



**Autism in Surrey**

Working to improve the lives  
of autistic people in Surrey

## East Surrey Autism Friendly Communities Group

### Notes and actions from our May 2025 Meeting



#### **MP for Horley and Dorking, Chris Coghlan**

On Monday 9th June, the MP for Horley and Dorking, Chris Coghlan, will be attending the SEND support coffee morning at Horley Community Centre. Chris Coghlan has been doing a lot to raise SEND issues in parliament, and wants to hear more about parents' experiences. The coffee morning runs from 10.00 to 11.30 am, and there is a charge of £1 to attend, which goes to the community centre. If you would like to attend, please email:

**Email:** [info@theinclusivelearningpartnership.co.uk](mailto:info@theinclusivelearningpartnership.co.uk)



#### **Barclays Bank Quiet Hours**

Richard Burrows from Barclays in Redhill told us that Barclays will be rolling out a quiet hour for the first hour of every day across all their branches starting on Weds 9th July 2025. Bleeps on machines will be turned off along with TV screens and the lighting will be dimmed.



#### **Facebook groups**

Penny Sims told us about the East Surrey autism, adhd and neurodivergence support group. This is a group for families with around 1200 members. Relevant activities can be shared in this group. If you have anything to share please

**Email:** [AFC@autismbyexperience.co.uk](mailto:AFC@autismbyexperience.co.uk) and we will forward to Penny.



#### **National Autistic Society (NAS) Surrey Branch**

The NAS Surrey Branch has a bi-monthly newsletter and moderated email forum. The Surrey Branch also run a range of support groups including a regular coffee morning for families in Reigate on the first Friday of each month. **Click here** for more information.



## Surrey Libraries

We will continue to work with Surrey Libraries to promote their Super Access offer and the range of inclusive activities different libraries offer, including Horley Library All-inclusive Rhymetime every 4 weeks on a Saturday for 0-4 year olds and 5-9 year olds, and Autism Friendly LEGO Club: on a specific Saturday in school holidays.

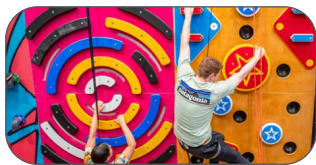
**Click here** to find your local library



## The Light Redhill

Izzy is the Events Manager at The Light in Redhill and is always happy to talk to anyone keen to access the Light's activities.

**Email:** [events.redhill@thelight.co.uk](mailto:events.redhill@thelight.co.uk)



Autism by Experience will help to promote these relaxed activities, and if anyone would like to try out relaxed climbing on a Thursday at 4pm please email [AFC@autismbyexperience.co.uk](mailto:AFC@autismbyexperience.co.uk) and we will help to organise a group.

# Our work for May and June 2025

## Our July Meeting

Our July meeting will take place online on **Tuesday 8th July 2025 from 12noon to 1.30pm**. We will send the link and agenda in mid June.

We will be working during May and June on mapping inclusive activities, and also focus on the following topics to report back to the group at our July meeting.

- We will find out more about **Community Connections Services** in East Surrey delivered by Waythrough for adults (formerly Richmond Fellowship).
- Developing **autism friendly spaces** for children, young people and adults who are isolated in their local communities - often rarely leaving their home.
- Finding out more about inclusive activities and adjustments offered by **local leisure centres** for autistic and neurodivergent people.
- We are planning some **evening meetings for autistic adults during June and July** to explore the further development of peer networks for autistic people. We will email autistic people on our mailing list with further details.
- We will find out more about opportunities offered through the **Surrey Local Offer**, make contact with **Autism All-Stars**, and find out more about **Carers Cards and alert cards**.