KANSAS HORSE COUNCIL NEWSLETTER. NEWS FOR KANSAS AND THE EQUINE INDUSTRY.

August 2023 EDITION

News, announcements and events from around Kansas, regarding the Kansas equine industry.

Legislation, Insurance, Equipment & Retail discounts are just some of our membership benefits! Visit our website to learn more.

Join our herd!



Visit Our Website!







2023 Upcoming Events and Calendar

This month there are shows, rodeos, trail rides, and more!

See them here:

Calendar of Submitted Events

Any questions regarding events, please call us at **785-776-0662**

If interested in more information or to register for an event, please email us at director@kansashorsecouncil.com



Ag Summit Registration Link

The Kansas Department of Agriculture will host the eighth annual Kansas Governor's Summit on Agricultural Growth on Thursday, August 17, 2023, at the Manhattan Conference Center, 410 S. 3rd Street in Manhattan, Kansas.

The Summit involves Kansas farmers, ranchers, and agribusinesses working together in a collaborative setting to discuss growing the agriculture industry in Kansas. We welcome producers, business owners, ag educators, community leaders, and representatives of ag organizations from across the state to join us to talk about how we can work together to expand opportunities for Kansas agriculture.

The annual Ag Growth Social will be held the evening of August 16.

Both the Social and the Summit are FREE, although we request that you register so we can have sufficient food for all attendees.

NOTE: Individual meetings for the various agricultural sectors have been a part of the Ag Summit since its beginning, but this year the Summit will focus on large issues that have an impact on the whole Kansas ag industry, Water & Workforce. There will not be sector sessions at this year's Summit. However, a few of the sectors are still planning meetings to continue discussions on how they can collaborate to help promote growth within that sector.

Equine Sector will be held on Tuesday August 29th at 2:30pm offering in person and Zoom participation.

To Get Registered & Receive Agenda

Call Kansas Horse Council: 785-776-0662
Email Kansas Horse Council: director@kansashorsecouncil.com
Watch the Kansas Horse Council Facebook Page

EQUINE SECTOR SESSION

AUGUST 29 2023

2:30 to 4:00pm Hybrid Kansas Dept. of Ag & Zoom





WATCH FOR REGISTRATION, AGENDA AND DOCUMENTS



5 Leadership Lessons from Horseback July 12, 2023 Margaret Reynolds Every year since 2015 I have been blessed to take a trip with friends to ride horses somewhere around the world. I have completed ten rides on four continents. Since riding and leadership are both deep in my blood, It is always fascinating to me to extract the leadership lessons from each experience. And there are many. This article is a highlight reel of the top five leadership lessons the horse adventures have generated. It was inspired by a recent podcast I was asked to record about the horse trips which is included below. Frankly, the podcast is good entertainment and less business-specific so just in case you don't have time or the inclination to travel with me virtually on the podcast, I have boiled it down to these essential lessons for every leader. At the end of this article are links to the individual articles from each ride.

Recently, John Harrer asked me to be a guest on his WHOA Podcast about Horses and Horsemanship to describe the trips and some of the leadership lessons. He had read some of the articles and was intrigued. That podcast is posted here Horseback Adventures and Endurance Riding * The Whoa Podcast and I hope you enjoy listening to it as much as I enjoyed reflecting on past experiences.

Looking back on the leadership takeaways, there are several key themes. The headline is you can't accomplish what you have never done by relying on what you have always done. None of these experiences would have happened if I wanted to be comfortable and focus only on that which I know. To grow personally, professionally or corporately, requires embracing something new.

Here are the top 5 things for every leader to remember:

- 1. Habit impedes growth. If we are blinded by habit, we don't explore what is considered the impossible or even improbable and yet, that may be exactly the opportunity for growth that has the most potential. Usually, what limits us is not that we can't, but we believe we can't. Believe you can until you prove that you can't, but along the way you will see that you can do more than thought possible originally. Ask yourself what would 10x growth look like. Can you reach it? Maybe not. But even if you achieve 3x or 5x growth, would it be more than you ever thought possible? https://www.breakthroughmaster.com/2020/06/what-i-learned-in-one-day-in-egypt-about-leading-around-blind-corners/
- 2. Understand the "why". Don't just operate in the "what"—the processes and systems that you have inherited or that supported the business in its early days. Ask "why"? Establish the desired outcome and create different solutions if the current approach doesn't yield the intended results. Chances are your past behaviors are outdated by market changes or are limiting productivity because they are too manual. Invest in a few key things that your inspection reveals as having significant performance implications. https://breakthroughmaster.com/business-growth-is-veiled-by-what-you-dont-know/
- 3. Adaptability is key. Nothing is certain and completely in our control. Where possible we have to anticipate potential challenges from competitors, economics or legislation. But sometimes we can't possibly know what lies around the corner, so we have to be agile. To manage the unexpected requires that everyone has clarity around the vision and goals so new solutions are still oriented toward them. The organization needs to be aligned in priorities and resources allocated accordingly. https://breakthroughmaster.com/adaptability-how-to-manage-the-unexpected-and-still-meet-your-goals-even-in-portugal-

and-morocco/

- 4. Be the leader you most admire. While we all inherit legacy operations, people or circumstances in our professional lives, it is what we do with it that matters. We can't change the past, but the future is ours. Ask yourself what you want your legacy to be? Set a goal to improve a select number of things that can make a real difference to employees or the organization's future. As a leader it is critical to be intentional. And yet along the journey remember to be in the moment, look at what is right in front of you, the people, the product, the landscape. What can you do in that moment that creates a memory? Encourage, inspire and motivate. https://breakthroughmaster.com/jordan-what-leaders-learn-from-what-they-dont-see/
- 5. Once underway towards a stronger future, Maintain forward motion. It is easier than ever to be distracted from goals. The leader is responsible for setting the path, identifying challenges and then mitigating risk, and keeping the group moving together. The best leaders set a cadence and know how to manage individuals for the most effective group outcome. They create a team that is stronger together. https://breakthroughmaster.com/the-power-of-forward-motion/

