

# Autism Friendly Surrey



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# Autism by Experience CIC



**We are a not-for-profit Community Interest Company called Autism by Experience CIC.**

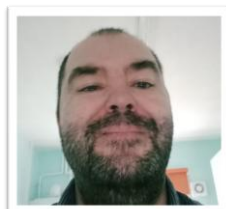
[www.autismbyexperience.co.uk](http://www.autismbyexperience.co.uk)

We have 13 paid staff, most of whom are autistic and we are looking forward to helping to make communities more 'Autism Friendly'.

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# Our team

Wendy, Daniel and Mike will be the team members from Autism by Experience working across the Frimley area. Kira is our minute taker !



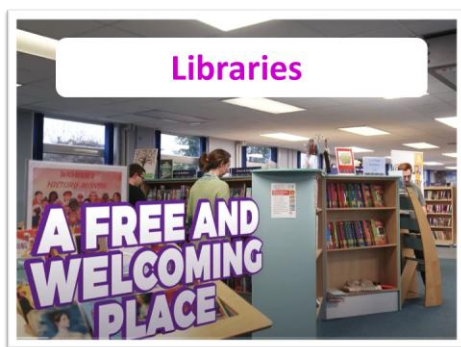
Contact us using [AFC@autismbyexperience.co.uk](mailto:AFC@autismbyexperience.co.uk)



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# Mapping activities across Surrey

During May and June we have continued to map Quiet Hours and inclusive activities for both adults and children across Surrey.



We are collating information about a wide range of venues and activities.

We are making contact with venues and activities and have started visiting them.

We can offer venues training on autism/neurodivergence and support to create visual stories.

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## Our facebook Group

We are uploading information from the mapping we are doing onto our facebook group which we've recently set up.



We have collated this information by area e.g. Frimley / North-West Surrey.

These are word documents for now, but we are exploring more accessible ways of sharing this information.

We are also on [Instagram](#)



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## Facebook Groups for families

There are a range of facebook groups across Surrey for families with autistic /neurodivergent children.

You can find these by typing the group name into facebook and searching:

- Neuro Diverse Support Group
- We Shine Local Network
- Surrey Autism Spectrum
- Surrey SEN Group

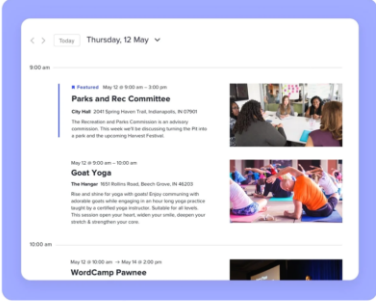


The [National Autistic Society Surrey Branch](#) offer support groups for families, a bi-monthly newsletter and moderated email forum.

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# Exploring calendars

We are currently looking at developing an online event calendar for quiet hours and inclusive activities. There are apps we can use for this.



### Highlight your events with multiple views.

- Month View
- List View
- Day View  
Give your audience the full rundown of all events occurring on the same day.
- Week View
- Photo View
- Map View
- Summary View

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# Visual stories

We can support venues to create a Visual Story to help people to prepare in advance for a visit to a venue for the first time.

The Visual Story will be on the website of a venue and aims to answer questions or worries people may have about going somewhere new, as well as helpful adjustments.

### Busy times and quieter times

Our busiest times tend to be Fridays Saturdays and Sundays (though Sunday evening is often less busy).

We have a DJ on a Saturday night from 8pm.

There will often be children's parties at the weekend during the day, which can be noisy !

Mondays, Tuesdays and Wednesdays tend to be our quieter days and evenings.



We do have ear defenders you can borrow free of charge from the Game On counter.

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# Supported 'taster sessions'

We are keen to work with venues to offer 'taster sessions' for autistic / neurodivergent children and adults.



Trying a new activity for the first time can feel daunting.

Our team are keen to support people and can arrange taster sessions where we can meet people at the venue to support them to try an activity out.

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# Training

We are developing our ideas for autism / neurodivergence training for venues in local communities.



Our current thinking is to advertise training sessions targeted at venues offering similar services. For example:

A training workshop for leisure centre staff in Surrey and a training workshop for library staff in Surrey.

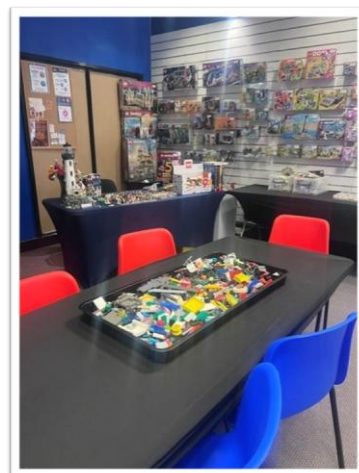
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# Visits in the Frimley area

Wendy and Daniel have been visiting venues in Frimley who offer inclusive activities and quiet hours.

