

NEWS FOR KANSAS AND THE EQUINE INDUSTRY.

## **September 2024 EDITION**

News, announcements and events from around Kansas, regarding the Kansas equine industry.

Legislation, Insurance, Equipment & Retail discounts are just some of our membership benefits! Visit our website to learn more.

Join our herd!



Visit Our Website!







## **2024 Upcoming Events and Calendar**

This month there are shows, rodeos, trail rides, and more!

See them here:

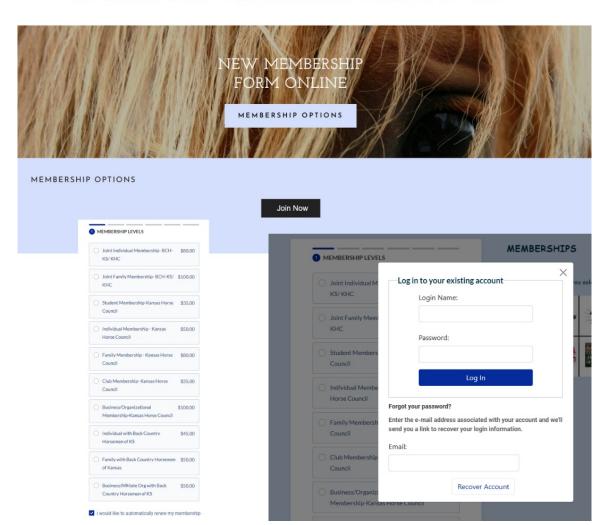
Calendar of Submitted Events

Any questions regarding events, please call us at <u>785-776-0662</u>

If interested in more information or to register for an event, please email us at

director@kansashorsecouncil.com

KHC MEMBERSHIP & SIGNS ▼ PUBLIC TRAILS IN KANSAS EVENTS & SIGN UP ▼ MORE ▼



#### NEW for 2024 and beyond!

When you set up an account and you are logged in, any purchases you make are listed in your personal account, so you can always see your transactions and you'll always have your member number handy.

HRP, Lifetime Insurance, Signs and Guides are in the "store" options, just under the Membership options page.

We hope you like the changes. We'll still be able to take memberships over the phone or check by mail...this online provides convenience and an auto-renewal option if you'd like!

Feel free to email or call if you have any questions. director@kansashorsecouncil.com, 785-776-0662







Recorded: July 25, 2024



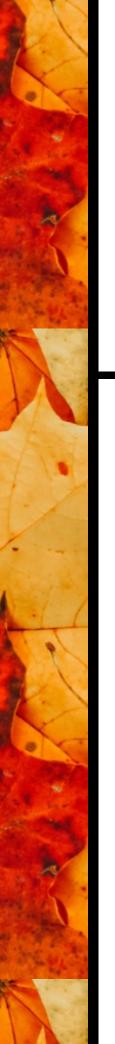
Thank you to those who joined us for the Equine Sector Session—if you missed the session, the recording is available **here**.

To guide the work that the Kansas Horse Council will do over the next year, please participate in the poll below.

The poll will allow you to select multiple equine sector priorities, please choose only your top three priorities.

Equine Sector Priorities (PICK 3) (View/vote in browser)

- 1. Adding/Improving Equine Expo Infrastructure
- 2. Defining Horses as Livestock
- 3. Appointing a dedicated Kansas Equine Extension Specialist
- 4. Supporting consumer demand for entry-level experiences to equine activities
- 5. Restoring Federal Appropriations for USDA inspectors as it applies to horse exports and horse processing
- 6. Establishing an Equine Check-Off Program
- 7. Sharing Equine Economic Impact



- 8. Support KS Horse Racing as needed
- 9. Develop equine handling protocol for emergency response & law enforcement
- 10. Increased trail maintenance, trail riding promotion, and opening of new trails for equestrian use
- 11. Other: please respond via email with "other" sector priority

#### **VOTE HERE**

**2024 Equine Sector Session Recording Link** 

**2023 Equine Sector Session Recording Link** 







#### Sunflower Slide

September 13-15, 2024
Judges: Terry Thompson and Kevin Jewell
Kansas Expocentre - Topeka, KS

\*\$24,500 Added\*
Ernie Rodina Memorial Futurity
TEVAN Non Pro Qualifier
\*\$1,000 Added Open\*
\*\$1,000 Added Novice II & Non Pro\*

DAILY SCHEDULE 8 AM Friday, September 13					
reen Rider/Green Horse	14	30	20	Jackpot	Prize
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mited Non Pro	6	50	30	500	Prize
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lasters Non Pro	6	30	20	Jackpot	Prize
ne Run For A Million Non Pro Qualifier	6	250	Must enter concurre		
reen Reiner I/II	13	30	-	Points	Prize
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ovice Horse Open II	4	100	50	1,000	Prize
ookie I/II/Primetime	9	20	20	Jackpot	Prize
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chibitor Party 5 PM Friday!				Exhibitor F	Party 5 PM Fri
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dies/Mens	12	30	20	Jackpot	Prize
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ovice Horse Non Pro II	14	100	50	1,000	Prize
outh 10 & Under Short Stirrup	A	10		Points	Prize
outh 10 & Under (Walk Trot)		Free	-		Prize
outh 13 & Under	8	10		Points	Prize
outh 14-18	8	10	2	Points	Prize
outh Leadline (6 & Under)		Free			Prize
		Rodina Memori			
			rt no less than one hour		
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t Non Pro Futurity L3	6	50	50	500	Prize
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pen Futurity L4	6	100		7,500	Lawson
t Open Futurity L3	6	200	75 100	Jackpot 2,000	Prize
mited Open Futurity L2 pen Futurity L1	6	100	100 75	Jackpot	Lawson
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outh 13 & Under outh 14-18	12	10		Points	Prize
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ovice Horse Open II	10	100	50	1.000	Prize
ovice Horse Open II ookie I/II/Primetime	8	20	20	Jackpot	Prize
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asters regir i i o	_	30		Jackpot an Nove Pro-class	Prize
RFAM Non Pro Qualifier	9	250	Must enter concurre	nt Non Pro class	
	-				- 1
pen stermediate Open	8	100 50	50 30	1,000 500	Prize Prize

High Point Awards will be offered in all NRHA and Club classes offered twice during the circuit.
Must be KRMA Member and show both slates to be eligible for weekend High Point.

**More Information Here** 



Planning for the future?

Consider a tax deductible donation to
the Kansas Horse Council Foundation, a 501c3 charitable
organization, promoting equine education and providing academic
scholarships to equestrians.