Whoa Podcast

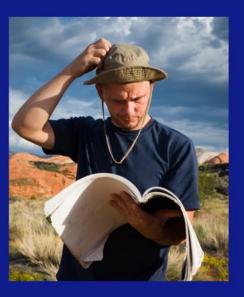
"ARE WE THERE YET? MAPS, APPS AND TRAIL MASTER HACKS"

Wednesday, August 16, 2023 7 p.m. Central Time

PRESENTERS: Kris Gray, Region 5 Bill Wingle, Region 3

"LET'S RIDE" NATRC SEMINAR SERIES





LEARN FROM THE NORTH AMERICAN TRAIL RIDE CONFERENCE "LET"S RIDE" SEMINAR SERIES

You can't have a ride if you don't have a trail!

The Trail Master is one of the key parts of any NATRC event.

Learn about best practices in selecting, measuring, mapping and marking trails from Region 3's Bill Wingle and Region 5's Kris Gray, in our next "Let's Ride" webinar.

It's free and open to current members of the North American Trail Ride Conference (NATRC). You must register in advance to participate.

When: Aug 16, 2023, 07:00 PM Central Time (US and Canada) Topic: Are We There Yet? Maps, Apps and Trail Master Hacks

Register in advance for this webinar: https://us02web.zoom.us/.../reg.../WN 9frbStB5TzCS5H-CGakzpQ

After registering, you will receive a confirmation email containing information about joining the webinar.





Ranch Management Field Day

Mushrush Ranches, Strong City Thursday, August 10, 2023

Located in the heart of the Flint Hills, **Mushrush Ranches** has been family owned and operated since the early 1950s when it was founded by the late Bob and Oma Lou Mushrush. What began as a commercial cow-calf operation, today consists of registered Red Angus cows, with three generations of the Mushrush family living and working on the ranch. The family relies on proper grazing management to maintain good grasslands. The Mushrushes also use cover crops for grazing during the winter after the cattle have utilized the dormant warm season grasses.

- » Planning for Future Generations Joe Mushrush, Mushrush Ranches Joe will discuss steps the family is taking on transition planning for the operation. During this session, he will highlight where they currently are in the process and what challenges they've faced thus far.
- » The Power of an Invisible Fence Cole Mushrush, Mushrush Ranches, and Tony Capizzo, TNC Cole and Tony will take participants on a deep dive into Vence, a virtual fencing system the ranch has utilized as part of a joint study with The Nature Conservancy (TNC), the National Park Service, Kansas State University, Colorado State University and other local agencies. They will discuss the benefits, difficulties and purpose behind their effort to utilize the technology.
- » Converting Cropland Into Stockpiled Forage Chris Mushrush, Mushrush Ranches
 Chris will outline the process of converting cropland into stockpiled forage for the operation to
 utilize during the winter months. He will lead participants on a tour of the converted cropland
 and discuss the process and decision-making behind pursuing the practice.

Location

2346B North Road Strong City, KS 66869

Field day directional signs will be posted.

From Emporia: Travel west from Emporia on US-50 for 21 miles. Turn north (right) onto North Road, then travel 11/4 miles to the destination.

From Council Grove: Travel south out of Council Grove on KS-177 for 19 1/4 miles. Turn west (right) onto US-50 and travel 3 1/2 miles to North Rd. Turn north (right) onto North Road, then travel 1 1/4 miles to the destination.

Questions about the field day?

Contact KLA at 785-273-5115 or email taylor@kla.org.

Schedule

3:30 p.m. Registration

4:00 p.m. Welcome & Introductions

4:15 p.m. Educational Sessions

7:00 p.m. Dinner





Help us determine the nationwide contributions of horses to our economy, including employment and land use.

The American

The American Horse Council is non-governmental.

Responses are anonymous and data is NOT shared.

Data is needed to advocate effectively for horse interests, zoning issues, trail access, commercial enterprises and other growth opportunities for the equine industry. Current data matters.

Horse Owner Survey

Horse Supplier Survey





It's Back to School time! kids are excited... until about 3 weeks into it...



Gotta LOVE IT!
Thank You Margo & Saddle Up Clothing Co.



Save the Date for the Lawrence Old Fashioned Christmas Parade...a parade of HORSES!

December 2nd



K-State trains animal care team from National Bio and Agro-Defense Facility

MANHATTAN, Kan. (WIBW) - The Kansas State University veterinary college is providing training to the animal care team at the National Bio and Agro-Defense Facility (NBAF).

Kansas State University officials said while students are on summer break, the K-State College of Veterinary Medicine is providing a special training opportunity for scientists and support staff from the U.S. Department of Agriculture's NBAF.

According to K-State officials, the college has offered a group of 10 NBAF animal care technicians and veterinary scientists access to its clinical skills laboratory for a summer training session. The training is led by Shane Lyon, clinical associate professor and clinical skills coordinator, and Susan Rose, clinical education technician. Rose has employed her art skills to design many of the animal models used in the lab.

"This training lab provides advanced continuing educational opportunities and a variety of animal model simulators for NBAF's high-caliber animal care staff and scientists," said Katie Knapek, NBAF supervisory veterinary medical officer. "When we initially started this training partnership, we were teleworking through the pandemic. Coming together to work in this lab as a group helps us build relationships and keep skills sharp."

