

MISSION STATEMENT

The Mission of Claytor Memorial Clinic is to transform lives through exceptional, compassionate, and evidence-based psychiatric care. We are dedicated to providing the highest standard of clinical excellence while treating every patient and family with dignity, respect, integrity, and compassion. Through meaningful therapeutic relationships founded on trust, ethical leadership, innovation, and operational excellence, we partner with patients and families to develop individualized treatment plans that promote lifelong mental wellness. Guided by a legacy of service and an unwavering commitment to the future of behavioral healthcare, we strive to improve mental health outcomes, strengthen families, expand access to outstanding psychiatric care, and build healthier communities for generations to come.



Please contact us directly Monday through Thursday 8 AM to 5 PM.

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Roanoke, VA 24016
Phone: 540-516-5116
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Email: admin@claytorclinic.com

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We are accepting new patients from age 5 to 30 years old.
We accept most major commercial insurances, Medicaid and their MCOs and private pay.

We do not accept Medicare.

CLAYTOR MEMORIAL CLINIC



A LEGACY OF HEALING. A LEGACY OF BUILDING. A LEGACY OF SERVICE

For more than a century, the story of this property has been intertwined with the story of African-American excellence in Roanoke.

Constructed in **1911**, the historic **Kinsey-Shaw-Sprauve House** was built by **George T. "Tom" Kinsey**, one of Roanoke's earliest and most accomplished African-American builders and contractors. His craftsmanship helped shape the Gainsboro community during a period when opportunities for Black professionals and entrepreneurs were severely limited. The home stands today as a testament to perseverance, skilled workmanship, and the determination to build lasting institutions despite the barriers of segregation.

Over the decades, the residence became associated with the Shaw and Sprauve families, whose stewardship helped preserve the property's place within Roanoke's rich African-American history. Today, the house is

At the Historic Kinsey-Shaw-Sprauve House

recognized not merely for its architecture, but for what it represents: a community built by visionaries whose influence extended far beyond their own generation.

CONTINUING A LEGACY

More than one hundred years after its construction, the building begins a new chapter.

As the home of Claytor Memorial Clinic, the property once again becomes a place dedicated to improving lives.

The Claytor name has been part of Roanoke's medical history for generations. Dr. Richard Claytor continues a family tradition begun in 1907 by his great-grandfather, **Dr. John B. Claytor**, who is widely recognized as Roanoke's first African-American physician. At a time when medical care was largely inaccessible to many African-American families, Dr. J.B. Claytor devoted his career to providing compassionate, high-quality care while helping open doors for those who would follow.



For more than a century, generations of the Claytor family have remained committed to serving the mental and physical health needs of the community.

WHERE HISTORY MEETS MODERN MEDICINE

Although medicine has changed dramatically since 1907 and 1911, the values that fueled a family legacy of service and that built this home remain remarkably familiar.

George Kinsey believed in craftsmanship.

Dr. John B. Claytor believed in service.

Claytor Clinic believes in treating every patient with dignity, respect, compassion, and excellence.

Today, patients entering the Kinsey-Shaw-Sprauve House experience more than a medical office. They enter a building that represents resilience, education, entrepreneurship, and healing—values that continue to define both the historic property and the practice it now houses.



LOOKING FORWARD

Historic buildings survive because each generation accepts responsibility for preserving them.

Claytor Clinic is honored to become the next steward of this remarkable landmark.

Our commitment extends beyond preserving the physical structure. We hope to preserve its spirit—

a place where professional excellence, community leadership, and service to others continue to flourish.

As this historic home enters its second century, it remains what it has always been:

A place where people come to build better lives.



LEADERSHIP

Meet Richard L. Claytor, Jr., MD

Chief Executive Officer & Medical Director

For more than 30 years, Dr. Claytor has dedicated his career to improving the mental health and well-being of children, adolescents, young adults, and their families. His practice combines evidence-based psychiatric care with compassion, experience, and a commitment to individualized treatment.

Dr. Claytor has extensive training and decades of clinical experience in the evaluation and treatment of a broad spectrum of psychiatric conditions. His areas of expertise include:

- Attention-Deficit/Hyperactivity Disorder (ADHD)
- Autism Spectrum Disorder (Level 1)
- Anxiety Disorders
- Depressive Disorders
- Obsessive-Compulsive Disorder (OCD)
- Bipolar and Mood Disorders

- Trauma-and Stressor-Related Disorders, including PTSD
- Reactive Attachment Disorder (RAD)
- Abuse, Neglect, and Foster Care Mental Health
- Schizophrenia and Other Psychotic Disorders
- Oppositional Defiant Disorder (ODD)
- Conduct Disorder
- Intermittent Explosive Disorder (IED)

Dr. Claytor believes that successful treatment begins with understanding the unique strengths, challenges, and goals of every patient and family. His approach integrates thoughtful diagnostic evaluation, evidence-based psychopharmacology, education, and collaborative care to develop individualized treatment plans that promote long-term mental wellness.

Claytor Memorial Clinic also offers **Transcranial Magnetic Stimulation (TMS)** using an FDA-cleared device for the treatment of depression and anxiety in patients ages 15 and older. TMS provides a non-invasive treatment option for individuals who have not achieved adequate improvement with traditional therapies.

“I have truly enjoyed practicing private medicine for more than a decade and look forward to many more years serving our community. I am incredibly excited about this next chapter—one that emphasizes physician-directed mental health care supported by experienced business leadership. I have known Rick Smith for more than 20 years, and together we look forward to combining exceptional clinical care with sound operational leadership to provide an outstanding patient experience.”

— Dr. Richard Claytor

Dr. Claytor earned his Doctor of Medicine degree from the University of Virginia School of Medicine in 1993 and completed his residency and fellowship training in Adult, Child, and Adolescent Psychiatry at Georgetown University Medical Center in 1997.

Outside the office, Dr. Claytor enjoys exploring the trails of the Blue Ridge Mountains, spending time near the ocean, scuba diving, and sharing life with his three children and two Plott Hounds.

At Claytor Memorial Clinic, our mission is simple: to provide compassionate, evidence-based psychiatric care while helping every patient reach their fullest potential.

Meet Rick Smith

President & Chief Operating Officer

Rick Smith serves as President and Chief Operating Officer of Claytor Clinic, where he leads the organization’s operational strategy, business development, and long-term growth initiatives. Working closely with Chief Executive Officer and Medical Director Dr. Richard Claytor, Rick is committed to building a practice that combines exceptional physician-led psychiatric care with operational excellence and an outstanding patient experience.

With more than 25 years of executive healthcare leadership, Rick has successfully guided behavioral health, virtual care, and human services organizations through periods of significant growth and transformation. He has overseen multi-state organizations with annual revenues exceeding \$200 million while developing high-performing teams, improving quality outcomes, and expanding access to care.

Rick’s leadership philosophy is straightforward: create systems that allow exceptional clinicians to do what they do best—care for patients. His expertise spans strategic planning, operational transformation, business development, value-based care, mergers and acquisitions, financial stewardship, and executive leadership.

“Having worked with Dr. Claytor previously, I know firsthand his unwavering commitment to clinical excellence and patient-centered care. Together, we are building an organization that honors that legacy while creating a stronger, more efficient practice positioned to serve patients and families throughout Virginia for generations to come.”

— Rick Smith

A native of Botetourt County, Virginia, Rick earned his Master of Business Administration in Healthcare Leadership from the University of Tennessee and his Bachelor of Arts from Virginia Tech. He enjoys spending time with his wife Shelby and their three children. He is passionate about building healthcare organizations that deliver measurable results while never losing sight of the people they serve.