## 2024 EXPO SCHEDULE

SEPTEMBER 5th - 15th



#### **Thursday Sept. 5**

8:00 AM Horse Stalls Open

#### Friday Sept. 6

8:00 am Working Equitation 12:00 pm Draft Horse Show

#### Saturday Sept. 7

8:00 am Working Equitation
10:00 am Draft Horse Show
4:00 pm Draft Horse Team Pull
6:30 pm Draft Horse Show

#### Sunday Sept. 8

10:00 am Draft horse Show

#### Monday Sept. 9

10:00 am Mounted Shooters Demos12:00 pm Mounted Shooters Demos2:00 pm Mounted Shooters Demos

2:00 pm Barrel Bash

4:00 pm Mounted Shooters Competition

#### Tuesday Sept. 10

10:00 am Mounted Shooters Competition

2:00 pm Barrel Bash

#### Wednesday Sept. 11

9:00 am Dog Demos

12:00 pm 4-H Horse Move – in (until 3 pm)
 5:00 pm 4-H Horse Move – In (until 7 pm)

#### Thursday Sept. 12

7:00 am 4-H Horse Barns Open (until 9 am)

9:00 am 4-H Horse Show

6:00 pm 4-H Stalls Open (until 9pm)

#### Friday Sept. 13

7:00 am 4-H Horse Barns Open (until 9am)

8:00 am Llama Stalls Open 8:00 am 4-H Horse Show

6:00 pm Mustang Vet Check (until 8 pm) 6:00 pm 4-H Stalls Open (until 9 pm)

#### Saturday Sept. 14

7:00 am 4-H Horse Vet Check (until 9 am)

8:00 am 4-H Horse Show 12:00 pm Mustang Show 3:00 pm Llama Show

#### Sunday Sept. 15

8:00 am Mustang Show 8:00 am Llama Show



MEMBER SPOTLIGHT
ABBY WINER



## **Abby's Story**

Abby's life has always been intertwined with horses, a passion that began on her family's ranch. Her journey through the equestrian world started with 4-H and expanded to showing at palomino and quarter horse events. Her deep connection with the sport is reflected in her belief that "horses are something that you can get into at any stage of life, which is what makes it such a special sport." This lifelong dedication has driven her to embrace every opportunity to deepen her involvement, including judging horses during her college years and helping newcomers discover the joys of the equestrian world.

Today, Abby is fortunate to combine her love for horses with her professional life in marketing at the Celebration Centre and Bar K Bar arena in Lyons, Kansas. This exceptional venue, established

by local businessmen and managed by the Rice County Community Foundation, serves as Kansas's only horse event facility with both an arena and stalls under one roof. The Bar K Bar arena not only hosts agricultural events like horse shows but also acts as a vibrant community space, embodying Abby's commitment to enriching both the equestrian community and her local area. Abby values her connection with the Kansas Horse Council (KHC) for the vital role it plays in keeping her informed about industry events and news. She appreciates how KHC steps up to represent the horse community when needed and is grateful for their advocacy. Beyond that, KHC has facilitated valuable networking opportunities, connecting horse owners with her Centre during times of crisis and need. For Abby, KHC is an indispensable resource that has significantly enriched her engagement with the equestrian community. Abby's advice for fellow horse enthusiasts is to keep immersing themselves in the joy of working with these incredible animals. She emphasizes that each day brings something new and different, urging others to continually embrace and enjoy these experiences. Abby also encourages sharing the industry with others and cherishing the unique fellowship that comes from it, noting that the horse world often creates bonds so strong that people feel like family. Her own experiences have shown her the profound connections and lasting relationships that can be forged through a shared passion for horses.



#### Bar K Bar Arena

Kansas's only Horse Event Facility with Arena and Stalls under one roof The Bar K Bar Arena is a 215' x 300' arena building that can be used for horse and livestock shows, Ag Shows,auctions, ropings, team pennings, exhibits, rodeos, barrel racing and so much more.

Outdoor arena, RV Parking, 140 stalls, showers, show office and climate controlled restaurant area.



## **Facility Highlights**



**RV Parking** 

Ample Parking for Cars and RV's



**Event Sound System** 

Crystal Clear Audio



**Restaurant Facilities** 

Kitchen's Available for Rent



**Large Seating Capacity** 

Seating for 400 + Guests



Children's Playground

Playground, Park, and Volleyball



**Walking Trails on Site** 

Direct Access to the Davis Trails

**More Information** 



## **Kansas Paint Horse Association**

#### "Fall Color Flesta Show"

September 28 and 29, 2024, Ag Hall, Salina Fairgrounds Salina, KS

Judge: Sherry Haynes (APHA, PHBA, ABRA) Judge: Jeannie Young (APHA, PHBA, ABRA)

#### APHA, PHBA, ABRA and All Breed Classes

APHA and ABRA Show Manager—Nancy Beneda: 785 262-1549 PHBA Show Manager---Abby Wimer: 405 550-0970

Show Secretary/Stall Manager---Julie Engelbrecht: 573 680-6419 mphcsecretary@aol.com

Website: www.kansaspainthorse.com

Class 998: WT Hunter Under Saddle/ Buckle/ All Breed/ All Ages/ \$10 entry fee

Class 999: WT Ranch Rail Pleasure Jackpot/Buckle/All Breed class offered-All Ages \$10 entry fee.

BLACK-APHA BLUE-PHBA 200# GREEN-ABRA 300# RED-ALL BREED 400# BLACK-GR/RES 500#

APHA Fee: \$1.00/judge/class PHBA Fee: \$7.00/horse ABRA Fee: \$2/judge/horse

Office Fee: \$ 10 per horse --- any animal entered in any class(es) will be subject to the fee.

Youth Fee (APHA, PHBA, ABRA): \$12.50/judge/class or FLAT FEE of \$45 per judge (Youth show fees do not include the additional charges of an office fee, stall expense, and association show fee).

Amateur, Novice Amateur, WT Amateur and Open Fee (APHA, PBHA, ABRA): \$15/judge/class or FLAT FEE of \$60 per judge. (Open and AM show fees do not include the additional charges of an office fee, stall expense or association show fee).

\*Once an Open or AM Flat Fee is paid—a 2<sup>nd</sup> rider may exhibit the same horse in any APHA or PHBA or ABRA class(es) at no additional charge. (Breed specific)

All Breed Classes: \$ 15 per class

All Breed Walk-Whoa Classes (ages 8 and under): \$5 per class. Exhibitor can show independently or with assistance.

Stall Fees: \$60 per weekend (Friday and Saturday nights). Stalls are available at noon on Friday.

Grounds Fee: \$ 20 per day per horse (horse without a stall).

Shavings: \$ 9.00 per bag and must be purchased on site.

RV Hook-up Fee: \$25 per night per any electrical hookup on the premises. RV space is first come, first serve basis,

Return Check Fee: \$ 30 per transaction plus collection fees, as applicable.

ATTENTION all Ranch Trail and Ranch Pleasure Exhibitors: Individuals showing in both classes will execute the Ranch Trail pattern first then immediately execute the Ranch Pleasure class.

NOTE: Classes will run concurrently where noted. Classes ran concurrently will be judged separately. An announcement of such will be made during each class. Show management will ensure judges place all horses in the concurrent classes and are accounted for in the national point tabulation. All Breed Classes run independently. All pattern classes will be assigned a working order. KPHA reserves the right to combine or cancel classes.

- A CURRENT Breed membership card and evidence of Breed Registration Papers are required prior to showing. (All-Breed excluded)
- Exhibitor must be a paid member of KPHA at the time of entry to qualify for year-end APHA and All Breed awards.
- Exhibitor and Horse must complete a Nomination Form and pay the fee for APHA and All-Breed Year-End Award consideration.
- Nomination Fee: \$5/horse/rider per division. (For KPHA Year-end High Point Award Consideration. Nomination fee only applies to APHA and All Breed)
- KPHA Membership Form and Nomination Form are located online on <u>www.kansaspainthorse.com</u>

Giveaways at each event.

MORE INFORMATION





How do you get the most benefit from your pastureland while still preserving the health and vitality of the grass?

Dive into that and other topics at the Grazing Management Workshop being offered at SAVE Farm near Riley on **September 18-19th.**This brand-new course will be taught by experienced NRCS specialists and

grazing educators David Kraft, Doug Spencer, Dr. Walt Fick and Dr. K.C. Olson

This is a free workshop for current producers, beginning farmers and ranchers, veterans and transitioning service members interested in or currently engaged in land management and grazing activities.