K-State officials said NBAF's animal care team has helped create and expand some of the animal models that are in the college's lab.

"The College of Veterinary Medicine is fortunate to have remarkable facilities; among the facilities for training, the clinical skills laboratory is a center of excellence for practical animal care skill building," said Elizabeth Davis, associate dean of clinical programs. "It is a privilege to have the opportunity to partner with NBAF for animal staff training. We have partnered for the past few summers and are thrilled to have this opportunity again in 2023."

Officials with K-State indicated some of the basic skills NBAF staff work on include medical math, needle handling, suturing skills, blood draws and general safety around animals. The inanimate animal models have realistic veins and fluids, which allow animal care professionals to practice techniques and find methods to reduce animal stress.

"Continual education and training is a critical part of NBAF's effort to become a high-reliability organization and implement excellence into our organizational culture," said Alex Jane Grey, NBAF training specialist. "We don't have animals at NBAF yet, and some of our technicians have been on staff since 2020. So, the goal is to expand our team's knowledge and give them hands-on opportunities to try

different techniques before live animals arrive.' As part of the program, K-State officials said Lyon provides an activity-based lecture that guides the team in making full use of their senses when making observations about working with animals. Rose provides assistance on several different procedures involving the use of animal models. According to Lyon, thorough observation is emphasized as part of the fundamental principles of working with animals. In one of the guided labs, participants can refine their observation skills through the use of sight, sound, touch and smell. "The objective is to help participants progress beyond mere perception and develop the ability to analyze and interpret their observations," Lyon said. "This enables them to derive more meaningful insights and effectively apply this experience to real-world situations when working with animals." K-State officials noted Grey said this is the first year NBAF has included the scientific staff in the training as opposed to just the unit that will provide animal care. "A lot of times the scientists are with us when we're collecting samples, so it's helpful for them to understand how it's done, even if it's just understanding where to stand and where not to stand," Grey said. "The more familiar everyone is with these concepts, the safer it is for everyone involved, including the animals, and that's our goal."





www.americanhorsecouncil.org



Two Colorado State University students, Vanessa Roy & Jessica Stock Arrondale, highlighted the impact young researchers are making on the climate struggle.

HOW IS MANURE CONVERTED TO USABLE ENERGY?



Fortum provides sustainable wood shavings made from local forestry by-product to local stables

Fortum picks up and removes the manure from stables Manure is burnt and converted at the power plant to usable energy, along with other forestry materials

Usable energy is sent to the national energy power grid to be utilized by local

Did you know that 2 horses can generate enough manure to power a single-family household for a whole year? 103 kilowatt hours of electricity could be generated each year from manure alone!

YES, YOU HEARD THAT CORRECTLY!



MANURE CAN
GENERATE ENERGY
TO BE UTILIZED BY
THE SURROUNDING
COMMUNITY.

And Finland's Helsinki International Horse Show is doing just that!

Catch the latest episode of the American Horse Council Podcast, "Environmentally Sustainable with Horses," to to hear more from these two students.

PODCAST



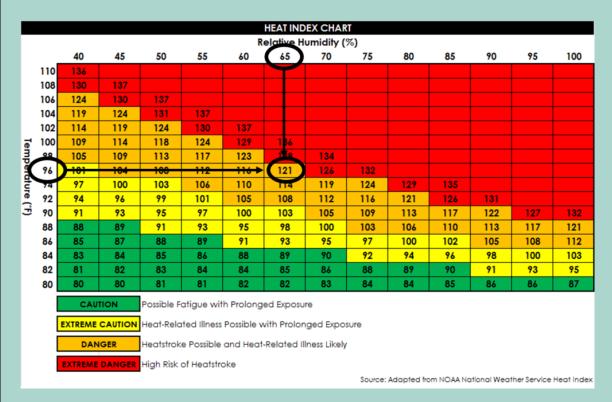
Beating the Heat: Riding Safely in Summer's Warm Embrace July 17, 2023

by Robert Eversole, Trail Meister

Hey there, summer is finally here, and it's the perfect time to soak up those long, sunny days with some epic rides. But before you saddle up and hit the trails, let's take a moment to chat about the real risks of riding in scorching temperatures. Trust me; you don't want to underestimate the dangers of heat stress, exhaustion, and strokes, as they can seriously

jeopardize your horse or mule's well-being and even their life.

Now, let's talk about the signature elements of summer: heat and humidity. The Effective Temperature or Heat Stress Index test is a handy trick to gauge if environmental conditions might lead to heat-related issues. It's as simple as adding the ambient temperature and the relative humidity. So, when the sum of these two numbers reaches around 150 degrees Fahrenheit, it's time to exercise caution. And if it approaches 180, it's a clear sign to postpone any intense or prolonged riding activities to prevent critical heat buildup.



Remember old Ben Franklin's wise words? "An ounce of prevention is worth many pounds of cure." When it comes to horse care, prevention largely boils down to conditioning. Keeping your equine buddy in good shape during the winter and spring helps them acclimate more smoothly to the higher temperatures and increased physical demands of summer. So, starting your conditioning efforts well before summer kicks in is crucial.

Fun Facts:

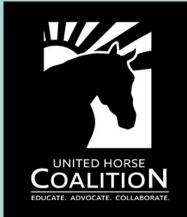
Here's a fun fact many horse owners overlook- only about a quarter of the energy used by a horse's muscles translates into actual movement. The remaining three-quarters? It's wasted heat that becomes quite a challenge for horses to dissipate in hot and humid weather. That's where a solid conditioning program comes into play. It helps your trusty steed become more efficient at eliminating that excess heat. horses and humans rely on sweating to cool down, but out-of-shape horses tend to work up a foamy lather that contains lots of vital electrolytes, which doesn't evaporate easily. On top of that, overweight horses struggle even more because that extra layer of fat traps the heat inside. Oh, and here's an interesting tidbit: different horse breeds handle heat differently. Those muscular Quarter Horses have a tougher time dissipating internal body heat than lighter breeds like Arabians. It's something to keep in mind!

