

Keeping it Real –
Accurate Record
Keeping In Optics

C-107142 E Y E  A R E



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Sight Test

- Summary
- Documents
- History
- Refraction
- Supplementary
- External
- Internal
- Advice

History and Symptoms

Copy From Previous Record

Reason for Visit

Wears SVD specs, wants to try multifocal CL's. NV problems with CL's, wears Daysoft.

History

DV fine with Rx, NV fine without Rx.

Symptoms

H/A's - none. Dip - none. No flashes, occ floaters - long standing.

General Health

Good

Previous Ocular History

Family Ocular History

Medication

None

Allergies

None

Smoker

Driver

Yes

Occupation

Teacher

Relevant Interests

Gym, Running

Current Rx

Copy From Previous Record

Current Rx

	SPH	CYL	AXIS	PRISM / BASE	VA	ADD (Int)	VA (Int)	ADD (Near)	VA (Near)
R									
L									

	Dist	Int	Near
Bin VA			

Current Rx Notes

Binocular

Cover Test

	With Rx	Without Rx
Dist		
Near		

Fixation Disparity

	With Rx	Without Rx
Dist		
Near		

Motility

Full

NPC

Accommodation

Binocularity Notes

Unaided VA

	Dist	Int	Near
Right	6/60		
Left	6/60		

Auto Refraction

	Sph	Cyl	Axis
Right	-6.00	-0.50	180
Left	-5.50	-0.75	180

Retinoscopy

	Sph	Cyl	Axis	VA
Right	-6.25			6/6
Left	-5.75	-0.25	180	6/6

Record Card Page 1

Retinoscopy Notes

Pupil Distance

Dist	63mm
Near	63mm

Refraction

Refraction

	SPH	CYL	AXIS	PRISM / BASE	VA	ADD (Int)	VA (Int)	ADD (Near)	VA (Near)
R	-6.25				6/6			+1.50	N5
L	-5.75	-0.25	180		6/6			+1.50	N5

	Dist	Int	Near
Bin VA			

+1.00 Blur VA

Right	
Left	

General Notes

Given RX

Given RX

	SPH	CYL	AXIS	PRISM / BASE	VA	ADD (Int)	VA (Int)	ADD (Near)	VA (Near)
R	-6.25				6/6			+1.50	N5
L	-5.75	-0.25	180		6/6			+1.50	N5

	Dist	Int	Near
Bin VA			

Internal Examination

Copy From Previous Record

Method

Dilation

Media
 No Lens Opacity Right Copy No Lens Opacity Left

Vitreous
 Small Floaters Right Copy Small Floaters Left

Optic Disc
 CD Ratio: 0.3, Clear/Distinct Margins I>S>N>T Right Copy Left

Vessels
 No Nipping Right Copy No Nipping Left

Macula/ Fundus/ Periphery
 Normal / No Pathology Right Copy Left

General Notes
 See Fundus Photo See OCT Right Copy Left

Pressures

Full History

	Today	First Repeat	Second Repeat
Right	17, 18, 18	<input type="text"/>	<input type="text"/>
Left	16, 17, 17	<input type="text"/>	<input type="text"/>
Date/Time	<input type="text"/>	<input type="text"/>	<input type="text"/>
Equipment	<input type="text"/>	<input type="text"/>	<input type="text"/>
Taken By	<input type="text"/>	<input type="text"/>	<input type="text"/>
Comments	<input type="text"/>	<input type="text"/>	<input type="text"/>

Copy All To Left

Efron Grading

CCLRU Grading

Lids/Lashes
 No redness Right Copy No redness Left

Tear Film
 Normal Right Copy Normal Left

Cornea
 No redness Right Copy No redness Left

Conjunctiva
 No redness Right Copy No redness Left

Anterior Chamber
 G4 angles open Right Copy G4 angles open Left

Iris
 No redness Right Copy No redness Left

Copy All To Left

General Notes
 Right Copy Left

Advice Given

Wearing Schedule

Dispensing Advice
 Single Vision Dist

Advice Given
 Continue as now , recall 12/24

Follow up/ Actions required

General Notes

Contact Lens Aftercare Record



[← go to Patient Record](#)

CL Aftercare

- Summary
- Documents
- History
- OR/VA
- Lens Fit
- External
- Measurements
- Final Fit
- Advice

History and Symptoms

Reason for Visit
Struggling with NV

History
Buys online, last AC >3 years ago

Symptoms
Comfort OK, gritty in afternoons, DV OK

General Health

Previous Ocular History

Family Ocular History

Medication
Nonr

Allergies
Seasonal

Smoker
N/A

Driver
Yes

Occupation
Teacher

Relevant Interests
Gym, Running

Measurements

HVID/ WVID

	HVID	WVID
Right	11	
Left	11	

Pupil Diameter (Illumination)

	High	Low
Right	6	3
Left	6	3

Keratometry

	BC H	BC V	D H	D V
Right				
Left				

Pachymetry

	Pachymetry
Right	
Left	

Dominance
Right

Over Refraction

	Sph	Cyl	Axis	VA	OR	OR VA	Near OR	Near VA
Right	-6.25			6/10				
Left	-5.75	-0.25	180	6/10				

Bin VA

Dist: 6/10

Near:

General Notes

+0.25

External Pre-fit Examination

- Efron Grading
- CCLRU Grading

Lids/Lashes
Clear and Quiet no Blepharitis

Tear Film
TBUT 10

Cornea
Clear no staining

Conjunctiva
1.1 no redness

Anterior Chamber
Clear & Quiet

Iris
No redness

General Notes

External Pre-fit Examination

- Efron Grading
- CCLRU Grading

Lids/Lashes
Clear and Quiet no Blepharitis

Tear Film
TBUT 10

Cornea
Clear no staining

Conjunctiva
1.1 no redness

Anterior Chamber
Clear & Quiet

Iris
No redness

General Notes

Previous Final Fit

Copy From Previous Record

Manufacturer/ Lens

J&J Acuvue Moist MF

Copy

J&J Acuvue Moist MF

Right

Left

Lens Selection

	Base Curve	Diameter	Sph	Cyl	Axis	VA	Near Add	Near VA	Design
Right			-6.25						
Left			-5.75	-0.25	180				

Lens Fit

Position

Good fit

Copy

Good fit

Right

Left

Movement

Good fit

Copy

Good fit

Right

Left

Lag

Copy

Right

Left

Push up test

Copy

Right

Left

General Assessment

Good fit

Copy

Good fit

Right

Left

Final Fit

Copy From Previous Record

Copy from Lens Fit

Manufacturer/ Lens

J&J Acuvue Moist MF

Copy

J&J Acuvue Moist MF

Right

Left

Lens Selection

	Base Curve	Diameter	Sph	Cyl	Axis	VA	Near Add	Near VA	Design
Right			-6.25						
Left			-5.75						

Bin VA

Dist	
Near	

Expiry Date

09/11/2025

Replace/ Wearing Schedule

Daily

General Notes

Book 2 week end of trial