While the workshop is free, advance registration is appreciated. RSVP with name(s), email address and phone number to mary@kglc.org or call/text Mary at 785-562-8726.



"A rare opportunity to ride unique ranchland in SW &S"



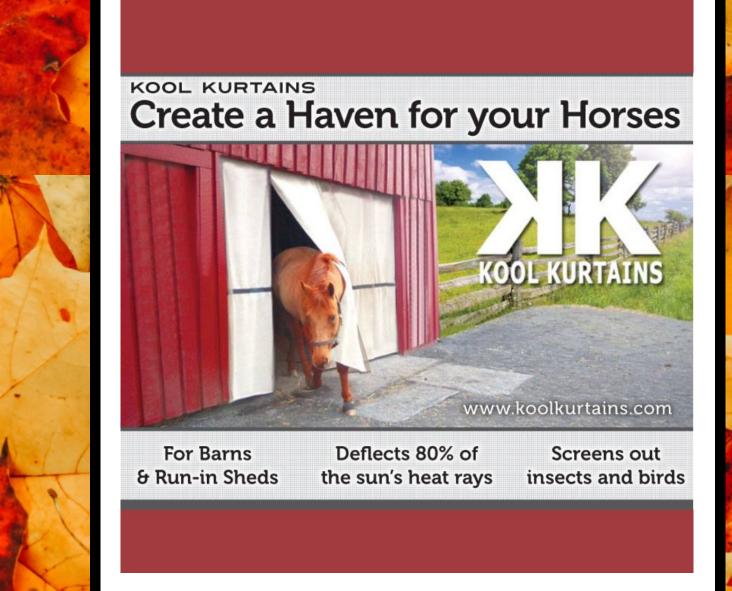
## October 18-19, 2024 Clawson Ranch in Englewood, KS

Alisha Owens, 620-309-7828 or email: mommyheckel@gmail.com

Camp Friday, Oct. 18.
Ride Saturday, Oct. 19.
Mount up and depart at 10:00am, pack your own lunch.
Enjoy pulled pork dinner & potluck sides in the evening.
Camp Saturday night.
Enjoy a 2 hour ride Sunday Oct. 20 before you leave.
PRE REGISTRATION IS REQUIRED

www.kansashorsecouncil.com

**REGISTRATION FORM** 









Saturday, September 21, 2024 Colby Community College Farm 2002 County Rd 23, Colby, KS 67701 9:30 a.m. - 1:30 p.m.



#### **Hosted by:**







Article written by Todd Pittenger - Published at KSAL.com - September 9, 2024

## High Plains Horseman's Day Approaching

The Colby Community College equine program, K-State Research and Extension, and Kansas Horse Council are hosting High Plains Horsemen's Day from 9:30 a.m. to 1:30 p.m. on Saturday, Sept. 21, at the Colby Community College farm east of Colby.

Organizers say the program will feature Glenn Reed teaching on equine dentistry. Practical horse nutrition will also be covered.

Sponsors are Thomas County Farm Bureau and Outdoor Bank.

**CLICK HERE TO GO TO REGISTRATION** 

Area youth compete in Wild Horse Youth Challenge at Kansas State Fair



On Sept. 14-15, the Bureau of Land Management (BLM) will co-host the Wild Horse Youth Challenge along with the Kansas State Fair, the Wild Horse Youth Challenge Board and volunteers. The event will feature 21 youth, ages 10–18, who began gentling and training a yearling wild horse in May. At the fair, the youth will compete in three in-hand events, a showmanship class, a trail class around obstacles and a freestyle class.

After the show on Sunday, Sept. 15, the trained yearlings will be available to qualified adopters by competitive bid. Any amount above \$125 will be retained by the youth trainer. If the youth trainer wants to keep their horse, the horse will not be available for adoption. Eight youth have decided to offer their trained yearling horses for adoption.

"It is amazing to see how the youth have developed their horsemanship skills while helping place wild horses into private care," said Wild Horse Youth Challenge President Tammy Halsey. "This is our seventh year partnering with the Kansas State Fair and the Bureau of Land Management to produce this event and it gets better every year."

The animals offered at the event are yearling horses that once roamed free on public lands in the West. The BLM periodically removes excess animals from the range in order to maintain healthy herds and protect other rangeland resources. The adoption and sale programs are essential for achieving these important management goals. Since 1973, the BLM has placed more than 240,000 of these animals in approved homes across the country.

BLM staff will approve applications onsite. To qualify to adopt, applicants must be at least 18 years old, with no record of animal abuse. Qualified homes must have a minimum of four hundred square feet of corral space per animal, with access to food, water, and shelter. A six-foot corral fence is required for adult horses; five feet for yearlings; and four-and-a-half feet for burros. All animals must be loaded in covered, stock-type trailers with swing gates and sturdy walls and floors. BLM staff will be on hand to assist with the application process.

The Kansas State Fair is located at 2000 North Poplar St., Hutchinson, Kan., 67502. For more information, call 866-468-7826 or visit www.blm.gov.



# The why's and how's to creating (and joining) a State Horse Council

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44







Have you ever wondered what your state horse council was all about? Or maybe your state doesn't have a horse council and you're looking to get one cooking! Listen in to this month's episode to learn the whys and hows to having and joining a state horse council. We're talking grassroots advocacy for your home state, and why you should get involved. Listen in...

Your Hosts: Julie Broadway (President) and Emily Stearns (Health, Welfare, and Regulatory Affairs Liaison) of the American Horse Council

Guest: Justine Staten of the Kansas Horse Council Guest: Kim Egan of Maryland Horse Council Guest: Brandi Ebner of the Oregon Horse Council

**LISTEN HERE** 



### **Pinpointing Poor Performance in Horses**

Posted by Lucile Vigouroux, featured in the Horse



#### The No. 1 Culprit: Lameness

Diagnosing equine lameness involves an almost limitless range of possibilities. "The most common causes are probably hind-limb proximal suspensory disease and generalized front foot pain," Contino says, reflecting on her experience. A horse's discipline and workload greatly influence his predisposition to different injuries. Looking at two popular disciplines, researchers have suggested that show jumpers and eventers are especially at risk of developing flexor tendon injuries, while dressage horses are overrepresented in hind-limb suspensory ligament desmitis cases1.

#### 2. Back Pain

Horse owners commonly observe back pain in poorly performing athletes and veterinarians frequently identify it as a clinical issue. In 20112 study renowned equine sports medicine and rehabilitation specialist Kevin Haussler, DVM, DC, PhD, Dipl. ACVSMR, estimated that up to 94% of ridden horses experience some degree of back pain. There are likely several factors to blame for this statistic. A 2023 survey-based study revealed the single most diagnosed pathological cause of primary equine back pain is kissing spines2, while other studies have identified ill-fitting saddles, among other riding-associated factors, as a common cause of equine back pain3. "While axial skeletal issues (including back pain) can cause lameness, they often present only as poor performance," says Contino. "Axial skeletal pain, dysfunction, and/or pathology are the most common causes of poor performance in the horses that present to me."