And there's more: as your horse gets fitter, their working muscles won't generate as much heat. That means less sweating, fluid loss, and electrolyte depletion. In other words, the horse becomes a pro at conserving and utilizing those essential electrolytes and minerals, resulting in less salt lost through sweat. Plus, the sweat itself changes consistency, becoming thinner and evaporating more easily, which means better cooling for your equine buddy's skin.

Ultimately, with a good dose of common sense, a sensible conditioning schedule, and the ability to spot the warning signs of heat stress, you and your horse can safely navigate the hot summer months. So go out there, enjoy the ride, and stay cool!

To learn more about trail riding and camping with horses, check out www.TrailMeister.com. It's a great resource for all things related to horseback

adventures as well as the world's largest guide to horse trails and camps.



Know a horse owner in need of assistance? Find support services and safety net programs today.

EQUINE RESOURCE

DATABASE







Planning for the future?

Consider a tax deductible donation to
the Kansas Horse Council Foundation, a 501c3 charitable
organization, promoting equine education and providing academic
scholarships to equestrians.



Check out this episode of Better Horses, the 2nd with presenters from EquiFest 2023

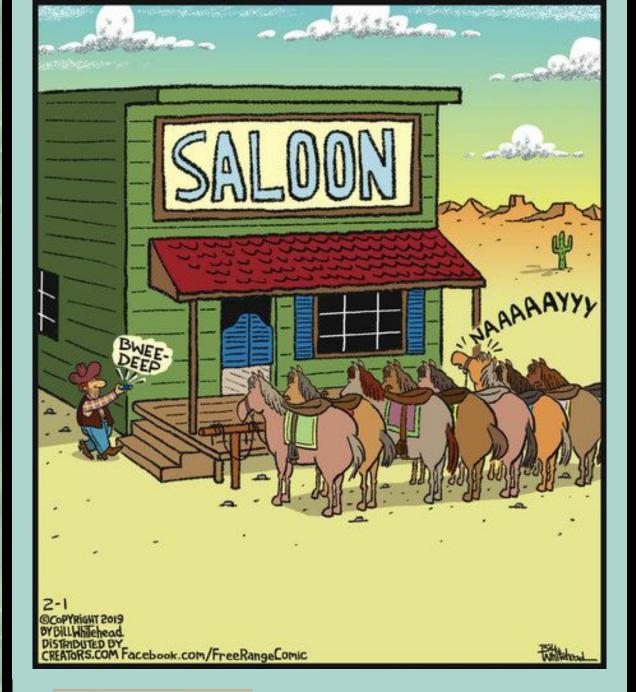
Episode # 196

Did you miss the first one? Check out this episode of Better Horses, the 1st with presenters from EquiFest 2023

Episode # 193



Cartoon by Bill Whitehead, Chicago (IL), USA, Creators.com





Thank God for the Mule! by Del Shields

Browny rode into the local saloon planning to stay till they turned out the lights.

He always enjoyed the girls in their frills, conversations and late bar room fights.

He tied up his horse, right out in the front, where he tied her each time that he came.

The saloon keeper offered to make him a sign inscribed with Ol' Browny's name.

Once inside, he slapped the bar, wiped his whiskers and gave a big grin. The first of the night, he threw er straight back, the remnant ran down his long chin.

The night went on in its usual way with the girls, the talk and the fights. One of the brawls rolled out in the streets and they shot out all of the lights.

During the scrap and rolling around, Browny's horse came somehow untied. So did some others and a mule or two. Too sauced to walk or really care well, Brown\y just

stayed inside. Finally, time to head back home, some cowboys led Browny to the door. his eyes a blur, he gazed at his horse exclaiming, "Lilly, you're looking quite poor!". You see, in the midst of the fight, some horses caught fright and they came unloosed from the rail. In Lilly's place was a mule tied, with a jug head and a short brushy His examination caused him grief as his eyes filled up with tears. He asked, "Why the long face and your smell a disgrace, and your ail caused growth to your ears?" But the cowboys grabbed his saggy britches and hoisted him up on top. He started to think, "It could be the drink and maybe it's time I should stop." It must be a delusion that has caused this confusion, cause O Lilly she can't look this way. About that time Browny 'bout lost his mind when that mule let out a bold In fright he squeezed with his bony knees. That mule shot off like a bolt. it was all he could do to stay in the saddle, but Ol Browny, he somehow kept holt. Just outside of town a limb caught his brow. it knocked him right out of the saddle. When he came to his sense the next afternoon, his head was fighting a battle. But to his surprise, through his blurry red eyes, stood Lilly, healthy and sound. Somewhere in the night, the mule wandered off, but Lilly her Browny she found. In conscience he vowed he'd make his amends, from that day forward Browny gave up the drank. Now, it may sound a stretch, but he's taken up preaching. He's got that old mule to thank.

25+ Million Americans Live in a Mental Health Shortage Area

Unfortunately, in rural areas, there are too few providers to meet the demand of mental health needs.

Sometimes it is due to a lack of funding, other times, areas may simply not have the facilities and trained professionals available for people to access.

Supporting programs incorporating horses for mental health services can be a solution. Many of these programs are located in rural areas because they take place on farms with horses. Additionally, involving horses can help reduce stigma and cultural barriers to mental health care.

