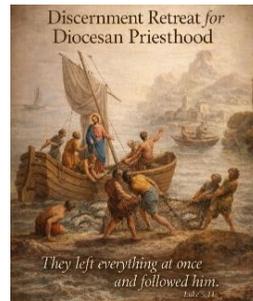
To facilitate this our 7.00pm Novena Mass will move to St Matthias' until after Easter. Please take one of the leaflets in the porches for full details of our Lenten Mass Schedule.

### SYCAMORE What do you believe?



This Lent the Black Mountain Family of Parishes is holding a series of presentations for those interested in learning more about the Catholic Faith. Wednesday 25<sup>th</sup> February 2026 at 7pm begins the six week programme and all are welcome to St Teresa's Parish Centre

☘ Don't miss a DIVINE invitation to come on St Patrick's Way Pilgrim Walk in Downpatrick with guides Martina Purdy and Elaine Kelly on Saturday March 14 in honour of Ireland's patron saint and the 25th Anniversary of The Saint Patrick Centre. Includes the fabulous 180° IMAX film of St Patrick, with internal bus transfers, pilgrimage lunch, an authentic Camino passport and a 6 mile pilgrimage walk finishing at St Patrick's grave. A special 25% discount price is on offer of £40 (normally £55) To book ring 02844 619000 or go to [www.saintpatrickcentre.com](http://www.saintpatrickcentre.com) ☘



6<sup>th</sup>–8<sup>th</sup> March 2026

### Drumalis Retreat House, Larne

For young men who are open to the question: "Is God calling me to be a priest?" A chance to step away from the noise and busyness of everyday life. Time for prayer, silence, and honest conversation. No pressure to decide anything – just space to listen and reflect

For more details contact Fr Conor McGrath [c.mcgrath@downandconnor.org](mailto:c.mcgrath@downandconnor.org)



Pioneer Total Abstinence Association of the Sacred Heart

### Lenten Challenge 2026

Parishioners who wish to take a short-term pledge for Lent are invited to visit [www.pioneers.ie](http://www.pioneers.ie) or to speak to a Pioneer in the parish. "Off the drink for Lent" is a reminder that "the bonds of friendship and affection do not unravel with death" ... or with addiction or sickness. Prayer and penance have been part of the response by many Irish families to the challenges which they have met across the centuries. The short-term Pioneer pledge for Lent is a gesture of solidarity with people who are living "one day at a time" according to the 12 Step AA programme.

### Sensory-Friendly Mass Invitation

St Colmcille's Parish, Ballyhackamore Belfast

BT4 3JB warmly invites you to our monthly Sensory Mass on Saturday, 28th February at 12:00 noon. This special Mass is designed to be inclusive and welcoming for individuals and families who may benefit from a quieter, more relaxed worship environment. Mass features gentle lighting and sound; a calm and supportive atmosphere; Space to move around if needed; Sensory items to aid regulation. Refreshments after Mass in the parish centre, with supervised activities for all.

## Forms of Friday Penance

Lent is the perfect opportunity to consider fulfilling Friday penance. The following are suggested ways of doing so.

Abstaining from meat.

Abstaining from alcoholic drink or smoking.

Visiting the Blessed Sacrament.

Making the Stations of the Cross.

Helping the poor, sick, old or lonely.

Participating in family prayer.

Participating in Friday Mass.

## Down & Connor Pilgrimage to Lourdes

2026

8th/9th – 14th/15th July. 5 & 7 Night options available. Please visit

[www.downandconnor.org/lourdes](http://www.downandconnor.org/lourdes) for more information or call the Pilgrimage Office on (028) 9077 0162 or email

[lourdes@downandconnor.org](mailto:lourdes@downandconnor.org) Youth Team (10-17th July): applications now open (see website for details) Application for the Youth Team is online only: The link for application form is <https://forms.office.com/e/OP2U1Ku3c8>

## Celebrating St Michael's Parish



This year 2026 marks fifty years since St Michael's became a parish in its own right.

Among the plans to mark this special anniversary is a special edition commemorative magazine. Anyone who has any old photographs or information regarding the parish history is asked to contact the office and leave details with Catherine or email [martinapurdy1@gmail.com](mailto:martinapurdy1@gmail.com) or

[ekellypg@gmail.com](mailto:ekellypg@gmail.com)

Thank you for your cooperation.

## Pope Leo's prayer intentions for 2026

. February: For children with incurable diseases.

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

## Fully Escorted Pilgrimage

POLAND and DIVINE MERCY SANCTUARY,  
CZESTOCHOWA, WIELICA SALT MINES,  
KRAKOW

9<sup>th</sup> – 14<sup>th</sup> APRIL 2026

5 Nights flying from Belfast to Krakow. Ever wanted to be in the Lagiewniki Divine Mercy Shrine on Divine Mercy Sunday, well this year you can. Guide tour of the old town of Krakow, Join us on as we visit Czestochowa to see the Icon of the Black Madonna. Witness the wonders of the Wieliczka Salt Mines that has captivated pilgrims for centuries. Visit Wadowice, the hometown of St John Paul II Comprehensive Travel insurance is EXTRA.

£1,045.00 PER PERSON SHARING

Single room supplement is £250.00 EXTRA

SEATS ARE LIMITED

Spiritual Director: FR TONY DEVLIN

£400.00 deposit secures a seat!

For further details contact:

Jonene McCusker 07753 803414  
or email: [jeanreynolds@hotmail.co.uk](mailto:jeanreynolds@hotmail.co.uk)



*The Sign of Peace remains an integral part of the celebration of the Eucharist and has been reintroduced as a normal practice across the Diocese. The customary expression of the Sign of Peace in Ireland is a handshake. However, other non-contact forms of the sign of peace such as a nod, a bow or a smile are also legitimate expressions of the Sign of Peace. No offence should be taken if someone prefers to express a non-contact Sign of Peace.*

### ***Spiritual Exercises: 5 Day Silent Ignatian Retreat for Men***

*Led by Benedictine monks from St. Josephs Abbey, in France. Starts Thursday 30th April Benburb Priory, Co. Tyrone (1.5 hrs from Dublin). €450 (all meals & single room included).*

*Daily Mass - Ordinary Form (Latin & ad orientem). Discover the strength that only comes when you stop running and let God speak.*

*Book at: <https://soutenir.clairval.com/retreat-benburb-priory>*