#### 3. Muscular Disease or Injury

Hyperkalemic periodic paralysis (HYPP) and polysaccharide storage myopathy (PSSM) are genetic diseases that affect horses' muscles. In Warmblood breeds myofibrillar myopathy (MFM) leads to muscular disease. PSSM and MFM most commonly cause clinical signs of tying-up and/or signs of vague poor performance, muscle soreness, and sometimes hind-limb gait abnormalities (depending on breed), while HYPP can cause muscle tremors and paralysis.

Is Your Horse Lame or Dealing with DOMS?



Veterinarians long believed delayed-onset muscle soreness (DOMS) was caused by lactic acid buildup in the muscles after exercise. Recently scientists found that's not the case. Humans and horses alike can experience muscle soreness and tenderness 48-72 hours after strenuous and/or unfamiliar exercise from microdamage accumulation in the muscle fibers5. If you've experienced DOMS, you know how crippled you can feel—and look! Though physicians consider DOMS a mild injury, they report it as one of the most common reasons for compromised human athletic performance.6

#### 4. Neurologic Deficits

Equine protozoal myelocephalitis (EPM) stands out as the most common neurologic disorder in horses and is arguably overdiagnosed and overtreated. A 2017 study showed 78% of apparently healthy horses in the U.S. tested positive for EPM antibodies4, meaning they were exposed to but not necessarily actively infected with EPM. However, EPM can cause neurologic deficits that negatively affect a horse's performance. Other neurologic conditions, such as equine degenerative myeloencephalitis (EDM), cervical vertebral stenotic myelopathy (CVSM), and Lyme disease can produce similar neurologic deficits.

#### 5. Hoof Problems

Most foot problems stem from various musculoskeletal issues, primarily categorized as lameness (see No. 1). Researchers have shown hoof bruising and podotrochlosis (aka navicular syndrome) are the main foot-related causes of lameness and poor performance in both dressage horses and show jumpers7. Primary issues of the hoof capsule can also limit performance and include white line disease, solar abscesses and bruising, and hoof cracks, to name a few.

#### 6. Respiratory Problems

Javsicas cites equine asthma as one of the top three causes of poor performance she diagnoses. Otherwise, respiratory problems include everything from laryngeal hemiplegia (roaring) and dorsal displacement of the soft palate to epiglottic entrapment and arytenoid chondritis. Contino agrees, adding that the literature suggests upper airway conditions such as these are another common cause of poor performance in horses.

#### 7. Cardiovascular Restrictions

Heart problems also made the top-three list of causes of poor performance in Javsicas' caseload, but this statistic likely does not represent the entire equine population. "Cardiac issues are a relatively rare cause of poor performance, but horses are referred to me—an internal medicine specialist—for further cardiac workup if a murmur is auscultated or arrhythmia detected, hence the bias," she explains. Cardiovascular malfunction is, however, the most common reason for sudden death in horses during and immediately after exercise, says Cris Navas, LV, PhD, Dipl. ACVIM, a large animal internist at the University of Pennsylvania's New Bolton Center Veterinary Hospital, in Kennett Square. In his presentation at the 2023 Veterinary Meeting and Expo (VMX) in Orlando, Florida, Navas cited atrial fibrillation as the No. 1 cause of cardiac limitation to horses' athletic performance.

#### 8. Gastric Ulcers

Gastric ulcers are prevalent in many populations of equids, from racehorses and eventers to stabled horses in general. Risk factors include insufficient

forage access, consuming grain on an empty stomach (not buffered by forage), high starch intake, and stress9. Javsicas says gastric ulceration is one of the most common culprits of poor performance she sees in her caseload.

#### 9. Repro or Behavioral Challenges

If a mare has a granulosa cell tumor on an ovary, the hormonal imbalance might cause her to display stallionlike behavior. The neurologic disease EDM can also cause lethargy and aggression in horses of both sexes.

Read Full Article Here





We invite you to participate in the

Heavy Horse Show September 20-22, 2024

Featuring in hand, under saddle and driving classes for Gypsy, Draft & Friesian.

Offering a High Point Farm Single/Team Exhibitor award.

Barrel Racing, Obstacle Course, Log Skid, Feed Race and more!

Online entries open July 1 and close August 15 without penalty.

To view the Competition Guide for more information and show schedule, visit www.okstatefair.com.



Marc Pankow <u>mpankow@okstatefair.com</u> (405)448-6735



OKLAHOMA STATE FAIR

September 12-22, 2024 Oklahoma City, OK



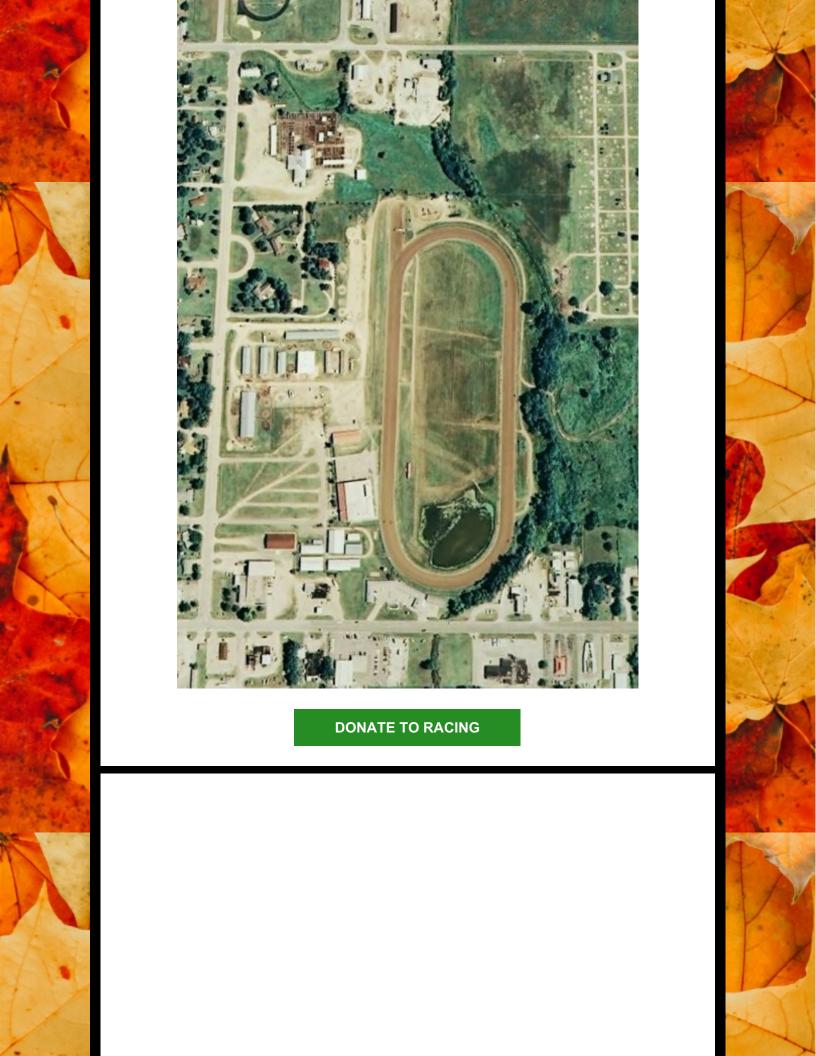
DID YOU HEAR THE NEWS?

KANSAS IS GETTING HORSE RACING BACK AT EUREKA DOWNS IN 2026!

GOT ANY HORSE RACING FRIENDS?