Go to www.horsesformentalhealth.org to learn more about these services and to support programs which can address rural mental health needs.



Check out the many GREAT ambassadors from the Seen Through Horses Campaign in this video

Seen Through Horses

Don't Miss This Great KHC Benefit:

Subscription opportunity to The Horse Magazine at 90% DISCOUNT off retail-Only \$5 for the year to Kansas Horse Council Members!





Scan the QR Code to sign-up for your reduced subscription TODAY!!



Giving a shoutout to these participants and the hours they've logged enjoying time with their equine friends!

Q2 Results Coming Soon!



Every Day can be Veterinarian Appreciation Day! Ways to show your appreciation include:

- Shout-out some positivity to your vet on social media
- Handmade cards from children or even adults can fill their walls and bring smiles to their hearts
- Take the time to listen--ask how they are, learn what their day is like
- Send photos of your pet with a letter of thanks
- Send a gift package -- many times, vets and their techs don't have much time for a lunch/dinner break. Sending some treats (nutritious and fun) or even purchasing some party subs can make a big difference



Dealing with Changing Development Patterns By Christine Hughes for ELCR

Clips from the full article:

Like any good horseperson knows, treating your horse with respect is key to a successful relationship. A horse who fears his rider is an unsafe horse. This is true with our neighbors, too. While there may be natural conflicts between someone who has to spend hours on Zoom calls all day and someone who needs to run a tractor during those same hours, being proactive with your closest neighbors can go a long way in mitigating or minimizing these conflicts.

Sometimes, farmers benefit from the population shift (urban moving to rural areas): perhaps high-speed internet access improves or access to goods and services increases. But what happens when a 9-to-5er moves in, works from home and finds the charming horse farm next door to be a perceived nuisance? This is a question that we will continue to ask as our patterns of land use and population growth continue to shift and change.

There are certain things that can be done by government agencies and officials to help mitigate conflicts between neighbors. All 50 states have right to farm legislation, which can help protect farms from nuisance litigation.

Many local governments have agricultural or farming zoning districts, which are designed to require large lots, allow farming uses, specifically including keeping horses, and limit building restrictions. Most of us, however, would probably rather prevent conflict and litigation altogether before it starts.

Getting involved with local government is critical for building good relationships with local

officials. It is critical to understand how friendly your local government is to farming. It is also important to understand how changes, including map amendments and by-right developments, are approved.

If a rezoning or redevelopment is proposed, you will be a step ahead of the game if you have taken the time, before things reach crisis mode, to learn how to work within the system to impact or influence land use changes, code enforcement (dealing with complaints), variances and special exceptions to the rules, and other local government issues.

Making these connections before there are major issues on the horizon can pave the way for better, more effective communications in the future or when there are concerns that need to be addressed.

If you live and operate in a community where you can contribute to local government in creative ways, consider giving it a try. Maybe you can donate your time and expertise when new ordinances are being written. Or maybe your horses can walk in a local parade. Integrating your operation into the needs of the town builds goodwill with local officials and neighbors alike.

As the most local level, protection from nuisance issues between neighbors really comes down to good relationships. While many of us think horses make great neighbors, not everyone agrees.

Horses seem to know what we are thinking, even when we never say a word. In the saddle, we communicate with them through our body position, our heels, our hands, even with our emotions. While I definitely do not recommend tapping your neighbor with a crop, I do recommend getting to know your neighbors through a friendly chat. If your neighbor knows how to reach you while they are working from home, they are likely to reach out directly if they hear something that does not sound right or notice something seems off. And they are more likely to bring problems or concerns directly to you rather than calling code enforcement and making a formal complaint. Keeping lines of communication open is the best first step to maintaining a great neighborly relationship.

If you have the opportunity to teach your neighbors about your farm, your horses, and agriculture in general, you may be able to head off future conflicts. I have heard a lot of non-horse people describe horses as big dogs. While the thought behind the notion may be well-intentioned, when I explain that they are flight animals who run when scared, they begin to understand why I hate fireworks. If you have the opportunity to educate your neighbors on what life with horses is like and what they may expect living near a horse farm, many conflicts can be avoided before they start.

We all have a responsibility to maintain our property, whether we are running a horse farm, living next door to one, or working in a traditional office environment. No one wants to live next door to a messy, ramshackle, or smelly neighbor. This does not mean that you must have the shiniest, newest equipment, or new fencing every year, but it does mean that taking small steps to maintain and keep up what your neighbors see can help prevent complaints. Keeping the fences mended, the weeds down around the fencing, the lights in working order (and probably not aimed directly at your neighbors), and generally maintaining what your neighbors see will help them feel less concerned about their neighborhood and their property values (which is a major pain point when it comes to conflicts between neighbors).

Just like any relationship, horse or human, good communication is the key to managing the ever-evolving land use patterns and changes. Some changes will be good. Some changes will be very challenging. Learning how to navigate the local government system, understanding local land use regulations, and maintaining good relationships with your neighbors and your local government officials will be critical as populations shift and grow.

Read the FULL article here



Managing Old Horses with Allergies

As in humans, horses can develop allergies at any time in their life, and as horses age, their owners might notice clinical signs of allergies to new stimuli.

Dr. Aja Harvey of B.W. Furlong and Associates describes why horses develop allergies in their senior years and what owners can do to support them through these changes in this excerpt from our <u>Ask TheHorse Live</u> podcast episode, "Managing the Itchy Horse."

Listen to this short recording...

LISTEN TO THE PODCAST HERE



Discount Dirtworks SAVES BIG ON JOHN DEERE





With summer comes heat, dust, and pests. While people can find reprieve indoors, it's tougher for horses to escape the elements. Here are some of our top tips to beat the heat and keep your horse cool this summer!