It has been helpful to experience these venues and find out what they are like in reality.

We have had a really positive response from venues who seem very keen to be inclusive.



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# High Score Arcade - Farnborough

High Score Arcade have a monthly Quiet Hour.



Upcoming SEN Quiet Hour dates:

- 9th March
- 6th April
- 25th May
- 27th July
- 3rd August
- 10th August
- 24th August
- 31st August
- 21st September
- 26th October

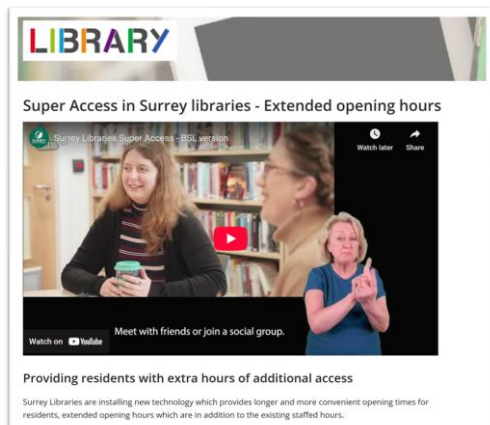
Daniel and Wendy booked onto the May Quiet Hour and visited.

[High Score Arcade Farnborough](#)

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# Surrey Libraries – Super Access



**Providing residents with extra hours of additional access.**

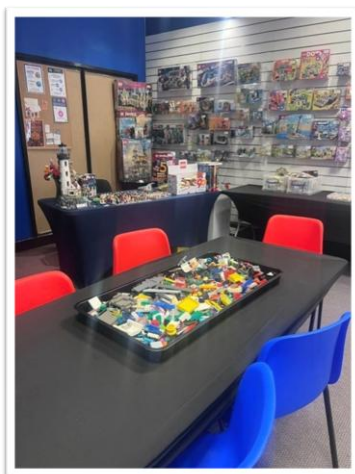
Surrey Libraries are installing new technology which provides longer and more convenient opening times for residents, extended opening hours which are in addition to the existing staffed hours.

Libraries offering this include Camberley and Farnham

[Surrey Libraries – Extended opening hours](#)

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# The Brick People



The store is in The Meads shopping centre in Farnborough. **It's a place to play with Lego !**

- It's £5 an hour to play with their selection of lego.
- There is a quiet room, and board games.
- There is a Sunday morning Pokemon club

The Brick People team are very keen to offer the events and activities that the local community want.

[The Brick People](#)

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# Camberley Town Youth FC

Our amazing team of volunteers is launching “Inclusive Football for All”!

This new initiative is about making youth football accessible, welcoming, and fun for everyone — regardless of ability or needs.

We recently heard about this so wanted to share it with you.



**Inclusive football Sessions**

**WHO FOR?**  
Sessions are open for all children with special needs/disabilities/SEN in the age group 11-16 and are able to walk/run unaided

**WHEN?**  
Our Football training sessions start in September

**Free football training session Saturday 12<sup>th</sup> July**  
11-13 Ages 10-11am  
14-16 Ages 11-12pm  
Please use the QR code to sign up as spaces are limited

**What to bring:**  
Comfortable clothes  
Bottle of water  
Football boots  
Shin pads  
Parents, carers, friends are kindly requested to stay.

**WHERE**

- Tomlinscote 3G Pitch
- Tomlinscote Way
- Frimley
- Camberley
- Surrey
- GU16 8PY

**FOR MORE INFO**

- Contact Roy
- 07796 626 659
- roydenujter2010@hotmail.com

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# Support and social groups

We are keen to support the further development of social and support groups for autistic adults in Surrey.



There are existing groups that meet regularly.

- Some of these groups are funded and supported
- Some groups are run by members themselves and unsupported

We are compiling a list of local groups

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# Adult support and social groups

The National Autistic Society (seperate to The Surrey Branch) run funded support groups for adults



- Godalming Women's Group (adults - once a month every third Saturday afternoon)
- Guildford Aspire (adults – once a month on a Thursday evening)
- All Surrey virtual social group (adults - Last Friday evening of each month)

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# Autistic Peer Network

**We have organised online meetings for autistic adults in July 2025.** The aim is to get autistic people views on developing peer networks.

**Autistic Adults Peer Network Consultation evenings:**

- Thursday 10<sup>th</sup> July 2025 – 7pm to 8.30pm
- Saturday 19<sup>th</sup> July 2025 – 11am to 12.30pm

**Autistic Parents Peer Network Consultation evening:**

- Tuesday 1<sup>st</sup> July 2025 – 7pm to 8.30pm



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# Staying safe in the community

We are working with young people to design an easy-to-read guide to staying safe in the community.

Staying safe when:

- Using buses and trains
- Using social media
- Meeting new people