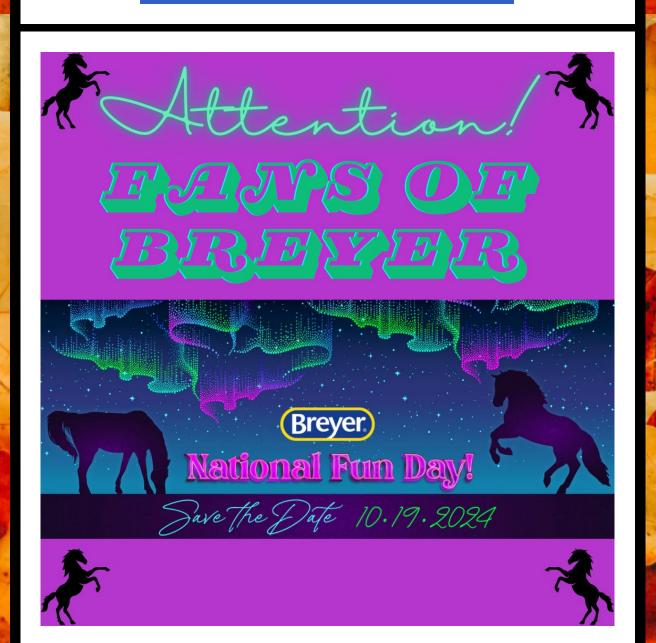
SHARE THE SECRET!







Equine Events by The American Royal



## **More Information**



AHC Reel of Industry Updates



### Cushing's Disease VS Metabolic Syndrome

#### Equine Cushing's Disease:

Disorder of the pituitary gland that results in hormonal imbalances. The disease tends to occur in middle-aged and geriatric horses.

#### **CLINICAL SIGNS INCLUDE:**

- a long, wavy haircoat that fails to shed according to normal seasonal patterns;
- · excessive sweating:
- · lethargy and poor athletic performance;
- · chronic recurrent laminitis;
- · infertility:
- · weight loss and muscle wasting;
- · abnormal distribution of fat;

WHAT CAUSES IT:

derivatives, including

(ACTH).

The intermediate part (pars

intermedia) of the pituitary gland

produces excessive amounts of

pro-opiomelanocortin (POMC) and several hormonally-active

adrenocorticotropic hormone

 consumption of large volumes of water and passage of large amounts of urine;

 delayed wound healing and increased susceptibility to infections. A cluster of conditions affecting somewhat younger adult horses, and including obesity, insulin resistance, hyperglycemia and chronic laminitis.

Metabolic Syndrome:

#### **CLINICAL SIGNS INCLUDE:**

- obesity;
- insuline resistance and hyperglycemia;
- · chronic laminitis.

A long haircoat is NOT a feature of the condition, and tests of pituitary function usually yield normal results. Furthermore, affected horses do not respond to medications which are frequently of benefit in cases of Cushing's disease.





Although the two disorders feature some striking clinical similarities— most notably a predisposition to development of chronic laminitis— the underlying disease biology is quite different in each case and successful management requires a proper diagnosis first.

Consult your veterinarian to learn more.

With each passing year, horses are living longer lives and many survive easily to 25 years of age or older. While this is good news, it also means that we need to be aware of changes that can occur with age in order to preserve the health and quality of life of our equine friends.

For example, Equine Cushing's disease is one of the most common diseases of horses 15 years of age or older. This syndrome is better defined as Equine Pituitary Pars Intermedia Dysfunction (PPID) because it reflects the location within the brain that is abnormal. Clinical signs are associated with abnormally elevated hormone concentrations in the blood.

Equine Metabolic Syndrome (EMS) is another endocrine disorder that can affect mature horses and shares some of the same clinical signs as PPID. Although the two disorders feature some striking clinical similarities — most notably a predisposition to development of chronic laminitis — the underlying disease biology is quite different in each case. Successful management relies on proper diagnosis by your equine veterinarian first.

Our understanding of both conditions, especially EMS, is incomplete and evolving, but sufficient information is currently available to highlight some important

similarities and differences for the interested horse owner. Consult your veterinarian for more information and work with them to develop the best wellness practices to ensure a healthy life for your mature horse.







We're midway through 2024 already, and fall riding will be here before we know it!

Be sure to add these fun events to your calendars!!

**Aug 31**, Annual Perry State Park Benefit Ride. Go to Let's Ride—Perry Lake, Events, on Facebook for details. Be sure to call state park office directly for camping reservations. 785-246-3449.

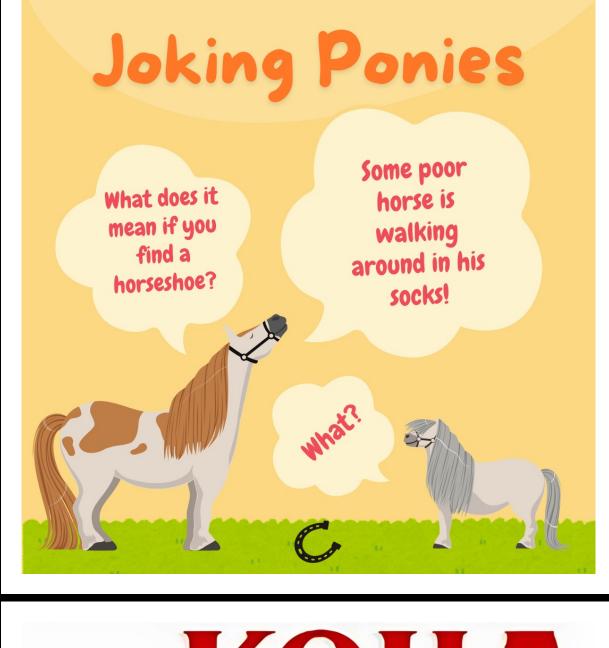
**Sept 28**, Annual Benefit Ride for Randolph Campground & Trails, Tuttle Creek Lake. Go to Tuttle Creek Chapter of BCHKS, Events, on Facebook for details. Call state park office directly for camping reservations, 785-539-7941.

Oct 5, Murder Mystery Ride, Saddle Ridge Campground, Hillsdale State Park. Details pending.

Call state park office directly for camping reservations, 913-594-3600.

**Oct 11-13**, Annual Eisenhower State Park (Melvern Lake) Benefit Ride. Find ride flier in Comments. Call park office directly for camping reservations, 785-528-4102.

Oct 19, Annual Moonlight Ride with Chili & Pie Supper at Perry State Park. Go to Let's Ride— Perry Lake, Events, on Facebook for details. Call park office directly for camping reservations 785-246-3449.





The Hope in the Heartland AQHA & VRH Horse Show

Kansas Quarter Horse Association
September 26 - 29, 2024
Bob Domer Arena ~ Stormont Vail Events Center
Topeka, KS



\$1,000 Added Money
Ranch Trail & Ranch Riding Sweepstakes
NEW! \$1,000 Added Money
KQHA Tradition Ranch Horse Invitational

For a showbill and sponsorship information visit our website at KQHA.com and follow our Facebook page to stay up to date.

Save the date for the Hope in the Heartland AQHA & VRH show **September 26 - 29 in Topeka, Kansas!** 

- \$1000 Added Money Ranch Riding & Ranch Trail Sweepstakes
- \$1000 Added Money KQHA Tradition Ranch Horse Invitational

#### Sponsorship opportunities are available!

Visit <u>KQHA.com</u> for more information and don't forget to follow the <u>KQHA Tradition Ranch Horse Invitational</u> facebook page!