Equine members can save up to 25% off at Big Ass Fans!

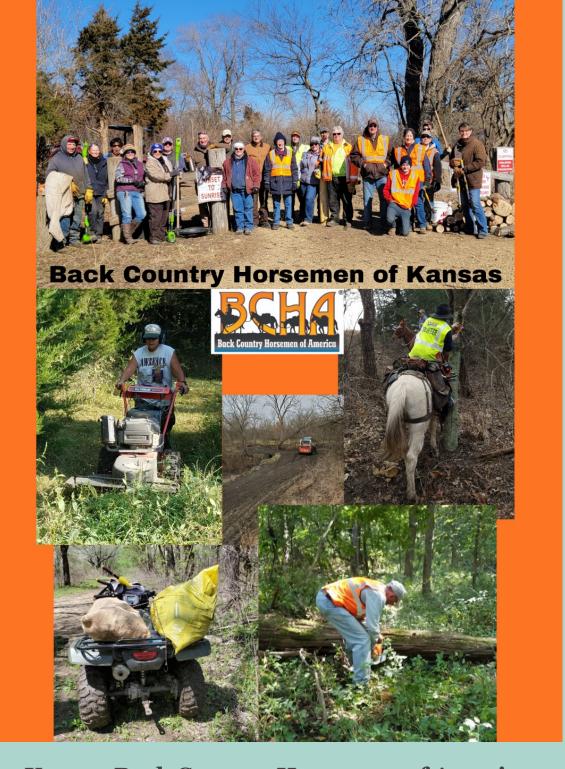
Use code 'Equine20' online or call 866-678-4289 to learn more!

As a paying member of Kansas Horse Council, you could be receiving steep discounts on John Deere products and Big Ass Fans!

For more information on your Equine Discount at John Deere:
Call us today! 866-678-4289

-or- Email EquineDiscounts@ntra.com

-or- Text 'horse' to 866-551-2217



Kansas Back Country Horsemen of America

Kansas trail riders have a long history of accepting the responsibility for maintaining equestrian and multiuse trails in the Sunflower State. In 2014, a group of equestrians committed to ensuring access to public trails and the goal of *Keeping (Equestrian) Trails Open for Future Generations* formed the Kansas Chapter of Back Country Horsemen of America. Not only did Kansas become part of the huge informational network that BCHA provides, but another big advantage was adopting the BCHA Volunteer Hours Report. This valuable tool allowed BCHKS to formally document the volunteer work hours that were being performed by individuals and groups and assign dollar values to that work. This has been essential to building positive, trusted relationships with public land managers.

Kansas equine trail users are committed to building and strengthening

partnerships with public land managers and other trail organizations to ensure a future of trail riding opportunities in Kansas. As BCHKS Chair Stephanie Huss states, "With ever-changing budgets and limited staff, state and federal parks are in a constant dance to keep the outdoor experience available and enjoyable. Each year, equestrian volunteers contribute thousands of hours maintaining trails and making significant campground improvements." Since 2014, equestrian volunteers in Kansas have donated 26,324 hours toward the preservation and maintenance of trails on public lands with a value of \$1,706,888 of labor and personal equipment use. The formation of five regional BCHKS chapters has also strengthened relationships with public land managers. It's easier to build these successful relationships when park managers see local interest in maintaining trails and keeping them open. And, as BCHKS has found, people are more likely to get involved when they see their membership dollars and volunteer efforts directly impacting the trails they live nearest and frequent the most.

In addition to ongoing trail work, BCHKS has supported a variety of trail and campground improvements. Volunteer hours have been used for matching grants at both the state and federal levels and have supported new shelter houses and bathhouses, trail maps and signage, and significant trail improvements. BCHKS has also received BCHA grants that have funded trail markers, trail sharing signs, and trail brochures. Several of the local Friends' groups host annual trail ride benefit weekends that raise funds dedicated to trail and campground improvements at those locations. Over the past 12 years, benefit trail rides have raised over \$184,464 and have funded numerous projects: Shelter houses, bath houses, horse pens, round pens, water lines/hydrants, trail maps, manure bunkers, and wash bays are just some of the projects funded with these proceeds. Riders from out-of-state comment frequently on the impressive and beautiful equestrian campgrounds located throughout Kansas. The BCHKS chapter also provides annual grants to chapters and members.

Through a recent successful BCHKS campaign, a popular campground on federal land was prevented from being closed. Members rallied successfully to keep Rockhaven Campground at Clinton Lake open, after the Corps of Engineers announced the campground would be closed unless usage increased. A 'Fill the Campground' event had every campsite booked, as did several other events throughout the riding season. Because of a positive working relationship with another Corps of Engineers District Manager, the BCHKS Public Lands liaison successfully prevented the closure of trails at John Redmond Lake. A plan was agreed upon that allowed keeping those trails open with local volunteer trail maintenance support. BCHKS members have worked side by side with hikers and bicyclists on extending a multiuse rail trail, which vastly improved relationships among the multiple users. BCHKS has been proud to partner with the Best of America by Horseback RFD-TV program spotlighting the beauty of three Kansas state parks. Equifest of Kansas, a 4-day equine expo in March every year, is another opportunity to showcase the work members are doing across the state to preserve access to public trails. A BCHKS information booth is located in a high-traffic area at Equifest every year. BCHKS also participates in the Sunflower Trails Appreciation Day at the State Capitol in Topeka each February and shares the group's mission and accomplishments with legislators and other state officials. Several BCHKS members also serve on boards of other trail organizations in the state. Board positions on the Kansas Trails Council and the Kanza Rail-Trails Conservancy strengthen relationships

with other trail disciplines and give equestrians 'a seat at the table' when trail discussions take place. BCHKS members also serve on several BCHA national committees.