More Information
Here





#### The Western Slope by Del Shields Cowboy Music and Poetry

I'm sliding down the western slope with leather reins tight in my grip. I hoping to evade the grizzlies here. But there's a holster on my hip.

The pack string on behind me, is stepping cautiously across the rocks. It a sight to see a string of mules, with their heads lower than their

hocks.

But it's a beautiful day as we make our way where few men dare to wonder.

Most just set at the base of this place and set their minds to ponder.

I guess I was built the other way. I like the high trail, looking down. Up here where the air is clear. Where nature's the only sound.

The mesa's spread out above canyons below, this vast and varied mount. The vistas and views that come into sight are more than a man can count.

The piñon-Juniper woodlands, shade the trails where the elk herds roam.

They climb these spring time passes, heading high to their summer home.

Summer's exhausted as I'm trailing down. Withered is the Mormon tea. As are the spriggly Amaranth sprouts, where timbers used to be.

I'm sliding down the western slope, where I'll winter near a town below. But, you can bet your boots I'll be climbing back up, when I see the first melting snow.



**Best of America by Horseback** 

Our mission is to promote equine tourism and riding destinations, while providing an entertaining and informative viewing experience for our audience.

Tune in to RFD-TV & The Cowboy Channel to catch our latest episodes and discover your next adventure on horseback!

From the mountains of Montana to the beaches of Florida, we'll take you on a journey to experience the best horseback riding that America has to offer.

Join us for the 20th Anniversary Ride in Black, Missouri

## September 20-22 Brushy Creek Lodge and Resort, Black, Missouri







#### What is historical horse racing?

- It's a way of gambling. You bet on horse races that have happened already.
- They are like slot machines. They have spinning pictures, and it sounds like a slot machine.
- You will get information about the horses and jockey before placing your bet.
- The player chooses the order of horses, or you can choose to have the machine choose for you.
- The new facility will be called the Golden Circle Historic Horse Racing Facility.

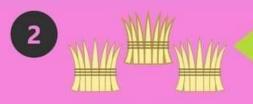
#### About the facility:





#### Clean up ALL manure

READ THE RULES: Place all manure in it's appropriate place before departing. Manure Bunker, pack it out or spread it. (but avoid throwing at base of trees) READ the RULES.



#### Hay! Clean it up!

Old hay holds moisture and can leave a moldy mess for the next equine, which is very unhealthy.





#### **Leave Nothing Behind**

Twine or hooks use to fasten buckets, gates, or haybags should be removed. These can be hazards for Equines



#### Bedding is a NO NO!

Your trail groups work very hard to place sand in the corrals for your equines comfort. Shavings mix in and prevent the natural drying of sand.

If corrals are prepared with limestone or gravel, and bedding is needed, then be sure LARGE flake shavings are used and COMPLETELY CLEANED UP.



Watch for WorkBees happening at your favorite Equestrian Trails and Camps, Follow them on social media, invite your riding friends and lend a hand.

Volunteers are ALWAYS needed and so appreciated.

Michigan Horse Trails Directory

Good things to remember when visiting any equine camping facility, anywhere!
Please respect spaces, wherever you may visit!



# Kansas Horse Council Membership Benefit Alert!

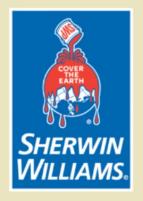
**Equine Discounts** provides exclusive discounts on nationally known products for everyone in the horse world. We are currently partnered with John Deere, Big Ass Fans, Sherwin Williams, ODP Business Solutions, and Farmers Insurance. We offer equine members steep discounts on everything from paint, fans, and office supplies to farm equipment such as tractors, mowers, hay equipment and Gators<sup>TM</sup>!

Anyone with a paid membership to any equine association (such as Kansas Horse Council) qualifies for Equine Discounts.

A percentage of every sale through Equine Discounts is returned to the Equine Industry!

Call 866-678-4289 to start saving today!













# **Equine National Plan**

The United States (US) horse industry involves activities in all regions of the country and the world. Horses are considered livestock and are unique in the livestock sector because of their broad diversity.

The equine industry involves business, working animals, sport, recreation,

entertainment, gaming, and environmental support, all built on the agribusiness of breeding and raising equine.

In addition to economic benefits, it also produces other intangible benefits to people and the US, including recreation, exercise, working animals, stress reduction, and entertainment.

The overall goals of the NEHP are as follows:

- Protect the health and welfare of horses in the US and North America;
- Facilitate the continued interstate and international movement of equine and associated products with science-based requirements and standards;
- Protect the business continuity and economic viability of the equine industry;
- Establish the role of the industry, federal and state authorities, and tribal governments in equine disease prevention and control and in natural disasters; ensure the availability of current diagnostic testing, inspection, and certification services; create and maintain a communication system which provides timely and rapid dispersal of accurate information about disease outbreaks;
- Provide guidelines for control, identification, and containment of equine diseases;
- Support and make available educational programs for horse owners and industry representatives on disease identification and prevention.

Click on the link below for further details

National Equine Health Plan







· Scrub out water buckets and troughs.
Combine a few tablespoons of baking soda with just enough water to make a paste that you can use on a sponge to scrub buckets. The baking soda is abrasive enough to remove "gunk," but rinses away easily with no chemical residue.

 Clean bits and metal stirrups. Apply some of your baking soda paste to a toothbrush to clean the metal parts of your tack.





· Freshen your horse's laundry. A sprinkling of baking soda in a load of saddle pads or leg wraps will help deodorize the material while brightening the colors.

 Deodorize drains. Pour a half-cup of baking soda down a stinky wash- stall drain, then follow that up with a half-cup of vinegar. The mixture will bubble and overflow, so don't be surprised. After five minutes, flush the drain with water.



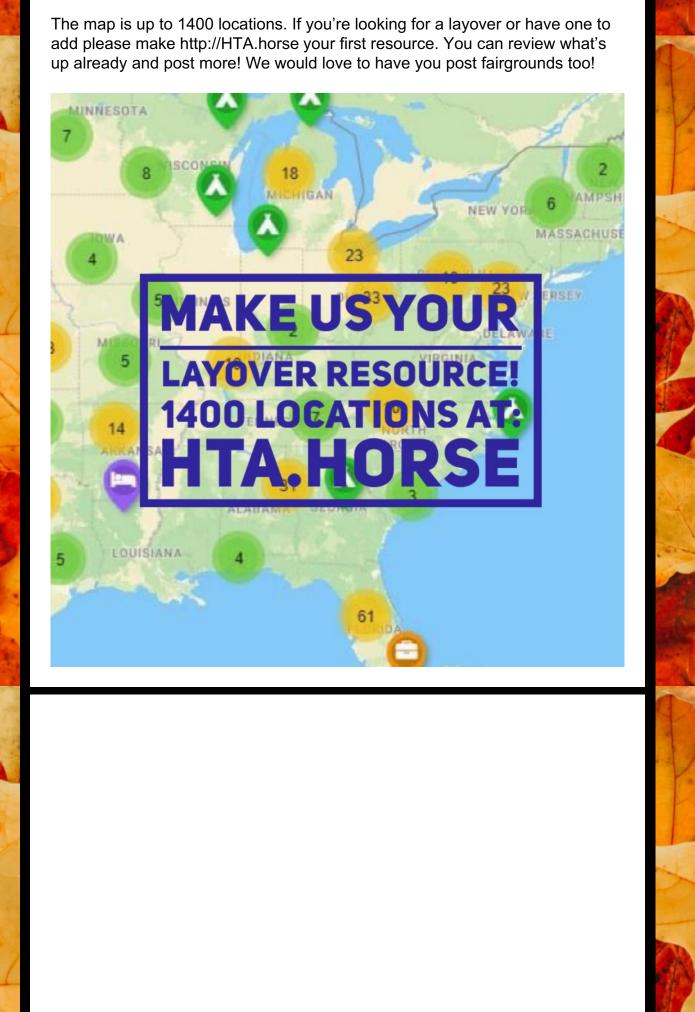
# **EQUUS**

# DID YOU KNOW...It's FREE to Access the Horse Trails of America Map

THE map is **free to access**, but we do ask that all sign in and make an account so that we can keep our community safe. Here's where to make your membership (or take advantage of the six-month free trial for the Trail & Travel Membership): https://www.horsetrailsofamerica.com/start-membership. Or if it's easier to remember, HTA.horse will take you to the same spot.