Through a Memorandum of Understanding (MOU), BCHKS is the official trails division of the Kansas Horse Council. A definite benefit of this partnership is the newly formed Trails Advocate membership level. Equine trail enthusiasts can join both organizations at a discounted rate with one payment. Through this Trails Advocate membership plan, both organizations have seen significant growth.

A project currently underway for the 2023 riding season is the BCHKS *Fill-the-Campground* campaign. Six campgrounds have been selected across the state this summer: Four state parks, one federal park, and one private campground with access to public trails. The best way to save campgrounds is to use them, and BCHKS is choosing this method to show support for these campgrounds and to encourage riders to visit new locations. Participating riders receive a BCHA flashlight/key fob with a personalized charm for each campground event attended.

It has been said that the only thing necessary for the loss of horse trails is for good horse people to do nothing. Across Kansas, good horse people are contributing thousands of hours each year to keeping equine trails and campgrounds open and maintained on public lands. BCHKS has grown in size and stature over the past nine years and has made significant improvements to trail riding opportunities in the state. Less than 3% of land in Kansas is public land; so, it's of utmost importance to protect and preserve public riding trails. BCHKS is making a difference on public trails and has formed a strong voice of representation for trail riders in Kansas. Any organization is only as strong as its membership, and BCHKS welcomes equine trail enthusiasts to become members and support the BCHKS mission. Be sure to visit bchkansas.com or find us on Facebook at Back Country Horsemen of America Kansas Chapter.



Chef Alli's Sunny Kansas Granola

Here is what you will need:

- Pure maple syrup
- Egg whites
- Vegetable or canola oil
- Vanilla extract
- Cinnamon
- Kosher salt
- Fresh orange zest
- Dried fruits, any combination of your favorites
- Old fashioned (whole) oats
- Flax seeds
- Pepitas (pumpkin seeds)
- Quinoa
- Sliced or slivered almonds

Gather all the ingredients together for the granola recipe. The ingredients above are what is listed in the recipe, but feel free to customize the dry ingredients as desired – substitute different nuts and/or fruits...whatever you wish.

Instructions: Preheat oven to 275 degrees F.

- 1. In a large mixing bowl, combine the oats, flax seeds, pepitas, quinoa, coconut, and almonds. Pour the remaining warm syrup mixture from the saucepan over the oat mixture; quickly and gently toss the granola to combine.
- 2. Line a rimmed baking sheet with a large sheet of heavy-duty aluminum foil; spray with nonstick cooking spray. Pile the prepared granola mixture put (no fruit added yet) onto the prepared baking sheet.
- 3. Spread the granola mixture out over the foil in a single layer; bake the granola, uncovered, for 30 minutes.
- 4. After the granola has baked for 30 minutes, remove it from the oven and gently stir in the prepared dried fruit, spreading the granola back out into a single layer once again, taking care to leave some of the granola in clumps.
- 5. Continue to bake the granola, uncovered, for another 20 minutes, tossing the granola halfway through the baking time, taking care to leave some clumps of granola here and there.
- 6. Let the granola cool completely, then store in air-tight containers in the fridge or freezer. **Granola must be stored in refrigeration due to egg whites as an ingredient. If you like granola that is a bit "clumpy" in texture and more on the chewy side than the crunchy side, you are really going to appreciate the egg whites since that's what they do!



Kansas Horse Council Specialty License Plate

- Kansas Horse Council license plates are available at your local County Treasurer's office.
- You don't have to be a member to sport one, on your car, truck or trailer!
- Show your love of horses with this colorful statement plate!

KHC License Plate Info











JOINT MEMBERSHIP AVAILABLE IN BOTH ORGANIZATIONS!

Individual: \$80 (\$15 to BCHA/\$15 to BCH-KS/\$15 to KS Chapter of Choice/\$20 for insurance/\$15 to KHC Family: \$100 (\$15 to BCHA/\$15 to BCH-KS/\$15 to KS Chapter of Choice/\$40 for insurance/\$15 to KHC

<u>Trails Advocate Level Individual: \$80</u> <u>Trails Advocate Level Family: \$100</u>

One enrollment to support two organizations! Simple and makes sense!





Joint Memberships Available!

- Individual: \$80 (\$15 to BCHA, \$15 to BCHA-KS, \$15 to KS Chapter of Choice, \$20 for insurance, \$15 to KHC)
- Family: \$100 (\$15 to BCHA, \$15, \$15 to BCHA-KS, to KS Chapter of Choice, \$40 for insurance, \$15 to KHC)

<u>2023 Equestrian Campground</u> <u>Campaign</u>

Coming in 2023 – Kansas Back Country
Horsemen of America Fill the Campground
Campaign! Visit as many Kansas public
campgrounds and trails as you can this next
year; prizes awarded to those visiting the most.
Watch for details – Back Country Horsemen of
America Kansas Chapter on Facebook or
www.bchkansas.com.



BACK COUNTRY HORSEMEN OF KANSAS

What's the best way to stay informed of BCHKansas news and activities?

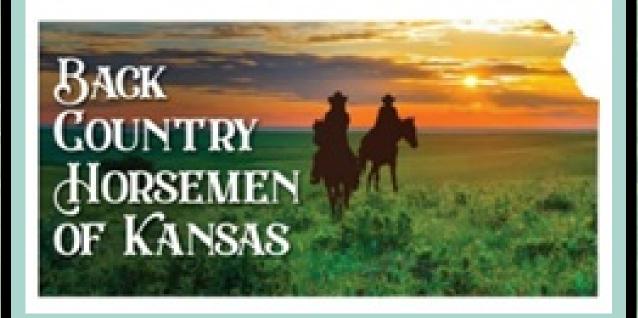
Follow Facebook.