#### Watch the Video

Want more help? Here's a how-to video to walk you through all the features and what to do. Watch the YouTube channel—and be sure to hit subscribe and like once you're there: https://www.youtube.com/watch?v=2rQm8Lnd3ko







Psychotherapy sessions incorporating horses can enhance traditional therapy programs and services.

Through interactions with horses, clients engage in building trust and forming profound connections that extend beyond words.

Guided by professional facilitators, relationships with horses help clients calm their nervous systems, safely confront fears, and embody positive experiences.

This therapeutic partnership enriches both horses and humans.



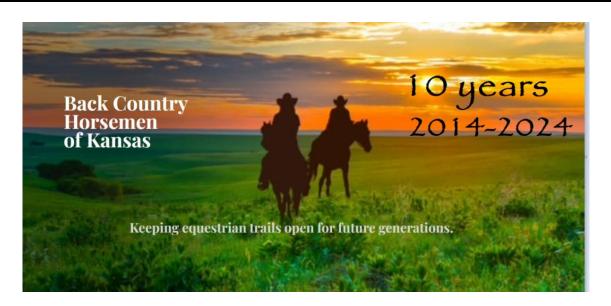
www.hereforhorses.org



It's not too late to enroll for 2024.

Have you renewed for 2024?

For those currently enrolled, don't forget to submit your HRP logged hours!



# **Kansas Back Country Horsemen of America**

Did you know 2024 is BCHKS' 10-year anniversary?

Want to know more about Back Country Horsemen- Kansas?

Like and Follow on Facebook:

(20+) Back Country Horsemen of America Kansas Chapter | Facebook

Many fall trail rides offer opportunities to support trails and trail improvement projects.



# **Bierocks**

View Recipe

# Ingredients

## Dough

- 1 1/2 cups (350 ml) milk
- 10 tablespoons (140 g) salted butter, cut up and at room temperature
- 1 1/2 teaspoons active dry yeast
- 1/4 cup (60 ml) warm water
- 6 cups (720 g) flour
- 2/3 cup (135 g) sugar1 1/2 teaspoons salt

2 eggs, lightly beaten

### Filling

- 2 to 3 tablespoons oil
- 1 large yellow onion, diced
- 1 lb (450 g) lean ground beef
- 1/2 cup (150 g) sauerkraut, drained
- 1 large head of cabbage, shredded
- 1 teaspoon crushed caraway seeds
- Salt and pepper to taste, start with about 1 teaspoon of each
- 2 to 4 tablespoons Dijon mustard

### **Directions**

- 1. For the dough: Scald the milk by heating it to 180°F (82°C) over medium heat, stirring frequently. then remove it from the heat and whisk in the butter. As soon as it hits temperature, take it off the heat. Side note: scalded milk is great for all kinds of baking, especially cakes and breads. It helps them rise more and be softer and fluffier. It's a fantastic trick!
- 2. Add the butter to the milk and stir it in. The milk needs to cool to no more than 120°F (49°C) before you add the yeast, or the yeast will perish.
- 3. Activate the yeast by mixing it with the 1/4 cup warm water and a pinch of sugar. Let it sit for a few minutes until it gets foamy.
- 4. In a large bowl, whisk the flour, sugar, and salt together. Add the yeast mixture, eggs, and milk/butter mixture. Mix until it forms a soft, sticky dough. You can knead this by hand for about 15 minutes, but it's quite sticky. It will be easier and cleaner to use a stand mixer with a dough hook if you have one. Add a few tablespoons of flour if you need to, but only if you knead to. The dough should be soft, smooth, and elastic, but still sticky.
- 5. Put the dough into a lightly greased bowl and cover, letting it rise for 45 minutes. Uncover it, punch down the dough, and let it rise a second time for 30 minutes.
- 6. For the filling: While the dough rises, heat the oil in a large frying pan and add the yellow onion. Cook for 10 minutes or until the onions are soft and translucent.
- 7. Add the ground beef and cook until browned, about 7 minutes. Add the cabbage and let it cook down for a couple minutes, then add the sauerkraut, caraway, salt, pepper, and mustard. Stir and cook for 5 minutes, then taste and adjust the ingredients if needed. Once cooked, set the filling aside to cool completely.
- 8. To assemble: Preheat the oven to 350°F (175°C). Line a baking sheet with parchment paper and lightly grease it.
- 9. Once the dough is fully risen, turn it out onto a lightly floured surface and divide it into 15 equal pieces. Form each piece into a ball and roll each ball out into a 6" (15 cm) circle (they don't need to be perfect circles).
- 10. Place a heaping 1/3 cup of the cooled filling into the center of each disk of dough and gather the edges up into the middle to make a parcel. Pinch the gathered dough together in the middle. You want to build up the dough right in the center.
- 11. Set the bierocks on a lightly greased baking sheet, seam side down, about 1" (2.5 cm) apart. Cover and let rise for 20 minutes.
- 12. Once risen, bake the bierocks, 1 sheet at a time for 15 to 20 minutes, or until the tops begin to brown. Remove them from the oven and brush with melted butter. Serve them forth warm or at room temperature.

# **Kansas Horse Council Specialty License Plate**

- Kansas Horse Council license plates are available at your local County Treasurer's office.
- You don't have to be a member to sport one, on your car, truck or trailer!
- Show your love of horses with this colorful statement plate!

### **KHC License Plate Info**







# BACK COUNTRY HORSEMEN OF KANSAS

What's the best way to stay informed of BCHKansas news and activities?

#### Follow Facebook.

There are several Facebook pages set up to keep BCHKansas members and all equestrians up-to-date on activities on several of our public trails. Here's a list:

Back Country Horsemen of America Kansas Chapter Sunflower Chapter of Back Country Horsemen of Kansas Saddle Ridge Chapter of Back Country Horsemen of Kansas Tuttle Creek Chapter of Back Country Horsemen of Kansas



Saddle Ridge Chapter Big Hill Lake Riders Friends of Randolph State Park Friends of Rockhaven Park Let's Ride—Perry Lake Kanza Rail Trails Conservancy

# Receive notifications of workdays or see reports on trails-maintenance or campground improvements. Join in on workdays whenever possible!

Follow the www.bchkansas.com website. Encourage a new member to join BCHKS and be entered into an end-of-year drawing.

# **BCHKS 2023 Volunteer Hours Summary**

Across Kansas, BCHKS volunteers are assisting in the maintenance of trails on public lands. We do make a difference! Equestrian volunteer work hours on Kansas public lands in 2023 are as follows:



(Formulas provided by BCHA and determined by The Independent Sector.)

### Backcountry Horsemen of America - Kansas Volunteer Hours Report January - December 2023

·		Rate per	
	Totals	hour/mile/day	Total Value
Total Basic Hours	539	\$29.95	\$16,143
Total Skilled Hours	1398	\$44.93	\$62,812
Non-Trail Hours	1076	\$29.95	\$32,226
Travel Time	201	\$29.95	\$6,020
Total Hours	3214		\$117,201
Personal and Stock Use	11738	\$1.00	
Total Travel Miles	11738		\$11,738
Power Equipment	730	\$30.00	\$21,900
Heavy Equipment	165	\$110.00	\$18,150
Total Equipment Hours	895		\$40,050
Total Stock Days	152	\$100.00	\$15,200
Total Donations	\$11,466		\$11,466
		Total	\$195,666

Keeping Kansas Trails Open for Future Generations!

#### 2023 Trail & Campground Improvements

Join both BCHKS and Kansas Horse Council at discounted rate with one payment. vw kansashorsecouncil com

#### Big Hill Lake BCHKS:

New water hydrant at Timber Hill Trailhead funded by endurance ride donation

Planned & hosted 6 Fill-the-Campground events (donation of manure cart to each)

BCHA \$500 grant funded safety vests, eye/ear protection, hand tools, chainsaw

#### Clinton Lake (Sunflower BCHKS):

#### Eisenhower State Park, Melvern Lake (Sunflower BCHKS):

- Several new cross trails added to trail system
- Benefit ride funds used to build round pen at West Point Equestrian Campground
- Benefit ride raised \$5,480 for campground/trail improvements Hosted Best of America by Horseback in September

#### Hillsdale State Park (Saddle Ridge BCHKS):

- Hosted Best of America by Horseback in September
- Installation of new bathroom near shelter house by park management
- All campsites now have pen
- Extensive clearing and widening of trails
- Fundraiser event raised \$3,000 for trail/campground improvements

#### Kanopolis State Park:

Benefit rides raised \$1,450 for trail/campground improvements

#### Perry State Park (Sunflower BCHKS):

- Benefit ride raised \$5,890 for campground/trails
- Benefit funds used to rebuild tractor used for mowing trails
- Water and electric lines undated by State Park management
- Work began on site for new arena

#### Randolph State Park (Tuttle Creek BCHKS):

- Benefit ride raised \$1,200 for campground/trail improvements
- BCHKS grant funded purchase of two manure carts for campground

Since 2014, equestrian volunteers have donated 29,538 hours toward the preservation and maintenance of trails on Kansas public lands with a value of \$1,902,543!

BCIIKS, celebrating 10 years in 2024!! bchkansas.com or bcha.org On Facebook - Back Country Horsemen of America Kansas Chapter In 2023, BCHKS
volunteers
contributed
3,214 hours of
work on public
trails. This
equates to
\$195,655!

Joint membership with KHC & BCH-KS for you!







#### **JOINT MEMBERSHIP AVAILABLE IN BOTH ORGANIZATIONS!**

Individual: \$80 (\$15 to BCHA/\$15 to BCH-KS/\$15 to KS Chapter of Choice/\$20 for insurance/\$15 to KHC Family: \$100 (\$15 to BCHA/\$15 to BCH-KS/\$15 to KS Chapter of Choice/\$40 for insurance/\$15 to KHC

<u>Trails Advocate Level Individual: \$80</u> <u>Trails Advocate Level Family: \$100</u>

One enrollment to support two organizations! Simple and makes sense!









# WHAT IS IEA?

IEA is a non-profit organization offering a unique draw-based/catch-ride team competition, whereby riders are not required to own their own horse or riding tack to participate – thus providing greater access to the sport.

# WHO CAN PARTICIPATE?

- Riders of all experience levels in Grades 4-12
- Amateur Riders age 21 & older
- Coaches 21 & older
- Adult Contributing Members (non-riding)
- Junior Education Members (non-riding)
- Middle & High School Teams

## WHAT ARE THE BENEFITS?

- \$1.5 M in Cash & Collegiate Scholarships EACH year
- National Youth Board and Leadership Opportunities
- Financial Aid and Grant Assistance
- Local, Regional, Zone, & National Competitions
- National Online Horsemanship Knowledge Program
- Access to Clinics, College Recruitment Events,
   Mentorships, Volunteer Opportunities, & Contests

RidelEA.org info@RidelEA.org

Attention Kansas lesson barns, you too could become an (IEA) Interscholastic Equestrian Association facility and partake in shows & awards! Checkout their Facebook page and website, www.rideiea.org

**CHECK IT OUT** 

**Kansas Horse Council Rewards Programs** 



## **DILLONS COMMUNITY REWARDS PROGRAM:**

• When you shop at Dillons and use your Rewards card, KHC will earn a percentage rebate based on your Dillon's purchases!

To link & register your rewards card click here: **Dillons Rewards** Link and log into your existing account. Search for Kansas Horse Council or enter our NPO number, KS920 and click Enroll. New users will need to create an account which requires some basic information, a valid email address and a \*Rewards Card. \*You must have a registered Dillons Food Stores rewards card account to link the Community Rewards program to Kansas Horse Council. (Cards are available for FREE at any Dillon's customer service desk.) SHOP: Purchases will not count towards rebates for KHC until you register your rewards card and link to Kansas Horse Council here: DILLONS REWARDS LINK Registered Rewards Cards must be swiped at checkout or use your phone number registered with your Rewards Card when shopping for purchases to count. This program does not affect your Fuel Points balance. Points will still accumulate for your personal use. Rebate program is based on purchases at Dillon's stores payable to Kansas Horse Council as a Non-Profit Organization. Thank you for your continued support to the voice of equine enthusiasts in Kansas!



Earn Horsemanship points for the quality time you spend with horses, mules, donkeys, ponies and minis!

Registered or Grade, owner or non-owner, or as a volunteer, we want to recognize your participation in Equine Activities!

("Activities" do not include feeding, stall cleaning and general maintenance.)

Examples include groundwork, grooming, trail, recreational riding, schooling, lessons, competing, driving, training, exercising and other horse care.

Earn points by volunteering at a therapeutic riding program or an equine rescue.

\$35 for first time enrollment & \$15 each renewal year to rollover your cumulative hours. Enroll now!

**SIGN UP FOR HRP HERE** 



FOR MORE INFORMATION CONTACT:

Council

Kansas Horse Council, 8831 Quail Lane, Suite 201, Manhattan, KS 66502 www.kansashorsecouncil.com | 785-776-0662 | Fax 785-539-2928 | director@kansashorsecouncil.com









# <u>Learn About Kansas Horse</u> <u>Trails! RIDE Kansas!</u>

Saddle Up and RIDE Kansas! Visit our Kansas Department of Wildlife and U.S. Corps. of Engineers equestrian facilities. Visiting and riding or camping shows support of our parks, and keeps them open for future use and possible funding of improvements. Always leave only hoofprints behind. Share our multi-use trails. Call before you haul if in doubt before your visit.





Do you have your copy of our Equestrian Trails in Kansas?
Copies are provided FREE at all Kansas Horse Council events, or \$3 for s/h and we'll mail you one.

These guides are also available at all KDWP offices.

Trail info is also

available online here: <u>Public Trails in Kansas</u>



Kansas Horse Council | 8831 Quail Lane Suite 201 | Manhattan, KS 66502 US

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