There are several Facebook pages set up to keep BCHKansas members and all equestrians up-to-date on activities on several of our public trails. Here's a list:

Back Country Horsemen of America Kansas Chapter
Sunflower Chapter of Back Country Horsemen of Kansas
Saddle Ridge Chapter of Back Country Horsemen of Kansas
Tuttle Creek Chapter of Back Country Horsemen of Kansas
Saddle Ridge Chapter
Big Hill Lake Riders
Friends of Randolph State Park
Friends of Rockhaven Park
Let's Ride—Perry Lake
Kanza Rail Trails Conservancy

Receive notifications of workdays or see reports on trails-maintenance or campground improvements. Join in on workdays whenever possible!

Follow the <u>www.bchkansas.com</u> website. Encourage a new member to join BCHKS and be entered into an end-of-year drawing.





Attention Kansas lesson barns, you too could become an (IEA) Interscholastic Equestrian Association facility and

partake in shows & awards! Checkout their Facebook page and website, <u>www.rideiea.org</u>

Kansas Horse Council Rewards Programs



DILLONS COMMUNITY REWARDS PROGRAM:

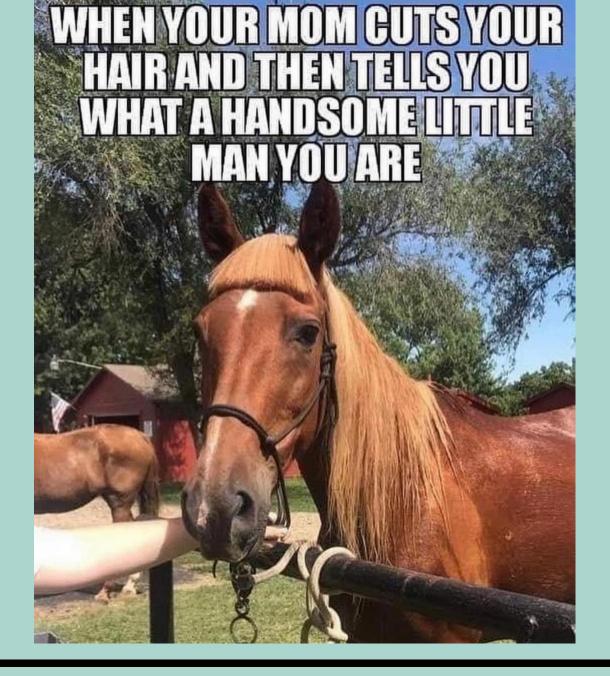
• When you shop at Dillons and use your Rewards card, KHC will earn a percentage rebate based on your Dillon's purchases!

To link & register your rewards card click here: Dillons Rewards Link and log into your existing account. Search for Kansas Horse Council or enter our NPO number, KS920 and click Enroll. New users will need to create an account which requires some basic information, a valid email address and a *Rewards Card. *You must have a registered Dillons Food Stores rewards card account to link the Community Rewards program to Kansas Horse Council. (Cards are available for FREE at any Dillon's customer service desk.) SHOP: Purchases will not count towards rebates for KHC until you register your rewards card and link to Kansas Horse Council here: DILLONS REWARDS LINK Registered Rewards Cards must be swiped at checkout or use your phone number registered with your Rewards Card when shopping for purchases to count. This program does not affect your Fuel Points balance. Points will still accumulate for your personal use. Rebate program is based on purchases at Dillon's stores payable to Kansas Horse Council as a Non-Profit Organization. Thank you for your continued support to the voice of equine enthusiasts in Kansas!



August Funny

from Horse.com FB









Saddle up with
Kansas Horse
Council
Horsemanship
Rewards
members only
program! Earn
prizes for
spending time
with horses!





Be sure to renew your KHC membership for 2023 and pay your HRP renewal fee-\$15, to rollover your hours into the New Year! Logs are

submitted quarterly.

Saddle up, ride and earn rewards...it's a great way to start a NEW year!

For more details visit:

Horsemanship Rewards Info

Thanks to our <u>Friends of KHC Sponsors</u> below for their support of the HRP program!

KHC would like to thank you for sponsoring our HRP program!





Shawnee Woodwork Inc







FEED GREATNESS®









Learn About Kansas Horse Trails! RIDE Kansas!

Saddle Up and RIDE Kansas! Visit our Kansas Department of Wildlife and U.S. Corps. of Engineers equestrian facilities. Visiting and riding or camping shows support of our parks, and keeps them open for future use and possible funding of improvements. Always leave only hoofprints behind. Share our multi-use trails. Call before you haul if in doubt before your visit.

KDWP State Parks info.

Do you have your copy

of our Equestrian Trails in Kansas?
Copies are provided
FREE at all Kansas
Horse Council events, or
\$3 for s/h and we'll mail you one.

These guides are also available at all KDWP offices.

Trail info is also available online here:

Public Trails in Kansas
Stay tuned for our updated trail book this spring!





Kansas equestrians deserve a big pat on the back for another impressive year of volunteer work on public trails! Our public land managers and other trail organizations continue to be impressed by the dedication of equestrians to taking care of the trails we love to ride.

BCHKS volunteers reported the following for 2021 - 3,783 hours, with a value of \$259,326 in labor and supplies.

Since BCHKS started keeping track in 2014, equestrian volunteers in Kansas have contributed - 23,000 hours, with a value of \$1,250,943 in labor and supplies!

We do make a difference!



Kansas Horse Council | 8831 Quail Lane, Suite 201, Manhattan, KS 66502

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